



International Society of Psychiatric-Mental Health Nurses

6th Psychopharmacology Institute and 15th Annual Conference

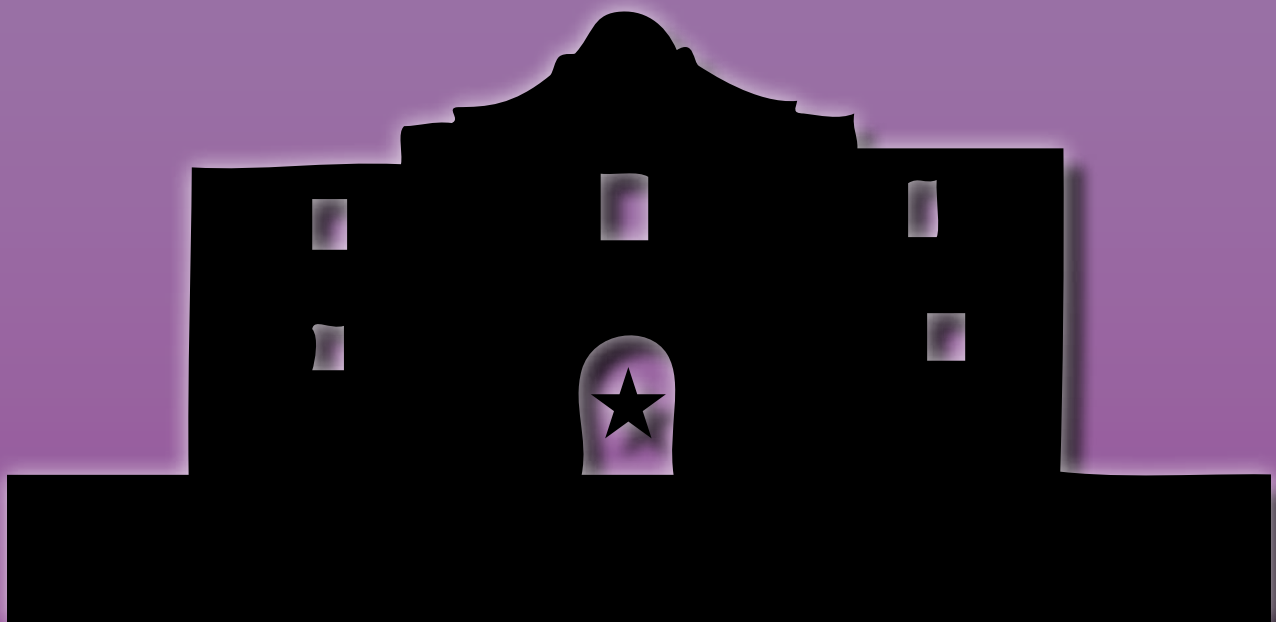
50th Anniversary of PCLN Practice

Mental Health Matters: Risk, Resilience, and Recovery

• April 16-20, 2013 •

Hyatt Regency Hill Country Resort and Spa

★ San Antonio, Texas ★





International Society of Psychiatric-Mental Health Nurses (ISPN) 6th Annual Psychopharmacology Institute and 15th Annual Conference

Annual Conference Preliminary Program *Mental Health Matters: Risk, Resilience, and Recovery*

Introduction

The ISPN Conferences Committee and the Board of Directors welcome you to the 2013 ISPN Psychopharmacology Institute and Annual Conference. The theme of the conference: Mental Health Matters: Risk, Resilience, and Recovery, was chosen to reflect the challenges and issues currently faced by psychiatric-mental health nurses in advanced practice and academia. Nestled in the hill country of South Texas, San Antonio is the ideal setting for this conference.

Steeped in history and multicultural traditions, San Antonio has stood the test of time. Over the past 300 years, what was once a small Indian village has played a pivotal role on an international stage. Colonized at various times by the Spanish, English and Germans, San Antonio's culture is the unique blending of these and other influences. This diversity is present in the cuisine, the arts, and most importantly the people of San Antonio. San Antonio's rich history is easy to experience whether taking a leisurely river walk, making your way through their large marketplace or visiting one of many places of historical interest. Currently the Alamo stands as a solemn reminder of their fight and struggle for independence. Lockland Air Force Base and Fort Sam Houston continue to provide a strong military presence. All of these things and more contribute to the vibrant city of San Antonio!

With San Antonio as the backdrop, the conference promises to be exciting! We were pleased with the number and quality of abstracts submitted for presentations and posters. The skill and expertise in our growing membership is impressive. With that in mind, we have added additional workshops and combined many presentations of similar topics to allow for increased sharing and dissemination of knowledge. In an effort to support the Joint Forces initiative, we also have an increased focus on the mental health issues facing the military and many of our nations heroes.

We are so excited Dr. Alan Peterson will be joining us to share perspectives on mental health in the military. We also welcome Dr. Emily J. Hauenstein, Professor and Associate Dean for Research at University of Rochester School of Nursing, the 2012 Diversity Award recipient, who will present "Women, Social Disconnection and Depression over the Life Course." The Melva Jo Hendrix award winner, Vicki Hines-Martin will present "The Winds of Change: Dorothy, We're not in Kansas Anymore!"

As we come together in San Antonio we look forward to reviewing and strengthening relationships as well as embracing those new to advanced practice as psychiatric-mental health nurses who share a passion for care and treatment of those with mental health issues. I would like to thank all the Conferences Committee members for their diligence throughout the year to bring us what promises to be a wonderful conference! We hope to see you there!

Anita Dempsey, PhD, RN, MSN, Chair
Judith Hirsh, NP-P, PMHCNS-BC, FPMHNP, RPT-S, Co-Chair

Who Should Attend

- All professional nurses who practice, teach, conduct research, or study in the specialty of psychiatric-mental health nursing.
- All professional nurses who by practice, advocacy or research, dedicate their time to assisting patients, and families dealing with mental illness.

Conferences Committee

Anita Dempsey, PhD, RN, MSN, Chair
Judith Hirsh, NP-P, PMHCNS-BC, FPMHNP,
RPT-S, Co-Chair

Beth Bonham, PhD, RN, PMHCNS-BC
Nancy Davenport, RN, MSN, PMHCNS-BC
Linda D'Erminio, PMHCNS-BC
Pamela Galehouse, PhD, PMHCNS-BC
Vanessa Genung, PhD, RN, PMH-NP-BC,
LCSW-ACP, LMFT, LCDC

Linda Gerson, PhD, RN
Cynthia Taylor Handrup, DNP, APN, PMHCNS-BC
Pamela Lusk, DNP, PMHNP-BC
Sharon Mudd, PMHCNS-BC, NP
Judith Nolen, RN, BC, MS
Sally Raphael, APRN/PMH, FAAN
Judy Ribak, PhD, APRN, PMHCNS-BC
Beverly Thomas-Carter, FNP, PMHNP

Abstract Reviewers

Carol Baxter, APN, PMHCNS-BC
Judith Coucouvanis, MA, PMHCNS-BC
Nancy Davenport, RN, MSN, PMHCNS-BC
Linda D'Erminio, PMHCNS-BC
Carla J. Groh, PhD, PMHNP-BC
Cynthia Taylor Handrup, DNP, APN, PMHCNS-BC
Vicki Hines-Martin, PhD, RN, FAAN
Jean Klein, PhD, PMHCNS-BC
Pam Lusk, DNP, PMHNP-BC
Jane Neese, PhD, APRN-BC
Sandra Nelson, PhD, RN, CS
Judith Nolen, RN, BC, MS
Judy Ribak, PhD, APRN, PMHCNS-BC
Marilyn Shirk, MN, RN, CNS
Noreen Thompson, MSN, RN, PMHCNS-BC
Edilma Yearwood, PhD, PMHCNS-BC, FAAN
Jaclene Zauszniewski, PhD, RN-BC, FAAN

ISPN Divisions

ACAPN: Association of Child and Adolescent Psychiatric Nurses
AGPN: Adult and Geropsychiatric-Mental Health Nurses
ISPCLN: International Society of Psychiatric Consultation Liaison Nurses
SERP: Society of Education and Research in Psychiatric-Mental Health Nursing

Annual Conference Preliminary Program
Mental Health Matters: Risk, Resilience, and Recovery

Conference Objectives

Attendees will be able to:

- Describe evidence of current research and outcomes in mental health treatment of individuals, families, and groups across the lifespan.
- Generate health care policy recommendations, which support transformative, comprehensive quality of care for individuals in need of mental health services.
- Discuss innovative initiatives and strategies for increasing the knowledge and skills of educators, practitioners, and graduate students in psychiatric-mental health nursing.
- Describe cutting-edge initiatives that address issues of culture, ethics, and integration of care in education, practice, and nursing research.
- Utilize the conference forum as a method to promote discussion, planning and problem-solving of key issues affecting psychiatric/mental health nursing, health care policy, advocacy, global health, international collaboration, and mental health initiatives across the lifespan.
- Provide opportunities for professional development, networking, mentoring, and collaboration between domestic and international partners.
- Discuss mental health issues specific to those in the military.

