# Introduction

Dear Colleagues,

The ISPN Conferences Committee welcomes you to historic Atlanta, Georgia, the host city of the 5th Psychopharmacology Institute and 14th Annual Conference. We hope you find the program presentations and poster sessions stimulating and state-of-the-art.

The Conference theme “Innovation, Integration, and Transformation of Psychiatric-Mental Health Nursing for the 21st Century” reminds us that as clinicians, educators, and researchers we are challenged more and more to find innovative methods to provide advocacy, education, and treatment to the mentally ill and their families as well as the communities they reside in. The push by third party payors and the government during the present decade is toward integration of quality evidence-based care and the transformation of the health care arena.

As the environments in which we work transition and transform, we are challenged even more to revisit our scientific and humanistic core, to develop and test new and innovative, cost-effective and efficacious strategies, or build upon what we know has previously been effective.

The mission of ISPN is to remain committed to ensuring safe, appropriate, and quality care to individuals and families dealing with mental health issues. To accomplish this, ISPN members advocate for legislative agendas that shape health care policy, which meets the needs of the fragile, vulnerable, or disenfranchised mentally ill, cognitively or neurologically impaired. Members support research and scholarship in psychiatric-mental health nursing to build the knowledge base, develop and disseminate the evidence of best practices, and promote the increased numbers of university-enrolled nursing students in the specialty. Lastly, ISPN members develop partnerships with domestic and international delivery systems of mental health care and advocacy groups.

The entire Annual Conference confirms the values that we hold as nurses, validates practice strategies, examines new research and innovative initiatives, which empowers us to move forward and perhaps transform as a specialty. ISPN also takes time to recognize exceptional contributions of colleagues to the specialty on behalf of the mentally ill, cognitively or neurologically impaired and their families.

We thank all the attendees, presenters, and ISPN members for their participation in this annual event. By actively participating, sharing your ideas and concerns with colleagues, we achieve the mission of ISPN, to promote the growth of our organization and of psychiatric-mental health nursing. Thank you and enjoy the conference and the host city of Atlanta!

Judith Hirsh NP-PC, PMHNP-BC, FPMHNP, RPT-S
2012 Conference Chairperson
14th Annual Conference • March 28-31, 2012 • Grand Hyatt Buckhead • Atlanta, Georgia
Innovation, Integration, and Transformation of Psychiatric-Mental Health Nursing for the 21st Century

Conferences Committee

Judith Hirsh, NP-P, PMHCNS-BC, FPMHNP, RPT-S, Chair
Carol Baxter, APN, PMHCNS-BC
Elizabeth Bonham, PhD, RN, PMHCNS-BC
Nancy Davenport, RN, MSN, PMHCNS-BC
Anita Dempsey, PhD, APRN, PMHCNS-BC
Pamela Galehouse, PhD, PMHCNS-BC
Linda Gerson, PhD, RN
Cynthia T. Handrup, DNP, APRN, PMHCNS-BC
Beverly Hart, PhD, PMHNP
Pamela Lusk, DNP, PMHNP-BC
Sharon Mudd, PMHCNS-BC, NP
Judith Nolan, RN, BC, MS
Sally Raphel, APRN/PMH, FAAN
Susan Stevens, DSN, RN, CNS-BC
Lene Symes, PhD, RN
Beverly Thomas-Carter, FNP, PMHNP

Abstract Reviewers

Thanks to all of the individuals that served as abstract reviewers for this year’s program. We appreciate your involvement!

Carol Baxter, APN, PMHCNS-BC
Judy Coucouvanis, MA, APRN-BC
Nancy Davenport, RN, MSN, PMHCNS-BC
Anita Dempsey, PhD, APRN, PMHCNS-BC
Carla J. Groh, PhD, PMHNP-BC
Cynthia T. Handrup, DNP, APRN, PMHCNS-BC
Vicki Hines-Martin, PhD, RN, FAAN
Jean Klein, PhD, PMHCNS-BC
Sharon Mudd, PMHCNS-BC, NP
Jane Neese, PhD, APRN-BC
Sandra Nelson, PhD, RN, CS
Ellen Rindner, PhD, ARNP-BC
Jana Saunders, PhD, RN, CS
Marilyn Shirk, MN, RN, CNS
Noreen Thompson, MSN, RN, PMHCNS-BC
Edilma Yearwood, PhD, PMHCNS-BC, FAAN
Jaclene Zauszniewski, PhD, RN-BC, FAAN

Conference Objectives

Attendees will be able to:

- Describe evidence of current research and outcomes in mental health treatment of individuals, families, and groups across the lifespan.
- Generate health care policy recommendations, which support transformative, comprehensive quality of care for individuals in need of mental health services.
- Discuss innovative initiatives and strategies for increasing the knowledge and skills of educators, practitioners, and graduate students in psychiatric-mental health nursing.
- Describe cutting-edge initiatives that address issues of culture, ethics, and integration of care in education, practice, and nursing research.
- Utilize the conference forum as a method to promote discussion, planning, and problem-solving of key issues affecting psychiatric/mental health nursing, health care policy, advocacy, global health, international collaboration, and mental health initiatives across the lifespan.
- Provide opportunities for professional development, networking, mentoring, and collaboration between domestic and international partners.

Awards

ISPN will present its annual awards on Friday, March 30 at 8:00 a.m. in Grand Ballroom II. Please join your friends and colleagues in recognizing those who have demonstrated outstanding achievement and leadership in the psychiatric and mental health field.

Nursing Contact Hours

This activity has been submitted to WNA CEAP for approval to award contact hours. Wisconsin Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation. Please check at the ISPN Registration Desk to find out about approval and how many hours were allocated to this conference.

Contact hours are complimentary with your registration fee. To obtain continuing education contact hours, please complete the attendance form included in your packet of materials and the evaluation form that will be sent to you by email after the meeting is over. Please return the attendance form to the ISPN Registration Desk before you leave the conference and submit your online evaluation prior to April 20.

The attendance form will serve as your CEU certificate.

Registration

Conference registration will open at 8:00 a.m. and close at 7:00 p.m. on Wednesday, March 28 in the Grand Ballroom Foyer. The hours for the rest of the Conference are as follows:

- Thursday, March 29 ... 7:30 a.m.–5:00 p.m.
- Friday, March 30 ... 8:00 a.m.–5:00 p.m.
- Saturday, March 31 ... 8:00 a.m.–1:00 p.m.

Audible signals from pagers and cellular phones may be a distraction to the speaker as well as the audience. Please program these accordingly and take phone calls outside of the meeting rooms. Thank you!

Poster Presentation Viewing Hours

Posters will be available for viewing in Grand Ballroom III and the Grand Ballroom Foyer at the following times:

- Wednesday, March 28, 6:30 p.m.–8:00 p.m. (Opening Reception)
- Thursday, March 29 ... 8:00 a.m.–4:00 p.m.
- Friday, March 30 ... 9:30 a.m.–3:30 p.m.

Poster presenters will be available at their poster during the Opening Reception on Wednesday, March 28 from 6:30 p.m.–8:00 p.m. They will also be present during each refreshment break on Thursday and Friday. Please be sure to schedule time to visit the poster session.

ISPN Divisions

ACAPN: Association of Child and Adolescent Psychiatric Nurses
AGPN: Adult and Geropsychiatric-Mental Health Nurses
ISPCLN: International Society of Psychiatric Consultation Liaison Nurses
SERPN: Society of Education and Research in Psychiatric-Mental Health Nursing
New Member Orientation

Thursday, March 28, 2012
7:30 a.m.–8:30 a.m.
Azalea Room

Calling all new members, first-time conference attendees, and individuals considering becoming a member! We want to meet you! This is the perfect opportunity to ask questions and meet the ISPN Board of Directors. Please join us for a continental breakfast!

Volunteers

We are always looking for people to volunteer on committee, task forces, as abstract reviewers and room monitors. Interested in giving a little time to ISPN and meeting new colleagues? Let us know of your interest by sending an email to conferences@ispn-psych.org, or fill out page 16 of this program and leave it with the staff at the Registration Desk or send it to the ISPN Office.

