

# International Society of Psychiatric-Mental Health Nurses



13th Annual Conference  
March 30-April 2, 2011  
Westin LaPaloma Resort, Tucson, Arizona

## The Art, Science and Diversity of Psychiatric Nursing

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### ISPN Contact Information

ISPN Offices  
2424 American Lane  
Madison, WI 53704  
Telephone: +1-608-443-2463 or  
+1-866-330-7227  
Fax: +1-608-443-2478  
Email: info@ispn-psych.org  
Website: www.ispn-psych.org

### Introduction

Dear Colleagues,

The ISPN Conferences Committee welcomes you to Tucson, Arizona, the host city of the 4th Psychopharmacology Institute and 13th Annual Conference. We hope you find the Conference, Psychopharmacology Institute presentations, and poster sessions stimulating and state-of-the-art.

The Conference theme this year, The Art, Science and Diversity of Psychiatric Nursing, reminds us that psychiatric-mental health nursing, whether it be practice, education or research, is a scientific process with a goal of promoting and advocating for quality mental health care for all. As the environment in which we apply our craft multiplies, diversifies and increases in complexity, although decreases in personnel and funding, we are challenged to revisit our scientific and humanistic core, to develop and test new and innovative, cost-effective and efficacious strategies, or build upon what we know has previously been effective.

The mission of ISPN is to remain committed to ensuring safe, appropriate, and quality care to individuals and families dealing with mental health issues. To accomplish this, ISPN members advocate for a legislative agenda that shapes health care policies to meet the needs of the fragile, vulnerable or disenfranchised mentally ill, cognitively or neurologically impaired. They support research and scholarship in psychiatric-mental health nursing to build the knowledge base, develop and disseminate the evidence of best practices and promote the increased numbers of university enrolled nursing students in the specialty, and lastly, develop partnerships with domestic and international delivery systems of mental health care and advocacy groups.

Both parts of this annual ISPN event confirm the value of the exchange of ideas. The entire Conference provides validation of practice strategies and examination of new research, scholarly and innovative initiatives that grow and enhance the specialty and empower us to move forward. ISPN also takes the time to recognize exceptional contributions of colleagues to the specialty and on behalf of the mentally ill, cognitively or neurologically impaired and their families. We thank all the attendees, presenters, and ISPN members for their participation in this annual event. By actively participating, sharing your ideas and concerns with colleagues, we achieve the mission of ISPN, to promote the growth of our organization and of psychiatric-mental health nursing.

Thank you and enjoy the Conference and host city of Tucson!

*Judith Hirsh, NP-P*

Judith Hirsh, NP-P, FPMHNP, PMHCNS-BC, RPT-S  
2011 Conference Chairperson

# International Society of Psychiatric-Mental Health Nurses

## Conferences Committee

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Judith Hirsh, NP-P, FPMHNP, PMHCNS-BC, RPT-S, Chair  
Carol Baxter, APN, PMHCNS-BC  
Nancy Davenport, RN, MSN, PMHCNS-BC, LPA  
Anita Dempsey, PhD, RN, MSN, PMHCNS-BC  
Peggy Dulaney, MSN, RN  
Sally Frese, MSN, APRN-BC  
Cynthia T. Handrup, DNP, APRN, PMHCNS-BC  
Beverly Hart, PhD, PMHNP  
Sara Horton-Deutsch, PhD, CNS  
Pamela Lusk, DNP, RN, FPMHNP-BC  
Judith Nolen, RN, BC, MS  
Evelyn Parrish, PhD, APRN  
Sandra Tate, APN, CS

## Abstract Reviewers

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Thanks to all of the individuals that served as abstract reviewers for this year's program. We appreciate your involvement!

Carol Baxter, APN, PMHCNS-BC  
Judith Coucouvanis, MA, APRN-BC, PMHCNS-BC  
Linda D'Erminio, MSN, APRN, CNS-BC  
Nancy Davenport, RN, MSN, PMHCNS-BC, LPA  
Anita Dempsey, PhD, RN, MSN, PMHCNS-BC  
Sattaria Dilks, DNP, PMHNP  
Carla J. Groh, PhD, RN  
Cynthia T. Handrup, DNP, APRN, PMHCNS-BC  
Beverly Hart, PhD, PMHNP  
Jean Klein, PhD, PMHCNS-BC  
Julie Kuebler, APRN-BC  
Jane Neese, PhD, APRN-BC  
Sandra Nelson, PhD, RN, CS  
Judith Nolen, RN, BC, MS  
Ellen C. Rindner, PhD, PMH/NP-CNS  
Jana Saunders, PhD, RN, CS  
Marilyn Shirk, MN, RN, CNS  
Sandra Tate, APN, CS  
Edilma Yearwood, PhD, PMHCNS-BC, FAAN  
Jaclene Zauszniewski, PhD, RNC-BC, FAAN

## ISPN Divisions

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ACAPN: Association of Child and Adolescent Psychiatric Nurses  
AGPN: Adult and Geropsychiatric-Mental Health Nurses  
ISPCLN: International Society of Psychiatric Consultation  
Liaison Nurses  
SERPN: Society of Education and Research in Psychiatric-Mental  
Health Nursing

## Conference Objectives

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- Describe evidence of current research and outcomes in mental health treatment of individuals, families and groups across the lifespan.
- Generate health care policy recommendations to support comprehensive and improved quality of care for individuals in need of mental health services.
- Discuss educational initiatives and strategies for increasing the knowledge and skills of educators, practitioners and nursing students in psychiatric-mental health nursing.

- Describe cutting-edge initiatives that address issues of cultural diversity in education, practice, and nursing research.
- Utilize the conference forum as a method to promote discussion, planning and problem-solving of key issues affecting psychiatric-mental health nursing, health care policy, advocacy, global health, international collaboration, and mental health initiatives across the lifespan.
- Provide opportunities for professional development, networking, mentoring, and collaboration between domestic and international partners.

## Awards

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ISPN will present their annual awards on Friday, April 1 at 8:00 a.m. in Canyon I. Please join your friends and colleagues in recognizing those who have demonstrated outstanding achievement and leadership in the psychiatric and mental health field.

## Nursing Contact Hours

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This continuing nursing education activity was approved by the Wisconsin Nurses Association Continuing Education Approval Program Committee, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

The ISPN 2011 Annual Conference has been awarded a maximum of 17.55 continuing education nursing contact hours through the Wisconsin Nurses Association Continuing Education Approval Program Committee. Contact hours are complimentary with your registration fee.

To obtain continuing education contact hours for attending the ISPN Annual Conference, please complete the attendance form and evaluation form included in your packet of materials. Please turn the attendance form and your evaluation form into the ISPN Registration Desk before you leave the Conference.

The attendance form will serve as your CEU certificate.

## Registration

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Conference registration will open at 8:00 a.m. and close at 7:00 p.m. on Wednesday, March 30 in the Lobby Foyer. The hours during the rest of the Conference are as follows:

Thursday, March 31	7:30 a.m.-5:00 p.m.
Friday, April 1	8:00 a.m.-5:00 p.m.
Saturday, April 2	8:00 a.m.-1:00 p.m.

Audible signals from pagers and cellular phones may be a distraction to the speaker as well as the audience. Please program these accordingly and take phone calls outside of the meeting rooms. Thank you!

