

ISPN 2015

**International Society of Psychiatric-Mental Health Nurses
Psychopharmacology Institute and Annual Conference
Grand Hyatt Seattle, Seattle, Washington
March 24-28, 2015**



PRELIMINARY PROGRAM



International Society of Psychiatric-Mental Health Nurses Psychopharmacology Institute | March 24-25, 2015

Tuesday, March 24

11:30 a.m.-5:00 p.m.

Registration

1:00 p.m.-1:15 p.m.

Welcome and Announcements

1:15 p.m.-1:30 p.m.

Introduction to the McCabe Lectureship

Dr. Karen Ragaisis, Co-Chair of the Psychopharmacology Institute

1:30 p.m.-3:00 p.m.

Susan McCabe Lectureship



Deborah Thomas, EdD,
PMHCNS-BC, PMHNP-BC,
APRN
*Psychoneuroimmunology:
When Grief Took Hold*

3:00 p.m.-3:15 p.m.

Refreshment Break

3:15 p.m.-4:30 p.m.

Concurrent Sessions 1

Concurrent Session 1.1

Psychodynamic Psychopharmacology
Cynthia Handrup, DNP, APN, PMHCNS-BC

Concurrent Session 1.2

*Update on the Nuances of Atypical
Antipsychotic Medication*
Anita Dempsey, PhD, MSN, PMHCNS-BC
PMHNP-BC

Concurrent Session 1.3

*A Longitudinal Case Study of Bipolar II
Disorder and PTSD Through Pregnancy,
Postpartum, and Early Parenting*
Yoriko Kozuki, PhD, PMHNP-BC, ARNP
Justin McClanahan, DNP, PMHNP-BC,
ARNP
Melissa Rubin, CNM, ARNP
Susan Spieker, PhD

4:45 p.m.-6:00 p.m.

Concurrent Sessions 2

Concurrent Session 2.1

*Case Studies of Benzodiazepine
Withdrawal Management: Utilizing
the Online Prescription Database as
an Aid to Diagnosis and Other Tips
from Clinical Practice*
Linda Barloon, RN, MSN, FPMHNP-BC,
PMHCNS-BC

Tuesday, March 24 - continued

Concurrent Session 2.2

*Managing Severe Adverse Events in
Children and Adolescents Taking
Psychotropic Medication*
Geraldine Pearson, PhD, PMH-CNS, APRN,
FAAN

Concurrent Session 2.3

*Realistic Expectations on the Efficacy
and Safety of Psychopharmacologic
Interventions for Dementia-Related
Behavioral Disturbance*
Piruz Huda, MN, ARNP, GMHS

6:00 p.m.

Free Evening

Wednesday, March 25

8:00 a.m.-8:45 a.m.

Breakfast

8:00 a.m.-7:00 p.m.

Registration

8:45 a.m.-9:00 a.m.

Welcome and Announcements

9:00 a.m.-11:00 a.m.

Plenary Session



*Psychopharmacological
Management of
Co-Occurring Disorders*
Susan Caverly, PhD, ARNP, BC

11:00 a.m.-11:15 a.m.

Refreshment Break

11:15 a.m.-12:15 p.m.

Concurrent Sessions 3

Concurrent Session 3.1

*2015 UPDATE: Pharmacogenomics as
Cutting-Edge Technology to Measure
and Analyze Clinically Important
Genomic Variants in the Treatment of
Neuropsychiatric Disorders*
Debbie Thomas, EdD, PMHCNS-BC,
PMHNP-BC, APRN

Concurrent Session 3.2

*Managing Schizoaffective Disorder:
Medication, Decision-Making*
Diane Snow, PhD, APRN, PMHNP-BC,
FAANP, FIAAN
Carol Lieser, PhD, APRN, PMHNP-BC

Wednesday, March 25 - continued

Concurrent Session 3.3

*Assessment and Advances in the Treatment
of Neurocognitive Disorders in the Elderly*
Susan Krupnick, MSN, PMHCNS-BC, ANP-
BC, C-PREP
Evelyn Parrish, PhD, APRN

12:15 a.m.-1:40 p.m.

Schizophrenia Disease State Presentation

1:45 p.m.-2:45 p.m.