Registration

There are three ways to register for the ISPN Psychopharmacology Institute and Annual Conference:

Online

Register online at www.ispn-psych.org (click under Conferences).

Fax

Complete the registration form on pages 13-14 and fax it to the ISPN Office at: +1-608-443-2474 or +1-608-443-2478 along with your credit card information.

Mail

Mail your registration form and payment to ISPN Registrar, 2424 American Lane, Madison, WI 53704.

The Annual Conference registration fee includes:

- Two and a half days of conference activities;
- Access to speaker presentations through the ISPN website;
- Networking opportunities with advanced-practice nurses in psychiatric and mental health;

- Entrance to the exhibit hall of vendors servicing the needs of the psychiatric and mental health nursing community;
- Admission to the Welcome Reception, ISPN's 15th Anniversary Celebration Dinner, ISPCLN Celebration Luncheon, and Awards Brunch;
- Continental breakfast and refreshment breaks each day of the conference; and
- A Conference Attendee Directory, which includes a listing of all pre-registered attendees and invited speakers.

Register prior to March 18 and save \$50!

Nursing Contact Hours

Contact hours have been applied for through the Wisconsin Nurses Continuing Education Approval Program Committee. Contact hours are complimentary with your registration fee. Please note on your registration form if you are interested in receiving contact hours for attending the Conference.

Hotel Accommodations

The Psychopharmacology Institute and Annual Conference will be headquartered at the Hyatt Regency Hill Country Resort and Spa in San Antonio, Texas. With its timeless charm and casual elegance the Resort offers a welcoming spirit and gracious hospitality away from the hustle and bustle of the city. The Resort is set on the historic Rogers-Wiseman Ranch, a family-owned property for more than a century. Enjoy the massive live oaks and natural landscape that have attracted generations to the Resort for vacations and relaxation. Right outside your door you can enjoy the 27 holes of golf, jogging paths, tennis courts, a nature trail and a 4-acre water park with a signature flowing river pool. Inside the Resort enjoy one of the many dining and lounge options available, shop the convenient retail, relax at Windflower the Hill Country Spa, work out at the fitness center, or utilize the available business center. You can also take in the view of the incredible landscape throughout this historic destination as you head to downtown San Antonio for a day of shopping, dining and sightseeing. Check in with ease using your phone or computer at hyatt.com. Print your boarding passes for your return flight with Hyatt FastBoard™, in the lobby.

Allow the knowledgeable Concierge to assist you with any arrangements you may need. You may also interact with the Hyatt Concierge on Twitter @HyattConcierge.

Hotel Amenities

- Check-in: 4:00 p.m., check-out: 11:00 a.m.
- Television, in-room pay movies, video games, web TV
- Wired and wireless internet access (complimentary)
- Unlimited use of the health club
- Unlimited access local, 800 or 888 calls and in-state credit card calls
- Unlimited use of tennis courts, bicycles, chipping and putting greens, outdoor activities
- Golf club storage, full access to golf practice facility, preferred golf tee times, complimentary personalized golf bag tag
- In-room safe
- Hair dryer
- Coffeemaker and complimentary coffee and tea
- Mini-bar (charges apply)
- Daily newspaper delivery (Monday – Friday)
- Complimentary self-parking
- Multilingual staff
- 18-hour in-room dining

Points of Interest

At the Resort...

Antlers Lodge, Springhouse Café, Cactus Oak Tavern, The Porch, General Store, Papa Ed's Pool Bar and Grill, Windflower Wellness Bar, Charlie's Long Bar, Hill Country Golf Club, Windflower-The Hill Country Spa (hillcountry.hyatt.com).

San Antonio area...

SeaWorld San Antonio, Six Flags Fiesta Texas, San Antonio Museum of Art, the River Walk, San Antonio Zoo, The Alamo (www.visitsanantonio.com).

Secure your hotel reservations online by visiting the ISPN website at www.ispn-psych.org, click under Conferences, and look under Hotel Accommodations for the link.

Or contact the Hyatt Regency Hill Country Resort and Spa directly at +1-210-647-1234 to make your housing reservations. The sleeping room rate is \$174 single or double. Please refer to the ISPN Conference in order to be eligible for the negotiated rate (does not include taxes of 16.75%). Please make your reservations prior to **March 20, 2013**, to ensure receipt of the discounted rate.

Hyatt Regency Hill Country Resort and Spa
 9800 Hyatt Resort Drive
 San Antonio, Texas 78251
 Phone: +1-210-647-1234



International Society of Psychiatric-Mental Health Nurses (ISPN) 6th Annual Psychopharmacology Institute and 15th Annual Conference

Annual Conference Preliminary Program *Mental Health Matters: Risk, Resilience, and Recovery*

Air Travel

Plan your airline arrangements to San Antonio early! To make a flight reservation or request a quote, contact Burkhalter Travel at 1-800-556-9286 (press 0 and ask for the Corporate Department) from 8:30 a.m.–5:00 p.m. (CST) Monday through Friday (+1-608-833-9339). Please reference the ISPN Annual Conference when making your reservations. Fare restrictions and cancellation penalties may apply to your travel. Be sure to have the agent advise you of any applicable restrictions. Burkhalter Travel will book your travel on the air carrier offering the greatest discount.

Ground Transportation

From/To the San Antonio International Airport

Go Airport Shuttle Service

Website: Please find the Go Airport Shuttle Service website link on the ISPN Annual Conference website under Ground Transportation.

Phone Number: +1-210-281-9900 (Please identify yourself as part of the ISPN Annual Conference for the discounted rate).

Ticket Pricing: \$45 round trip (discounted rate, only applies if reservations are made at least 24 hours in advance).

Reservations: To receive the discounted rate, please make reservations at least 24 hours in advance. Utilize the website listed, or call the number above to make your reservation today!

Location: Check into Go Airport Shuttle Service kiosk located near the baggage claim area.

Timing: Shuttle departs every 20-25 minutes and takes guests directly to the hotel. It is a 20-25-minute ride, one-way, depending on time of arrival.

Return Trip: Please book your return trip at least 24 hours in advance from the hotel to the airport.

Taxis

Taxis average around \$50 one-way. Coordinate with friends to take a cab and split the cost. Look for signage at the airport directing you to the taxi area.

Rental Cars

Compare rates and book a rental car for transportation out to the Resort as well as into downtown San Antonio and the Riverwalk for the evening. Compare pricing at www.kayak.com.

ISPN Foundation Event "Under the Stars"

You are Invited to the Foundation Annual Reception/Silent Auction

Thursday, April 18, 2013
6:30 p.m. to 9:30 p.m.

Cost of event: \$75 per person

Join us for a delightful and memorable evening. The ISPN Foundation Reception/Auction will offer heavy hors d'oeuvres and a cash bar under the brilliant stars of the Courtyard Deck at the sumptuous San Antonio Hill Country Hyatt. Included in your ticket price is an opportunity to participate in a live and silent auction in addition to networking with some of the "brightest stars" in the mental health community.

Funds raised at the Auctions will support ISPN activities such as:

- Scholarships to assist graduate students and international members to attend the Annual Conference;
- Research grants to enhance psychiatric nursing science; and
- Endowment for the Foundation; and ISPN sponsored events.

**In order for the auction to be fun and successful we ask for donations from our members! Donating items for the auctions are a great way to support your organization...and participation in the auctions are always entertaining and fun! Items from members and companies are both welcome. The value of your donated item is tax deductible as allowed by law and your particular tax situation. You will receive a thank you letter from the Foundation stating the value of the donation and that no goods or services were exchanged for the donation.

Recognition

For your donation you will receive:

- A personal thank you letter
- Acknowledgement on the Auction Bid Sheet
- Listing that you participated in our Auction

To make a donation:

You may either send your item to: Susan Vebber, 10525 Leslie Dr, Raleigh, NC 27615 one week prior to the conference, or you may bring your item to the ISPN Conference and drop them off at the conference registration desk on Wednesday evening from 6:00 p.m. to 7:00 p.m., or Thursday morning, prior to the first session.