# International Society of Psychiatric-Mental Health Nurses

## Poster Presentation Viewing Hours

Posters will be available for viewing in Canyon II at the following times:

Wednesday, March 30	6:30 p.m.-8:00 p.m. (Opening Reception)
Thursday, March 31	8:00 a.m.-4:00 p.m.
Friday, April 1	9:30 a.m.-3:30 p.m.

Poster presenters will be available at their poster during the Opening Reception on Wednesday, March 30 from 6:30 p.m.-8:00 p.m. They will also be present during each refreshment break on Thursday and Friday. Please be sure to schedule time to visit the poster session.

## Chair Massages

Students from the Cortiva Institute will be offering chair massages for attendees in the ISPN exhibit area (Canyon II) at the following times:

Wednesday, March 30	11:30 a.m.-1:00 p.m.
Thursday, March 31	2:00 p.m.-3:30 p.m.
Friday, April 1	11:30 a.m.-1:00 p.m.

If you are interested in full massages, you can arrange appointments with the individual students.

The Institute started in Tucson in 1982 as the Desert Institute of Healing Arts, and became the Cortiva Institute in 2005. They are part of a community of eleven massage therapy schools nationwide that deliver high quality health and wellness education with a focus on humanity. They take a holistic and integrated approach to ensure that graduates are prepared to work in clinics, hospitals, health clubs, spas, resorts, sports therapy clinics, or start their own private practices. The vision is to create a high standard of excellence in massage therapy education by establishing a benchmark of quality in training, techniques, standards and practices for the profession.

For information about the Cortiva Institute, please log onto their website at [www.cortiva.com](http://www.cortiva.com).

## New Member Orientation

Thursday, March 31, 2011  
8:00 a.m.-8:30 a.m.  
Finger Rock I

Calling all new members, first-time conference attendees and individuals considering becoming a member! We want to meet you! This is the perfect opportunity to ask questions and meet the ISPN Board of Directors. Please join us!

## Volunteers

We are always looking for members to volunteer on committees, task forces, as abstract reviewers, and room monitors. Interested in giving a little time to ISPN and meeting new colleagues? Let us know of your interest by sending an email to [conferences@ispn-psych.org](mailto:conferences@ispn-psych.org) or leave your name at the ISPN registration area or complete the Volunteer Form in your registration packet.

## Speaker Ready Room

The Speaker Ready Room will be open during the following hours in the Ironwood room. Please stop by to preview your presentation prior to your session.

Wednesday, March 30, 2011	11:00 a.m.-6:00 p.m.
Thursday, March 31, 2011	7:00 a.m.-5:00 p.m.
Friday, April 1, 2011	7:00 a.m.-5:00 p.m.
Saturday, April 2, 2011	7:00 a.m.-10:00 a.m.

## ISPN Foundation Event!

The ISPN Foundation is proud to host a reception and Silent and Live Auction at the ISPN Annual Conference on Thursday evening, March 31, 2011. The reception and auction will start at 6:30 p.m. in the LaPaloma Dining Room (hors d'oeuvres and cash bar). If you purchased a ticket in advance, your badge will serve as your ticket to the event.

## Evaluation Form

The program evaluation form is included in your packet of materials. Please turn in your evaluation form at the ISPN Registration Desk before you leave Tucson. Your comments are valuable to the ISPN and assist the Conferences Committee in planning future conferences. If you have any questions about completing the evaluation form, please see the staff at the registration desk.

## Business Meeting

ISPN will hold its Annual Business Meeting on Thursday, March 31 starting at 2:00 p.m. in Canyon I. All members are encouraged to join the Board of ISPN to discuss the Society's business report for 2010-11. Please be sure to attend!

## Division Meetings

Each division of ISPN will be holding an Annual Business Meeting during the ISPN Conference. Please review the schedule below and be sure to attend the Business Meeting of the division that is of interest to you.

### Thursday, March 31, 2011

5:20 p.m.-6:20 p.m. ....Finger Rock II  
International Society of Psychiatric  
Consultation Liaison Nurses (ISPCLN) Division Meeting

5:20 p.m.-6:20 p.m. ....Murphey II  
Society of Education and Research in  
Psychiatric-Mental Health Nursing (SERPN) Division Meeting

### Friday, April 1, 2011

5:10 p.m.-6:10 p.m. ....Murphey II  
Association of Child and Adolescent  
Psychiatric Nurses (ACAPN) Division Meeting

5:10 p.m.-6:10 p.m. ....Finger Rock II  
Adult and Geropsychiatric-Mental Health  
Nurses (AGPN) Division Meeting

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## Message Center

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All messages for registrants will be posted on the Message Board in the ISPN Registration Area. If you are looking for someone at the meeting and can't catch up with her/him, leave a message on the board. Be sure to take the time to check this board each day so you don't miss a contact in Tucson or a message from the office!

## Badges

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Your badge will admit you to all the educational sessions and the exhibit area at the Annual Conference.

Wear Your Badge at All Times!

Attendees that are participating in their first ISPN meeting have a light blue ribbon on their badge. Please be sure to welcome them to the meeting!

## 2012 Annual Conference Call for Abstracts Deadline

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The ISPN 2012 Annual Conference Call for Abstracts deadline is July 15, 2011. Abstracts for the 2012 Conference can be submitted through the internet with an online submission form that will be located on the ISPN website ([www.ispn-psych.org](http://www.ispn-psych.org)). More information will be located on the website in June 2011.

## Governing Board and Leadership Team

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### Officers

- President  
Kathleen Delaney, PhD, PMH-NP
- President-Elect  
Victoria M. Soltis-Jarrett, PhD, PMHCNS/NP-BC
- Secretary/Treasurer  
Judith Fry McComish, PhD, RN
- Past President  
Geraldine S. Pearson, PhD, PMHCNS-BC, FAAN

### Division Directors

- Adult and Geropsychiatric-Mental Health Nurses (AGPN)  
Division Director  
Karen Ragaisis, MSN, APRN, PMHNP-BC, PMHCNS-BC, CARN
- Association of Child and Adolescent Psychiatric Nurses (ACAPN) Division Director  
Elizabeth Bonham, PhD, RN, PMHCNS-BC
- International Society of Psychiatric Consultation-Liaison Nurses (ISPCLN) Division Director  
Susan Krupnick, MSN, PMHCNS-BC, ANP-BC, CARN
- Society for Education and Research in Psychiatric-Mental Health Nursing (SERPN) Division Director  
Linda Rose, PhD, RN

### Councils

- Education Council  
Margaret Brackley, PhD, APRN-BC, FAAN
- Legislative Council Chair  
Karen Robinson, DNS, PMHCN-BC, FAAN
- Practice Council  
Barbara Schoen Johnson, PhD, RN, PMH-NP
- Research Council Chair  
Laura C. Hein, PhD, RN, NP-C

### Committees

- Awards Committee Chair  
Karen Boardman, MS, RN, CS
- Conferences Committee Chair  
Judith Hirsh, NP-P, FPMHNP, PMHCNS-BC, RPT-S
- Diversity and Equity Committee Chair  
Edilma L. Yearwood, PhD, PMHCNS-BC, FAAN
- Finance Committee Chair  
Judith Fry McComish, PhD, RN
- Marketing and Development Committee  
Peggy Dulaney, MSN, RN, BC
- Membership Committee Chair  
Cynthia T. Handrup, DNP, APRN, PMHCNS-BC
- Newsletter Editor  
Beverly G. Hart, PhD, PMHNP
- Nominations Committee  
Sara Horton-Deutsch, PhD, CNS
- Website Review Committee  
Carolyn Castelli, MSN, RN, PMHCNS-BC
- ISPN Foundation President  
Kathleen Scharer, PhD, APRN-BC

## Westin LaPaloma Resort Business Center Pricing

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The Business Center is small and self-service. Guests can let themselves in with their room key. The charge to use a computer workstation is \$.68 per minute plus tax.