Speaker Ready Room

The Speaker Ready Room will be open during the following hours in the Cascade Room. Please stop by to preview your presentation prior to your session.

Wednesday, March 28 . . 11:00 a.m.–6:00 p.m.
Thursday, March 29 . . 7:00 a.m.–5:00 p.m.
Friday, March 30 . . 7:00 a.m.–5:00 p.m.
Saturday, March 31 . . 7:00 a.m.–10:00 a.m.

ISPN Foundation Event!

The ISPN Foundation is proud to host a reception and Silent and Live Auction at the Carter Center on Thursday evening, March 29, 2012. The bus will start loading at 6:30 p.m. outside of the lobby doors at the Grand Hyatt Buckhead. If you purchased a ticket in advance, your badge will serve as your ticket to the event.

Evaluation Form

The program evaluation will be sent to all attendees via email. Your comments are valuable to ISPN and assist the Conferences Committee in planning future conferences. If you have any questions about completing the evaluation form, please see the staff at the registration desk.

Business Meeting

ISPN will hold its Annual Business Meeting on Thursday, March 29 starting at 2:00 p.m. in Grand Ballroom II. All members are encouraged to join the ISPN Board to discuss the Society’s business report for 2011-2012. Please be sure to attend!

Division Meetings

Each division of ISPN will be holding an Annual Business Meeting during the ISPN Conference. Please review the schedule below and be sure to attend the Business Meeting of the division that is of interest to you.

Thursday, March 29, 2012
5:30 p.m.–6:30 p.m.
Piedmont
International Society of Psychiatric Consultation Liaison Nurses (ISPCLN) Division Meeting

5:30 p.m.–6:30 p.m.
Peachtree
Society of Education and Research in Psychiatric-Mental Health Nursing (SERPN) Division Meeting

Friday, March 30, 2012
5:30 p.m.–6:30 p.m.
Buckhead Ballroom I
Association of Child and Adolescent Psychiatric Nurses (ACAPN) Division Meeting

5:30 p.m.–6:30 p.m.
Buckhead Ballroom II
Adult and Geropsychiatric-Mental Health Nurses (AGPN) Division Meeting

Message Center

All messages for registrants will be posted on the Message Board in the ISPN Registration Area. If you are looking for someone at the meeting and can’t catch up with her/him, leave a message on the board. Be sure to take the time to check this board each day so you don’t miss a contact in Atlanta or a message from the office!

Badges

Your badge will admit you to all the educational sessions and the exhibit area at the Annual Conference.

Wear Your Badge at All Times!

Attendees that are participating in their first ISPN meeting have a pink ribbon on their badge.

2013 Annual Conference Call for Abstracts Deadline

The ISPN 2013 Annual Conference Call for Abstracts deadline is July 16, 2012. Abstracts for the 2013 Conference can be submitted with an online submission form that will be located on the ISPN website (www.ispn-psych.org). More information will be available on the website in June 2012.
Governing Board and Leadership Team

Officers

President
Victoria M. Soltis-Jarrett, PhD, PMHCNS/ NP-BC

Secretary/Treasurer
Judith Fry McComish, PhD, RN

Immediate Past President
Kathleen Delaney, PhD, PMH-NP, FAAN

Division Directors

Adult and Geropsychiatric-Mental Health Nurses (AGPN)
Division Director
Karen Ragaisis, MSN, APRN, PMHNP-BC, PMHCNS-BC, CARN

Association of Child and Adolescent Psychiatric Nurses (ACAPN)
Division Director
Margaret Rhoads Scharp, DNP, PMHNP, FNP-BC, PMHCNS-BC

International Society of Psychiatric Consultation-Liaison Nurses (ISPCLN)
Division Director
Susan Krupnick, MSN, PMHCNS-BC, ANP-BC, CARN

Society for Education and Research in Psychiatric-Mental Health Nursing (SERPN)
Division Director
Sara Horton-Deutsch, PhD, PMH-CNS, RN

Committees

Awards Committee Chair
Karen Boardman, MS, RN, CS

Conferences Committee Chair
Judith Hirsh, NP-P, FPMHNP, PMHCNS-BC, RPT-S

Psychopharmacology Institute Planning Committee Co-Chairs
Evelyn Parrish, PhD, RN, APRN
Karen Ragaisis, MSN, APRN, PHMNP-BC, PMHCNS-BC, CARN

Diversity and Equity Committee Chair
Edilma L. Yearwood, PhD, PMHCNS-BC, FAAN

Marketing and Development Committee Chair
Katherine Darling, DNP, PMHNP/FNP-BC

Membership Committee Chair
Cynthia T. Handrup, DNP, APRN, PMHCNS-BC

Newsletter Editor Chair
Beverly G. Hart, PhD, PMHNP

Nominations Committee Chair
Catherine F. Kane, PhD, RN, FAAN

Website Management Committee Chair
Mark Soucy, PhD, PMHCNS-BC, FPMHNP-BC

ISPN Foundation President
Susan Vebber, BSN, RN

Councils

Education Council
Open Position

Legislative Council
Open Position

Practice Council
Open Position

Research Council
Laura C. Hein, PhD, RN, NP-C

Conflicts of Interest

ISPN Annual Conference
March 28-31, 2012

The Wisconsin Nurses Association Continuing Education Approval Program requires that any speaker giving a presentation must disclose any significant financial interest or other relationship that they may have with the manufacturer(s) of any commercial products, service, technology, or program discussed at their educational presentation.

The Wisconsin Nurses Association Continuing Education Approval Program does not imply that any such financial interest or relationship is inherently improper or that such interest or relationship would prevent the speaker from making a presentation. It is imperative, however, that such financial interests or relationships be identified by the speaker so that participants have these facts fully disclosed prior to the presentation and may form their own judgments about the presentation.

Below is a listing of speakers who have reported having relationships with commercial companies.

Larry Alphs
Employed by Janssen Scientific Affairs, LLC

Barbara Frechette
Director of an online site

Cynthia Taylor Handrup
Husband is on Forrest, Takeda & Morek Speakers Bureau

Irene Kim
Employed by Queens Children's Psychiatric Center and leadership relationship with Korean American Behavioral Health Association

Kathleen T. McCoy
Speakers Bureau, Eli Lilly & Company

Geraldine Pearson
Received research funding from Shire Pharmaceutical

Karen Schepp
Speakers Bureau, Appreciative Living Learning Circles

Off-Label Use

Below is a listing of speakers who will be discussing off-label drug or product use as a part of their presentation.

Gail Brenz
Janiece DeSocio
Mark Soucy

The remaining speakers have reported no relationships with commercial companies.

Non-Endorsement of Products

The presence of commercial exhibits during the conference does not imply endorsement by the ISPN, Wisconsin Nurses Association, or the American Nurses Credentialing Center's Commission on Accreditation.
The exhibit area will be located in Grand Ballroom III at the Grand Hyatt Buckhead. It will also be the site of the poster sessions and refreshment breaks during the Conference. Please plan time to stop by and visit with the exhibiting companies, who lend valuable financial support to the ISPN Conference.

Open Hours:
Wednesday, March 28 ......................... 6:30 p.m.–8:00 p.m.
Thursday, March 29 ............................ 8:00 a.m.–4:00 p.m.
Friday, March 30 ............................... 9:30 a.m.–3:30 p.m.

Advanced Practice.com ........................... Booth #12
2655 Northwinds Parkway
Alpharetta, GA  30009
Tel: +1-877-740-0404
Fax: +1-678-352-4341
Email: inquiries@advancedpractice.com
Website: www.advancedpractice.com

Concierge recruiting and job board focused exclusively on the advanced practice practitioner.

Air Force Recruiting Service ....................... Booth #6
550 D. Street West, Suite 1
Randolph AFB, TX  78150
Tel: +1-210-565-0506
Fax: +1-210-565-0707
Email: Janis.elshabazz@rs.af.mil
Website: www.airforce.com

“Practice Your Profession, Shape Your Future” – whether you recently graduated with a nursing degree or have years of experience under your belt, become a member of the Air Force health care team saving lives worldwide. We offer signing bonuses, great benefits, and no loss of seniority with job transfers.