Be a Member...Bring a Member

Calling all ISPN members to bring a buddy to the Annual Conference! Spread the word on the educational opportunity being held this April in San Antonio. And what do you get for participating? Your name will be entered into a drawing to win a gift card. Be sure to have your buddy include your name as the referring member on the registration form. Please indicate if your buddy is a student.

ISPN Award Nominations

Honor a colleague by nominating them for one of the ISPN awards. Nominations are being taken online (www.ispn-psych.org). Full award descriptions will be available there too.

Division Awards

ACAPN Division Award
AGPN Division Award
ISPCLN Leadership Award
SERPN Jeanette Chamberlain Award

ISPN Awards

Melva Jo Hendrix Lectureship Award
Clinical Practice Award
Diversity Award
Education Award
Research Award
Service to Psychiatric Nursing Award

Recipients are selected by considering the nominee's contributions and their impact on individuals, systems, or populations using the criteria of the particular award. To a lesser degree, consideration will be given to the general contributions the individual has made to the profession—including ISPN or one of the constituent divisions. While many award recipients are seasoned achievers, early career members who are making solid contributions have received awards in recent years.

Plan to visit the ISPN website to nominate a deserving member. Deadline for nominations: **March 3, 2013.**



2013 Psychopharmacology Institute • April 16-17

Introduction

Welcome to the 6th Annual ISPN Psychopharmacology Institute! We have listened carefully to your comments about past Institutes and tried to craft this year's program to best meet your needs.

The Institute Planning Committee has worked diligently over the last year to respond to your ideas for topic areas and recommended speakers. The content is diverse and addresses patient issues across the age spectrum and prescribing related to varying practice settings.

We are pleased to announce the following speakers:

- Dr. Geraldine Pearson: The McCabe Lectureship: Where Are We With Our Prescriptive Practice
- Dr. Janice Goodman: Management of Mood and Anxiety Disorders During Pregnancy and Postpartum
- Dr. Mary Weber: Homelessness: Decision-Making for Complex Pharmacotherapy

Back by popular demand are the roundtable discussions. Participants are encouraged to bring difficult scenarios, questions, and complex prescribing issues to discuss.

These may be related to the following:

1. Child/adolescent issues/disorders
2. Geropsychiatric issues
3. Adult co-morbidities

We have decided to conclude the Institute with small group discussions in place of the prescribing panel so that you can get your questions addressed by the experts from your lifespan specialty practice. This is a time for you to be actively involved in the learning process by sharing one of your particularly challenging clinical cases with your peers.

This year we will not be dividing our presentations in beginner or advanced tracks. Instead, we will be asking each presenter to address these issues as part of their presentation. Again, we heard your feedback and have planned accordingly.

The Psychopharmacology Institute is designed to be interactive and assist you in developing partnerships that will last far beyond the two days of the Institute. You will have opportunities to network with advanced practice colleagues, establish new relationships and interact with the presenters. We actively encourage our student participants to continue their course of education into real time practice and establish connections with experienced prescribing APRNs.

We hope that you take every opportunity to make this educational event a positive learning experience.

So mark those calendars and start preparing for the ISPN Psychopharmacology Institute in 2013!

Best regards,
Geraldine S. Pearson, PhD, PMHCNS-BC, FAAN
Co-Chair, Psychopharmacology Institute

Karen Ragaisis, MSN, APRN, PMHNP-BC, PMHCNS-BC, CARN
Co-Chair, Psychopharmacology Institute

Objectives

This course has been designed so that the participants will be able to:

- Describe new and comprehensive knowledge regarding the psychopharmacologic treatment of major psychiatric, substance abuse disorders, along with other co-morbidities across the life span; which will include antidepressants, antipsychotics, mood stabilizers, psychostimulants, and addiction pharmacology.
- Discuss the emerging knowledge of pharmacogenomics and pharmacoeconomics and the importance of this information in the practice of prescribing psychopharmacologic agents.
- Explore new and comprehensive knowledge associated with the integration of psychopharmacology prescribing into clinical practice, across the life span, and in varying clinical practice settings.
- Identify current and future innovations and advancements in the area of psychopharmacology.

Psychopharmacology Institute Planning Committee

Geraldine Pearson, PhD, PMHCNS-BC, FAAN, Co-Chair
Karen Ragaisis, MSN, APRN, PMHNP-BC, PMHCNS-BC, CARN, Co-Chair

Judith Coucouvanis, MA, PMHCNS-BC
Vanessa Genung, PhD, RN, FPMH-NP, LCSWACP, LMFT, LCDC
Bev Hart, PhD, PMHNP
Barbara Johnson, PhD, RN, PMHNP
Susan Krupnick, MSN, PMHCNS-BC, ANP-BC, C-PREP
Diane Snow, PhD, RN, PMHNP-BC, CARN
Mary Weber, PhD, APRN, PMHNP-BC

Psychopharmacology Institute Abstract Reviewers

Judith Coucouvanis, MA, PMHCNS-BC
Geraldine Pearson, PhD, PMHCNS-BC, FAAN
Karen Ragaisis, MSN, APRN, PMHNP-BC, PMHCNS-BC, CARN
Diane Snow, PhD, RN, PMHNP-BC, CARN



**International Society of Psychiatric-Mental Health Nurses (ISPN)
6th Annual Psychopharmacology Institute and 15th Annual Conference**

2013 Psychopharmacology Institute Program • April 16-17

Tuesday, April 16

**11:30 a.m.–5:00 p.m.
Registration**

**1:00 p.m.–1:15 p.m.
Welcome and Announcements**

**1:15 p.m.–1:30 p.m.
Introduction to the McCabe Lectureship**

**1:30 p.m.–3:00 p.m.
Susan McCabe Lectureship**
Where Are We With Our Prescriptive Practice?
Geraldine S. Pearson PhD, PMHCNS-BC, FAAN
Associate Professor, Director, HomeCare Program, Department of Psychiatry, School of Medicine, University of Connecticut, Farmington, CT and Editor, Perspectives in Psychiatric Care

**3:00 p.m.–3:15 p.m.
Refreshment Break**

**3:15 p.m.–4:30 p.m.
Concurrent Sessions**

Concurrent Session 1: Child/Adolescent
Straightforward on the Surface: When a Child's Mental Disorder is Not What it Seems
Barbara Johnson, PhD, RN, PMHNP

Concurrent Session 2: Adult
Synthetic Designer Drugs: What Nurses Need to Know
Karen Ragaisis, MSN, APRN, PHMNP-BC, PMHCNS-BC, CARN

Concurrent Session 3
The Emerging Use of NAC (N-Acetylcysteine) in Psychiatry
Judith Coucouvanis, MA, PMHCNS-BC

**4:45 p.m.–6:00 p.m.
Concurrent Sessions**

Concurrent Session 4: Child/Adolescent
Can You Hear Me Now: Pharmacotherapy Compliance in Children and Adolescents
Mark Soucy, PhD, RN, PMHCNS-BC, FPMHNP-BC

Concurrent Session 5: Adult
Addiction Psychopharmacology in the Adult and Geriatric Populations
Susan Krupnick, MSN, PMHCNS-BC, ANP-BC, C-PREP

**6:00 p.m.
Free Evening to Explore San Antonio**

Wednesday, April 17

**8:00 a.m.–7:00 p.m.
Registration**

**8:15 a.m.
Continental Breakfast**

**8:30 a.m.–8:45 a.m.
Welcome and Announcements**

**8:45 a.m.–10:00 a.m.
Plenary Session**
Homelessness and Complex Pharmacotherapy Decision-Making
Mary Weber, PhD, APRN, PMHNP-BC

**10:00 a.m.–10:15 a.m.
Refreshment Break**

**10:15 a.m.–11:30 a.m.
Concurrent Sessions**

Concurrent Session 6: Child/Adolescent
To Benzo or Not: Treating Patients With a History of Substance Abuse Disorders
Kristen Vandenberg, DNP, FNP-BC, PMHNP-BC

Concurrent Session 7: Adult
Psychopharmacological Management of Anxiety Disorders and Co-Occurring Substance Use Disorders and Mood Disorders
Diane Snow, PhD, RN, PMHNP-BC, CARN

Concurrent Session 8: Lifespan
Medical Homes: The Evolving Prescribing Role of the Psychiatric Nurse Practitioner in Primary Care
Beth Muller, APRN, PMHCNS-BC

**11:30 a.m.–1:15 p.m.
Lunch (on your own)**

**11:45 a.m.–1:00 p.m.
Roundtable Discussions**
Boxed lunches are available for pre-ordering. See the registration form for more information.