The computers offer Microsoft Word, Excel, PowerPoint, and Internet Explorer. There is a color and black and white printer available. You will insert a credit card in order to start your session. Your card will be billed at the end of your session.

You can also inquire at the front desk of the Resort to see if additional services are available and at what price.

## FedEx Office Print and Ship Center

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Do you need more than a self-service Business Center? The closest FedEx Office Store is located at:

FedEx Office Print & Ship Center  
2607 E Speedway Blvd.  
Tucson, AZ 85716  
(520) 795-7796

This location is 6 miles from the Resort.

# International Society of Psychiatric-Mental Health Nurses

## Conflict of Interest

The Wisconsin Nurses Association Continuing Education Approval Program requires that any speaker giving a presentation or program planner must disclose any significant financial interest or other relationship that they may have with the manufacturer(s) of any commercial products, service, technology, or program discussed at their educational presentation.

The Wisconsin Nurses Association Continuing Education Approval Program does not imply that any such financial interest or relationship is inherently improper or that such interest or relationship would prevent the speaker from making a presentation. It is imperative, however, that such financial interests or relationships be identified by the speaker so that participants have these facts fully disclosed prior to the presentation and may form their own judgments about the presentation.

Below is a listing of speakers and/or program planners who have reported having relationships with commercial companies.

- Vickie Beck  
Consultant/Advisory Board for the California Institute of Mental Health and the Innovations Institute.
- Janiece DeSocio  
Employment relationship with the Karini Clinic, a regional center for treatment of childhood eating disorders.
- Cynthia Taylor Handrup  
Theodore B. Handrup (husband) is a speaker for Forrest, Teva, Pfizer, and Merck Pharmaceutical companies.
- Kathleen T. McCoy  
Speakers Bureau, Virtual Meeting Strategies
- Bernadette Melnyk  
Editor of two books (Evidence-Based Practice in Nursing and Healthcare: A Guide for Best Practice and the KySS Guide for Child and Adolescent Mental Health Screening, Early Intervention and Health Promotion) for which she receives royalties.
- Geraldine Pearson  
Received research funding from Shire Pharmaceutical.
- Ellen C. Rindner  
Received research funding from the Health Care Foundation of Greater Kansas City.
- Linda Jo Volness  
Speakers Bureau, AstraZeneca

Below is a listing of speakers who will be discussing off-label drug or product use as a part of their presentation.

- Janiece DeSocio
- Susan Krupnick

The remaining speakers have reported no relationships with commercial companies.

## Non-Endorsement of Products

The presence of commercial exhibits during the conference does not imply endorsement by the ISPN, Wisconsin Nurses Association, or the American Nurses Credentialing Center's Commission on Accreditation.

## 2011 ISPN Annual Conference Exhibitors

The exhibit area will be located in Canyon II at the Westin LaPaloma Resort. It will also be the site of the poster sessions and refreshment breaks during the Conference. Please plan time to stop by and visit with the exhibiting companies, who lend valuable financial support to the ISPN Conference.

Open Hours:  
Wednesday, March 30 2:30 p.m.-8:00 p.m.  
Thursday, March 31 8:00 a.m.-4:00 p.m.  
Friday, April 1 9:30 a.m.-3:30 p.m.

**ASU College of Nursing and Health Innovation** **Booth #1**  
500 N. 3rd Street  
Phoenix, AZ 85004  
Telephone: 602-496-0869  
Email: susan.callahan@asu.edu  
Website: <http://nursingandhealth.asu.edu>

*The College of Nursing & Health Innovation at Arizona State University offers a comprehensive graduate psychiatric academic program that includes DNP and post-master certificate options for the child/family and adult psychiatric specialties. Continuing education options include the online KySS Child and Adolescent Mental Health Fellowship and KySS Mental Health Modules.*

**Air Force Recruiting Services** **Booth #3**  
550 D. Street West, Suite 1  
Randolph Air Force Base, TX 78150  
Telephone: 210-565-0506  
Email: janis.elshabazz@randolph.af.mil  
Website: [www.usairforce.com](http://www.usairforce.com)

*"Practice Your Profession, Shape Your Future" -- whether you recently graduated with a nursing degree or have years of experience under your belt, become a member of the Air Force health care team saving lives worldwide. We offer signing bonuses, great benefits and no loss of seniority with job transfers.*

**Brandman University School of Nursing and Health Professions** **Booth #11**  
16355 Laguna Canyon Road  
Irvine, CA 92618  
Telephone: 949-341-9940  
Email: [nursing@brandman.edu](mailto:nursing@brandman.edu)  
Website: [www.brandman.edu/nursing](http://www.brandman.edu/nursing)

*Focused on inquiry-based, patient-centered, collaborative and innovative practice, Brandman's School of Nursing and Health Professions prepares health care professionals to access and evaluate evidence and implement care based on best practices in a health care environment characterized by constant innovation.*

**Cincinnati Children's Hospital Medical Center** **Booth #9**  
3333 Burnet Avenue  
Cincinnati, OH 45229  
Telephone: 513-636-8363  
Email: [mary.bellman@cchmc.org](mailto:mary.bellman@cchmc.org)  
Website: [www.cincinnatichildrens.org](http://www.cincinnatichildrens.org)

*Handouts for the position of Psychiatric Nurse Practitioner at Children's CCHMC.*

# International Society of Psychiatric-Mental Health Nurses

## **Diamond Healthcare Corporation**

Federal Reserve Bank Building  
P.O. Box 85050  
Richmond, VA 23285  
Telephone: 804-649-9340  
Website: www.diamondhealth.com

**Booth #4**

*Diamond Healthcare Corporation is the national leader in the planning, development and operation of high quality behavioral health services. Diamond offers a range of contract management, facilities development, consulting, education and clinical services to clients in more than 25 states.*

## **Eastern Kentucky University**

Department of Baccalaureate and Graduate Nursing  
521 Lancaster Avenue, Rowlett 223  
Richmond, KY 40475  
Telephone: 859-622-1956  
Email: brondalyn.riley@eku.edu  
Website: www.bsn-gn.eku.edu

**Booth #8**

## **Indian Information and Trade Center**

P.O. Box 27626  
Tucson, AZ 85726-7626  
Telephone: 520-622-4900  
Email: info@usaindianinfo.org  
Website: www.usaindianinfo.org

**Booth #15**

*Introduction to American Indians: crafts, arts, dance, song, and culture.*

## **International Society of Psychiatric-Mental Health Nurses**

2424 American Lane  
Madison, WI 53704  
Telephone: 608-443-2463  
Email: info@ispn-psych.org  
Website: www.ispn-psych.org