Arizona State University/Academic Partnerships ... Booth #4
P.O. Box 2514
Santa Rosa, CA  95405
Tel: +1-415-446-8088
Email: caryl.fuller@academicpartnerships.com
Website: www.asu.edu

ASU’s Doctor of Behavioral Health will transform health care by preparing professionals to provide evidence-based, cost-effective, focused behavioral interventions for the many patients with co-existing medical and behavioral conditions in primary care and medical settings to improve patient outcomes and reduce costs.

AssureRx Health, Inc. ............................. Booth #7
6030 South Mason-Montgomery Road
Mason, OH  45040
Tel: +1-513-234-0510
Fax: +1-513-492-7946
Website: www.assurerxhealth.com

AssureRx Health, Inc., a personalized medicine company focusing on behavioral health, developed GeneSightRx®, the first widely available psychiatric pharmacogenomic test. The test produces a customized report about how the patient likely metabolizes 32 psychiatric medications. Test results, combined with clinical experience, can help a physician make personalized drug treatment choices.

Georgia Department of Behavioral Health & Developmental Disabilities ............... Booth #5
2 Peachtree Street, Suite 24-202
Atlanta, GA  30303
Tel: +1-404-232-1154
Website: dbhddjobs.com

We are the State agency for mental health in Georgia. Our multiple, inpatient, mental health facilities located in Atlanta, Augusta, Columbus, Savannah, and Thomasville are hiring new RN graduates and experienced RNs for staff and leadership positions – FT, PT, PRN!

Georgia Health Sciences University
College of Nursing ................................. Booth #9
987 St. Sebastian Way, EC-5432
Augusta, GA  30912
Tel: +1-706-721-9748
Fax: +1-706-721-7390
Email: nursing@georgiahealth.edu
Website: www.georgiahealth.edu/nursing

As the University System of Georgia’s flagship nursing school, the College of Nursing at Georgia Health Sciences University is dedicated to increasing and advancing the nursing workforce. Our faculty members integrate teaching, research, and practice to provide exceptional educational experiences in our high quality and innovative programs.

Janssen Pharmaceuticals, Inc. ..................... Booth #8
1000 U.S. Highway 202
Raritan, NJ  08869
Tel: +1-870-761-2434
Email: cbradfo1@its.jnj.com

Atypical antipsychotics for Schizophrenia, Bipolar I Disorder, and Schizo Affective Disorder.

LifeLinc Nursing ................................. Booth #11
1315 Ashley River Road, Suite 5
Charleston, SC  29407
Tel: +1-843-793-4958
Fax: +1-843-793-4957
Email: david@lifelincnursing.com
Website: www.lifelincnursing.com
2012 ISPN Annual Conference Exhibitors

MHM Services, Inc. .................................. Booth #2
1593 Spring Hill Road, Suite 610
Vienna, VA  22182
Tel: +1-800-416-3649
Fax: +1-703-245-1578
Email: jobs@mhmcareers.com
Website: www.mhm-services.com

MHM Services, Inc. is a leading national provider of health care services to government agencies. MHM contracts with state and local governments nationwide and provides staffing, management, and health care services in correctional facilities, state psychiatric hospitals, and other community settings.

NCEPS ........................................... Booth #3
3201-141 Edwards Mill Road, #163
Raleigh, NC  27612
Tel: +1-919-443-2360
Fax: +1-919-800-3039
Email: sbmangano@nceps.com
Website: www.nceps.com

NCEPS provides onsite psychiatric services to nursing facilities. Our team enjoys a great quality of life, supportive environment, and leading compensation package. Our nurse practitioners particularly enjoy the flexibility we offer combined with direct physician access to provide a rewarding work experience.

Pinpoint, Inc. ..................................... Booth #1
2100 Southbridge Parkway, Suite 650
Birmingham, AL  35209
Tel: +1-205-414-7541
Fax: +1-205-414-7400
Email: info@pinpointinc.com
Website: www.pinpointinc.com

Since 1992, Pinpoint’s INSTANTalarm 5000 has been the leading Alarm System for keeping nurses safe at work. Thousands are installed in hospitals in the UK, Ireland, and now the USA. The system is simple to operate, extremely reliable and isn’t computer-controlled.

Novartis Pharmaceuticals, Inc. .................... Booth #10
4726 Pebble Lake Drive
Pfafftown, NC  27040
Tel: +1-336-529-0073
Fax: +1-336-923-5390
Website: www.novartis.com

Novartis Pharmaceuticals, Inc. is a leading international research-based pharmaceutical company. We have a strong commitment to improving global health and increasing access to innovative and high-quality therapies.

University of Southern Indiana ................... Booth #13
8600 University Blvd.
Evansville, IN  47712
Tel: +1-812-465-1154
Fax: +1-812-465-1071
Email: taoliver@usi.edu
Website: www.usi.edu

Online nursing education and continuing education opportunities will be on display.

Book Exhibit

Psychiatric Mental Health Nursing

Springer Publishing Company
11 West 42nd Street, 15th Floor
New York, NY  10036
Tel: +1-212-431-4370, ext. 212
Fax: +1-212-941-7842
Email: chardin@springerpub.com
Website: www.springerpub.com

SEE YOU IN SAN ANTONIO, TEXAS FOR THE 2013 ANNUAL CONFERENCE!
### Wednesday, March 28, 2012

<table>
<thead>
<tr>
<th>Time</th>
<th>Location</th>
<th>Event</th>
</tr>
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<tbody>
<tr>
<td>8:00 a.m.–7:00 p.m.</td>
<td>Grand Ballroom Foyer</td>
<td>Registration Open</td>
</tr>
<tr>
<td>6:30 p.m.–8:00 p.m.</td>
<td>Grand Ballroom III and Grand Ballroom Foyer</td>
<td>Opening Reception and Poster Session Exhibits Open</td>
</tr>
<tr>
<td>8:00 p.m.–10:00 p.m.</td>
<td>ISPN International Gathering</td>
<td>(by invitation)</td>
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### Thursday, March 29, 2012

<table>
<thead>
<tr>
<th>Time</th>
<th>Location</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:30 a.m.–5:00 p.m.</td>
<td>Grand Ballroom Foyer</td>
<td>Registration</td>
</tr>
<tr>
<td>7:30 a.m.–8:30 a.m.</td>
<td>Azalea</td>
<td>ISPN New Member Orientation and Continental Breakfast</td>
</tr>
<tr>
<td>8:00 a.m.–9:00 a.m.</td>
<td>Grand Ballroom III</td>
<td>Continental Breakfast in the Exhibit Area</td>
</tr>
<tr>
<td>8:30 a.m.–9:30 a.m.</td>
<td>Grand Ballroom II</td>
<td>Welcome and Opening</td>
</tr>
</tbody>
</table>
| 9:30 a.m.–10:30 a.m. | Grand Ballroom III and Grand Ballroom Foyer | Refreshment Break  
Exhibits and Poster Session  
Book Signing with Rosalynn Carter |
| 10:30 a.m.–12:00 noon & 1:00 p.m.–3:15 p.m. | Buckhead Ballroom II   | Workshop #2  
COPE for Depressed and Anxious Teens: A Cognitive-Behavioral Skills Building Intervention for Delivery in 30-Minute Visits to Increase Access to Timely, Evidence-Based Treatment  
Pamela Lusk, DNP, RN, PMHNP-BC  
Bernadette Mazurek Melnyk, PhD, RN, CPNP, PMHNP, FNAP, FAAN |
| 10:30 a.m.–12:00 noon & 1:00 p.m.–3:15 p.m. | Peachtree               | Workshop #3  
From a Thought to the Podium: Lessons for Professional Presentations  
Beth Bonham, PhD, RN, PMHCNS-BC  
Nancy Davenport, RN, MSN, PMHCNS-BC  
Anita Dempsey, PhD, APRN, PMHCNS-BC  
Pamela Galehouse, PhD, PMHCNS-BC  
Linda Gerson, PhD, RN  
Cynthia Handrup, DNP, APRN, PMHCNS-BC  
Beverly Hart, PhD, RN, PMHNP-BC  
Judy Nolen, RN, BC, MS  
Sally Raphel, APRN/PMH, FAAN |
| 1:00 p.m.–1:50 p.m. | Lenox                     | Concurrent Session 1.2  
Evaluation of a Statewide Initiative to Prepare Schools to Respond Post-Crisis  
Rene A. Love, DNP, PMHCNS-BC |
| 1:00 p.m.–2:50 p.m. | Buckhead Ballroom I       | Concurrent Session 1.3  
Substance Abuse and Misuse in the Elderly Population  
Kristen Vandenberg, DNP, FNP-BC, PMHNP-BC |
| 10:00 a.m.–11:15 a.m. | Grand Ballroom II       | Panel Presentation #1  
PCLNs Making a Difference: Addressing Ethical Issues and Moral Distress  
Susan Krupnick, MSN, PMHCNS-BC, ANP, C-PREP  
Vicki D. Lachman, PhD, APRN, PMHCNS-BC  
Marilyn Shirk, RN, MN, CNS-BC+  
Lynnda Zibell Milsap, MS, PMHCNS-BC |
| 12:00 noon–1:00 p.m. | Library                   | Lunch Break (on your own)                                            |
| 12:00 noon–1:00 p.m. | ISPN Foundation Board of Directors | ISPN Business Meeting                                                 |
| 1:00 p.m.–1:50 p.m. | Grand Ballroom II        | Concurrent Sessions (1.1-1.3)                                        |
| 1:00 p.m.–1:50 p.m. | Grand Ballroom II        | Concurrent Session 1.1  
Implications of Health Care Reform on Nurse Practitioner Prescribing  
Victoria Bal dasame, MSN, PMHNP-C |
## Program Schedule