**1:15 p.m.–2:30 p.m.
Concurrent Sessions**

Concurrent Session 9: Child/Adolescent
Management of Complex ADHD in Children and Adolescents
Geraldine S. Pearson, PhD, PMHCNS-BC, FAAN

Concurrent Session 10: Gero
Recognizing Target and Side Effects of Psychotropics on the Brain Circuit Pathways
Vanessa Genung, PhD, RN, PMHNP-BC, LCSW-ACP, LMFT, LCDC
Margit Gerardi, PhD, RN, WHNP

Concurrent Session 11: Gero
Geriatric Assessment and Psychopharmacology from Acute Care to Outpatient: A Case-Based Approach
Susan Krupnick, MSN, PMHCNS-BC, ANP-BC, C-PREP

**2:30 p.m.–2:45 p.m.
Refreshment Break**

**2:45 p.m.–4:00 p.m.
Prescribing Small Groups**
Topics to be Announced

**4:00 p.m.–5:15 p.m.
Closing Plenary Session**
Management of Mood and Anxiety Disorders During Pregnancy and Postpartum
Janice H. Goodman, PhD, RN, PMHCNS-BC
Associate Professor, MGH Institute of Health Professions School of Nursing, Boston, MA

**5:15 p.m.–5:30 p.m.
Closing Remarks**

**6:15 p.m.–7:30 p.m.
Annual Conference Opening Reception**
All Psychopharmacology Institute attendees are welcome!

2013 Annual Conference Program • April 17-20

Wednesday, April 17

6:15 p.m.–7:30 p.m.

Opening Reception and Poster Session

(All Psychopharmacology Institute and Annual Conference attendees are welcome to attend.)

7:30 p.m.–9:30 p.m.

ISPAN's 15th Anniversary Celebration Dinner Program

Celebrating Our Past; Creating Our Future

(Complimentary to attendees - sign up on the registration form.)

Thursday, April 18

7:30 a.m.–5:00 p.m.

Registration

7:30 a.m.–8:30 a.m.

ISPAN New Member Orientation and Breakfast

8:00 a.m.–9:00 a.m.

Continental Breakfast in the Exhibit Area

8:30 a.m.–9:45 a.m.

Welcome and Opening Keynote Address



Combat-Related PTSD: Risk, Resilience, and Recovery
 Alan L. Peterson, PhD, ABPP
 Professor, Department of Psychiatry, Chief, Division of Behavioral Medicine, Director, STRONG STAR Multidisciplinary PTSD Research Consortium, Deputy Chair for Military

Collaboration, University of Texas Health Science Center at San Antonio, San Antonio, TX

9:45 a.m.–10:15 a.m.

Refreshment Break Exhibits and Poster Session

10:15 a.m.–12:00 noon

Workshops

Workshop #1

Understanding the 2013 CPT Code Changes

Cynthia Taylor Handrup, DNP, APN, PMHCNS-BC

Evelyn Parrish, PhD, APRN

Workshop #2 (AGPN)

Complementary/Alternative Medicine: Using Energy Medicine in Psychiatry

Nancy Davenport, RN, MSN, PMHCNS-BC

Ellen C. Rindner, APRN-FPMH-NP, PMHCNS-BC

Workshop #3

Together: Exploring Diversity, Equity, Inclusion, and Preventing Exclusion in Our Personal and Professional Lives: Part I

Edilma Yearwood, PhD, RN, PMHCNS-BC, FAAN

Pamela Galehouse, PhD, RN, PMHCNS

Vicki Hines-Martin, PhD, RN, PMHCNS, FAAN

Sara Horton-Deutsch, PhD, RN, PMHCNS

Pamela Minarik, PhD, RN, CNS

Marilyn J. Shirk, MN, RN, CNS-BC

Workshop #4 (ACAPN)

Expert Series on Child/Adolescent Diagnosis and Treatment: Anxiety

Kathleen Delaney, PhD, PMH-NP

Janiece DeSocio, PhD, PMH-CNS, PMH-NP-BC

Barbara A. Heidt, MSN, PMHCNS-BC

Holly Hillburn, MS, RN, APN, PMHNP-BC*

Margaret Scharf, DNP, PMHNP/CNS-BC, FNPBC

Mark Soucy, PhD, RN, PMHCNS-BC, FPMHNP-BC

Workshop #5 (SERPN)

"From a Thought to the Podium": Lessons for Professional Presentations

Pam Lusk, DNP, PMHNP-BC

Beverly Hart, PhD, PMHNP-BC

Cynthia Taylor Handrup, DNP, APN, PMHCNS-BC

Pam Galehouse, PhD, RN, PMHCNS-BC

Beth Bonham, PhD, RN, PMHCNS-BC

Vanessa Genung, PhD, RN, PMHNP-BC,

LCSW-ACP, LMFT, LCDC

Carol Baxter, MSN, PMHCNS-BC

Anita Dempsey, PhD, RN, MSN

12:00 noon–1:30 p.m.

Lunch Break (on your own)

1:30 p.m.–3:15 p.m.

Workshops

Workshop #3 (continued)

Together: Exploring Diversity, Equity, Inclusion, and Preventing Exclusion in Our Personal and Professional Lives: Part II

Priscilla Killian, RN, MSN, MHPNP

Vicki Hines Martin, PhD, RN, PMHCNS, FAAN

Kathleen McCoy, DNSc, APRN, PMHNP-BC,

FNP-BC, FAANP

Pamela A. Minarik, PhD, RN, PMHCNS-BC,

FAAN

Marilyn Shirk, RN, MN, CNS-BC

Edilma Yearwood, PhD, PMHCNS-BC, FAAN

Workshop #6

Writing for Publication

Geraldine S. Pearson, PhD, PMHCNS-BC, FAAN

Kathleen R. Delaney, PhD, PMHNP-BC, FAAN

Joyce J. Fitzpatrick, PhD, MBA, RN, FAAN

Workshop #7 (AGPN)

Identifying and Treating Substance Abuse, Anxiety, and Depression in Veterans of Operation Enduring Freedom (OEF) and Operation Iraqi Freedom (OIF) When Their Primary Complaint is Pain

Keitha Beamer, RN, MSN, PMHCNS-BC,

CARN-AP

Nancy Wiedemer, CRNP*

Identifying and Treating Substance Use Disorders and Dual Diagnosis in the Veteran Population

Keitha Beamer, RN, MSN, PMHCNS-BC, CARN-AP

Substance Abuse Cessation for Veterans Coping with Mental Illness

Bridgette Vest, GNP, PMHNP(c), DNP(c)

Josephine DeMarce, PhD*

Catherine Kane, PhD, RN, FAAN*

Workshop #8 (ISPCLN)

Standing Like Tree, Moving Like Water—The Use of 4-Postures of Tai Chi Program to Promote Fitness Participation Among Individuals with SPMI

Zibin Guo, PhD

Miriam Zwitter, PhD, RN

1:00 p.m.–1:50 p.m.

Concurrent Sessions

Concurrent Session 1.1 (ACAPN/SERP)

The Unique Clinical Specialty of Child and Adolescent Psychiatric-Mental Health Nursing

Elizabeth Bonham, PhD, RN, PMHCNS-BC

Bridging the Gap: Is Brief, Manualized Cognitive Behavioral Therapy the Bridge We Need Between Evidence and Practice for Anxious Children?

Monique Sawyer, BSN, RN

2:00 p.m.–2:50 p.m.

Concurrent Sessions

Concurrent Session 2.1 (ACAPN/SERP)

Pioneering the Psychiatric Nurse Role in Treatment Foster Care

Julie Bertram, RN, MSN, PMHCNS-BC

J. Curtis McMillen, PhD*

Sarah Narendorf, LCSW, PhD

Promoting Wellness with Severe and Persistently Mentally Ill Clients in the Group Home Setting

Miriam Zwitter, PhD, RN

Jenny Denver, PhD, MSW*

Sara McCain Hall, MS

2:50 p.m.–3:45 p.m.

Refreshment Break Exhibits and Poster Session

3:45 p.m.–5:15 p.m.

ISPAN Business Meeting

Chair: Victoria Soltis-Jarrett, PhD, PMHCNS/NP-BC

President

5:30 p.m.–6:30 p.m.

ISPCLN Division Meeting

6:30 p.m.–9:30 p.m.

ISPAN Foundation Reception

(Available at an additional fee.)

* Co-author not presenting at the Conference.