**Booth #13**

## **LifeLinc Nursing**

1315 Ashley River Road, Suite 5  
Charleston, SC 29407  
Telephone: 843-793-4958  
Email: placements@lifelinenursing.com  
Website: www.lifelinenursing.com

**Booth #12**

*LifeLinc Nursing™ is a premier staffing and placement company that specializes in matching psychiatric nurse practitioners with some of the best employers across the country.*

## **Pinpoint, Inc.**

2100 Southbridge Parkway, Suite 650  
Birmingham, AL 35209  
Telephone: 205-414-7541  
Email: info@pinpointinc.com  
Website: www.pinpointinc.com

**Booth #14**

## **Silver Dream**

7133 N. 14 Street  
Phoenix, AZ 85020  
Telephone: 602-678-0743  
Email: satya@silverdream.biz  
Website: www.silverdream.biz

**Booth #2**

*Southwestern and contemporary silver jewelry – all at wholesale prices!*

## **Sutter Health East Bay Region**

350 Hawthorne/Recruitment  
Oakland, CA 94609  
Telephone: 510-655-4000, ext. 4121  
Email: bledsoel@sutterhealth.org  
Website: www.sutterhealth.org

**Booth #6**

*Sutter Health East Bay Region's goal is to attract, reward, and retain key talent for programs and services that support our standing as the pre-eminent health care system.*

## **Tohono and O'odham Nation**

Tucson Area Sells Service Unit  
USPHS Indian Health Service  
Office of Quality Management  
Topawa Road and Highway 86  
Sells, AZ 85634  
Telephone: 520-383-7200 or 520-383-7283  
Email: elizabeth.spinasanto@ihs.gov

**Booth #5**

*Doll Therapy activity – display of cultural information of the Tohono O'odham (Desert People). Information on patient and family support.*

## **University of Arizona College of Nursing**

P.O. Box 210203  
Tucson, AZ 85721  
Telephone: 520-626-3808  
Email: vradoye@nursing.arizona.edu  
Website: www.nursing.arizona.edu

**Booth #10**

## **University of Colorado College of Nursing**

Mail Stop C288-18  
13120 E. 19th Avenue  
Aurora, CO 80045  
Telephone: 303-724-1812  
Website: www.ucdenver.edu/nursing

**Booth #7**

*The Family Psychiatric Mental Health NP option at the University of Colorado provides course work which focuses on complex psychiatric nursing assessment and intervention in persons across the lifespan. Application deadlines are April 1 and September 1. Please visit www.ucdenver.edu.*

## **Book Exhibit**

**Booth #13**

- *Child and Adolescent Behavioral Health: A Resource for Advanced Practice Psychiatric and Primary Care Practitioners in Nursing*  
Edilma Yearwood, Geraldine Pearson, and Jamesetta Newland  
\$69.99 (will be published in January of 2012)
- Wiley-Blackwell  
2121 State Avenue  
Ames, IA 50014  
Telephone: 877-762-2974  
Website: www.wiley.com

# International Society of Psychiatric-Mental Health Nurses

## Program Schedule

### Wednesday, March 30, 2011

8:00 a.m.-7:00 p.m. .... Lobby Foyer  
Registration Open

2:30 p.m.-8:00 p.m. .... Canyon II  
Exhibits Open

6:30 p.m.-8:00 p.m. .... Canyon II  
Opening Reception and Poster Session  
(Cash bar and hors d'oeuvres)

### Thursday, March 31, 2011

7:30 a.m.-5:00 p.m. .... Lobby Foyer  
Registration

8:00 a.m.-9:00 a.m. .... Canyon II  
Continental Breakfast in the Exhibit Area

8:00 a.m.- 8:30 a.m. .... Finger Rock I  
ISPN New Member Orientation

8:30 a.m.-9:45 a.m. .... Canyon I  
Welcome and Opening Keynote Address  
Psychiatric Mental Health Nursing: Why 2011 Brings a Pivotal Moment  
*Kathleen R. Delaney, PhD, PMH-NP*  
*Professor and Specialty Coordinator, Psychiatric Mental Health – FNP*  
*Program, Community Systems and Mental Health Nursing, College of*  
*Nursing, Rush University, and Clinical Nurse Coordinator, Child Inpatient*  
*Unit, Rush-Presbyterian-St. Luke's Medical Center, Chicago, IL*

9:45 a.m.-10:00 a.m. .... Canyon II  
Refreshment Break  
Exhibits and Poster Session

10:00 a.m.-11:30 a.m. .... Canyon I  
Workshop #1  
Interactive Panel: Report of the ISPN/APNA Task Force on Licensure,  
Accreditation, Credentialing, and Education (LACE)  
*Mary Jo Regan-Kubinski, PhD, RN, Patricia Cunningham, DNSc,*  
*APRN-BC, and Barbara Drew, PhD, RN+*

11:30 a.m.-11:50 a.m. .... Canyon II  
Exhibits and Poster Session

11:50 a.m.-1:00 p.m.  
Lunch Break (on your own)

1:00 p.m.-1:50 p.m.  
Concurrent Sessions (1.1-1.5)

1:00 p.m.-1:50 p.m. .... Lantana  
Concurrent Session 1.1 (Adult)  
Therapeutic Alliance and Psychotherapy: Should We Be Measuring  
Alliance and Outcomes in Our Psychotherapy Practice?  
*Cynthia T. Handrup, DNP, APRN, PMHCNS-BC*

1:00 p.m.-1:50 p.m. .... Verbena  
Concurrent Session 1.2 (Adult)  
The Experience of Zen Meditation on Patients with Generalized Anxiety  
Disorder in Taiwan: The Focus Group Findings  
*ChuehFen Lu, PhD (Taiwan), and Lorraine Smith, PhD+*

1:00 p.m.-1:50 p.m. .... Canyon I  
Concurrent Session 1.3 (Consultation/Liaison)  
Neuroleptic Malignant Syndrome  
*Leanna Pfeiffer, RN, BSc, BScN, MN-C, CPMHN (Canada), and*  
*Maureen Garner, RN, BA, BScN, MHS-C, CPMHN*

1:00 p.m.-1:50 p.m. .... Finger Rock II  
Concurrent Session 1.4 (Education/Research)  
Simulation: Exploring Therapeutic Use of Self  
*Carol T. Moriarity, DPM, MSN, APRN-BC, PMHRN-BC*

1:00 p.m.-1:50 p.m. .... Murphey II  
Concurrent Session 1.5 (Child/Adolescent)  
Trauma-Focused Cognitive Behavior Therapy with Children  
*Vickie L. Beck, CNS, BC*

2:00 p.m.-3:00 p.m. .... Canyon I  
ISPN Business Meeting

3:00 p.m.-3:20 p.m. .... Canyon II  
Refreshment Break  
Exhibits and Poster Session

3:20 p.m.-4:10 p.m.  
Concurrent Session (2.1-2.5)

3:20 p.m.-4:10 p.m. .... Finger Rock II  
Concurrent Session 2.1 (Geriatric)  
Dementia: Focus on Types and Treatment  
*Mary C. DeClue, APN, FNP*