### Friday, March 30, 2012

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00 a.m.–5:00 p.m.</td>
<td>Grand Ballroom Foyer Registration</td>
<td>Grand Ballroom II</td>
</tr>
<tr>
<td>8:00 a.m.–9:30 a.m.</td>
<td>Grand Ballroom II Melva Jo Hendrix Lectureship, Awards Ceremonies, and Breakfast Promoting Presence in the Nurse-Patient Relationship: Lessons from Equus</td>
<td>Grand Ballroom II</td>
</tr>
<tr>
<td>9:40 a.m.–10:30 a.m.</td>
<td>Grand Ballroom II Concurrent Sessions (4.1-4.6)</td>
<td>Grand Ballroom II</td>
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<tr>
<td>9:40 a.m.–10:30 a.m.</td>
<td>Peachtree Concurrent Session 4.1 Mexican American Mental Health Along the Texas-Mexico Border: Challenges for PMHNPs</td>
<td>Peachtree</td>
</tr>
<tr>
<td>10:30 a.m.–11:00 a.m.</td>
<td>Grand Ballroom II Concurrent Session 4.6 Living with Hallucinations and the Loss of the Assumptive World: Akim’s Story</td>
<td>Grand Ballroom II</td>
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### Grand Hyatt Buckhead, Atlanta, Georgia

**Innovation, Integration, and Transformation of Psychiatric-Mental Health Nursing for the 21st Century**

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**4:30 p.m.–5:20 p.m.**

**Concurrent Sessions (3.1-3.6)**

4:30 p.m.–5:20 p.m.

- **Peachtree Concurrent Session 3.1**
  - Eating Disorders: Integrating Therapy Modalities
  - **Kristen Vandenberg, DNP, FNP-BC, PMHNP-BC**

4:30 p.m.–5:20 p.m.

- **Grand Ballroom II Concurrent Session 3.2**
  - Understanding the Challenges and Complexities of College Mental Health: An Advanced Practice Nurse’s Experience
  - **Carol Baxter, APN, PMHCNS-BC**

4:30 p.m.–5:20 p.m.

- **Buckhead Ballroom I Concurrent Session 3.3**
  - Reduction of Mental Health Emergency Department Revisits
  - **Priscilla L. Adams, MSN**
  - **Heather L. McNeilus, BSN**

5:30 p.m.–6:30 p.m.

- **Piedmont ISPCLN Division Meeting**

5:30 p.m.–6:30 p.m.

- **Peachtree SERPN Division Meeting**

6:30 p.m.–9:30 p.m.

- **The Carter Center (off-site) ISPYN Foundation Reception**
  - Meet in the lobby at 6:30 p.m. to take the bus to the Carter Center.
  - (If you registered and paid in advance, bring your badge, which will serve as your ticket.)