2013 Annual Conference Program • April 17-20

Friday, April 19

7:30 a.m.–5:00 p.m.
Registration

8:00 a.m.–9:30 a.m.
Melva Jo Hendrix Lectureship, Awards Ceremony, and Breakfast



The Winds of Change: Dorothy, We're Not in Kansas Anymore!
Vicki Hines-Martin, PhD, RN, FAAN
Professor & Director, Office of Health Disparities and Community Engagement, School of Nursing, Faculty

Scholar & Acting Associate Vice President, University Office of the Vice President for Community Engagement, University of Louisville, Louisville, KY

9:40 a.m.–10:30 a.m.
Concurrent Sessions

Concurrent Session 3.1 (AGPN/SERP)
Addition of Mental Health First Aid (MHFA) Certification in an Undergraduate Psychiatric Nursing Course
Kristen Vandenburg, DNP, PMHNP-BC, FNP-BC

Concurrent Session 3.2 (SERPN)
Innovative Collaborative Educational Experience: Entry to Practice Nursing Students Attaining Competency in Assessment and Treatment of Withdrawal and Medical Complications from Alcohol, Opiates, and Tobacco Use
Judith Nolen, MS, RN, BC
Ruth E. Carlson, MSN, RN

Concurrent Session 3.3 (SERPN)
Dancing With the Changes: Advocating for and Transitioning Our Advanced Practice Psychiatric Nursing Workforce
Sarah Horton-Deutsch, PhD, PMHCNS, RN
Rene Love, DNP, APRN-BC
Victoria Soltis-Jarrett, PhD, PMHCNS/NP-BC
Debbie Thomas, EdD, APRN, PMHCNS-BC
Wendy Umberger, PhD, PMHCNS-BC

Concurrent Session 3.4 (ISPCLN)
Running with the Big Dogs: Consultation-Liaison Nursing in a Large Academic Medical Center
Candace Mix, MSN, PMHCNS-BC

Suicide Prevention and Sitter Utilization in ICU
Ann Louise DiBarry, MSN/PMHCNS-BC
Candace Mix, MSN, PMHCNS-BC

Concurrent Session 3.5 (SERPN)
Neuroimaging of Neurocircuitry in Post-Traumatic Stress Disorder (PTSD)
Vanessa Genung, PhD, RN, PMHNP-BC, LCSW-ACP, LMFT, LCDC
Brenda Epperson, RN, BSN, PMHNP
Ellagene Cruz, RN, PMHNP-BC

10:30 a.m.–10:50 a.m.
Refreshment Break Exhibits and Poster Session

10:50 a.m.–11:40 a.m.
Concurrent Sessions

Concurrent Session 4.1 (SERPN)
What Advance Practice Nurses Need to Know About Families Coping With Autism
Heidi Lutz, PhD, RN
Jean M. Klein, PhD, PMHCNS-BC
Barbara J. Patterson, PhD, RN

Outcomes of Mental Health Programs in a Primary Care Setting: A Five-Year Study
Deena Nardi, PhD, PMHCNS-BC, FAAN

Concurrent Session 4.2 (SERPN/ISPCLN)
Partnering with Consumers: Evaluation of the Focus for Life Program
Rebecca Bonugli, PhD, APRN, PMHCNS
*Anna Gray, MEd**
*Janet Paleo**

Promoting a Brain-Healthy Lifestyle
C. Ganzer, PhD, NPP
Cheryl R. Zauderer, PhD, CNM, NPP

Concurrent Session 4.3 (SERPN)
Factors Associated With Dysphoric Symptoms Expressed by Women Family Members of Adults With Serious Mental Illness
Jaclene Zauszniewski, PhD, RN-BC, FAAN
*Abir K. Bekhet, PhD, RN, HSMI**

Psychometric Assessment of Depressive Cognition Scale With Caregivers of Persons With Autism
Abir Bekhet, PhD, RN, HSMI
*Jaclene Zauszniewski, PhD, RN-BC, FAAN**

Concurrent Session 4.4 (SERPN)
DSM 5 and Advanced Practice Psychiatric-Mental Health Nursing
Mary McClay, MSN
Judith Coucouvanis, MA, PMHCNS-BC
Sara L. Horton-Deutsch, PhD, RN, PMHCNS
Susan Krupnick, MSN, PMHCNS-BC, ANP-BC, C-PREP
Diane Snow, PhD, PMHNP-BC, CARN
Mary Weber, PhD, APRN, PMHNP-BC

Concurrent Session 4.5 (SERPN)
Using Movie Clips to Enhance Psychiatric Nursing Students' Planning of Care
Kathleen Scharer, PhD, RN, PMHCNS-BC, FAAN

The Leahy Method: Helping Patients and Students Through an Innovative Integration of Instruction and Counseling
Meghan Leahy, MS, NCC
Roberta Waite, EdD, APRN, CNS-BC, FAAN

11:40 a.m.–1:10 p.m.
Lunch Break

11:45 a.m.–1:10 p.m.
ISPCLN Division Sponsored Luncheon
A Celebration of 50 Years of PCLN Practice, Education and Research Celebrating Our Past and Current Practice, While Creating Our Future (Complimentary to attendees - sign up on the registration form)

1:10 p.m.–2:10 p.m.
Plenary Session



Stress-Busting Program for Family Caregivers of Dementia Patients and Wounded Warriors
Sharon Lewis, RN, PhD, FAAN
Research Professor, Castella Distinguished Professor, University of Texas Health Science Center, San Antonio, TX



Denise Miner-Williams, RN, PhD, CHPN
Assistant Research Professor, University of Texas Health Science Center, San Antonio, TX

2:20 p.m.–3:10 p.m.
Concurrent Sessions

Concurrent Session 5.1 (SERPN)
The Future of British Mental Health Nursing: Shaky or Secure?
Steven Pryjmachuk, BA(Hons), MSc, PGDipEd, PhD, RN, RNT, CPsychol

Is "Tackling the Transition" a Key Issue? Experience Challenges and Practice Satisfaction of Nurses From Culturally and Linguistically Diverse Background Working With the Foreign MH System: Evidence of Current Research and Outcomes
Bindu Joseph, MSN



2013 Annual Conference Program • April 17-20

Friday, April 19

Concurrent Session 5.2 (SERPN)

The Times They Are A-Changin': Shaping the Future of Psychotherapy Education for Psychiatric Advanced Practice Nursing
Candice Knight, PhD, EdD, APN, PMHCNS/NP-BC

We Are Here to Take YOU There—Catch the Fever: A PMH-NP Mentoring Model
Vanessa Genung, PhD, RN, PMH-NP-BC, LCSW-ACP, LMFT, LCDC

Concurrent Session 5.3 (ACAPN/SERPN)
 Advanced Practice Nursing and Telepsychiatry: Improving Access to Care in One of the Largest State Correctional Systems Via Telepsychiatry and Electronic Health Records
Vashti Jude Forbes-De La Cruz, PMHNP, FNP-BC

The Effectiveness of a Peer Mentoring, Case Management Program for Mental Health Clients Admitted to the Emergency Room
Bonnie Raingruber, RN, PhD

Concurrent Session 5.4 (ISPCLN)
 Scattered Brains: The Addicted Brain and Mental Illness
Debbie Burton, MSN, ARNP-BC

Concurrent Session 5.5 (SERPN)
 Sharing Our Skills: Sharing the Wealth to Improve Client Outcomes
Jean Klein, PhD, PMHCNS-BC

Caring Science Self-Care Development for Society's Safe-Keeper: An Integrative Evidence-Based Approach
Joseph Giovannoni, MA MS APRN-Rx, PMHCNS-BC

3:10 p.m.–3:40 p.m.
Refreshment Break Exhibits and Poster Session

3:40 p.m.–4:30 p.m.
Concurrent Sessions

Concurrent Session 6.1 (SERPN/AGPN)
 Systematic Review of Recovery Outcomes with Peer-Delivered Mental Health Services Research
Caroline McKinnon, PhD(c), PMHCNS-BC
Gareth Fenley, MSW, CPS

Support Groups and the LGBT Sexual Orientations—Together or Separate? The Consumer Perspective
Laura Hein, PhD, RN, APRN

Concurrent Session 6.2 (AGPN)
 Learned Resourcefulness, Danger in Intimate Partner Relationships, and Mental Health Symptoms of Depression and PTSD
Kerry Peterson, DNP, PMHNP, PMHCNS

Concurrent Session 6.3 (SERPN)
 Narrative Nursing: An Introduction to Therapeutic Communication for Family PMHNP Students
Rebecca Schroeder, DNP, MPH, PMHNP-BC

Riding on the Coattails of Evidence-Based Practice: Using CBT, Simulation Lab, and Distance Linked Curriculum to Empower Basic Proficiency in Short-Term Therapies for the PMHNP Student
Kathleen McCoy, DNSc, APRN, PMHNP-BC, PMHCNS-BC, FNP-BC, FAANP
Pamela Lusk, DNP, PMHNP-BC

