

Third Annual Psychopharmacology Institute and ISPN 12th Annual Conference

Introduction

Welcome to St. Louis, Missouri the nation's Gateway to the West and site of the 2010 International Society of Psychiatric-Mental Health Nursing Conference. Our Conference theme, *Advancing the Science and Quality of Mental Health* was chosen to encourage presentations and dialogue around the science and art that is psychiatric-mental health nursing at a time when health care reform is at the forefront of many discussions. As we move forward, one of the things that makes our specialty unique is our knowledge of what quality care looks like and what needs to be in place to assure quality mental health care for all. Please join us in examining, articulating and embracing psychiatric-mental health nursing. This conference is a unique opportunity to bring our practice, research, and education communities together to plan for the future. Presentations and posters will focus on evidence-based psychiatric nursing practice, translational science, safety, quality, psychopharmacology, policy, culture, health equity, complementary and alternative treatments and innovative practice models for individuals, families, groups, and communities across the lifespan. Our invited speakers were chosen for their expertise in research, practice, scholarship, policy, and advocacy. Join us in celebrating our Melva Jo Hendrix Lectureship and your colleagues who will be recognized during our ISPN awards ceremony.

As with previous conferences, we encourage you to network, make multiple trips to the poster exhibit area, take advantage of opportunities to develop collaborative projects with peers, and attend social events such as the Opening Reception and ISPN Foundation Event and visit with our exhibitors. We recommend that you arrive on April 13 to attend both the Psychopharmacology Institute and the general Conference. Of course we encourage you to take time to enjoy the wonderful cultural sites and culinary delights that are part of St. Louis. The ISPN website lists 25 Things to Do in St. Louis to help with your planning.

We look forward to seeing you at the Hyatt Regency St. Louis Hotel at the Arch for another exciting ISPN experience!

Regards and Meet Us in St. Louis!

Edilma L. Yearwood, PhD, RN, PMHCNS-BC, FAAN
Conferences Committee Chair

- Discuss educational initiatives and strategies for increasing the knowledge and skills of educators, practitioners and nursing students in psychiatric/mental health nursing.
- Describe cutting-edge initiatives that address issues of cultural diversity in education, practice, and nursing research.
- Utilize the conference forum as a method to promote discussion, planning and problem-solving of key issues affecting psychiatric/mental health nursing, health care policy, advocacy, global health, international collaboration, and mental health initiatives across the lifespan.
- Provide opportunities for professional development, networking, mentoring, and collaboration between domestic and international partners.

Registration

There are two ways to register for the ISPN Psychopharmacology Institute and 12th Annual Conference:

FAX

Complete the registration form on pages 9-10 and fax it to the ISPN Office at +1-608-443-2474 or +1-608-443-2478 along with your credit card information.

MAIL

Mail the registration form along with a check made out to ISPN for the appropriate fee.

The Annual Conference registration fee includes:

- Two and a half days of conference activities
- The Conference CD, containing information on each presentation
- Networking opportunities with advanced-practice nurses in psychiatric and mental health
- Entrance to the exhibit hall of vendors servicing the needs of the psychiatric and mental health nursing community
- Admission to the Welcome Reception and Awards Brunch
- Continental breakfast and refreshment breaks each day of the conference
- A Conference Directory, which includes a listing of all pre-registered attendees and invited speakers

**Register prior to March 15
and save \$50!**

Conferences Committee

Nancy Davenport, MSN, RN, CNSPMH, LPA-BC
Anita Dempsey, PhD, MSN, RN, PMHCNS-BC
Sattaria Dilks, DNP, PMHNP
Peggy Dulaney, MSN, RN, PMHCNS-BC*
Sally Frese, MSN, APRN-BC*
Beverly Hart, PhD, RN, PMHNP
Judy Hirsh, MSN, NPP, PMHCNS-BC*
Sally Raphael, MS, APRN, PMH, FAAN*
Elizabeth Steinmiller, MSN, APRN-BC,
PMHCNS-BC
Rick Yakimo, PhD, PMHCNS-BC*

*Co-Chairs

Abstract Reviewers:

Judith Coucouvanis, MA, APRN-BC,
PMHCNS-BC
Linda D'Erminio, MSN, APRN, CNS-BC
Anita Dempsey, PhD, MSN, RN, PMHCNS-BC
Sattaria Dilks, DNP, PMHNP
Carla J. Groh, PhD, RN
Cynthia T. Handrup, MSN, RN
Lyons Hardy, BSN, BA, RN
Beverly Hart, PhD, RN, PMHNP
Judy Hirsh, MSN, NPP, PMHCNS-BC
Jane Neese, PhD, APRN-BC
Sandra Nelson, PhD, RN, CS
Ellen Rindner, PhD, ARNP-BC
Jana Saunders, PhD, RN, CS
Marilyn Shirk, MN, RN, CNS
Noreen Thompson, MSN, RN, PMHCNS-BC,
CS, ARNP
Jaclene A. Zauszniewski, PhD, RN-BC, FAAN

ISPN Divisions

ACAPN: Association of Child and Adolescent Psychiatric Nurses

AGPN: Adult and Geropsychiatric-Mental Health Nurses

ISPCLN: International Society of Psychiatric Consultation Liaison Nurses

SERP: Society of Education and Research in Psychiatric-Mental Health Nursing

Who Should Attend

- All professional nurses who practice, teach, conduct research or study in the specialty of psychiatric-mental health nursing.
- All professional nurses who by practice, advocacy or research, dedicate their time to assisting patients and families dealing with mental illness.

Conference Objectives

- Describe evidence of current research and outcomes in mental health treatment of individuals, families and groups across the lifespan.
- Generate health care policy recommendations to support comprehensive and improved quality of care for individuals in need of mental health services.

Nursing Contact Hours

Contact hours have been applied for through the Wisconsin Nurses Continuing Education Approval Program Committee. Contact hours are complimentary with your registration fee. Please note on your registration form if you are interested in receiving contact hours for attending the Annual Conference.

Poster Presentations

Posters will be available for viewing in the exhibit area throughout the conference. Authors will be present at their posters during the opening reception on Wednesday evening and during the morning refreshment breaks on Thursday, April 15 and Friday, April 16.

Hotel Accommodations

The Psychopharmacology Institute and Annual Conference will be headquartered at the Hyatt Regency Hotel at the Arch in St. Louis, Missouri. The Hotel is located downtown and within walking distance of restaurants, and shops.

Sleeping room amenities include the following:

- Wireless Internet access is free of charge for ISPN attendees and complimentary wireless is available in the public areas of the hotel
- Check-in kiosk
- Telephone with voice mail and dataport
- 37" LCD flat screen TV with remote control, in-room pay movies
- Full bath amenities
- Iron, ironing board
- iHome alarm clock radio
- Work desk
- Hair dryer
- Coffee maker
- Complimentary 24/7 Hyatt Stay Fit gym
- Refrigerator available for \$15 per day
- Valet parking is available at \$25 per day with in/out privileges. (We recommend that you use valet parking at the Hyatt Regency Hotel.)
- Penfield's Signature Business Center (services, including document services, equipment rental, package handling, and coat/bag check, available at a price)
- Check-in is 3:00 p.m.; check-out is 12:00 noon

Hotel Restaurants

- Red Kitchen and Bar – three meal restaurant and lobby lounge
- Starbucks – full service coffee shop
- Brewhouse Historical Sports Bar – bar and grill
- Ruth's Chris Steak House – fine dining
- Room Service (6:00 a.m.-12:00 midnight)

Secure your reservation at the Hyatt Regency Hotel by calling +1-314-655-1234. The sleeping room rate is \$139 single or double room (does not include taxes of 10%). Please refer to the ISPN Annual Conference in order to be eligible for the discounted rate. Please make your reservations prior to **March 15, 2010** to ensure

you receive the conference rate. The hotel is rated three diamonds by the American Automobile Association (AAA).