+Co-author, but not presenting.
<table>
<thead>
<tr>
<th>Time</th>
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<tbody>
<tr>
<td>11:00 a.m.-11:50 a.m.</td>
<td>Buckhead Ballroom II, Concurrent Session 5.5</td>
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<tr>
<td>11:00 a.m.-11:50 a.m.</td>
<td>Enhancing Evidence-Based Practice in the Early Identification and Management of Delirium</td>
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<tr>
<td>Mark D. Soucy, PhD, RN, PMHCNS-BC, FPMHNP-BC</td>
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<tr>
<td>Gail Brenz, MSN, RN, PMHCNS-BC</td>
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<tr>
<td>Jane Appleby, MD+</td>
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<tr>
<td>Clarice B. Golightly-Jenkins, PhD, RN, PMHCNS-BC+</td>
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<td>Robert Kalter, MD+</td>
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<tr>
<td>11:00 a.m.-11:50 a.m.</td>
<td>Buckhead Ballroom II, Concurrent Session 5.6</td>
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<tr>
<td>11:00 a.m.-11:50 a.m.</td>
<td>Differential Diagnosis and Treatment: Food Refusal and Rapid Weight Loss—Is it a Food Phobia or Something Else?</td>
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<tr>
<td>Janiece E. DeSocio, PhD, PMHNP</td>
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<tr>
<td>11:50 a.m.-1:00 p.m.</td>
<td>Grand Ballroom II, Health Care Policy Update</td>
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<tr>
<td>Justin Caudle</td>
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<tr>
<td>Director of Healthcare Policy and Advocacy, Johnson &amp; Johnson, Shreveport, LA (includes complimentary lunch, but no nursing contact hours)</td>
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<tr>
<td>1:00 p.m.-2:00 p.m.</td>
<td>Grand Ballroom II, Plenary Session</td>
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<tr>
<td>Integration of Services for Victims of Sex Trafficking: Role of the Psychiatric-Mental Health Nurse</td>
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<tr>
<td>Mary de Chesnay, DSN, RN, PMHCNS-BC, FAAN</td>
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<tr>
<td>Professor, Kennesaw State University, Kennesaw, GA</td>
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<tr>
<td>2:10 p.m.-3:00 p.m.</td>
<td>Concurrent Sessions (6.1-6.5)</td>
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<tr>
<td>2:10 p.m.-3:00 p.m.</td>
<td>Resourcefulness: Theory, Measurement, and Intervention</td>
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<tr>
<td>Jaclene A. Zauszniewski, PhD, RN-BC, FAAN</td>
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<tr>
<td>2:10 p.m.-3:00 p.m.</td>
<td>Buckhead Ballroom II, Concurrent Session 6.2</td>
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<tr>
<td>Insurance for an Intervention: Testing the Treatment Fidelity of Behavioral Intervention (Motivational Interviewing)</td>
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<tr>
<td>Susan L. Benson, DNP, FNP, PMH-BC</td>
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<tr>
<td>Catherine Battaglia, PhD, MSNA, RN+</td>
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<tr>
<td>2:10 p.m.-3:00 p.m.</td>
<td>Azalea, Concurrent Session 6.3</td>
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<tr>
<td>The Acceptability and Cultural Relevance of Mindfulness-Based Interventions for African-Americans: Implications for Psychiatric-Mental Health Nurses</td>
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<tr>
<td>Cheryl L. Woods-Giscombe, PhD, MSN, PMHNP-BC</td>
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<tr>
<td>Susan Gaylord, PhD+</td>
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<tr>
<td>2:10 p.m.-3:00 p.m.</td>
<td>Buckhead Ballroom I, Concurrent Session 6.4</td>
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<tr>
<td>Mental Health Consequences of LGBT Hate Crime Victimization—Does it Matter that it’s a Hate Crime?</td>
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<tr>
<td>Laura C. Hein, PhD, RN, NP-C</td>
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<tr>
<td>2:10 p.m.-3:00 p.m.</td>
<td>Peachtree, Concurrent Session 6.5</td>
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<tr>
<td>Building Infrastructures for Recovery Oriented Practice in Inpatient Care: Beginning with the End in Mind</td>
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<tr>
<td>Kathleen R. Delaney, PhD, PMH-NP, FAAN</td>
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<tr>
<td>2:10 p.m.-6:10 p.m.</td>
<td>Lenox, Workshop #4</td>
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<tr>
<td>Together: Exploring Diversity, Equity, Inclusion, and Preventing Exclusion in Our Personal and Professional Lives</td>
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<tr>
<td>Dawn Bounds, MSN, PMHNP-BC</td>
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<tr>
<td>Pamela Galehouse, PhD, PMHCNS-BC</td>
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<tr>
<td>Vicki Hines-Martin, PhD, CNS, RN, FAAN</td>
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<tr>
<td>Sarah Horton-Deutsch, PhD, PMHCNS, RN</td>
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<tr>
<td>Edilma L. Yearwood, PhD, PMHCNS-BC, FAAN</td>
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<tr>
<td>3:00 p.m.-3:30 p.m.</td>
<td>Grand Ballroom III and Grand Ballroom Foyer, Refreshment Break</td>
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<tr>
<td>3:00 p.m.-4:20 p.m.</td>
<td>Concurrent Sessions (7.1-7.3)</td>
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<tr>
<td>3:30 p.m.-4:20 p.m.</td>
<td>Grand Ballroom II, Concurrent Session 7.1</td>
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<tr>
<td>Personality Disorders: What’s New in the DSM-V Proposed Changes to the Criteria for Diagnosis of Personality Disorders?</td>
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<tr>
<td>Katherine Darling, DNP, PMHNP/FNP-BC</td>
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<tr>
<td>3:30 p.m.-4:20 p.m.</td>
<td>Buckhead Ballroom II, Concurrent Session 7.2</td>
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<tr>
<td>3:30 p.m.-5:00 p.m.</td>
<td>Buckhead Ballroom I, Panel Presentation #2</td>
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<tr>
<td>Integrative Practice: Examination of Three Case Studies and Implications for Practice</td>
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<tr>
<td>Kathleen McCoy, DNSc, APN, PNHNP/CS/FNP-BC</td>
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<td>Deborah Thomas, EdD, APRN, PMHCNS-BC</td>
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<td>Carla Groh, PhD, PMHNP-BC</td>
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<tr>
<td>Tracey Chan, FNP</td>
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<tr>
<td>3:30 p.m.-7:00 p.m.</td>
<td>Piedmont, Workshop #5</td>
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<tr>
<td>Moving Past YouTube: Engaging and Educating the Millennial Generation</td>
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<tr>
<td>Kristen Vandenberg, DNP, FNP-BC, PMHNP-BC</td>
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<tr>
<td>4:30 p.m.-5:20 p.m.</td>
<td>Buckhead Ballroom II, Concurrent Sessions (8.1-8.4)</td>
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<tr>
<td>4:30 p.m.-5:20 p.m.</td>
<td>Azalea, Concurrent Session 8.1</td>
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<tr>
<td>Investigating Adolescent Males’ Ability to Acknowledge &amp; Explore Psychological Hurt: A Qualitative Study</td>
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<tr>
<td>Barbie Frechette, DNP, PMHNP-BC</td>
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## Program Schedule

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<thead>
<tr>
<th>Time</th>
<th>Location</th>
<th>Session Title</th>
<th>Presenters</th>
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<tbody>
<tr>
<td>4:30 p.m.–5:20 p.m.</td>
<td>Grand Ballroom II</td>
<td><strong>Concurrent Session 8.2</strong>&lt;br&gt;Appreciative Living Learning Circles and Social Networking: Sustainable Antidotes for Loneliness</td>
<td>Helen T. Buckland, PhD, MEd&lt;br&gt;Karen G. Schepp, PhD, RN, PMHCNS-BC, FAAN&lt;br&gt;Jim Mitre, MN, RN-BC+</td>
</tr>
<tr>
<td>4:30 p.m.–5:20 p.m.</td>
<td>Peachtree</td>
<td><strong>Concurrent Session 8.3</strong>&lt;br&gt;Factors Affecting Relocation Adjustment in Older Adults: Is There a Cultural Difference?</td>
<td>Abir K. Bekhet, PhD, RN, HSMI&lt;br&gt;Jaclene A. Zauszniewski, PhD, RN-BC, FAAN+</td>
</tr>
<tr>
<td>4:30 p.m.–5:20 p.m.</td>
<td>Buckhead Ballroom II</td>
<td><strong>Concurrent Session 8.4</strong>&lt;br&gt;Problem-Solving Intervention for Primary Caregivers of Children with Mental Health Problems</td>
<td>Janis E. Gerkensmeyer, PhD, PMHCNS-BC&lt;br&gt;Ukamaka Oruche, PhD, PMHCNS-BC</td>
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<tr>
<td>5:30 p.m.–6:30 p.m.</td>
<td>Buckhead Ballroom I</td>
<td><strong>ACAPN Division Meeting</strong>&lt;br&gt;<strong>AGPN Division Meeting</strong>&lt;br&gt;+Co-author, but not presenting.</td>
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<tr>
<td>8:30 a.m.–9:30 a.m.</td>
<td>Grand Ballroom II</td>
<td><strong>Plenary Session</strong>&lt;br&gt;Cultivating a Culture of Justice in Nursing Education and Health Care</td>
<td>Sara Horton-Deutsch, PhD, PMHCNS, RN&lt;br&gt;Associate Professor and Coordinator&lt;br&gt;Graduate Psychiatric Nursing Program&lt;br&gt;Indiana University School of Nursing&lt;br&gt;Indianapolis, IN</td>
</tr>
<tr>
<td>9:30 a.m.–10:00 a.m.</td>
<td>Grand Ballroom Foyer</td>
<td><strong>Refreshment Break</strong>&lt;br&gt;<strong>Concurrent Sessions (9.1-9.6)</strong></td>
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<tr>
<td>10:00 a.m.–10:50 a.m.</td>
<td>Peachtree</td>
<td><strong>Concurrent Session 9.5</strong>&lt;br&gt;Cognitive Functioning and Psychosocial Functioning of Adolescents with Schizophrenia</td>
<td>Karen G. Schepp, PhD, RN, PMHCNS-BC, FAAN&lt;br&gt;Helen Buckland, MEd, PhD&lt;br&gt;Heeyoung Lee, PhD, RN, PMHNP-BC+&lt;br&gt;Hyunjin Oh, PhD, RN+</td>
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<tr>
<td>10:00 a.m.–10:50 a.m.</td>
<td>Lenox</td>
<td><strong>Concurrent Session 9.6</strong>&lt;br&gt;Development and Testing of a Doula Intervention for Postpartum Depressive Symptoms</td>
<td>Judith E. Fry-McComish, PhD, RN&lt;br&gt;Carla J. Groh, PhD, PMHNP-BC&lt;br&gt;Judith A. Moldenhauer, MFA</td>
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<tr>
<td>11:00 a.m.–11:50 a.m.</td>
<td>Peachtree</td>
<td><strong>Concurrent Sessions (10.1-10.6)</strong></td>
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<tr>
<td>11:00 a.m.–11:50 a.m.</td>
<td>Lenox</td>
<td><strong>Concurrent Session 10.1</strong>&lt;br&gt;A Pedagogy of Curriculum Infusion: Effect on Nursing Student Well-Being and Intent to Improve the Quality of Patient Care</td>
<td>Joan Riley, MS, MSN, FNP, FAAN&lt;br&gt;Edilma Yearwood, PhD, PMHCNS-BC, FAAN</td>
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<tr>
<td>11:00 a.m.–11:50 a.m.</td>
<td>Piedmont</td>
<td><strong>Concurrent Session 10.2</strong>&lt;br&gt;Therapeutic Day Schools: Unique Treatment Issues, Unique Solutions</td>
<td>Barbara Blue, RN, MSN, CPNP, PMHNP-BC&lt;br&gt;Kathleen R. Delaney, PhD, PMH-NP, FAAN+</td>
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<tr>
<td>11:00 a.m.–11:50 a.m.</td>
<td>Lenox</td>
<td><strong>Concurrent Session 10.3</strong>&lt;br&gt;Continental Breakfast</td>
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<tr>
<td>8:00 a.m.–1:00 p.m.</td>
<td>Grand Ballroom Foyer</td>
<td><strong>Registration</strong>&lt;br&gt;<strong>Continental Breakfast</strong></td>
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Program Schedule