3:20 p.m.-4:10 p.m. .... Verbena  
Concurrent Session 2.2 (Child/Adolescent)  
The Telehelper Grant: Training Up Nurses via Telepsychiatry to Detect  
Youth Depression  
*Ellen C. Rindner, PhD, PMH/NP-CNS, and EveLynn Nelson, PhD+*

3:20 p.m.-4:10 p.m. .... Lantana  
Concurrent Session 2.3 (Education/Research)  
The New Reflective Practice Literature: What it Speaks to Psychiatric-  
Mental Health Nurses: A Review of the Literature & Implications  
*Kathleen T. McCoy, DNSc, APRN, PMHNP-BC, PMHCNS-BC,*  
*FNP-BC*

3:20 p.m.-4:10 p.m. .... Murphey II  
Concurrent Session 2.4 (Adult)  
Understanding and Treating Traumatic Brain Injury Across the Lifespan:  
Neurobiology and Therapeutic Regimens  
*Beverly Hart, PhD, PMHNP*

3:20 p.m.-4:10 p.m. .... Canyon I  
Concurrent Session 2.5 (Education/Research)  
Co-Morbidities of Psychiatric/Mental Health and Primary Care Illness:  
Integration of Care for Improved Detection, Treatment, and Outcomes  
*Katherine A. Darling, DNP, APRN-C*

# International Society of Psychiatric-Mental Health Nurses

4:20 p.m.-5:10 p.m.

**Concurrent Sessions (3.2-3.5)**

4:20 p.m.-5:10 p.m. .... **Murphey II**

**Concurrent Session 3.2 (Education)**

Teaching Genomics to Psychiatric-Mental Health Nurse Practitioner Students: Basic Competencies

*Diane M. Snow, PhD, RN, PMHNP-BC, CARN*

4:20 p.m.-5:10 p.m. .... **Finger Rock II**

**Concurrent Session 3.3 (Adult)**

Do You Help Mothers, Too: An Alternative View of Munchausen's Syndrome by Proxy (MSBP)

*Victoria M. Soltis-Jarrett, PhD, PMHCNS/NP-BC*

4:20 p.m.-5:10 p.m. .... **Canyon I**

**Concurrent Session 3.4 (Adult)**

A Different View on Dissociative Identity Disorder: Is Reintegration the Only Way: A Case Study

*Nancy C. Davenport, RN, MSN, PMHCNS-BC, LPA*

4:20 p.m.-5:10 p.m. .... **Verbena**

**Concurrent Session 3.5 (Education/Research)**

Shifting Sands: Use of Engaged Pedagogy to Promote Nursing Student Well-Being

*Edilma L. Yearwood, PhD, RN, PMHCNS-BC, FAAN, and Joan B.*

*Riley, MS, MSN, FNP-BC*

5:20 p.m.-6:20 p.m. .... **Finger Rock II**

**ISPCLN Division Meeting**

5:20 p.m.-6:20 p.m. .... **Murphey II**

**SERP Division Meeting**

6:30 p.m.-8:00 p.m. .... **LaPaloma Dining Room**

**ISPN Foundation Reception**

(If you registered and paid in advance, bring your badge which will serve as your ticket.)

+Co-author, but not presenting.

## Friday, April 1, 2011

8:00 a.m.-9:30 a.m. .... **Canyon I**

**Melva Jo Hendrix Lectureship and Awards Ceremony**

Transformation in Psychiatric-Mental Health Nursing

*C. Elizabeth Bonham, PhD, RN, PMHCNS-BC*

*Assistant Professor, College of Nursing and Health Professions,*

*University of Southern Indiana, Evansville, IN*

9:30 a.m.-11:00 a.m. .... **Murphey II**

**Workshop #2**

Writing for Publication: Submitting a Paper

*Geraldine S. Pearson, PhD, PMH-CNS, FAAN, Linda Finke, PhD, RN,*

*and Joyce J. Fitzpatrick, PhD, RN, FAAN*

9:30 a.m.-10:20 a.m.

**Concurrent Sessions (4.1-4.4)**

9:30 a.m.-10:20 a.m. .... **Lantana**

**Concurrent Session 4.1 (General)**

On the Path to Becoming a PMHNP/Energy Healer-Pt. II: Practicing Energy Healing on Treatment Refractory Emotionally Disturbed Youth and Adults

*Ellen C. Rindner, PhD, PMH/NP-CNS*

9:30 a.m.-10:20 a.m. .... **Canyon I**

**Concurrent Session 4.2 (Research)**

High Risk Patients: Changing Profiles and Implications for Practice

*Linda Chafetz, RN, DNSc, and Gerri Collins-Bride, RN, MS, ANP+*

9:30 a.m.-10:20 a.m. .... **Finger Rock II**

**Concurrent Session 4.3 (Education/Research)**

Effect of a Motivational Intervention on Exercise Behavior in Persons with Schizophrenia Spectrum Disorders (SSDs)

*Lora H. Beebe, PhD, PMHNP-BC, Reveal Burk, MSN+, Olivera*

*Dessieux, MSN+, Kathy Smith, RN, PhD+, Abbas Tavakoli, DrPH+,*

*Clifton Tennison, MD+, and Dawn Velligan, PhD+*

9:30 a.m.-10:20 a.m. .... **Verbena**

**Concurrent Session 4.4 (Child/Adolescent)**

Recognizing Early Indications of Risk for Anorexia Nervosa in Children and Adolescents

*Janiece E. DeSocio, PhD, RN, PMHNP-BC*

10:20 a.m.-10:40 a.m. .... **Canyon II**

**Refreshment Break**

Exhibits and Poster Session

10:40 a.m.-11:30 a.m.

**Concurrent Sessions (5.1-5.3)**

10:40 a.m.-11:30 a.m. .... **Finger Rock II**

**Concurrent Session 5.1 (General)**

Healing Touch: Complementary Therapy for Mental Health

*Linda Jo Volness, MS, PMHCA, HTP*

10:40 a.m.-11:30 a.m. .... **Canyon I**

**Concurrent Session 5.2 (Education/Research)**

Resilience in Family Members of Persons with Serious Mental Illness

*Jaclene A. Zauszniewski, PhD, RNC-BC, FAAN, Abir K. Bekhet, PhD,*

*RN, HSMI+, and Jane M. Suresky, DNP, PMHCNS-BC+*

10:40 a.m.-11:30 a.m. .... **Verbena**

**Concurrent Session 5.3 (Education/Research)**

Emotional Intelligence: Impact on Student Performance in the Psychiatric/Mental Health Setting

*Lucille C. Gambardella, PhD, PMHCNS-BC, CNE, ANEF*

11:30 a.m.-1:00 p.m. .... **Lunch Break**

**Focused Roundtable Discussions**

If you signed up for a boxed lunch, please pick it up at the ISPN Registration Desk prior to going to a roundtable discussion.