Visit the following website to secure your hotel reservations online:

www.ispn-psych.org

Hyatt Regency St. Louis at the Arch
315 Chestnut Street
St. Louis, MO 63102 USA
+1-314-655-1234

Air Travel

Plan your airline arrangements to St. Louis early! To make a flight reservation or request a quote, contact Burkhalter Travel at 1-800-556-9286 (press 0 and ask for the Corporate Department) from 8:30 a.m.-5:00 p.m. (CST) Monday through Friday (+1-608-833-9339). Please reference the ISPN Annual Conference when making your reservations. Fare restrictions and cancellation penalties may apply to your travel. Be sure to have the agent advise you of any applicable restrictions. Burkhalter Travel will book your travel on the air carrier offering the greatest discount.

Ground Transportation

Metrolink

A light rail train system connects the main and east terminals of Lambert International Airport to the downtown area. Hyatt Regency St. Louis at the Arch guests can exit at 8th and Pine Street (hotel is at 4th and Pine St.). Total travel time is approximately 27-30 minutes depending on the time of day. The trains run approximately every 30 minutes from 5:02 a.m. to 12:48 a.m. We suggest that you use the metrolink during the daylight hours.

Cost: \$3.50 to / from airport – not recommended for people with heavy or large amounts of luggage as there is a four block walk to the hotel. All other rides on the Metrolink are \$2 each way. Metrolink tickets are sold at each stop. Visit their website at <http://www.metrostlouis.org> for more detailed information and schedules.

Taxi

Taxi service is approximately \$45, each way.

GoBest Express

This is a shared ride service for Airport transportation. Reservations are strongly suggested by visiting the following link:

<http://www.gobestexpress.com>

Or guests can call 24 hours a day to (877)STL-GOVAN (314-785-4682). The cost is \$17 for one person one way or \$32 roundtrip.

ISPN Foundation Event

Thursday, April 15, 2010
6:00 p.m.-8:00 p.m.
Hyatt Regency Hotel at the Arch

Meet Me in St. Louis for the ISPN Foundation Reception and Silent Auction! The reception will

offer an opportunity to network with friends in a 1904 World's Fair themed reception featuring foods that were introduced for the first time at that event. There will be a cash bar. A portion of the fee will go to support the Foundation. The cost is \$35 per person.

The funds raised at the auction are used to provide for activities such as scholarships to assist graduate students and international members to attend the conference, for research grants which enhance the science of psychiatric nursing, support for ISPN activities, and for an endowment for the Foundation.

Register for this event on the ISPN registration form enclosed with this brochure.

The ISPN Foundation needs your donations to help make the Silent and Live Auction a success! Donating items for the Auction is a great way to support your organization and participation in the auction is a lot of fun! Items from members and companies are both welcome. The value of your donated item is tax deductible as allowed by law and your particular tax situation. You will receive a thank you letter from the Foundation stating the value of the donation and that no goods or services were exchanged for the donation.

Recognition

For your donation you will receive:

- Acknowledgement on the Auction Bid Sheet
- Listing of your donation and name on the ISPN Foundation web page on the ISPN website

To make a donation

You may either send your item to: Sally Frese, MSN, RN, 433 Timberidge Drive, St. Peters, MO 63376, prior to the Conference, or you may bring your item to the ISPN Conference and drop them off at the Conference registration desk on Wednesday evening from 6:00 p.m. to 7:00 p.m., or Thursday morning, prior to the first session.

St. Louis, Missouri

Looking for more information about activities in the St. Louis area? Visit the website of the St. Louis Convention and Visitors Bureau at www.explorestlouis.com

Shopping:

<http://www.explorestlouis.com/visitors/shop.asp>

Dining:

<http://www.explorestlouis.com/visitors/eat.asp>

Attractions:

<http://www.explorestlouis.com/visitors/see.asp>

Events:

<http://www.explorestlouis.com/events/index.asp>

The St. Louis Cardinals baseball team is in town during the ISPN Conference! They are playing the Houston Astros on Wednesday and Thursday, and the New York Mets on Friday, Saturday, and Sunday. Go to their website to check the schedule and ticket prices: <http://stlouis.cardinals.mlb.com>. The stadium is one block from the Hyatt Regency Hotel.

Third Annual ISPN Psychopharmacology Institute

April 13-14, 2010 • Hyatt Regency Hotel at the Arch • St. Louis, Missouri

Introduction

The 2010 ISPN Psychopharmacology Institute is fast approaching, so get out those schedulers and don't miss this event being held April 13 and 14 in St. Louis! The content has been carefully chosen based on the feedback from ISPN members and from all the participants that attended the Second ISPN Psychopharmacology Institute. The Psychopharmacology Institute Planning Committee has worked diligently over the last year to respond to your ideas for topic areas and recommended speakers. The upcoming program will be introducing the Susan McCabe Lectureship, as the keynote of the Psychopharmacology Institute. Dr. McCabe was known for her groundbreaking and adventurous thinking that always made her presentations titillating and visionary. We are very fortunate to honor Dr. McCabe by having such an eloquent nurse as Dr. Mary Weber launch this lectureship.

The content is diverse and addresses patients across the age spectrum and prescribing issues related to varying practice settings. During the Institute there is a specific session focused on seeking out consultation from a panel of experts that is now divided into two prescribing panels, child/adolescent focused and adult/geriatric and consultation/liason focused. This is a time for you to be actively involved in the learning process by sharing one of your particularly challenging clinical cases for panel and audience discussion.

The Psychopharmacology Institute is designed to be interactive and assist you in developing partnerships that will last far beyond the two days of the Institute. You will have opportunities to network with advance practice colleagues, establish new relationships and interact with the presenters. We actively encourage our student participants to continue their course of education into real time practice and establish connections with experienced prescribing APRN's.

We hope that you take every opportunity to make this educational event a positive learning experience. So mark those calendars and start preparing for the ISPN Psychopharmacology Institute in 2010!

Best regards,

Susan Krupnick, MSN, PMHCNS-BC, ANP-BC, CARN
Co-Director of ISPN Psychopharmacology Institute

Evelyn Parrish, PhD, RN, APRN
Co-Director of ISPN Psychopharmacology Institute

Psychopharmacology Institute Objectives

This course has been designed so that the participants will be able to:

- Describe new and comprehensive knowledge regarding the psychopharmacologic treatment of major psychiatric, substance abuse disorders, along with other co-morbidities across the life span; which will include antidepressants, antipsychotics, mood stabilizers, psychostimulants and addiction pharmacology.
- Discuss the emerging knowledge of pharmacogenomics and pharmacoconomics and the importance of this information in the practice of prescribing psychopharmacologic agents.
- Explore new and comprehensive knowledge associated with the integration of psychopharmacology prescribing into clinical practice, across the life span, and in varying clinical practice settings.
- Identify current and future innovations and advancements in the area of psychopharmacology.

Psychopharmacology Institute Planning Committee Members

Susan Krupnick, MSN, PMHCNS-BC, ANP-BC, CARN

Evelyn Parrish, PhD, RN, APRN
Co-Directors

Judith Coucouvanis, MA, APRN-BC, PMHCNS-BC

Peggy Dulaney, MSN, RN, PMHCNS-BC

Judy Hirsh, MSN, NPP, PMHCNS-BC

Geraldine S. Pearson, PhD, PMHCNS-BC, FAAN

Diane Snow, PhD, APRN-BC, PMHNP-BC, CARN

Victoria Soltis-Jarrett, PhD, PMHCNS/NP-BC, FAAN

Mary Weber PhD, APRN, PMHNP-BC

Abstract Reviewers

Judy Hirsh, MSN, NPP, PMHCNS-BC

Geraldine S. Pearson, PhD, PMHCNS-BC, FAAN

Karen Ragaisis, MSN, APRN, PMHCNS-BC, PMHNP-BC, CARN

Diane Snow, PhD, APRN-BC, PMHNP-BC, CARN

Victoria Soltis-Jarrett, PhD, PMHCNS/NP-BC, FAAN

Mary Weber, PhD, APRN, PMHNP-BC

Psychopharmacology Institute Program

Tuesday, April 13, 2010

7:30 a.m.-8:30 a.m.
Continental Breakfast

7:30 a.m.-5:00 p.m.
Registration

8:30 a.m.-8:45 a.m.
Introduction to the ISPN
Psychopharmacology Institute and General Announcements
Susan Krupnick, MSN, PMHCNS-BC, ANP-BC, CARN
Co-Director of Psychopharmacology Institute