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<tr>
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<th>Topic</th>
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<tr>
<td>11:00 a.m.–11:50 a.m.</td>
<td>Buckhead Ballroom I</td>
<td>Concurrent Session 10.4</td>
<td>Success in Psychiatric Nurse Practitioner Distance Education: Strategic Planning, Implementation, and Outcomes Evaluation</td>
<td>Mark D. Soucy, PhD, RN, PMHCNS-BC, FPMHNP-BC</td>
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<td>Margaret H. Brackley, PhD, RN, PMHCNS-BC, FAAN</td>
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<td>Norma Martinez-Rogers, PhD, RN, FAAN</td>
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<td>Gail B. Williams, PhD, RN, PMHCNS-BC</td>
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<tr>
<td>11:00 a.m.–11:50 a.m.</td>
<td>Buckhead Ballroom II</td>
<td>Concurrent Session 10.5</td>
<td>Identification and Treatment of Non-Suicidal Self-Injurious Behaviors in Transgender Youth</td>
<td>Kristen Vandenberg, DNP, FNP-BC, PMHNP-BC</td>
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<tr>
<td>11:00 a.m.–11:50 a.m.</td>
<td>Grand Ballroom II</td>
<td>Concurrent Session 10.6</td>
<td>Essential Competencies for PMH RN Practice</td>
<td>Catherine F. Kane, PhD, RN, FAAN</td>
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<td>Margaret Brackley, PhD, RN, FAAN</td>
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<tr>
<td>11:50 a.m.</td>
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<td>Conference Ends</td>
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<tr>
<td>12:00 noon - 1:00 p.m.</td>
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<td>Diversity and Equity Committee Meeting</td>
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<tr>
<td>12:30 p.m.–5:00 p.m.</td>
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<td>Board of Directors Meeting</td>
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<tr>
<td>12:00 noon - 1:00 p.m.</td>
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<td>Mexico City</td>
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<td>12:30 p.m.–5:00 p.m.</td>
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<td>Veranda</td>
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<td>6:30 p.m.–8:00 p.m.</td>
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<td>8:00 a.m.–4:00 p.m.</td>
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<td>3:30 p.m.–4:30 p.m.</td>
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Poster Session Schedule

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<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Session</th>
<th>Title</th>
<th>Presenters</th>
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<tr>
<td>Wednesday, March 28</td>
<td>5:30 p.m.-6:30 p.m.</td>
<td>Grand Ballroom III and Foyer</td>
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<td>Set-Up</td>
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<tr>
<td>Wednesday, March 28</td>
<td>6:30 p.m.–8:00 p.m.</td>
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<td>Opening Reception</td>
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<tr>
<td>Thursday, March 29</td>
<td>8:00 a.m.–4:00 p.m.</td>
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<tr>
<td>Friday, March 30</td>
<td>9:30 a.m.–3:30 p.m.</td>
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<tr>
<td>Friday, March 30, 2012</td>
<td>3:30 p.m.–4:30 p.m.</td>
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<td>Tear-Down</td>
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Poster Session