11:30 a.m.-1:00 p.m. .... **Murphey II**

**Focused Roundtable #1**

Bringing Psychiatric-Mental Health Nurses' Together to Identify Global Psychiatric Issues Within and Beyond our Membership

*Sara Horton-Deutsch, PhD, CNS, and Vicki Hines-Martin, PhD, RN,*

*FAAN*

# International Society of Psychiatric-Mental Health Nurses

**11:30 a.m.-1:00 p.m.** ..... **Finger Rock II**  
**Focused Roundtable #2**  
 Health Care Reform  
*Kathleen Delaney, PhD, PMH-NP*

**11:30 a.m.-1:00 p.m.** ..... **Verbena**  
**Focused Roundtable #3**  
 Suicide in the Military  
*Rosanne Visco, PhD, RN-BC, MSN*

**11:30 a.m.-1:00 p.m.** ..... **Udall Boardroom**  
**ISPN Foundation Board Meeting**

**1:00 p.m.-2:00 p.m.** ..... **Canyon I**  
**Plenary Session**  
 Improving the Quality, Safety and Cost-Effectiveness of Mental Health Care with Evidence-Based Practice  
*Bernadette Mazurek Melnyk, PhD, RN, CPNP/PMHNP, FNAP, FAAN*  
*Dean and Distinguished Foundation Professor in Nursing, Arizona State University College of Nursing & Health Innovation, Phoenix, AZ and member, U.S. Preventive Services Task Force*

**2:10 p.m.-3:00 p.m.**  
**Concurrent Sessions (6.1-6.5)**

**2:10 p.m.-3:00 p.m.** ..... **Finger Rock II**  
**Concurrent Session 6.1 (Education/Research)**  
 Resourcefulness Training: Group Versus Individualized Approaches  
*Abir Bekhet, PhD, RN, HSMI, and Jaclene A. Zauszniewski, PhD, RNC-BC, FAAN+*

**2:10 p.m.-3:00 p.m.** ..... **Canyon I**  
**Concurrent Session 6.2 (Adult)**  
 PTSD Basics and Nuances for Advanced Practice: Causes, Diagnosis, Neurobiology, and Treatment  
*Debby A. Phillips, PhD, APRN-PMH*

**2:10 p.m.-3:00 p.m.** ..... **Verbena**  
**Concurrent Session 6.3 (Geriatric)**  
 MEDGO: A Medication Teaching Program to Prevent Depression in Seniors  
*Anne DuVal Frost, PhD, BSN, MA, RN*

**2:10 p.m.-3:00 p.m.** ..... **Lantana**  
**Concurrent Session 6.4 (Adult)**  
 The Experience of Treatment for Nurses with Substance Use Disorders  
*Angela McNelis, PhD, CNS, Sara Horton-Deutsch, PhD, CNS, and Pamela O'Haver Day, PMHCNS-BC*

**2:10 p.m.-3:00 p.m.** ..... **Murphey II**  
**Concurrent Session 6.5 (Child/Adolescent)**  
 Proposed Changes for Childhood Bipolar in DSM-5  
*Linda Jo Volness, MS, PMHCA, HTP*

**3:00 p.m.-3:15 p.m.** ..... **Canyon II**  
**Refreshment Break**  
 Exhibits and Poster Session

**3:15 p.m.-4:05 p.m.**  
**Concurrent Sessions (7.1-7.5)**

**3:15 p.m.-4:05 p.m.** ..... **Canyon I**  
**Concurrent Session 7.1 (Child/Adolescent)**  
 Patient Centered, Trauma Focused, Collaborative Problem Solving: A Model of Nursing Conceptualization and Care for Children  
*Tess R. Searls, APRN*

**3:15 p.m.-4:05 p.m.** ..... **Murphey II**  
**Concurrent Session 7.3 (Education/Research)**  
 Nursing Education in Cyberspace: Teaching Graduate Psychopharmacology Online  
*Sandra J. Wood, MSN, APRN-BC, Joyce Briggs, RN, MSN, and Rhonda J. Palmer, RN, MSN*

**3:15 p.m.-4:05 p.m.** ..... **Finger Rock II**  
**Concurrent Session 7.4 (Child/Adolescent)**  
 Effective Internet-Based Cognitive Behavioral Therapy on Decreasing Depressive Symptoms and Increasing Self-Esteem in Overweight Adolescents  
*Beverly Thomas-Carter, FNP-BC, PMHNP-DNP candidate*

**3:15 p.m.-4:05 p.m.** ..... **Verbena**  
**Concurrent Session 7.5 (Adult)**  
 Using the Myers-Briggs Inventory to Increase Effectiveness of Couples Assessment and Counseling  
*Vicki D. Lachman, PhD, APRN-BC, MBE*

**4:15 p.m.-5:05 p.m.**  
**Concurrent Sessions (8.1-8.5)**

**4:15 p.m.-5:05 p.m.** ..... **Verbena**  
**Concurrent Session 8.1 (General)**  
 Intervention Development: Assessing Critical Parameters from the Intervention Recipient's Perspective  
*Jaclene A. Zauszniewski, PhD, RNC-BC, FAAN*

**4:15 p.m.-5:05 p.m.** ..... **Finger Rock II**  
**Concurrent Session 8.2 (Education/Research)**  
 Migrant Mental Health History: Lessons from the Field  
*Sergio Olivares, PhD*

**4:15 p.m.-5:05 p.m.** ..... **Canyon I**  
**Concurrent Session 8.3 (Adult)**  
 Depressive Symptoms, Sleep Disturbance, and Chronic Illness in Midlife Women: A Longitudinal Study  
*Pamela A. Minarik, PhD, RN, PMHCNS-BC, FAAN*

**4:15 p.m.-5:05 p.m.** ..... **Murphey II**  
**Concurrent Session 8.5 (Consultation/Liaison)**  
 The Butterfly Factor: Metamorphosis of an Inpatient Psychiatric Unit Through Education, Collaboration, and EBP  
*Karen M. Pehrson, MS, PMHCNS-BC, Deborah Hayes, RN, BC, BSN, MS, and Jeremiah F. Murphy, Jr., MBA*

**5:10 p.m.-6:10 p.m.** ..... **Murphey II**  
**ACAPN Division Meeting**

**5:10 p.m.-6:10 p.m.** ..... **Finger Rock II**  
**AGPN Division Meeting**

+Co-author, but not presenting.

# International Society of Psychiatric-Mental Health Nurses

## Saturday, April 2, 2011

8:00 a.m.-1:00 p.m. .... Lobby Foyer  
Registration Open

8:30 a.m.-9:30 a.m. .... Canyon I  
Plenary Session

Diversity vs. Inclusion in Academia and in Practice: Why Should Psych Nurses Care?

*Laura C. Hein, PhD, RN, NP-C*

*Assistant Professor of Nursing, University of South Carolina, Columbia, SC*

9:30 a.m.-10:00 a.m. .... Canyon Foyer  
Refreshment Break

10:00 a.m.-10:50 a.m.  
Concurrent Sessions (9.1-9.4)

10:00 a.m.-10:50 a.m. .... Canyon I  
Concurrent Session 9.1 (Adult)

Integrated Care for Post-Traumatic Stress Disorder

*Marsha D. Snyder, PhD, PMHCNS-BC*

10:00 a.m.-10:50 a.m. .... Finger Rock II  
Concurrent Session 9.3 (Education/Research)

Sibling Violence: State of the Science - Establishing Practice Guidelines

*Debby A. Phillips, PhD, APRN-PMH*

10:00 a.m.-10:50 a.m. .... Murphey II  
Concurrent Session 9.4 (Adult)

Implementation of Modified Health Education Strategies for Increasing Diabetes Knowledge in the Severe and Persistently Mentally Ill (SPMI)