8:45 a.m.-9:00 a.m.
Introduction to the Susan McCabe Lectureship
Evelyn Parrish, PhD, APRN
Co-Director of Psychopharmacology Institute

9:00 a.m.-10:30 a.m.
Susan McCabe Lectureship
Pharmacogenomics and Pharmacoconomics: What Does Psychiatric Nursing Have to Do With This?
Mary Weber, PhD, APRN, PMHNP-BC
Endowed Professor in Psychiatric Nursing, Option Coordinator for the Family Psychiatric Nurse Practitioner Program, University of Colorado, Aurora, CO

10:30 a.m.-10:45 a.m.
Refreshment Break

10:45 a.m.-12:00 noon
Concurrent Sessions (1A-1C)

Concurrent Session 1A
The Neurobiology and Pharmacological Management of Anorexia Nervosa
Janiece DeSocio, PhD, RN, PMHNP-BC, PMHCNS-BC
Co-Director, Child and Family PMHNP Program, University of Rochester School of Nursing, Rochester, NY

Concurrent Session 1B
The Psychopharmacology of Borderline Personality Disorder: Can We Glue the Shattered Mirror Back Together?
Victoria Soltis-Jarrett, PhD, PMHCNS/NP-BC, FAAN
School of Nursing, University of North Carolina-Chapel Hill, Chapel Hill, NC

Concurrent Session 1C
Psychotropic Medication Management for the Pregnant Woman
Priscilla Lynch, MS, RN and Elizabeth Krch-Cole, MS, RN, APN, PMHNP-BC
Oakside/Riverside Medical Center, Chicago, IL

Third Annual ISPN Psychopharmacology Institute

April 13-14, 2010 • Hyatt Regency Hotel at the Arch • St. Louis, Missouri

Psychopharmacology Institute Program

12:00 noon-2:15 p.m.

Lunch (on your own)

2:15 p.m.-3:30 p.m.

Concurrent Sessions (2A-2C)

Concurrent Session 2A

Management of Complex ADHD in Children and Adolescents

Geraldine Pearson, PhD, PMHCNS-BC, FAAN

University of Connecticut School of Medicine, Farmington, CT

Concurrent Session 2B

A Review of Psychotropic Drug-Drug Interactions

Norman Keltner, EdD, APRN

University of Alabama-Birmingham School of Nursing, Birmingham, AL

Concurrent Session 2C

Assessing and Treating the Adult and Older Adult with Tri-morbidity

Evelyn Parrish, PhD, RN, APRN

Associate Professor, Department of Baccalaureate and Graduate Nursing, Eastern Kentucky University, School of Nursing, Richmond, KY

Susan Krupnick, MSN, PMHCNS-BC, ANP-BC, CARN

Psychiatric Consultation Liaison Nurse Specialist, Mercy Medical Center, Springfield, MA and Psychiatric/Addictions Nurse Practitioner, Providence Hospital, Holyoke, MA

3:30 p.m.-4:00 p.m.

Refreshment Break

4:00 p.m.-5:30 p.m.

Plenary Session

The Autism Spectrum: Complex Prescribing Issues Across the Lifespan

Judith Coucouvanis, MA, APRN-BC, PMHCNS-BC

Nurse Practitioner and Clinical Consultant, Department of Psychiatry, University of Michigan, Ann Arbor, MI

5:30 p.m.

Wrap Up

(hand in clinical narratives for panel consultation on Day 2)

6:00 p.m.

Evening open for relaxation with colleagues

Wednesday, April 14, 2010

8:00 a.m.-8:30 a.m.

Continental Breakfast

8:00 a.m.-7:00 p.m.

Registration

8:30 a.m.-8:45 a.m.

Welcome and Announcements

Evelyn Parrish, PhD, RN, APRN

Introduction of Plenary Session

Susan Krupnick, MSN, PMHCNS-BC, ANP-BC, CARN

8:45 a.m.-10:30 a.m.

Plenary Session

Addictive Illness: Advances in Addiction Pharmacotherapy

Diane Snow, PhD, APRN-BC, PMHNP-BC, CARN

Clinical Professor and Director of PMHNP Program, University of Texas at Arlington School of Nursing, Arlington, TX

10:30 a.m.-11:00 a.m.

Refreshment Break

11:00 a.m.-12:15 p.m.

Concurrent Sessions (3A-3C)

Concurrent Session 3A

Psychotropic Medication Decision Tree for APRNs

David S. Hodson, EdD, APRN-BC
University of South Carolina, School of Nursing, Columbia, SC

Concurrent Session 3B

Adult ADHD: Do I Have Your Attention? I Should!

Melinda Morissette, PMHNP/CS-BC
Psychiatric Mental Health Nurse Practitioner, Penobscot Community Health Center and Clinical Leader, Psychiatry, Bangor, ME

Concurrent Session 3C

Principles of Emergency Psychopharmacology: A Case Based, Interactive Approach

Karen Ragaisis, MSN, APRN, PMHCNS-BC, PMHNP-BC, CARN
Hartford Hospital, Emergency Psychiatry Service, Hartford, CT

Susan Krupnick, MSN, PMHCNS-BC, ANP-BC, CARN

12:15 p.m.-2:00 p.m.

Lunch (on your own)

2:00 p.m.-4:35 p.m.

Prescribing Panels

Panel 1

Adult/Geriatric/PCLN Focused

Karen Ragaisis, MSN, APRN, PMHCNS-BC, PMHNP-BC, CARN

Diane Snow, PhD, APRN-BC, PMHNP-BC, CARN

Victoria Soltis-Jarrett, PhD, PMHCNS/NP-BC, FAAN

Mary Weber, PhD, APRN, PMHNP-BC

Panel 2

Child/Adolescent Focused

Judith Coucouvanis, MA, APRN-BC, PMHCNS-BC

Judy Hirsh, MSN, NPP, PMHCNS-BC

Geraldine Pearson, PhD, PMHCNS-BC, FAAN

4:45 p.m.-6:00 p.m.

Closing Plenary Session: A New Decade of Psychopharmacology Advancements



Mary Ann Boyd, PhD, DNS, PMHCNS-BC
Professor Emerita, Southern Illinois University Edwardsville, IL

6:00 p.m.

Complete Evaluations and Closing Remarks

6:30 p.m.-8:00 p.m.

Annual Conference Opening Reception

All Psychopharmacology Institute participants are welcome to attend the Opening Reception for the Annual Conference!

Third Annual Psychopharmacology Institute and ISPN 12th Annual Conference

ANNUAL CONFERENCE PRELIMINARY PROGRAM *(subject to change)*

Wednesday, April 14, 2010

3:00 p.m.-8:00 p.m.
Exhibits Open

6:30 p.m.-8:00 p.m.
Opening Reception and Poster Session

Thursday, April 15, 2010

7:00 a.m.-4:00 p.m.
Continental Breakfast
Exhibits Open
Poster Presentations

7:30 a.m.-5:00 p.m.
Registration

7:30 a.m.-8:00 a.m.
ISPN New Member Orientation
(All new members are welcome to attend!)