Concurrent Session 6.4 (ISPCLN)
 A Diagnostic Conundrum: Anti-NMDAR Encephalitis-Implications for PCLN's
Susan Krupnick, MSN, PMHCNS-BC, ANP-BC, C-PREP

Concurrent Session 6.5 (SERPN)
 Integration of Behavioral and Primary Healthcare: Toward Broader Application
Frederica O'Connor, PhD, RN
Karen G. Schepp, PhD, PMHCNS-BC, FAAN
*Elaine M. Walsh, PhD, APRN-BC**
*Rebecca E. Wood, MSW**

Nurses Involvement in Integrated Primary Mental Health Care
Karen Robinson, PhD, PMHCNS-BC, FAAN
Linda Chafetz, DNSc, RN
Kathleen R. Delaney, PhD, PMH-NP, FAAN

4:40 p.m.–5:30 p.m.
Concurrent Sessions

Concurrent Session 7.1 (SERPN)
 Alternatives for Treatment for Depression: Transcranial Magnetic Stimulation (TMS)
Elizabeth Martin, MA, ARNP-BC

Concurrent Session 7.2 (ACAPN/SERPN)
 An Evidence-Based Approach for Treatment of Substance Use and Mental Health in College Health
Maggie Johnson, FNP-BC, DNP

Implementation of Self-Injury Awareness Day (SIAD) by Undergraduate Nursing Students on a College Campus
Kristen Vandenburg, DNP, PMHNP-BC, FNP-BC

Concurrent Session 7.3 (AGPN)
 Issues of Reward and Older Adult Substance Use
Marsha Snyder, PhD, APRN-BC

Using Photo-Elicitation to Give Voice to Persons With Dementia
Lynn Shell, MSN

Concurrent Session 7.4 (ISPCLN/ACAPN)
 Preventing Restraint and Seclusion: Policy Implementation in a Locale
Kelly Carlson, PhD(c)

Seclusion and Restraint Reduction: Maintaining System Control and Improvement within a Child Psychiatric Unit
Adam Hill, MSN, RN-BC, CPN

Concurrent Session 7.5 (SERPN/ACAPN)
 Resilience: Nurturing the Nurse Within
Kim Bissett, MSN, MBA, RN

Self-Care Support in Children and Young People's Mental Health
Steven Prymachuk, BA(Hons), MSc, PGDipEd, PhD, RN, RNT, CPsychol

5:40 p.m.–6:40 p.m.
Division Meetings:
ACAPN
AGPN

*Co-Author not presenting at the Conference.

2013 Annual Conference Program • April 17-20

Saturday, April 20

**7:30 a.m.
Continental Breakfast**

**8:00 a.m.–1:00 p.m.
Registration**

**8:00 a.m.–9:00 a.m.
Diversity Award Plenary Session**



Women, Social Disconnection, and Depression Over the Life Course
Emily J. Hauenstein, PhD, LCP, RN, FAAN
Professor and Associate Dean for Research,
University of Rochester

School of Nursing, Rochester, NY

**9:00 a.m.–10:00 a.m.
Refreshment Break**

**9:00 a.m.–10:00 a.m.
SERPN Division Meeting**

**10:00 a.m.–10:50 a.m.
Concurrent Sessions**

Concurrent Session 8.1 (SERPN/AGPN)

Interventions for Grandmothers:
Resourcefulness Versus Biofeedback
Jaclene Zauszniewski, PhD, RN-BC, FAAN
*Tsay-yi Amy Au, PhD, RN**
*Carol M Musil, PhD, RN, FAAN**

Concurrent Session 8.2 (ACAPN/AGPN)

Measurable Results: Reducing Staff Injuries on a Specialty Psychiatric Unit for Patients With Developmental Disabilities
Adam Hill, MSN, RN-BC, CPN
*Nancy Daraiseh, PhD**

Evolution of a Fall Prevention Program on an Inpatient Geriatric Psychiatric Unit

Priscilla Adams, MSN, APRN-CNS
Patricia A. Deisler, RNC, BSN, MSNed
Heather Lynn Nielsen, BSN, RN

Concurrent Session 8.3 (SERPN/ISPCLN)

Helping BSN Students Prepare for the First Clinical Day in Psych, With Simulation
Jean Klein, PhD, PMHCNS-BC
*Dawn E. Ferry, MSN**
Brenda Kucirka, MSN, PMHCNS-BC

Active Learning and the Best Practices of Integrating Teaching and Research in Undergraduate Mental Health Education: How Can You Keep a Large Class Engaged in a Three-Hour Class?
Abir Bekhet, PhD, RN, HSMI

Concurrent Session 8.4 (SERPN)
Interprofessional Education and Practice Competency Development in Community Psychiatry: Building a Program from the Ground Up

Mark Soucy, PhD, APRN-BC
Maureen Rubin, PhD
Gail B. Williams, PhD, APRN-BC

A Nursing-Focused Perspective to Discharge Planning and Medication Adherence Management for Patients with Schizophrenia
Linda Bleecker, MSN, ARNP

Concurrent Session 8.5 (ACAPN/SERPN)
College Students Living With High Threshold ADHD Symptoms
Roberta Waite, EdD, APRN, CNS-BC, FAAN
Aditi Patel, BS, MPH

11:00 a.m.–11:50 a.m.

Concurrent Sessions

Concurrent Session 9.1 (ISPCLN/AGPN)
Undiagnosed Depression and/or Anxiety in Patients With Chronic Disease States
Marian Newton, PhD, MN, PMHNP

The Lived Experience of Female Doctor Shoppers
Julie Worley, MS, FNP-BC, PMHNP-BC

Concurrent Session 9.2 (AGPN/SERPN)
When Medication Fails: Managing Treatment Failures in Depression, Bipolar Disorders, and Axis II Disorders
Cynthia Taylor Handrup, DNP, APN, PMHCNS-BC

Concurrent Session 9.3 (SERPN)
"ROUND ROBINS": Innovative Group Supervision Using Timed "Round Robin" Cases for Case Formulation and Clinical Decision-Making with Clients Across the Lifespan
Debbie Thomas, EdD, PMHCNS-BC, APRN

Teaching in the Midst of Learning: Nursing Students Mentoring At-Risk Teens
Judith Jarosinski, PhD, RN, CNE
Carol Heinrich, PhD, APRN, CNE

Concurrent Session 9.4 (ACAPN/AGPN)
It Barks and Has a Wet Nose, But is it a Therapy Dog?
Carol Baxter, MSN, PMHCNS-BC

Concurrent Session 9.5 (ACAPN/AGPN)
Attitudes Toward Homosexuality Among Nursing Educators
Theodora Sirota, PhD, RN, CNL, PMHCNS-BC

*Co-Author not presenting at the Conference.

**11:50 a.m.
Conference Ends**

**1:00 p.m.–5:00 p.m.
Board of Directors Meeting**



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Poster Sessions

Poster #1 (SERPN)

Empowering College Students with ADHD to Acquire Accommodations and Advocacy Skills

Meghan Leahy, MS, NCC
Roberta Waite, EdD, APRN, CNS-BC, FAAN

Poster #2 (ACAPN)

Integration of Mental Health Care Screening and Assessment into the Pediatric Primary Care Clinic

Sina Linman, MSN, ARNP, CPNP, PMHS

Poster #3 (ACAPN)

High School Students' Cellular Phone Addiction and its Relation to Their Mental Health and Impulsive Behavior

Sejin Ju

Poster #4 (ISPCLN)

Supporting Nurses Coping with Caregiver Stress: Moral Distress and Unit Empowerment

Lynnda Zibell Milsap, MS, RN, PMHCNS-BC

Poster #5 (SERPN)

Influencing Factors on Perceived Stress and Mental Health of Korean Army Soldiers

Yang-Sook Hah, PhD, PMHNP, RN
*Sunyoung Kim, MSN, RN**

Poster #6 (ISPCLN)

The Relationship Between Quality of Sleep and Depression in Hospital Nurses

Mary Gunther, PhD, RN
*Kenneth Phillips, PhD, RN**
*Kathleen Thompson, PhD, RN**

Poster #7 (SERPN)

Childhood Sibling and Peer Relationships of Perpetrators Who Sexually Abuse Children

Sandra Thomas, PhD, RN, FAAN
Joan Hubbard, BSN
Kenneth Phillips, PhD, RN
Chenoa Shenandoah, BSN

Poster #8 (SERPN)

Harm Reduction and Motivational Interviewing Techniques in a Tobacco Use Intervention

Margaret Rafferty, DNP, RN, MPH, PMHCNS-BC
Candy Dato, PhD, RN
Kevin McGirr, RN, MS, MPH