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<thead>
<tr>
<th>Poster #1</th>
<th>Development of a Depression Relapse Prevention Program Using a Dialectical Approach: Addition of a System that Enhances Coping Behavior by Means of a Wellness Recovery Action Plan</th>
<th>Yasuko Koyano, PhD, RN</th>
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<tbody>
<tr>
<td>Poster #2</td>
<td>Help Me Help You: Six-Week Pilot Study of a Structured Group Therapy Recovery Program for Chronic Psychiatric Patients</td>
<td>Deborah F. Bump, MSN, RN Rita A. Tady, PhD, APRN-BC+ Ramona Wilson, LCSW+ Cynthia Taylor Handrup, DNP, APN, PMHCNS-BC+</td>
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<tr>
<td>Poster #3</td>
<td>Correlates of Perinatal Depression in Diverse, Low-Income Women</td>
<td>Deborah Pollard, PhD, RNC, CNE Judith Jarosinski, PhD, RN, CNE+</td>
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<tr>
<td>Poster #4</td>
<td>PMS: A Preliminary Look at Two Candidate Genes</td>
<td>Marlene Adams, PhD, RN Susan McCrone, PhD, PMHCNS-BC</td>
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<tr>
<td>Poster #5</td>
<td>Resourcefulness Training for Older Adults Who Relocated to Retirement Communities: Is There a Need?</td>
<td>Abir K. Bekhet, PhD, RN, HSMI Jacline Zauszniewski, PhD, RN-BC, FAAN+</td>
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<tr>
<td>Poster #6</td>
<td>Development of Mindfulness Training for Japanese Nurses to Encourage Vigor and Enthusiasm in the Hospital</td>
<td>Ayami Tateishi, PhD/RN, PHN, PSW Yasuko Koyano, PhD, RN, PHN</td>
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<tr>
<td>Poster #7</td>
<td>Making Sense of the Therapeutic Environment: A Conceptual Analysis</td>
<td>Kristen Vandenberg, DNP, FNP-BC, PMHNP-BC</td>
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<tr>
<td>Poster #8</td>
<td>Effects of Social Skill Training (SST) for School Children in Japan: A Literature Review</td>
<td>Hitomi Koizumi, PhD</td>
</tr>
<tr>
<td>Poster #9</td>
<td>Review of Literature on Factors Affecting the Mental Health of Japanese Mothers with Infants</td>
<td>Hitomi Koizumi, PhD</td>
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<tr>
<td>Poster #10</td>
<td>The Feasibility of Extended-Wear Pedometers to Document Physical Activity Level in Persons with Schizophrenia Spectrum Disorders</td>
<td>Lora Beebe, PhD, PMHNP-BC Robin Faust Harris+</td>
</tr>
<tr>
<td>Poster #11</td>
<td>Addressing the Needs of Psychiatric Clinical Nursing Faculty: It Takes More Than a Village</td>
<td>Matteis C. Matteis, PhD, RN, PMHCNS-BC Joanne Dalton, PhD, RN, PHCNS-BC+</td>
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<tr>
<td>Poster #12</td>
<td>Predictors of Co-Occurring Polysubstance Use Among Adults with Mental Illness in a Community: Age Group Differences</td>
<td>Minjeong Kim, MSN Linda Chafetz, DNS+</td>
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</table>
| Poster #13 | An Evaluation of the Effectiveness of a Nurse-Led Telephone Program for Patients with Heart Failure on Quality of Life, Anxiety, Depression, and 30-Day Hospital Readmissions  
Brooke A. Leaberry, MSN, NP  
Susan McCrone, PhD, PMHCNS-BC+ |
|---|---|
| Poster #14 | Bridging the Gap Between Mind and Body: A Biobehavioral Model of the Effects of Guided Imagery on Pain, Pain Disability, and Depression  
Wendy Lewandowski, PhD, PMHCNS-BC  
Ann Jacobson, PhD+ |
| Poster #15 | How Do Psychiatric Health Care Workers Prevent Restraint and Seclusion?  
Kelly Carlson, PhD(c) |
| Poster #16 | Mental Health Education for the Non-Psychiatric Nurse: Training to Combat the Signature Injuries of War—An Evidence-Based Project  
Erin M. Eickhoff, MSN, RN, PHN, PMHNP-BC |
| Poster #17 | Is a Clicker a Feasible Option to Collect Data on Aggression Towards Mental Health Workers?  
Marilyn Ridenour, BSN, MBA, MPH, CIC, CPH  
Scott Hendricks, MS+ |
| Poster #18 | An Evaluation of the Effectiveness of a Nurse-Run Clinic for Women at Increased Risk for Breast Cancer, Anxiety, Depression, and Cancer Worry  
Lisa Muto, RN, MSN, WHNP-BC, OCN  
Susan McCrone, PhD, PMHCNS-BC+ |
| Poster #19 | Wellness Within Illness: Conceptualization of Happiness in Dementia Quality of Life Assessment Tools  
Lynn Shell, MSN |
| Poster #20 | Development of a Community-Based Intimate Partner Violence (IPV) Doula Program in Japan: Identifying Perinatal Support Needs Specific to Women Experiencing IPV  
Miyoko Nagae, RN, PhD, PMHCNS-BC  
Rieko Kishi, RN, PhD+  
Hiroko Tomoda, RN, MSN+ |
| Poster #21 | Sleep, Depression, Diabetes Control, and Adherence to Treatment  
Kenneth D. Phillips, PhD, RN  
Scobie Branson, DC+  
Mary Lynn Brown, PhD, RN+  
Bonnie Callen, PhD, RN+  
Mary E. Gunther, PhD, RN+  
Linda Mefford, PhD, RN+  
Margaret Pierce, DNP, RN+  
Elisabeth E. Shieh, BS+  
Kathleen Thompson, PhD, RN+ |
| Poster #22 | Concept Mapping: Connecting Critical Thinking with Clinical Practice  
Janine Graf-Kirk, MA, RN, BC, CNE |
| Poster #23 | The Role of the Dedicated Education Unit in Promoting Interprofessional Education  
Margaret M. Tuck, APRN, PMHCNS-BC  
Mary Dianne Beauchamp, RN, MSN  
Deborah Natvig, PhD, RN+ |
| Poster #24 | Reflective Journaling: An Educational Method to Enhance Clinical Supervision in an Advanced Practice Nursing Program  
Gail Williams, PhD, RN, PMHCNS-BC  
Margaret H. Brackley, PhD, RN, PMHCNS-BC, FAAN  
Norma Martinez-Rogers, PhD, RN  
Mark D. Soucy, PhD, RN, PMHCNS-BC, FPMHNP-BC |
| Poster #25 | Paliperidone Palmitate versus Risperidone Long-Acting Injection in Subjects with Schizophrenia Recently Treated with Oral Antipsychotics  
Larry Alphs, MD, PhD  
Cynthia A. Bossie, PhD+  
Dong-Jing Fu, MD, PhD+  
Joseph Hulihan, MD+  
Jennifer Kern Sliwa, PharmD, BCPP+  
Yi-Wen Ma, PhD+ |
| Poster #26 | Caregiver Guilt  
Ebere Ume, PhD(c), MSN, RN  
Bronwynne Evans, PhD, RN, FAAN+ |
| Poster #27 | At Wits End: Perspectives of Hispanic Caregivers of a Family Member with Schizophrenia  
Jana Saunders, PhD, RN, CNS |
| Poster #28 | Teaching a Better Prescription for Mental Health  
Margaret Rafferty, DNP, MPH, RN  
Candy Dato, PhD, RN  
Janet Mckin, EdD, RN+  
Kevin Mcginn, RN, MS, MPH |
| Poster #29 | Recognizing Medical Issues in Psychiatry: Diagnosis and Treatment of Hematologic, Hepatic, Renal, and Electrolyte Abnormalities  
Vanessa Genung, PhD, RN, F/PMH-NP, LCSW-ACP, LMFT, LCDC |
| Poster #30 | Proactive Readiness Among Mothers of Children with Serious Mental Health Conditions: A Quantitative Content Analysis  
Caroline McKinnon, PhD(c), PMHCNS-BC  
Maureen R. Kileen, PhD, PMHCNS-BC, FAAN+ |
| Poster #31 | Danger Lurks in the Light: Caring for Child and Adolescent Victims of Commercial Sexual Exploitation  
Dawn Bounds, MSN, PMHNP-BC |
| Poster #32 | Is Your System Reliable and Under Control: Applying Quality Improvement Science for a Seclusion and Restraint Reduction Initiative on a Child Inpatient Psychiatric Unit  
Adam K. Hill, BSN/BC, CPN |
| Poster #33 | CATCH-IT in the Community, Using Internet-Based CBT to Change the Minds of Overweight Adolescents  
Beverly Thomas-Carter, DNP, PHMNP, FNP |
Poster Session

Poster #36
Evaluation of a Peer-Delivered, Strength-Based Family Education Program on Family Resilience Factors in Veterans Returning from Iraq and Afghanistan
Jane M. Harmon, MSN, RN, CS-PMHNP, CARN-AP

Poster #38
Perceived Stress and Peer Support in Traditional and Second Degree Nursing Students
Catherine Shumaker
Kristen Reeve, BSN
Joan B. Riley, MS, MSN, FNP, FAAN
Edilma Yearwood, PhD, PMHCNS-BC, FAAN

Poster #39
Post-Caregiving Transitions: Emotional Burden, Chaos, and Uncertainty in African American Caregivers
Ebere Umue, PhD(c), MSN, RN
Bronwynne Evans, PhD, RN, FAAN+

Poster #40
The Benefit of Therapy Dogs with Community Mental Health Clients
Elizabeth A. Martin, MA, ARNP-BC

Poster #41
Academic-Service Partnership: A Model to Improve Psychiatric Patient Outcomes
Mary Dianne Beauchamp, RN, MSN
Margaret M. Tuck, APRN, PMHCNS-BC
Deborah Natvig, PhD, RN+

Poster #42
The Social Determinants of Depression in a Low-Income Public Housing Community
Vicki Hines-Martin, PhD, RN, CNS, FAAN
Sharon E. Bowland, PhD+

Poster #44
Raconteuring: Teaching Caring for Older Adults Through Narrative and Image
Carol Moriarity, DPM, MSN, NP-BC, PMHRN-BC

Business Center and Shipping Information

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### Conference Safety Rules and Guidelines

We welcome you to the 2012 ISPN Annual Conference. We know that you will find this to be an enriching and fulfilling experience. To ensure the safety and security of our attendees and guests, we have composed the following list of safety rules and guidelines for this conference.

In case of an emergency while at the Grand Hyatt, please dial 55 from any house phone. A representative from the hotel’s emergency response team will immediately respond, evaluate the emergency and notify the proper personnel.

For emergency aid of any kind, call 911 from any telephone outside of the hotel grounds.

Review the fire safety procedures located on the door in your hotel room. Note the location of the fire exits in relationship to your hotel room.

Don’t answer the door in your hotel room without verifying who it is. All Hotel employees will identify themselves verbally and will have a gold name tag. Please call the front desk if you are uncomfortable or uncertain.

When returning to the hotel late in the evening, use the lobby entrance. Close the door securely whenever you are in your hotel room and use all of the locking devices provided.

Secure all of your valuables. Complimentary safes are available in your guest room.

Do not leave any articles of value in your vehicle in the adjacent parking area.

When inside the conference venue, nametags should be worn and visibly displayed at all times. For security reasons, we recommend that you DO NOT wear your badge outside of the conference venue.

Please do not leave any bags or articles unsecured in any display area, meeting room, or public area.

Smoking is not permitted in the hotel. It is considered a smoke-free environment.

Do not open any fire exit or other access door to any person. Access to the conference is strictly for members and registered conference guests. All access to display areas, meetings, and symposia is through the appropriate entrance doors. All fire exits are alarmed.

If you note any suspicious article, packages, persons, or activity please contact the event staff or the front desk immediately.

Do not give your lodging information to any person.

In the event of an alarm, please proceed carefully to the nearest exit. Emergency evacuation routes are located on the back of every guestroom door. All public space areas are clearly marked with Exit signs. Use the stairwells to evacuate the building. Do not attempt to use the elevators. During an alarm, announcements will be made over the PA system informing guests of the status of the situation and what action to take. Any guest requiring assistance during an evacuation should dial “0” and notify the operator of their location. For further information, read the security section of your in-room guest directory.