8:00 a.m.-9:30 a.m.
Welcome and Opening Keynote Address
Translating Research to Shape Policy and Practice



*Deborah Gross, DNSc, RN, FAAN
Leonard & Helen Stulman
Professor in Mental Health
and Psychiatric Nursing,
Johns Hopkins University
School of Nursing and
School of Medicine,
Department of Psychiatry
and Behavioral Sciences,
Baltimore, MD*

9:30 a.m.-10:00 a.m.
Refreshment Break

10:00 a.m.-10:50 a.m.
Concurrent Sessions (1.1-1.4)

Concurrent Session 1.1
Child and Adolescent Self-mutilation:
State of the Science
*Susan McCrone, PhD, RN, PMHCNS-BC
and Laurie Theeke, PhD, GCNS, FNP*

Concurrent Session 1.2
Characteristics of Hospitalized Patients with
Multiple Seclusion and Restraint Events
*Karin Taylor, PMHCNS-BC and Kristine I.
Mammen, BSN, BA*

Concurrent Session 1.3
Psychogenic Non-Epileptic Seizures:
Support and Education at the Time of
Diagnostic Disclosure
*Noreen Thompson, MSN, RN, PMHCNS-
BC, CS, ARNP, Lynne Connelly, PhD, RN,
and Jill Peltzer, PhD, MN, RN*

Concurrent Session 1.4
Finding Schizophrenia Susceptibility Genes
Nancy Buccola, MSN, APRN, CNS-BC

10:00 a.m.-11:50 a.m.
Workshop #1
Writing for Publication
*Linda Finke, PhD, MSN, RN, Associate
Editor, Journal of Child and Adolescent
Psychiatric Nursing, Joyce Fitzpatrick, PhD,
RN, FAAN, Editor, Archives of Psychiatric
Nursing, and Geraldine Pearson, PhD,
PMHCNS-BC, FAAN, Editor, Perspectives in
Psychiatric Care*

11:00 a.m.-11:50 a.m.
Concurrent Session (2.1-2.4)

Concurrent Sessions 2.1
The Lived Experience of Primary Caregivers
of Children with Mental Health Needs
*Ukamaka Oruche, MSN, Halima
Alkhatab, BS, CT, BSN, Janis
Gerkenmeyer, PhD, PMHCNS-BC,
Linda Stephan, DNS, PMHCNS-BC, and
Corrine Wheeler, PhD, RN, PNP*

Concurrent Session 2.2
The Rapid Rise of Delusions of Parasitosis:
Is There More Than Meets the Eye?
*Ginger Savely, DNP, MEd, MSN, RN,
FNP-C*

Concurrent Session 2.3
Psychometrics of the Depressive Cognition
Scale in Women Caring for Adults with
Serious Mental Illness
*Jaclene A. Zauszniewski, PhD, RN-BC,
FAAN and Jane M. Suresky, ND, APRN-BC*

Concurrent Session 2.4
Critical Issues that Challenge Advanced
Practice Psychiatric Nursing: Education and
Practice in a Changing Health Care
Environment
*Priscilla Killian, MSN, RN, MHPNP and
Roberta Waite, EdD, MSN, RN,
PMHCNS-BC, CS*

11:50 a.m.-1:30 p.m.
Lunch Break *(on your own)*
Visit the Poster Session!

1:30 p.m.-2:30 p.m.
ISPN Business Meeting

2:40 p.m.-3:30 p.m.
Concurrent Sessions (3.1-3.5)

Concurrent Session 3.1
Adolescent Depression: Evidence-based
Practice: Can We put Psychotherapy Back
into those Brief Medication Management
Appointments?
Pamela Lusk, MSN, RN, FPMHNP-BC

Concurrent Session 3.2
The Role of Positive Cognition in Egyptian
Elders' Relocation Adjustment: An
Application of Resilience Theory
*Abir Bekhet, PhD, RN, Rasha Rasha
Fouad, PhD, RN, and Jaclene A.
Zauszniewski, PhD, RN-BC, FAAN*

Concurrent Session 3.3
When the Going Gets Tough: Support for
Health Care Teams Involved in Complex
Family-Centered Care Cases
*Elizabeth Steinmiller, MSN, APRN-BC,
PMHCNS-BC*

Concurrent Session 3.4
Preparing Mental Health Nursing Students
to Work in Diverse Communities to Promote
Mental Health
*Theresa Fay-Hillier, MSN, PMHCNS-BC
and Roberta Waite, EdD, MSN, RN,
PMHCNS-BC, CS*

Concurrent Session 3.5
Psychiatric Nurses' Involvement in Culture
Change
*Karen Robinson, DNS, PMHCNS-BC,
FAAN and Joanne Rader, MN, RN,
PMHNP, FAAN*

3:30 p.m.-4:00 p.m.
Refreshment Break

4:00 p.m.-4:50 p.m.
Concurrent Sessions (4.1-4.5)

Concurrent Session 4.1
Cyberbullying: Incidence and Prevalence
Among the Child and Adolescent Patients
Admitted in an Inpatient Psychiatric Unit
Leilanie Marie Rayala, MA, BSN, RN-BC

Concurrent Session 4.2
Gluing Together a Shattered Mirror:
The Psychopharmacology of Borderline
Personality Disorder
*Victoria Soltis-Jarrett, PhD, PMHCNS/NP-
BC, FAAN*

Concurrent Session 4.3
Gentle Guidance Along the Way: The Role
of the Psychiatric-Mental Health Advanced
Practice Nurse in the Professional
Development of the Graduate Nurse
Carol Sorrentino, MSN, APRN-BC

Concurrent Session 4.4
Mock Trial Simulation: An Innovative
Approach to Nursing Education
Shawna Patrick, MS, RN

Concurrent Sessions 4.5
Nursing Education and Nursing Practice
Collaboration to Meet the Health Care
Needs of a Vulnerable Population
*Miriam Zwitter, PhD, RN and Barbara
Ponder, MS, RN, CCNS, APRN*

5:00 p.m.-6:00 p.m.
ISPCLN Division Meeting

6:00 p.m.-8:00 p.m.
ISPN Foundation Event
Meet Me in St. Louis for the ISPN Foundation
Reception and Silent Auction! The reception will
offer an opportunity to network with friends in a
1904 World's Fair themed reception featuring
foods that were introduced for the first time at
that event. There will be a cash bar. A portion of
the fee will go to support the Foundation. The
cost is \$35 per person.

ANNUAL CONFERENCE PRELIMINARY PROGRAM

Friday, April 16, 2010

8:00 a.m.-5:00 p.m.
Registration

8:00 a.m.-9:30 a.m.
Melva Jo Hendrix Lectureship and Awards Ceremony

Touched by a Nurse: An Interpersonal Relationships Framework to Guide the Future of Psychiatric Nursing



*Charlotte A. Herrick, PhD, MS, MA, BSN
Retired Professor Emerita,
University of North Carolina,
Greensboro, NC*

9:30 a.m.-3:30 p.m.
Exhibits Open
Poster Presentations

9:30 a.m.-10:00 a.m.
Refreshment Break

10:00 a.m.-10:50 a.m.
Concurrent Sessions (5.1-5.4)

Concurrent Session 5.1

The Psychiatric Nurse and Gender-Discordant Youth: Are You Prepared?
*Laura Hein, PhD, RN, NP-C and
Kathrene C. Berger, DNP(c), BSN, BA, RN*

Concurrent Session 5.2

Psychiatry in Prison: The Role of the Psychiatric APRN in the Country's Largest Mental Health System
*Nancy Davenport, MSN, RN, CNSPMH,
LPA-BC*

Concurrent Session 5.3

Creating a Therapeutic Milieu Within the Retirement Communities
*Abir Bekhet, PhD, RN and Jaclene A.
Zauszniewski, PhD, RN-BC, FAAN*

Concurrent Session 5.4

Psychological Adjustment to HIV and Quality of Life in Infected Individuals
Binu Mathew, MSN

10:00 a.m.-11:50 a.m.
Workshop #2

Grant Writing: How to Increase Mental Health Research
Linda Rose, PhD, RN

11:00 a.m.-11:50 a.m.
Concurrent Sessions (6.1-6.4)

Concurrent Session 6.1

The 2009 US Preventive Services Task Force Recommends Screening Teens 12-18 Years for Major Depression: An Evidence Review: Effective Depression Treatments for Integration into Primary Care Settings
Pamela Lusk, MSN, RN, FPMHNP-BC

Concurrent Session 6.2

Neurofeedback, Neurobics, and Neuralnets - What Does This Have to Do with Spiderman?