Concurrent Sessions 4

Concurrent Session 4.1

*Delusional Infestation Parasitosis:
Identification and Management
Strategies: A Case Presentation of
an Elderly Man in a Subacute
Rehabilitation Unit*
Susan Krupnick, MSN, PMHCNS-BC,
ANP-BC, C-PREP

Concurrent Session 4.2

*Medical Illness, Substance Abuse, Mental
Illness or All Three?*
Marian Newton, PhD, PMHNP-BC,
PMHCNS-BC, ANE-F

Concurrent Session 4.3

*Assessment and Psychopharmacologic
Decision Making in Complex Cases of
Autism Spectrum Disorder*
Judy Coucouvanis, MA, PMHCNS-BC

2:45 p.m.-3:00 p.m.

Refreshment Break

Nursing Contact Hours

Contact hours for the Psychopharmacology Institute and the Annual Conference have been applied for through the Wisconsin Nurses Continuing Education Approval Program Committee. Contact hours are complimentary with your registration fee. Please note on your registration form if you are interested in receiving contact hours for attending the Annual Conference.



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Wednesday, March 25 - continued

3:10 p.m.-4:45 p.m.

Prescribing Panels

5:00 p.m.-6:15 p.m.

Closing Plenary Session



ADHD Across the Lifespan
Patti Varley, ARNP

6:15 p.m.-6:30 p.m.

Complete Evaluations and Closing Remarks

6:30 p.m.-8:00 p.m.

Annual Conference Opening Reception Exhibits Poster Session

Thursday, March 26

7:00 a.m.-8:15 a.m.

ISPN New Member Orientation and Breakfast

7:30 a.m.-8:30 a.m.

Continental Breakfast and Exhibits

8:30 a.m.-8:45 a.m.

Welcome

8:45 a.m.-9:45 a.m.

Opening Keynote Address



Judith Beck, PhD
*Cognitive Behavior Therapy
for Personality Disorders*

10:00 a.m.-10:50 a.m.

Concurrent Session 1

Concurrent Session 1.1

Is Dialectical Behavior Therapy the Key to Reducing Suicidality in Patients With Borderline Personality Disorder?

Kristina Stevens, RN, MSN

Concurrent Session 1.2

Public, Private, Academic Collaboration to Implement Evidence-Based Practice in an ARNP Directed Program: Patient Outcomes and Lessons Learned

Susan Caverly, PhD, ARNP, BC

Thursday, March 26 - continued

Concurrent Session 1.3

Videoconferencing Technology Telemental Health VTCTMH: The Advanced Practice Psychiatric Nursing Experience and a Solution to Meeting Mental Health Care Needs
Gabrielle Abelard, DNP, PMHNP, PMHCNS-BC, RN, BSN

Concurrent Session 1.4

Evaluation of Two Dating Violence Prevention Programs on a College Campus
Kerry Peterson, PhD, DNP, PMHCNS, PMHNP, RN

Concurrent Session 1.5

Managing Challenging Patient Behavior Initiative
Pamela Minarik, PhD, RN, CNS, FAAN
Elizabeth Reasoner, RN, MSN, CNS

10:50 a.m.-11:20 a.m.

Refreshment Break Exhibits and Poster Session

11:20 a.m.-12:10 p.m.

Concurrent Session 2

Concurrent Session 2.1

Mental Health Interprofessional Education With the Department of Corrections
Yoriko Kozuki, PhD, PMHNP-BC, ARNP
Patricia Betrus, PhD, RN, PMHCNS-BC
Shawn Elmore, BSN, MN, PhD
Elaine Walsh, PhD, RN, PMHCNS-BC

Concurrent Session 2.2

Mindfulness and Mental Health: Integrating Mindfulness in Psychiatric/Mental Health Nursing
Janice Goodman, PhD, PMHCNS-BC

Concurrent Session 2.3

Working With Depressed Women Who Struggle With Chronic Pain
Marsha Snyder, PhD, PMHNP, BC

Concurrent Session 2.4

Care of Behavioral Health Patients in an Acute Medical Setting. It Takes a Village.
Elaine Youngman, PMHCNS-BC
Jennifer McLucas-Ingold, MSN, LCSW, LCAS
Sabrina Wells, BSN, RN, CCRN

Concurrent Session 2.5

Reflecting Upon Aggregate Attributes and Experiences Reported in the Life of a Committed Professional Community Moving Forward
Kathleen McCoy, DNSc, APRN-BC, FAANP

Thursday, March 26 - continued

12:10 p.m.-1:15 p.m.

Sponsored Lunch

1:15 p.m.-2:00 p.m.

Diversity Keynote Address



Ukamaka Oruche, PhD, RN, PMHCNS-BC
*At Risk Children:
Collaborating With Families
and Communities to Promote
Equitable Mental Health Care*

2:10 p.m.-3:40 p.m.