*Miriam S. Zwitter, PhD, RN, and Barbara Ponder, MS, RN*

11:00 a.m.-11:50 a.m.  
Concurrent Sessions (10.1-10.3)

11:00 a.m.-11:50 a.m. .... Canyon I  
Concurrent Session 10.1 (Education/Research)

New Approach to Substance Abuse Education in Undergraduate Nursing

*Barbara Jean Sullivan, PhD, APRN-BC, NP, and Kendra J. Niemi, BA, BSN, RN*

11:00 a.m.-11:50 a.m. .... Murphey II  
Concurrent Session 10.2 (Education/Research)

Planning Community-Based Participatory Research: Collaboration at the Most Basic Level

*Pamela Galehouse, PhD, PMHCNS-BC*

11:00 a.m.-11:50 a.m. .... Finger Rock II  
Concurrent Session 10.3 (Adult)

The Role of the Psychiatric Consultation Liaison Nurse in Developing a Comprehensive Weight Management Program

*Susan Krupnick, MSN, PMHCNS-BC, ANP-BC, CARN*

12:00 noon  
Conference Ends

12:00 noon-1:00 p.m. .... Murphey III  
Diversity and Equity Committee Meeting

12:30 p.m.-2:30 p.m. .... Udall Boardroom  
Board of Directors Meeting

## Resort Restaurants

### Azul Restaurant

An upscale, contemporary cocktail and dining experience featuring a mediterranean-inspired menu, including Azul Restaurant and Lounge signature cocktails. Dramatic blue lighting and deep lounge music create a stylish, sophisticated atmosphere and a relaxing, yet energizing hot spot for cozy dining.

Breakfast served: 6:30 a.m. - 11:00 a.m.

Lunch served: 11:00 a.m. - 2:00 p.m.

Dinner served: 5:00 p.m. - 10:00 p.m.

### Courtside Deli

Located at the tennis & health center, Courtside Deli offers a selection of sandwiches accented with your choice of a variety of specialty condiments, salads, fruit plates, and softserve yogurt.

Open 7:00 a.m. - 2:00 p.m. daily with indoor and outdoor seating.

### Espresso

If a quick, light breakfast or lunch is on your game plan, Espresso is the perfect place for hot brewed selections of gourmet regular and decaffeinated Starbucks® coffee, Tazo® tea and cocoa. For an afternoon pick-me-up or to cool down in warmer seasons, gelato, various iced coffee, latte, mocha, and iced tea are available from the cold brew selections. A variety of fresh pastries, fruit, deli sandwiches, cookies, bottled juice and water, milk and frappachino are also available. Enjoy your selection on the adjacent patio or take your items with you.

Operating hours vary depending on occupancy – check at the front desk.

### Half Way House Snack Bar

Stopping by for a quick bite to eat or cool drink is a breeze at the Half Way House Snack Bar, located near the practice facility starter's booth. Available for breakfast or lunch, golfers will find an array of choices to satisfy their appetites. Hearty breakfasts include egg sandwiches and breakfast burritos. For lunch, select from hot dogs, hamburgers, deli sandwiches, as well as, fruit, cookies, candy, and beverages.

Daily: 7:00 a.m. - 3:00 p.m.

### Janos

Welcome to Janos, located on the grounds of the Resort. Janos has been Arizona's highest rated restaurant since 1983, and Chef Janos Wilder was the winner of the James Beard Award for the Best Chef in the Southwest, 2000. An enchanted evening awaits you as local ingredients are refined with French cooking techniques to create extraordinary cuisine.

5:30 p.m. - 9:00 p.m.: Monday - Thursday

5:30 p.m. - 10:00 p.m.: Friday and Saturday

Closed Sundays

### J Bar

Situated adjacent to Janos, J Bar features sophisticated bar fare in an elegantly relaxed environment, with breathtaking views of Tucson city lights. Dine inside or on the covered patio and sip a margarita while watching the day transform into a stunning Arizona sunset.

5:30 p.m. - 9:00 p.m.: Monday - Thursday

5:30 p.m. - 10:00 p.m.: Friday and Saturday

Closed Sundays

### La Paloma Country Club – North Patio

Located on the grounds of La Paloma Country Club, enjoy breathtaking fairway and mountain views as you dine for breakfast and lunch six days a week, Tuesday through Sunday, year round.

### Sabino's Pool Bar & Grill

Sabino's, the swim-up bar and grill, is ready to serve you. Sip something tall and cool as you sit on your underwater barstool. Hot dogs, hamburgers, salads, deli sandwiches, ice cream, softserve yogurt and specialty drinks are available daily from 11:00 a.m. to 5:00 p.m.

# International Society of Psychiatric-Mental Health Nurses

## Poster Session Schedule

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### Setup – Canyon Ballroom II

Wednesday, March 30, 2011  
5:30 p.m.-6:30 p.m.

### Display of Posters – Canyon Ballroom II

Wednesday, March 30, 2011  
6:30 p.m.-8:00 p.m.  
(Opening Reception)

Thursday, March 31, 2011  
8:00 a.m.-4:00 p.m.

Friday, April 1, 2011  
9:30 a.m.-3:30 p.m.

### Teardown of Posters

Friday, April 1, 2011  
3:30 p.m.-4:30 p.m.

## Poster Session

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### Poster #1

Mental Health Perceptions and Barriers to Care: A Survey Study of Deployed Soldiers in Iraq  
*Rosanne Visco, PhD, MSN, RN-BC*

### Poster #2

Rooted and Grounded: Horticulture and Worship Compliment Care in an Adolescent Residential Psychiatric Setting  
*Kristin M. Moore, MDiv, and Tyra Warner, CTRS*

### Poster #3

Development of a Depression-Relapse Prevention Program Using a Dialectical Approach  
*Yasuko Koyano, PhD (Japan)*

### Poster #5

Alcohol Screening, Brief Intervention, Treatment and Referral: An Interdisciplinary Effort to Combine the Art and Science of Psychiatric Nursing to Improve Patient Safety, Outcomes, and Access to Care in the Community for Patients at Risk for Alcohol Related Issues  
*Lynnda L. Zibell Milsap, BSN, MS, CNS-BC, and Andrea Williams, PhD, RN+*

### Poster #6

Recovery-Inspired Assault Prevention: Decreasing Violence through Culture Change  
*Sabrina Cito, RN, MSN, and Erin Schmidt, RN, BSN+*

### Poster #7

Psychometric Properties of the Arabic Version of the Depressive Cognition Scale  
*Abir Bekhet, PhD, RN, HSMI, and Jaclene A. Zauszniewski, PhD, RNC-BC, FAAN+*

### Poster #8

Improving Therapeutic Communication Through Pre-Clinical Simulation  
*Janine Graf-Kirk, MA, RN, BC, CNE, and Teresita Proctor, MS, RN, ACNS-BC, CNE*

### Poster #9

Vitamin D and Psychiatric Disorders  
*Margaret Rafferty, DNP, RN, MPH, and Dorothy Grasso, MS, FNP, CCRN+*

### Poster #10

Effective Reduction of Restraint and Seclusion in the Psychiatric Emergency Department While Maintaining a Safe Milieu  
*Lisa Gilley, RN, BSN, and Katherine Holland Pontone, RN, BSN, MSN*