Deborah Thomas, EdD, ARNP, PMHCNS-BC and Bruce G. Thomas, PhD, MEd, CHT

Concurrent Session 6.3

Integration of Mental Health and Primary Care

Kathleen McCoy, DNSc, APRN, PMHNP/NS/FNP-BC and Irma Jordan, MSN, APN, FNP-BC

Concurrent Session 6.4

Adverse Childhood Experiences and Mental Health Outcomes: Implications for Psychiatric Nurses

Roberta Waite, EdD, MSN, RN, PMHCNS-BC, CS and Priscilla Killian, MSN, RN, MHPNP

11:50 a.m.-1:00 p.m.

Lunch Break (on your own)
Visit the Poster Session!

1:00 p.m.-2:00 p.m.

Plenary Session

Psychiatric-Mental Health Nursing with Three Vulnerable Populations: Convergence and Diversity

*Ruth Murray, EdD, MSN, RN
Professor Emerita, St. Louis University
School of Nursing, St. Louis, MO*

2:10 p.m.-3:00 p.m.

Concurrent Sessions (7.1-7.5)

Concurrent Session 7.1

An Efficacious Intervention for a Myriad of Child Mental Health Diagnoses: The Triple P Positive Parenting Program
Kathleen Scharer, PhD, RN, PMHCNS-BC, FAAN

Concurrent Session 7.2

Using the Clinical Global Improvement Scale (CGI) to Measure Severity of Symptoms and Progress in Treatment with a Pediatric Population
Geraldine S. Pearson, PhD, PMHCNS-BC, FAAN

Concurrent Session 7.3

Dementia Training to Promote Involvement in Meaningful Activities: Findings from a Pilot Project

Marianne Smith, PhD, RN, and Kathleen C. Buckwalter, PhD, RN, FAAN, and Mary Ellen Stolder, MS, MA, NP

Concurrent Session 7.4

Do Relaxation Techniques Really Work?
Jean McAleer Klein, PhD, PMHCNS, BC

Concurrent Session 7.5

The Relationship Between Executive Function, Attention Deficit/Hyperactivity Disorder, Eating Behaviors and Obesity
Anita Dempsey, PhD, MSN, RN, PMHCNS-BC

3:00 p.m.-3:30 p.m.
Refreshment Break

3:30 p.m.-4:20 p.m.
Concurrent Sessions (8.1-8.5)

Concurrent Session 8.1

Partnering with Youth: Deconstructing a Participatory Action Paradigm in Health Disparities Research
Edilma Yearwood, PhD, RN, PMHCNS-BC, FAAN

Concurrent Session 8.2

Testing the Effect of a Self-memory Intervention on Quality of Life Among Persons with Alzheimer's Disease
Andrea Kwasky, DNP, PMHCNS-BC, PMHNP-BC and Barbara E. Harrison, PhD, MSN

Concurrent Session 8.4

Prevalence of Dating Violence Among College Students
Gail B. Williams, PhD, RN, PMHCNS-BC and Margaret Brackley, PhD, RN, FNP-BC, PMHCNS-BC, PMHNP-BC, FAAN

Concurrent Session 8.5

Revitalizing Therapeutic Communication Skills: Practice What You Teach
Karen A. Peterson, MS, PMHCNS-BC, Mary Brinker, MSN, RN, Patrick Kenney, EdD, RN, ACRN, NEC, APRN-PMH, and Margaret M. Slusser, PhD, PMHCNS-BC

4:30 p.m.-5:20 p.m.

Concurrent Sessions (9.1-9.4)

Concurrent Session 9.1

Refinement of a Measurement Model of Proactive Parental Participation in Child Mental Health Services: A Focus Group Study
Caroline McKinnon, MS, APRN, Maureen R. Killeen, PhD, APRN, FAAN, and Kathleen Scharer, PhD, RN, PMHCNS-BC, FAAN

Concurrent Session 9.2

Sensitive Practice for Health Care Practitioners: Lessons from Adult Survivors of Childhood Sexual Abuse
Gerri C. Lasiuk, PhD, MN, BA (Hons), RN, Candice Schachter, PhD, PT, Carol Stalker, PhD, RSW, MSW, and Eli Teram, PhD

Concurrent Session 9.3

The Use of Reflection: Nursing Students' Anxiety During the Psychiatric-Mental Health Experience
Cheryl R. Zauderer, PhD, MS, RN, CNM, NPP and C. Anne Ganzer, PhD, MS, MA, RN, NPP

Concurrent Session 9.4

International Collaboration: Development of a Masters Advanced Practice Program in Psychiatric/Mental Health Nursing in Colombia, South America
Sandra Janashak Cadena, PhD, APRN and Rita Ceceilia Plata de Silva

ANNUAL CONFERENCE PRELIMINARY PROGRAM

5:30 p.m.-6:30 p.m.
Division Meetings
ACAPN
AGPN

Saturday, April 17, 2010

7:30 a.m.-8:30 a.m.
SERPN Division Meeting

8:00 a.m.-1:00 p.m.
Registration

8:30 a.m.-9:30 a.m.
Plenary Session
Call to Action: Use of Media in Portraying
Psychiatric Nursing
Mary Ann Boyd, DNS, PhD, MHCNS-BC
Professor Emeritus, Southern Illinois
University Edwardsville, Edwardsville, IL

9:30 a.m.-10:00 a.m.
Refreshment Break

10:00 a.m.-10:50 a.m.
Concurrent Sessions (10.1-10.4)

Concurrent Session 10.1
Evidence-based Practice: Are We Really
Doing It?
Pamela Galehouse, PhD, RN, PMHCNS-BC, CNL

Concurrent Session 10.2
The Interaction of Atypical Depression and
Rejection Sensitivity
Linda L. Stafford, PhD, PMHCNS

Concurrent Session 10.3
Evidence-based Proposal for a Clinical
Treatment Protocol for Bipolar II Patients
Susan Dawson, EdD, PMHCNS/NP-BC

Concurrent Session 10.4
Program Evaluation of a Community Crisis
Stabilization Program
Diane E. Boyer, DNP, MSN, RN, PMHNP-BC

10:00 a.m.-11:50 a.m.
Workshop #3
Repetitive Transcranial Magnetic Stimulation
(rTMS): A Novel Treatment Approach and
Landmark Opportunity for Psychiatric-Mental
Health Nursing
Mary Jane Welch, DNP, APRN-BC, CIP,
Berry S. Anderson, PhD, RN, Jerry
Georgette, MSN, RN, CCRC, and Mary T.
Rosedale, PhD, PMHNP, NEA-BC

11:00 a.m.-11:50 a.m.
Concurrent Sessions (11.1-11.3)

Concurrent Session 11.1
Using Appreciative Inquiry to Interpret
Youthful Offenders' Stories
Beth Bonham, PhD, RN, PMHCNS-BC

Concurrent Session 11.2
A Reflective-Centered Curriculum for
Promoting Cultural Competency in
Psychiatric Mental Health Nursing Graduate
Students
Sara Horton-Deutsch, PhD, APRN,
Angela McNelis, PhD, RN, and Pamela
O'Haver Day, APRN, PMHCNS-BC

Concurrent Session 11.3
Is this Depression or Something Else:
Improving Assessment Skills, Identifying
Subtle Physical, Psychological and
Neurological Changes in Early Parkinson's
Disease
Susanne Astrab Fogger, DNP, RN

11:50 a.m.
Conference Ends

12:00 noon-1:00 p.m.
Diversity and Equity Committee Meeting

1:00 p.m.-5:00 p.m.
Board of Directors Meeting

Poster Session

The poster presentations will be available for
viewing at the following times. Authors will be
present at the Opening Reception and at the
refreshment breaks on Thursday and Friday
mornings to discuss their presentations with
attendees and answer any questions.

Wednesday, April 14, 2010

6:30 p.m.-8:00 p.m.

Thursday, April 15, 2010

7:00 a.m.-4:00 p.m.

Friday, April 16, 2010

9:30 a.m.-3:30 p.m.