### A GUIDE TO HOTEL FIRE SAFETY

Hotels and motels are built and maintained in accordance with rigorous standards. The possibility that guests might find themselves threatened by fire is extremely remote, but knowing the simple series of procedures outlined on this page is a good idea.

**PRE-PLAN YOUR ESCAPE ROUTE**

- As soon as you check in, begin to plan your escape in case of fire. When you get to your room, take a few moments to locate escape routes.
- Walk down the corridor and find the nearest and alternate exits or exit stairways.
- Count the doorways, turns in corridors and any other features between your room and the exits.
- Find the nearest fire alarm. Most frequently it will be located near the exit or stairwell door. Read the instructions on how to use it.
- Now read the emergency evacuation instructions posted on the inside of your bedroom door.

**IF A FIRE BEGINS IN YOUR ROOM**

LEAVE YOUR ROOM AND CLOSE THE DOOR BEHIND YOU TO KEEP SMOKE AND FLAMES OUT OF THE CORRIDOR. SOUND THE ALARM. LEAVE THE BUILDING BY THE NEAREST EXIT. DO NOT USE ELEVATORS.

**IF YOU HEAR THE ALARM**

Should the alarm sound, DO NOT telephone the Hotel Operator or the Front Desk. Leave the building through the nearest safe exit.

- If there is evidence of smoke in the room, roll out of bed and crawl on the floor – DO NOT STAND! Smoke and deadly gasses rise.
- Go to the door of your room. Feel the DOOR HANDLE with your hand. The doors are insulated and you may not detect heat on the other side if you feel the door. If the door handle is hot, do not open the door. If the door handle is not hot, open it slowly, but be ready to close it immediately if necessary.
- Check the hall. If you can leave safely, take your room key with you and close the door behind you.
- Go to the nearest safe exit.
- Proceed with care down to the ground level. Hold the handrail for stability.
- If the nearest exit is blocked by smoke or fire, use the alternate exit if it is clear. If both exits are blocked, return to your room and close the door. Telephone the Hotel switchboard by dialing “0” on the guestroom telephone.
- **DO NOT USE ELEVATORS**

**WHAT TO DO IF THE ROOM DOOR IS HOT OR THERE IS FIRE OR DENSE SMOKE IN THE HALL**

FEW PEOPLE BURN TO DEATH IN FIRES, MOST FATALITIES COME FROM SMOKE INHALATION. AVOIDING EXCESSIVE EXPOSURE TO SMOKE SHOULD BE A PARAMOUNT CONCERN DURING A FIRE.

It may be safer in your room. Here are some things you should do:

- Let someone know you are in the room. If the phone works, phone the switchboard “0”.
- Wet towels, sheets or other cloth items and put them around the doors to prevent smoke from coming in.
- Fill the bathtub. Use the ice bucket to keep the towels wet around doors.
- Do not break windows unless the smoke in your room is getting heavy. Open or broken windows will draw the fire in your direction.
- Hang a sheet or other visible item from the outside of the window to signal the fire department.
2012 ISPN COMMITTEE/COUNCIL VOLUNTEER FORM

ISPN welcomes and encourages members to volunteer on a committee. Please complete and return this form to the ISPN Registration Desk prior to leaving the conference or return it to the ISPN Office (fax: 608-443-2474) by April 30, 2012. Thank you!

Name: ___________________________________________________________________________________

Work Affiliation: _________________________________________________________________________

Mailing Address: _________________________________________________________________________

_______________________________________________________________________________________

City: ___________________________________________________________________________________

State/Province: _________________ Zip/Postal Code: __________________________________________

Email: _________________________________________________________________________________

Daytime Phone: (_______) _________________________________________________________________

Division: ______________________________________________________________________________

Committee Preference

Please prioritize your committee assignment preferences by numbering them 1 to 3, with the number 1 indicating your top preference.

☐ Awards Committee ☐ Marketing & Development Committee

Conferences Committee (check one)

☐ Annual Conference ☐ Diversity and Equity Committee

☐ Psychopharmacology Institute

☐ Nomination Committee

☐ Membership Committee

☐ New Products & Services

☐ Website Management Committee

Council Activity

Please indicate your willingness to participate in project-specific activities of the following ISPN Councils:

☐ Education Council ☐ Research Council

☐ Legislative Council ☐ Practice Council
International Society of Psychiatric-Mental Health Nurses

Membership Application

Please complete the following information.

Name: ______________________________________________________________________________________________
                      First                                                   Middle                                                   Last                           Credentials

Title: __________________________________________________________________________________________________

Institution: __________________________________________________________________________________________

Mailing Address: _________________________________________________________________________________________

City                                          State/Province                        Zip/Postal Code                   Country (if other than USA)

Preferred Mailing Address:  □ Institution  □ Home

Daytime Phone: _______________________________________   Fax: __________________________________________

Email: ______________________________________________________________________________________________

Are you an ANA member?  □ Yes      □ No      If YES, ANA membership number:  ________________________________

Do you have prescriptive authority in your state?  □ Yes      □ No

ANCC certification as:  □ Adult PMHNP  □ Family PMHNP  □ Adult PMHCNS  □ Child PMHCNS

My Research Interest is:  ______________________________________________________________________________

____________________________________________________________________________________________________

____________________________________________________________________________________________________

____________________________________________________________________________________________________

My Clinical Interest is:  _________________________________________________________________________________

____________________________________________________________________________________________________

____________________________________________________________________________________________________

I am interested in participating in the following committees: (optional)

□ Awards Committee
□ Bylaws Committee
□ Conference Committee
□ Education Council
□ Finance Committee
□ Legislative Council
□ Marketing and Development Committee
□ Membership Committee
□ Practice Council
□ Research Council
ISPN Divisions

Membership in one division is included in your membership fee. You can join additional divisions for a fee. Please check the divisions you would like to join along with the Journal you would like to receive.

☐ ACAPN: Association of Child and Adolescent Psychiatric Nurses - members are most concerned with providing psychiatric-mental health care for children, adolescents, and their families. ACAPN members advance clinical practice through research and child health advocacy.
  ___ JCAPN: Journal of Child and Adolescent Psychiatric Nursing

☐ AGPN: Adult and Geropsychiatric-Mental Health Nurses - members focus their advanced practice on the prevention, management and treatment of psychiatric disorders in adults and geriatric clients through the provision of pharmacotherapy and other therapies such as psychoeducational sessions and individual, couple, group and family psychotherapy.
  ___ PPC: Perspectives in Psychiatric Care

☐ ISPCLN: International Society of Psychiatric Consultation Liaison Nurses - members are most concerned with psychiatric consultations to patients, family members, staff and organizations.
  ☐ APN: Archives of Psychiatric Nursing
  ☐ JCAPN: Journal of Child and Adolescent Psychiatric Nursing
  ☐ PPC: Perspectives in Psychiatric Care

☐ SERPN: Society of Education and Research in Psychiatric-Mental Health Nursing - members are most concerned with education and research in psychiatric nursing.
  ___ APN: Archives of Psychiatric Nursing

Member Rates

1 Division:  ☐ $125 Full Member
           ☐ $60 Retiree or Student* Member

2 Divisions:  ☐ $180 Full Member
              ☐ $90 Retiree or Student* Member

3 Divisions:  ☐ $235 Full Member
              ☐ $110 Retiree or Student* Member

4 Divisions:  ☐ $290 Full Member
              ☐ $150 Retiree or Student* Member

*Students must provide verification of student status (copy of ID, class schedule, etc.).

Donations

I would like to make a tax-deductible contribution to the ISPN Foundation:
  ☐ $25  ☐ $50  ☐ $100  ☐ other: $_______

Fees Due

Membership Fee $__________
Contribution to the ISPN Foundation $__________
Total Amount Due $__________

Payment Options

☐ Check (payable to ISPN; US Funds only)
☐ Mastercard/Visa/American Express

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