Poster #9 (AGPN)

Sleep Disturbances Related to Adverse Childhood Experiences Among Adults Who Have Committed Sex Offenses Against a Child

Kenneth Phillips, PhD, RN
*Jill Lancaster**
*Linda Mefford, PhD, RN**
Elizabeth H. Shieh, BSN, RN
*Sandra P. Thomas, PhD, RN, FAAN**

Poster #10 (SERPN)

Patients' Preferences for Benefit and Risk Outcomes and Formulation in Schizophrenia Treatments: A Conjoint Analysis Study

Bennett Levitan, MD, PhD
*Larry Alphas, MD**
*John F.P. Bridges, PhD**
*Leslie Lucien Citrome, MD, MPH, FAPA**
*F. Reed Johnson, PhD**
*Michael Markowitz, MD, PhD**
*Ateasha Farah Mohamed, MA**

Poster #11 (ISPCLN)

"It's Only 30 Minutes": Empowering Clinical Support Staff Through Nurturing and Education

Carol Sorrentino, MSN, PMHCNS

Poster #12 (ISPCLN)

Healing Touch Interventions With Pulmonary Compromised Patients Requiring Mechanical Ventilation: A Pilot Study

Elaine Youngman, MS, RN, PMHCNS-BC

Poster #13 (ISPCLN)

Healthcare Utilization Findings Important for Nurses Caring for Patients With Schizophrenia: Poor Early Drug Adherence Negatively Affects Long-Term Patient Outcomes

Donna Zubek, BSN
*Jay Lin, PhD, MBA**
*Dario Mirski, MD**
*Steve Offord, PhD**
*Bruce Wong, MD**

Poster #14 (ISPCLN)

Healthcare Outcomes of Patients With Schizophrenia Initiating Long-Acting Injectable vs. Oral Antipsychotics: Important Implications for Mental Health Nurses

Donna Zubek, BSN
*Ross A. Baker, PhD, MBA**
*Jay Lin, PhD, MBA**
*Dario Mirski, MD**
*Steve Offord, PhD**
*Bruce Wong, MD**

Poster #15 (ISPCLN)

Risk Factor Analysis of Aggression Towards Mental Health Workers

Marilyn Ridenour, BSN, MBA, MPH
*Scott Hendricks, MS**

Poster #16 (SERPN)

Perceptions of Depression in Young Adult African-American Males

Fabienne Williams, MS, APN, PMHCNS-BC
Kay M. Sackett, EdD, RN

Poster #17 (SERPN)

Descriptions and Correlates of Salivary Cotinine in Persons with Schizophrenia Spectrum Disorders (SSDs)

Lora Beebe, PhD, PMHNP-BC
Carla Renee Diebold

Poster #18 (SERPN)

The Effect of One Therapy Dog Interaction on First Year College Student Anxiety, Mood, Blood Pressure, and Pulse: A Randomized Controlled Pilot Study

Lauren Fedorchak
Kendra Jones
Joan Riley, MS, FNP-BC, FAAN

Poster #19

Findings of the ISPAN DNP Task Force

Cynthia Taylor Handrup, DNP, APN, PMHCNS-BC
Bobbie Posmontier, PhD, CNM, PMHNP
Marian Newton, PhD, PMHNP
Dorit Breiter, DNP, PMHNP
Jeanne Cartier, PhD, PMHCNS
Sattaria S. Dilks, DNP, PMHCNS
Catherine Kane, PhD, RN, FAAN
Judith Fry McComish, PhD, RN
Susan McCrone, PhD, PMHCNS
Noreen Esposito, EdD, PMHNP

Graduate Student Posters

Poster #20

Mixed Methods Research on Sexual Victimization

Dawn Bounds, MSN, PMHNP-BC
Susan Breitenstein, PhD, PMHCNS-BC

Poster #21

Recognition of Depression (MDD) in Older Gay Males with Co-Morbid Medical Conditions in Primary Care: A Review of the Literature

Paul M. Myers, MSN, RN
Cynthia Taylor Handrup, DNP, APN, PMHCNS-BC
Judie Heinschel, PhD, PMHNP-BC
Marsha Snyder, PhD, PMHCNS-BC

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Poster Session

Poster #22

Applied Family Systems and Cybernetics
Melissa Fleener, MSN, RN-C
Vanessa Genung, PhD, RN, PMH-NP-BC

Poster #23

Post-Traumatic Stress Disorder (PTSD)—
Advances in Neuroimaging:
Implications for Military With Combat
Exposure and Persons Experiencing Disasters
Brenda Epperson, RN, BSN
Ellagene Cruz, RN, MSN, PMHNP
Vanessa Genung, PhD, RN, PMH-NP-BC

Poster #24

Designing a PMH-NP Owner-Operated
Business Practice: A Roles Course Group
Project
Vanessa Genung, PhD, RN, PMH-NP-BC
Melissa Fleener, MSN, RN-C
Margit Gerardi, PhD, RN, WHNP
Bryan Kirk, RN, BSN

Poster #25

Family Conflict and Symbolic Interactionism:
A Family Case Study
Margit B. Gerardi, PhD, RN, WHNP
Vanessa Genung, PhD, RN, PMH-NP-BC

Poster #26

Family Case Study: Family Mental Health
Promotion
Thomas R. Yarber, MS, RN, FNP-BC,
PMHCNS-BC, APRN
Vanessa Genung, PhD, RN, PMH-NP-BC

Poster #27

Implementation of Motivational Interviewing
With Primary Care Providers for Patient
Education
Candace J. Bishop, DNP(c), FNP-BC



Mission San Jose



Riverwalk



The Alamo

REGISTRATION FORM



6th Annual Psychopharmacology Institute and 15th Annual Conference International Society of Psychiatric-Mental Health Nurses (ISPN) April 16-20 • Hyatt Regency Hill Country Resort & Spa, San Antonio, Texas, USA

Please complete all items on this registration form – type or print legibly. The deadline for pre-registration is April 3. After that date, plan to register at the conference site. Keep one copy of this completed form for your records. Save money by registering prior to March 18!

Choose to register one of three ways:

1. ONLINE: Register online at www.ispn-psych.org (click under Conferences). Online registration will be available in January.
2. FAX: Send your registration form with payment to +1-608-443-2474 or +1-608-443-2478.
3. MAIL: Post your registration form with payment to the ISPN Registrar, 2424 American Lane, Madison, WI 53704, USA.

Additional Instructions

- Complete one form per registrant.
- Registration by telephone will not be accepted.
- Payment must accompany each registration form. International registrants must submit payment in U.S. dollars, drawn on a U.S. bank.
- The deadline for inclusion in the Attendee Directory (distributed on site) is March 18.
- **Registration Confirmation:** If you do not receive a confirmation by e-mail within three weeks of registering, please contact the ISPN Office at info@ispn-psych.org or +1-608-443-2463 to verify that your registration form has been received.
- **Cancellation Policy:** Any Conference registration cancellation must be made in writing directly to the ISPN. If received before April 3, 2013, ISPN will apply a \$50 administrative fee and refund the remainder after the meeting. After April 3, 2013, no refund will be given. Walk-ins and replacements are always welcome.

Contact Information (please type or print clearly)

First Name _____
Last Name _____
Credentials _____
Job Title _____
Affiliation _____
Mailing Address _____
City _____
State/Province _____
Zip/Postal Code/Country _____
This address is: Home Company/Affiliation
Daytime Telephone Number _____
Fax Number _____
E-mail Address _____
(Please provide an e-mail address in order to receive confirmation of registration. Please print clearly!)

Badge Information

Please type or print clearly (complete only those lines that are different from the "Contact Information" section).

First Name or Nickname: _____

Full Name: _____

Place of Employment: _____

City: _____

State/Province: _____

Country: _____

Were you referred by an ISPN member? If so, please include their name below:

General Information

- Check here if you do **NOT** wish to be listed in the conference Attendee Directory. The Attendee Directory is distributed to exhibitors and attendees.

Please provide a contact name and phone number (of the nearest relative or friend) in case of emergency:

Name: _____

Daytime Telephone Number: _____

- Check here if you need special assistance (an ISPN staff member will contact you for more details).

Membership

I am a member of (check one):

- I am a current member of ISPN for 2013.
 I am registering as a non-member.
 I would like to become a member of ISPN while registering (please include a completed membership application). Includes two free months of membership (July 1-June 30 membership year).

Please note: The option to join ISPN at the time of the Annual Conference is only available to those who have never belonged to ISPN. If you were a past member and would like to renew, please contact the ISPN membership department at info@ispn-psych.org or +1-608-443-2463. You can also renew your membership online at <http://www.ispn-psych.org>.