Poster #1
Inhaled Loxapine (AZ-004) for Rapid and
Acute Treatment of Agitation in Patients with
Schizophrenia or Bipolar Disorder
James Cassella, PhD, Robert S. Fishman,
MD, and Daniel A. Spyker, MD, PhD

Poster #2
Divinely Positioned: A Psychiatric Nurse's
Dream Becoming Reality
Joanna Curry, BSc

Poster #3
Evaluation of the Expansion of Behavioral
Health Services in a Rural, Primary Care
Clinic: A Pilot Study
Carolyn Donovan, MSN, PMHCNS-BC,
FNP-C and Susan McCrone, PhD, RN,
PMHCNS-BC

Poster #4
Anxiety Reduction Strategies for Nursing
Students: Do Interventions During Testing
Make a Difference?
Amy Edgar, MSN, RN and Carol Sorrentino,
MSN, APRN-BC

Poster #5
Determining if a Seminar About Attention
Deficit/Hyperactivity Disorder (ADHD)
Influences Parents Concerns and Decision to
Screen Children
Noreen Giordano, DNP, MS, RN, NPP

Poster #6
Enhancing Self-Management to Support
Recovery and Empowerment in Patients with
Bipolar Disorder
Peter Goossens, PhD, RN

Poster #7
Strategies for Teaching and Facilitating Critical
Thinking in Psychiatric Nursing Education
Beverly Hart, PhD, RN, PMHNP

Poster #8
The Walmart Phenomenon: A Lesson in Rural
Psychotherapy and Diagnosis
Beverly Hart, PhD, RN, PMHNP and Evelyn
Parrish, PhD, RN, APRN

Poster #9
Reducing Seclusion and Restraint in a
Therapeutic Day School: Successes and
Challenges
Jean Heideman, MPP, MS, APN, Andrea
Miller, BSN, and Austin Quinn, BA

Poster #10
A Descriptive Qualitative Study of Student
Learning in a Psychosocial Nursing Class
Infused with Art, Literature, Music, and Film
Alice Jensen, MS, RN and Mary Curtis,
PhD, RN, NP-C, PHCNS-BC

Poster #11
The Effectiveness of Application of the
Emotional Literacy Promotion Program to
Newly Recruited Nurses through a Group
Approach
Yasuko Koyano, DNS

Poster #12
A Case for Malingering Psychosis: Changing
Attitudes to Facilitate Effective Treatment for
Patients Who Don't Seem to want Treatment
But Do want Hospitalization
Elizabeth Krch-Cole, MS, RN, APN,
PMHNP-BC and Priscilla Lynch, MS, RN

Poster #13
Development of a Bipolar Wellness Clinic
Julie Kuebler, MS, APRN-BC and Charlotte
Allport, MS, APRN-BC

Poster #14
Attention Deficit Hyperactivity Disorder in
Preschool Children: What Should
Psychiatric/Mental Health Nurses Know to
Improve Quality of Care?
Nancy Leblanc, PhD, RN

Poster #15
Taming the Beast: Understanding and
Intervening with Obsessive Thoughts
Priscilla Lynch, MS, RN and Elizabeth
Krch-Cole, MS, RN, APN, PMHNP-BC

REGISTRATION FORM

Third Annual Psychopharmacology Institute and 12th Annual Conference of the International Society of Psychiatric-Mental Health Nurses (ISPN)

April 13-17, 2010 • Hyatt Regency at the Arch • St. Louis, MO

Please complete all items on this registration form – type or print legibly. The deadline for pre-registration is March 31, 2010. After that date, plan to register at the conference site. Keep one copy of this completed form for your records. Save money by registering prior to March 15, 2010! All fees are quoted in U.S. funds.

Choose to register one of two ways:

1. Fax your completed registration form with credit card information to +1-608-443-2474 or +1-608-443-2478. ISPN accepts MasterCard, Visa, and American Express. Faxed registration forms without a form of payment will not be processed. If you are faxing your form, do not mail the original registration form.
2. Mail your completed registration form and payment (in U.S. funds only, drawn on a U.S. bank) to the ISPN Office (see the address on the bottom of the second page of this form).

Registration Information (please type or print clearly)

First Name: _____

Last Name: _____

Credentials: _____

Job Title: _____

Mailing Address: _____

City: _____

State/Province: _____

Zip/Postal Code: _____ Country: _____

This address is: Home Company/Affiliation

Daytime Phone: (_____) _____ Fax: (_____) _____

E-Mail Address: _____

(Please provide an email address in order to receive confirmation of registration. Please print clearly!)

Badge Information

This is how your badge will read. Please type or print clearly (complete only those lines that are different from the "Registration Information" section).

First Name or Nickname: _____

Full Name: _____

Place of Employment: _____

City: _____

State/Province, Country: _____

Were you referred by an ISPN member? If so, please include their name:

Membership

I am a member of (check one):

- I am a current member of ISPN.
- I am registering as a non-member.
- I would like to become a member of ISPN while registering for the Conference (if so, please include a completed membership application).

*Includes two free months of membership (July 1-June 30 membership year).

*Please note: The option to join ISPN at the time of the Annual Conference is only available to those individuals who have never belonged to ISPN. If you were a member in the past and would like to renew and take advantage of the member discount for registration, please contact the ISPN membership department at info@ispn-psych.org or +1-608-443-2463. Additionally, you can renew your membership online at <http://ispn-psych.org>.

Division – select all that apply (if you are an ISPN member):

- ACAPN (Association of Child and Adolescent Psychiatric Nurses)
- AGPN (Adult and Geropsychiatric-Mental Health Nurses)
- ISPCLN (International Society of Psychiatric-Consultation Liaison Nurses)
- SERPN (Society of Education and Research in Psychiatric-Mental Health Nursing)

Additional Instructions:

- a. Please complete one form per registrant.
- b. Registration by telephone will not be accepted.
- c. Payment must accompany each registration form. International registrants must submit payment in U.S. dollars, drawn on a U.S. bank.
- d. The deadline for inclusion in the Attendee Directory (distributed on-site) is March 15, 2010.

Registration Confirmation

If you do not receive a confirmation by e-mail within three weeks of registering, please contact the ISPN Office at info@ispn-psych.org or +1-608-443-2463 to verify that your registration form has been received.

Cancellation Policy: Any Annual Conference registration cancellation must be made in writing directly to ISPN. If received before March 31, 2010, ISPN will apply a \$50 administrative fee and refund the remainder after the conference. After March 31, 2010, no refund will be given. Walk-ins and replacements are always welcome.

Nursing Contact Hours

- Yes, I would like to receive nursing contact hours.
State Licensed In: _____
License Number (required): _____
- No, I do not wish to receive nursing contact hours.

General Information

- Check here if you do **NOT** wish to be listed in the conference attendee directory.
- Please provide a contact name and phone number (of the nearest relative or friend) in case of emergency:

Name: _____

Daytime Telephone Number: (_____) _____

- Please check if you need special assistance.
(An ISPN staff member will contact you for more details.)

Registration Fees

Please check the applicable boxes – all registration fees are quoted in U.S. dollars.

ISPN Psychopharmacology Institute

Tuesday, April 13 and Wednesday, April 14, 2010

- | | |
|-------------------------------------|-----------|
| <input type="checkbox"/> Member | \$275 USD |
| <input type="checkbox"/> Non-Member | \$325 USD |
| <input type="checkbox"/> Student+ | \$125 USD |

+ Include a copy of your student ID as proof of your student status.

ISPN Annual Conference

Wednesday, April 14-Saturday, April 17, 2010

	Prior to March 15	After March 15
<input type="checkbox"/> Member	\$445 USD	\$495 USD
<input type="checkbox"/> Non-Member	\$595 USD	\$645 USD
<input type="checkbox"/> Joining ISPN with Conference*	\$570 USD	\$620 USD
<input type="checkbox"/> Student+	\$175 USD	\$225 USD

* Only available to those individuals who have never belonged to ISPN. If you were a member in the past and would like to rejoin and take advantage of the member discount for registration, please call the ISPN membership department at +1-608-443-2463.

+ Include a copy of your student ID as proof of your student status.

- | | | |
|---|-----------|-----------|
| <input type="checkbox"/> One-Day Registration: Member | \$275 USD | \$325 USD |
| <input type="checkbox"/> One-Day Registration: Non-Member | \$325 USD | \$375 USD |

Please check the date of attendance: Thursday Friday Saturday

Registration Discount

If you attend both the Pharmacology Institute and the Annual Conference, you will receive a \$50 discount off your registration fees. Please check below if you are attending both.