### Poster #11

The Relationship Between Contextual Factors and Mental Health Help-Seeking Practices of African-American Adolescents and their Parents  
*Halima Al-Khattab, RN, BSN, Marion E. Broome, PhD, RN, FAAN+, and Michael T. Weaver, RN, PhD, FAAN+*

### Poster #13

Psychiatric-Mental Health Nurse Practitioners and School-Based Health Centers: A Match Made in Heaven  
*Dawn Boyd-Bounds, MSN, PMHNP*

### Poster #14

Strengthening the Care Giver: Mentoring Program for Parents and Caregivers of Child and Adolescents in Inpatient and Residential Settings  
*Yvetta M. Collins*

### Poster #20

Suicide Prevention Post-Inpatient Discharge  
*Grace Serafini, RN, MSN, APRN-BC*

### Poster #21

Introducing Preceptor Training in an RN-BS Program  
*Candy Dato, PhD, RN, CNE, Patricia Maher-Brisen, MS, RN+, and Margaret Rafferty, DNP, RN, MPH, PMHCNS-BC*

### Poster #22

Legal and Ethical Implications for ER Nurses: Voluntary vs. Involuntary Status in Mental Health Patients  
*Elizabeth Hiebert, RN (Canada), and Shannon Raitt, RN*

### Poster #23

The Benefit of Therapy Dogs with Community Mental Health Clients  
*Elizabeth Ann Martin, MA, ARNP-BC*

### Poster #25\*

Mothering and Illicit Substance Use: A Critical Analysis of the Implications for Nursing and Health Policy  
*Michelle Foulkes, RN, MSc, PhD(c)*

### Poster #26\*

Integrating Physical and Mental Health Across the Lifespan in a Nurse Managed Health Center: A Practical Approach and Lessons Learned  
*Keira Stevens, FNP-BC*

### Poster #27\*

Narratives of Childhood by Male and Female Perpetrators of Child Sexual Abuse  
*Kelly Carlson, MSN, RN, Stephanie Powers, BS, MSN, Sandra P. Thomas, PhD, RN, FAAN, and Kenneth Phillips, PhD, RN*

### Poster #28\*

The Effects of an Anger Management Program Using a Cognitive Behavior Framework in a Veteran Population  
*Carolyn Burcham, MSN, RN, ARNP, FNP-BC, PMHNP-BC*

### Poster #29\*

Mexican Traditional Medicine: A Review of Mental Health Herbals  
*Tanya R. Sorrell, NP-C, MSN, MS, RN*

\*Graduate Nursing Student  
+Co-author, but not presenting

## Conference Safety Rules and Guidelines

We welcome you to the 2011 ISPN Psychopharmacology Institute. We know that you will find this to be an enriching and fulfilling experience. To ensure the safety and security of our attendees and guests, we have composed the following list of safety rules and guidelines for this conference.

- In case of an emergency while at the Westin LaPaloma Resort, please dial 0 from any house phone. A representative from the hotel's emergency response team will immediately respond, evaluate the emergency and notify the proper personnel.
- For emergency aid of any kind, call 911 from any telephone outside of the hotel grounds.
- Review the fire safety procedures located on the door in your hotel room. Note the location of the fire exits in relationship to your hotel room.
- Don't answer the door in your hotel room without verifying who it is. All hotel employees will identify themselves verbally and will have a silver name tag. Please call the front desk if you are uncomfortable or uncertain.
- When returning to the hotel late in the evening, use the lobby entrance.
- Close the door securely whenever you are in your hotel room and use all of the locking devices provided.
- Secure all of your valuables. Complimentary safes are available in your guest room.
- Do not leave any articles of value in your vehicle in the adjacent parking area.
- When inside the conference venue, nametags should be worn and visibly displayed at all times. For security reasons, we recommend that you DO NOT wear your badge outside of the conference venue.
- Please do not leave any bags or articles unsecured in any display area, meeting room, or public area.
- Smoking is not permitted in the hotel. It is considered a smoke-free environment.
- Do not open any fire exit or other access door to any person. Access to the conference is strictly for members and registered conference guests. All access to display areas, meetings, and symposia is through the appropriate entrance doors. All fire exits are alarmed.
- If you note any suspicious article, packages, persons, or activity please contact the event staff or the front desk immediately.
- Do not give your lodging information to any person.

- In the event of an alarm, please proceed carefully to the nearest exit. Emergency evacuation routes are located on the back of every guestroom door. All public space areas are clearly marked with Exit signs. Use the stairwells to evacuate the building. Do not attempt to use the elevators. During an alarm, announcements will be made over the PA system informing guests of the status of the situation and what action to take. Any guest requiring assistance during an evacuation should dial "0" and notify the operator of their location. For further information, read the security section of your in-room guest directory.

## A Guide to Hotel Fire Safety

Hotels and motels are built and maintained in accordance with rigorous standards. The possibility that guests might find themselves threatened by fire is extremely remote, but knowing the simple series of procedures outlined on this page is a good idea.

### PRE- PLAN YOUR ESCAPE ROUTE

- As soon as you check in, begin to plan your escape in case of fire. When you get to your room, take a few moments to locate escape routes.
- Walk down the corridor and find the nearest and alternate exits or exit stairways.
- Count the doorways, turns in corridors and other features between your room and the exits.
- Find the nearest fire alarm, most frequently it will be located near the exit or stairwell door. Read the instructions on how to use it.
- Now read the emergency evacuation instructions posted on the inside of your bedroom door.

### IF A FIRE BEGINS IN YOUR ROOM

Leave your room and close the door behind you to keep smoke and flames out of the corridor. Sound the alarm. Leave the building by the nearest exit. Do not use elevators.

### IF YOU HEAR THE ALARM

Should the alarm sound, DO NOT telephone the Hotel Operator or the Front Desk. Leave the building through the nearest safe exit.

- If there is evidence of smoke in the room, roll out of bed and crawl on the floor. – DO NOT STAND! Smoke and deadly gasses rise.
- Go to the door of your room. Feel the DOOR HANDLE with your hand. The doors are insulated and you may not detect heat on the other side if you feel the door. If the door handle is hot, do not open the door. If the door handle is not hot, open it slowly, but be ready to close it immediately if necessary.
- Check the hall. If you can leave safely, take your room key with you and close the door behind you.
- Go to the nearest safe exit.
- Proceed with care down to the ground level. Hold the handrail for stability.
- If the nearest exit is blocked by smoke or fire, use the alternate exit if it is clear. If both exits are blocked, return to your room and close the door. Telephone the Hotel switchboard by dialing "0" on the guestroom telephone.
- DO NOT USE ELEVATORS.

### WHAT TO DO IF THE ROOM DOOR IS HOT OR THERE IS FIRE OR DENSE SMOKE IN THE HALL

Few people burn to death in fires, most fatalities come from smoke inhalation. Avoiding excessive exposure to smoke should be a paramount concern during a fire.

It may be safer in your room. Here are some things you should do:

- Let someone know you are in the room. If the phone works, phone the switchboard "0".
- Wet towels, sheets or other cloth items and put them around the doors to prevent smoke from coming in.
- Fill the bathtub. Use the ice bucket to keep the towels wet around doors.
- Do not break windows unless the smoke in your room is getting heavy. Open or broken windows will draw the fire in your direction.
- Hang a sheet or other visible item from the outside of the window to signal the fire department.