Membership Renewal

July 1, 2013–June 30, 2014

- Regular: \$125 Student: \$25 Retired: \$60

As a part of your renewal you receive membership in one division. Please check below. If you are interested in another division, the cost is \$55 for regular members and \$60 for student/retired members.

Division

Select all that apply (if you are an ISPN member, joining as a new member or renewing your membership):

- ACAPN (Association of Child and Adolescent Psychiatric Nurses)
 AGPN (Adult and Geropsychiatric-Mental Health Nurses)
 ISPCLN (International Society of Psychiatric-Consultation Liaison Nurses)
 SERPN (Society of Education and Research in Psychiatric-Mental Health Nursing)

Registration Fees

ISPN Psychopharmacology Institute

Tuesday, April 16 and Wednesday, April 17

- Member \$275 USD
 Non-Member \$325 USD
 Student+ \$125 USD
+Include a copy of your student ID as proof of your student status.

ISPN Annual Conference

Wednesday, April 17–Saturday, April 20

- | | <u>Prior to March 18</u> | <u>After March 18</u> |
|---|--------------------------|-----------------------|
| <input type="checkbox"/> Member | \$445 USD | \$495 USD |
| <input type="checkbox"/> Non-Member | \$595 USD | \$645 USD |
| <input type="checkbox"/> Joining ISPN
with the Conference* | \$570 USD | \$620 USD |

*Only available to those individuals who have never belonged to ISPN.
If you were a past member and would like to rejoin, please call the ISPN membership department at +1-608-443-2463.

- Student+ \$175 USD \$225 USD
+Include a copy of your student ID as proof of your student status.
- One-Day Registration: Member \$275 USD \$325 USD
 One-Day Registration: Non-Member \$325 USD \$375 USD

Please check the date of attendance:

- Thursday Friday Saturday

Registration Discounts

Check any that may be applicable to your registration fee:

- If you attend both the Psychopharmacology Institute and the Annual Conference, you will receive a \$50 discount off your registration fee.
- Psychopharmacology Institute Lead Presenter – Concurrent Session (\$50 credit) Concurrent Session Number: _____
- Annual Conference Lead Presenter – Concurrent Session/Workshop Leader (\$50 credit) Session Number: _____
(must register for the entire Annual Conference to receive the discount)
- Annual Conference Lead Poster Presenter (\$25 credit)
Poster Number: _____
(must register for the entire Annual Conference to receive the discount)

Payment

ISPN's Federal Tax ID#: 36-2905672.

Membership Renewal: \$ _____ USD

Psychopharmacology Institute
Registration Total: \$ _____ USD

Annual Conference Registration Total: \$ _____ USD

Foundation Event: \$ _____ USD

Boxed Lunch (April 17 only) \$ _____ USD

Subtotal: \$ _____ **USD**

Presenter Discount (if applicable): \$ _____ USD

Registration Fee Discount (if attending
both the Psychopharmacology
Institute and Annual Conference): \$ _____ USD

Grand Total: \$ _____ **USD**

(Please include this amount with your registration form)

ISPN Foundation Event

Reception and Silent Auction at Hyatt Regency Hill Country Resort and Spa: \$75 per person

Thursday, April 18: 6:30 p.m.-9:30 p.m.

Number of participants _____ X \$75 each = Total \$ _____

Please indicate if you will be attending either of the two events below by checking the appropriate boxes.

ISPN Celebration Events (RSVP)

Wednesday, April 17, 2013
7:30 p.m.-9:30 p.m.

ISPN's 15th Anniversary Celebration Dinner Program

Celebrating Our Past; Creating Our Future

- Yes, I will be attending.
 No, I am unable to attend.

Friday, April 19, 2013
11:45 a.m.-1:10 p.m.

ISPCLN Division Sponsored Luncheon: A Celebration of 50 Years of PCLN Practice, Education and Research: Celebrating Our Past and Current Practice, While Creating Our Future

- Yes, I will be attending.
 No, I am unable to attend.

Boxed Lunches/Psychopharmacology Institute

Boxed lunches will be available based on pre-orders (not available on-site) for Wednesday, April 17 (Psychopharmacology Institute). If you are going to participate in the Roundtable Discussions plan on ordering a boxed lunch.

Wednesday, April 17 (Psychopharmacology Institute)
Number of Lunches _____ X \$39 = Total \$ _____

Nursing Contact Hours

- Yes, I would like to receive nursing contact hours.
State Licensed In: _____
License Number (required): _____
- No, I do not wish to receive nursing contact hours.

Check one and enclose payment. Registration forms not including the proper registration fee will be returned immediately. Please do not send cash.

- Check (made payable in U.S. funds to ISPN)

- MasterCard/Visa/American Express

Card Number: _____

Expiration Date: _____

Card Holder Name (please print clearly): _____

Card Holder Signature: _____

Please complete both sides of this registration form and mail or fax it with your payment (no purchase orders please) to:

ISPN

2424 American Lane

Madison, WI 53704 USA

Fax: +1-608-443-2478 or +1-608-443-2474

For more information, call or e-mail:

Telephone: 1-866-330-7227 or +1-608-443-2463

Email: conferences@ispn-psych.org

Website: <http://www.ispn-psych.org>



International Society of Psychiatric-Mental Health Nurses

ISPN Membership Application

Please complete the following information.

Name: _____
First Middle Last Credentials

Title: _____

Institution: _____

Mailing Address: _____

City State/Province Zip/Postal Code Country (if other than USA)

Preferred Mailing Address: Institution Home

Daytime Phone: _____ Fax: _____

Email: _____

Are you an ANA member? Yes No If YES, ANA membership number: _____

Do you have prescriptive authority in your state? Yes No

ANCC certification as: Adult PMHNP Family PMHNP Adult PMHCNS Child PMHCNS

My Research Interest is: _____

My Clinical Interest is: _____

I am interested in participating in the following committees: (optional)

- | | |
|---|--|
| <input type="checkbox"/> Awards Committee | <input type="checkbox"/> Legislative Council |
| <input type="checkbox"/> Bylaws Committee | <input type="checkbox"/> Marketing and Development Committee |
| <input type="checkbox"/> Conference Committee | <input type="checkbox"/> Membership Committee |
| <input type="checkbox"/> Diversity & Equity Committee | <input type="checkbox"/> Practice Council |
| <input type="checkbox"/> Education Council | <input type="checkbox"/> Research Council |
| <input type="checkbox"/> Finance Committee | <input type="checkbox"/> Website Management Committee |

Over, please

ISPN Divisions

Membership in one division is included in your membership fee. You can join additional divisions for a fee. Please check the divisions you would like to join along with the Journal you would like to receive.

- ACAPN: Association of Child and Adolescent Psychiatric Nurses**
 - JCAPN: Journal of Child and Adolescent Psychiatric Nursing**
- AGPN: Adult and Geropsychiatric-Mental Health Nurses**
 - PPC: Perspectives in Psychiatric Care**
- ISPCLN: International Society of Psychiatric Consultation Liaison Nurses**
 - APN: Archives of Psychiatric Nursing**
 - JCAPN: Journal of Child and Adolescent Psychiatric Nursing**
 - PPC: Perspectives in Psychiatric Care**
- SERP: Society of Education and Research in Psychiatric-Mental Health Nursing**
 - APN: Archives of Psychiatric Nursing**

Membership Fees

- \$125 Full Member
- \$125 International Member (High and Upper Income Nation)
- \$60 Student Member*
- \$25 Associate Student Member*
- \$60 Retired Member
- \$60 Military Member
- \$60 International Member (Lower Income Nation)

*Students must provide verification of student status (copy of ID, class schedule, etc.).

Additional Division Fees

- 1 Division: \$0
- 2 Divisions: \$55 Full, International (High, Upper) Member
 \$30 Student, Associate Student, Retired, Military, International (Lower) Member
- 3 Divisions: \$110 Full, International (High, Upper) Member
 \$60 Student, Associate Student, Retired, Military, International (Lower) Member
- 4 Divisions: \$165 Full, International (High, Upper) Member
 \$90 Student, Associate Student, Retired, Military, International (Lower) Member

Donations

I would like to make a tax-deductible contribution to ISPN Foundation:

- \$25 \$50 \$100 other: \$_____

Fees Due

Membership Fee \$ _____
Contribution to ISPN Foundation \$ _____
Total Amount Due \$ _____

Payment Options

- Check (payable to ISPN; US Funds only)
- Mastercard/Visa/American Express

CC# _____ Expiration Date: _____

Name on Card: _____

Signature: _____