- Yes, I am attending the Psychopharmacology Institute and Annual Conference.
I understand I will receive a \$50 discount on my registration fee.

ISPN Foundation Event

Reception and Silent Auction at the Hyatt Regency Hotel: \$35 per person
Thursday, April 15, 2010 • 6:00 p.m.-8:00 p.m.

Number of participants _____ x \$35 each = Total _____

Presenter Discounts

In appreciation of your contribution to the 2010 ISPN Annual Conference, **lead presenters** (only) will be awarded a credit towards their registration fee, when registering to attend the entire conference. You must include the workshop or poster number below in order to receive your discount. Please check below if you are a lead presenter:

- Oral Presentation (\$50 credit)
Concurrent Session or Workshop Number: _____
- Poster Presentation (\$25 credit)
Poster Number: _____

Session Interest

Please check the sessions below that you are planning to attend at the conference (one session per block of time).

Thursday, April 15, 2010

10:00 a.m.-10:50 a.m. • Concurrent Sessions – 1.1 - 1.4

- 1.1 Child and Adolescent Self-mutilation: State of the Science
- 1.2 Characteristics of Hospitalized Patients with Multiple Seclusion and Restraint Events
- 1.3 Psychogenic Non-Epileptic Seizures: Support and Education at the Time of Diagnostic Disclosure
- 1.4 Finding Schizophrenia Susceptibility Genes

10:00 a.m.-11:50 a.m.

- Workshop #1
Writing for Publication

11:00 a.m.-11:50 a.m. • Concurrent Sessions – 2.1 - 2.4

- 2.1 The Lived Experience of Primary Caregivers of Children with Mental Health Needs
- 2.2 The Rapid Rise of Delusions of Parasitosis: Is There More Than Meets the Eye?
- 2.3 Psychometrics of the Depressive Cognition Scale in Women Caring for Adults with Serious Mental Illness
- 2.4 Critical Issues that Challenge Advanced Practice Psychiatric Nursing: Education and Practice in a Changing Health Care Environment

2:40 p.m.-3:30 p.m. • Concurrent Sessions – 3.1 - 3.5

- 3.1 Adolescent Depression: Evidence-based Practice: Can We put Psychotherapy Back into those Brief Medication Management Appointments?
- 3.2 The Role of Positive Cognition in Egyptian Elders' Relocation Adjustment: An Application of Resilience Theory
- 3.3 When the Going Gets Tough: Support for Health Care Teams Involved in Complex Family-Centered Care Cases
- 3.4 Preparing Mental Health Nursing Students to Work in Diverse Communities to Promote Mental Health
- 3.5 Psychiatric Nurses' Involvement in Culture Change

4:00 p.m.-4:50 p.m. • Concurrent Sessions – 4.1 - 4.5

- 4.1 Cyberbullying: Incidence and Prevalence Among the Child and Adolescent Patients Admitted in an Inpatient Psychiatric Unit
- 4.2 Gluing Together a Shattered Mirror: The Psychopharmacology of Borderline Personality Disorder
- 4.3 Gentle Guidance Along the Way: The Role of the Psychiatric-Mental Health Advanced Practice Nurse in the Professional Development of the Graduate Nurse
- 4.4 Mock Trial Simulation: An Innovative Approach to Nursing Education
- 4.5 Nursing Education and Nursing Practice Collaboration to Meet the Health Care Needs of a Vulnerable Population

Friday, April 16, 2010

10:00 a.m.-10:50 a.m. • Concurrent Sessions – 5.1 - 5.4

- 5.1 The Psychiatric Nurse and Gender-Discordant Youth: Are You Prepared?
- 5.2 Psychiatry in Prison: The Role of the Psychiatric APRN in the Country's Largest Mental Health System
- 5.3 Creating a Therapeutic Milieu within the Retirement Communities
- 5.4 Psychological Adjustment to HIV and Quality of Life in Infected Individuals

10:00 a.m.-11:50 a.m.

- Workshop #2
Grant Writing: How to Increase Mental Health Research

11:00 a.m.-11:50 a.m. • Concurrent Sessions – 6.1 - 6.4

- 6.1 The 2009 US Preventive Services Task Force Recommends Screening Teens 12-18 Years for Major Depression: An Evidence Review...
- 6.2 Neurofeedback, Neurobics, and Neuralnets – What Does This Have to Do with Spiderman?
- 6.3 Integration of Mental Health and Primary Care
- 6.4 Adverse Childhood Experiences and Mental Health Outcomes: Implications for Psychiatric Nurses

2:10 p.m.-3:00 p.m. • Concurrent Session – 7.1 - 7.5

- 7.1 An Efficacious Intervention for a Myriad of Child Mental Health Diagnoses: The Triple P Positive Parenting Program
- 7.2 Using the Clinical Global Improvement Scale (CGI) to Measure Severity of Symptoms and Progress in Treatment with a Pediatric Population

- 7.3 Dementia Training to Promote Involvement in Meaningful Activities: Findings from a Pilot Project
- 7.4 Do Relaxation Techniques Really Work?
- 7.5 The Relationship Between Executive Function, Attention Deficit/Hyperactivity Disorder, Eating Behaviors and Obesity

3:30 p.m.-4:20 p.m. • Concurrent Sessions – 8.1 - 8.5

- 8.1 Partnering with Youth: Deconstructing a Participatory Action Paradigm in Health Disparities Research
- 8.2 Testing the Effect of a Self-memory Intervention on Quality of Life Among Persons with Alzheimer's Disease
- 8.4 Prevalence of Dating Violence Among College Students
- 8.5 Revitalizing Therapeutic Communication Skills: Practice What You Teach

4:30 p.m.-5:20 p.m. • Concurrent Sessions – 9.1 - 9.4

- 9.1 Refinement of a Measurement Model of Proactive Parental Participation in Child Mental Health Services: A Focus Group Study
- 9.2 Sensitive Practice for Health Care Practitioners: Lessons from Adult Survivors of Childhood Sexual Abuse
- 9.3 The Use of Reflection: Nursing Students' Anxiety During the Psychiatric-Mental Health Experience
- 9.4 International Collaboration: Development of a Masters Advanced Practice Program in Psychiatric/Mental Health Nursing in Colombia, South America

Saturday, April 17, 2010

10:00 a.m.-10:50 a.m. • Concurrent Sessions – 10.1 - 10.4

- 10.1 Evidence-based Practice: Are We Really Doing It?
- 10.2 The Interaction of Atypical Depression and Rejection Sensitivity
- 10.3 Evidence-based Proposal for a Clinical Treatment Protocol for Bipolar II Patients
- 10.4 Program Evaluation of a Community Crisis Stabilization Program

10:00 a.m.-11:50 a.m.

- Workshop #3
Repetitive Transcranial Magnetic Stimulation (rTMS): A Novel Treatment Approach and Landmark Opportunity for Psychiatric-Mental Health Nursing

11:00 a.m.-11:50 a.m. • Concurrent Sessions – 11.1 - 11.3

- 11.1 Using Appreciative Inquiry to Interpret Youthful Offenders' Stories
- 11.2 A Reflective-Centered Curriculum for Promoting Cultural Competency in Psychiatric Mental Health Nursing Graduate Students
- 11.3 Is this Depression or Something Else: Improving Assessment Skills, Identifying Subtle Physical, Psychological and Neurological Changes in Early Parkinson's Disease

Payment

Please total your fees from the different categories included on this registration form. ISPN's Federal Tax ID#: 36-2905672.

Psychopharmacology Institute Registration Total:	\$ _____
Annual Conference Registration Total:	\$ _____
ISPN Foundation Event:	\$ _____
Subtotal:	\$ _____
Presenter Discount (if applicable):	\$ _____
Registration Fee Discount (if attending both the Psychopharmacology Institute and Annual Conference):	\$ _____
Grand Total:	\$ _____

(Please include this amount with your registration form.)

Check one and enclose payment. Registration forms not including the proper registration fee will be returned immediately. Please do not send cash.

- Check (made payable in U.S. funds to ISPN)
- Master Card/Visa/American Express

Card Number: _____

Expiration Date: _____

Card Holder Name (please print clearly): _____

Card Holder Signature: _____

Please complete both sides of this registration form and mail or fax it with your payment (no purchase orders please) to:

ISPN

2810 Crossroads Drive, Suite 3800
Madison, WI 53718-7961 USA

Fax: +1-608-443-2474 or +1-608-443-2478

For more information, call or e-mail:

Telephone: +1-866-330-7227 or +1-608-443-2463

Email: conferences@ispn-psych.org • Website: <http://www.ispn-psych.org>

INTERNATIONAL SOCIETY OF PSYCHIATRIC-MENTAL HEALTH NURSES (ISPN) MEMBERSHIP APPLICATION

Name: _____

Credentials: _____

Title: _____

Institution: _____

Address: _____

City: _____ State: _____ Zip: _____

Home Address: _____

City: _____ State: _____ Zip: _____

Country: _____

Preferred Mailing Address: Home Work

Daytime Phone: () _____

Fax: () _____

E-mail: _____

Referring Member: _____

Are you an ANA member: Yes No

If YES, membership #: _____

Student: Proof of enrollment is a copy of your current student ID card.

My Research Interest is (optional):

My Clinical Interest is (optional):

**Please note that membership will be activated
at the time of the conference in April.**

ISPN

2810 Crossroads Drive, Suite 3800
Madison, WI 53718-7961 USA

Toll free: 1-866-330-7227 • Phone: +1-608-443-2463
Fax: +1-608-443-2474 • E-mail: info@ispn-psych.org
Website: www.ispn-psych.org

As a member of ISPN you may choose to belong to one or more division(s).

Membership in one division is included in the ISPN membership fee. Please choose one division.

ISPN Membership and One Division:

- Full Membership: \$125
- Student Member or Retired Member each: \$60

Choose one division:

- ACAPN (Association of Child and Adolescent Psychiatric Nurses)
- AGPN (Adult and Geropsychiatric-Mental Health Nurses)
- ISPCLN (International Society of Psychiatric Consultation Liaison Nurses)
- SERPN (Society of Education and Research in Psychiatric-Mental Health Nursing)

Additional Division Membership:

I would like to belong to these additional divisions:

- ACAPN: Add \$55 Full Membership
 \$30 Student or Retired
- AGPN: Add \$55 Full Membership
 \$30 Student or Retired
- ISPCLN: Add \$55 Full Membership
 \$30 Student or Retired
- SERPN: Add \$55 Full Membership
 \$30 Student or Retired

Subtotal Due for ISPN Membership: \$ _____

Journal Choices:

You are entitled to a subscription to one journal for each division you join. Check one below.

- Archives of Psychiatric Nursing* (SERPN/ISPCLN)
- Journal of Child & Adolescent Psychiatric Nursing* (ACAPN/ISPCLN)
- Perspectives in Psychiatric Care* (AGPN/ISPCLN)

ISPN Foundation:

I would like to make a tax deductible donation to the ISPN Foundation in the amount of: \$ _____

Payment:

Membership Fee: \$ _____

Additional Division: \$ _____

ISPN Foundation: \$ _____

Total Due: \$ _____

- My check is enclosed (payable in US funds, drawn on a US bank to: ISPN)
- Charge my credit card:
 Visa Master Card AmEx

Card No.: _____

Exp. Date: / _____

Signature: _____

ANNUAL CONFERENCE PRELIMINARY PROGRAM

continued from page 8

Poster #16

Psychological Status, Coping, and Social Support of People Living with HIV/AIDS in Selected Hospitals

Binu Mathew, MSN

Poster #17

The Study of Labeling Process of Postoperative Delirium: Judging, Convincing, and Behaviors for Postoperative Delirium

Toshiko Matsushita, Eisuke Matsushima, and Tomomi Ohki

Poster #18

Sense of Coherence and QOL for Japanese Pregnant Female

Toshiko Matsushita, Keiko Okabe, Michi Harada, Sachiko Matsumoto, Kayoko Fujita, Toyoko Kamisaka, Kyoko Ueno, Kazumi Maruyama, Terumi Suzuki, Kuniko Ogura, Miho Saito, Eri Ugajin, Hitomi Tanaka, Yukihiko Seki, Maki Takashika, and Yukari Kimura

Poster #19

Occupational Stress Among Nurses Working in Japanese Leprosaria: Results of a Self-Reported Questionnaire Investigation Including the NIOSH Job Stress Scale

Toshiko Matsushita, Asako Kawaguchi, Toyoko Kamisaka, Kazuhiro Kobayashi, Kuniko Ogura, Kumiko Motoya, Yoshitaka Tsuji, Tokuko Ishino, and Kunihiko Tsujiwaki

Poster #20

Geriatric Psychiatry and Falls

Dolores Matzker, MSN/PMHCNS

Poster #21

The Study of the Labeling Process of Postoperative Delirium: the Prevision and Assessment of Post-Operative Delirium

Tomomi Ohki, Eisuke Matsushima, and Toshiko Matsushita

Poster #22

Incidence of Trypanosomal Induced Psychosis Amongst Adults in a Riverine Community in Nigeria

Edoghogho Oliha, RSN, BSc, RN, Olutayo Ifedayo Ajayi, PhD, and Dupe Destiny Ovbiebo, BSc, RN, RPN

Poster #23

After the Storm: Preparing Mental Health Nurses to Respond to the Psychological Impacts of Traumatic Experience

Bethany Phoenix, PhD, RN

Poster #24

Implication of an Exercise Program in an Inpatient Adolescent Psychiatry Unit

Leilanie Marie Rayala, MA, BSN, RN-BC

Poster #25

Camp Encourage: A Multidisciplinary Approach to Creating an Overnight Camp Experience for Children with Autism Spectrum Disorders (ASD)

Ellen Rindner, PhD, APRN-BC

Poster #26

NMDA Receptor Encephalitis: A Case Study

Nina Scarpinato, PMHCNS-BC, CRNP

Poster #27

Teaching Basic Nursing Students About Sexual Minority Cultures and their Health-Related Needs and Concerns: A Critical Yet Neglected Area of Nursing Education

Theodora Sirota, PhD, RN, CNL, PMHCNS-BC

Poster #28

Mexican-American Cultural Bound Syndromes: A Literature Review

Tanya Sorrell, MSN, MS, RN, NP-C, and Cathy Michaels, PhD, RN, FAAN

Poster #29

Differences in Automated and Manual Blood Pressures in Hospitalized Psychiatric Patients

Lucy Suokhrie, MSHCA, BSN, RN, Jamie Bowen, BSW, MHT, Carolyn Emory, RN-BC, Carol Moriarity, MSN, RN-BC, and Rose White, MA, RN-BC

Poster #30

Quality of Life as Perceived by Rural Dwellers with a Serious Mental Illness

Deborah Townsend, MSN, APRN, CNS

Poster #31

Is Your Milieu Therapeutic: A Concept Analysis

Kristen Vandenberg, RN, ARNP

Poster #32

The Effect of Therapeutic Environment on Patient Outcomes

Ann Venuto, MS, BS, RN, PMHNP-BC

Poster #33

Enhancing Guided Dialogue in Large Groups of Baccalaureate Nursing Students

Miriam Zwitter, PhD, RN and Barbara Ponder, MS, RN, CCNS, APRN

Poster #34

Metabolic Consequences of Risperidone in Children with Pervasive Developmental Disorders

Susan Boorin, MSN and Lawrence Scahill, PhD, MSN

Questions:

ISPN

2810 Crossroads Drive, Suite 3800
Madison, WI 53718-7961 USA

Fax: +1-608-443-2474 or
+1-608-443-2478

For more information, call or e-mail:

Telephone: 1-866-330-7227 (US) or
+1-608-443-2463

E-mail: conferences@ispn-psych.org

Website: <http://www.ispn-psych.org>