Workshops 3

Workshop 3.0

Updating Implementation of the Affordable Care Act and its Impact on PMH Nursing - What You Need to Know!
Virginia Trotter Betts, JD, RN
Pamela Minarik, PhD, RN
Sofia Aragon, JD, RN

Workshop 3.1

From Thought to Podium: Developing a Professional Presentation
Anita Dempsey, PhD, MSN, PMHCNS-BC, PMHNP-BC
Elizabeth Bonham, PhD, RN, PMHCNS-BC
Pamela Galehouse, PhD, PMHCNS-CNL
Linda Gerson, PhD, RN, PMHCNS-BC
Cynthia Taylor Handrup, DNP, APN, PMHCNS-BC
Pamela Lusk, DNP, RN, PMHNP-BC, FAANP

Workshop 3.2

Building Connections With the Practice of Caring Science: Transcending Boundaries - Uniting in Human Caring
Joseph Giovannoni, DNP, PMHCNS-BC, APRN

Workshop 3.3

Diversity, Equity, and Inclusion in PMH APRN Graduate Program Curriculum: Lessons Learned and Recommendations for Preparing PMHAPRNs to Resolve Disparities in Mental Health Care
ISPN Diversity & Equity Committee Chair,
Cheryl Woods-Giscombe, PhD, PMHNP-BC

3:45 p.m.-4:45 p.m.

Refreshment Break Exhibits and Poster Session or Division Meetings SERPN & ISPCLN



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Thursday, March 26 - continued

4:45 p.m.-5:45 p.m.

Exhibits and Poster Session or Division Meetings ACAPN & AGPN

6:00 p.m.-8:00 p.m.

ISPN Foundation Reception Blueacre Restaurant Available at an additional fee

Friday, March 27

7:00 a.m.-8:00 a.m.

Continental Breakfast in the Exhibit Hall

8:00 a.m.-8:20 a.m.

Awards Ceremony

8:20 a.m.-9:15 a.m.

Melva Jo Hendrix Lectureship



Edilma Yearwood, PhD, RN,
FAAN
*When Global Becomes Local:
Intentionality in Exploring
Mental Health and Well-Being*

9:25 a.m.-10:15 a.m.

Concurrent Session 4

Concurrent Session 4.1

*The Autism Teleconsultation Program: A
One-Year Pilot*
Judith Coucouvanis, MA, PMHCNS-BC

Concurrent Session 4.2

*Effective Leadership Strategies for Working
Across Disciplines and Settings When
Treating Mental Illness in Older Adults*
Piruz Huda, MN, ARNP, GMHS

Concurrent Session 4.3

*Assessment of Alcohol and Other Substance
Use in Undergraduate Students at an Urban
Catholic University*
Mary Serowoky, DNP, APRN-BC, FNP
Andrea Kwasky, DNP, PMHCNS-BC,
PMHNP-BC

Concurrent Session 4.4

*Obesity and Persons With Severe Mental
Illness: A Theoretical Integrated Approach to
Weight Management*
Melinda McCusker, PMHNP

Friday, March 27 - continued

Concurrent Session 4.5

*ISPN Membership Dialogue: Integration of
Behavioral and Primary Care White Paper*
Lynn Shell, PhD
Marian Newton, PhD, PMHNP-BC,
PMHCNS-BC, ANE-F
Joyce Shea, DNSc
Victoria Soltis-Jarrett, PhD, PMHNP-BC

10:15 a.m.-10:35 a.m.

Refreshment Break Exhibits and Poster Session

10:35 a.m.-11:25 a.m.

Concurrent Session 5

Concurrent Session 5.1

*Disruptive Behavior Among our Teams,
Potential Damage and Specific Interventions*
Jim Kane, MN, RN, CNS, NEA-BC

Concurrent Session 5.2

*Interprofessional Relationships and Social
Capital in Psychiatric Nursing: A Meta-Analysis*
Kelly Carlson, PhD, APRN-BC

Concurrent Session 5.3

*The Effect of Self-Efficacy on Treatment
Outcomes of Opiate-Addicted Clients
Enrolled in a Methadone Treatment Clinic*
Bonnie Franckowiak, DNP, RN, CARN-AP

Concurrent Session 5.4

*Neurobiology of Toxic Stress and Early Brain
Development: Implications for Psychiatric
Nursing Practice*
Janiece DeSocio, PhD, RN, PMHNP-BC,
FAAN
Marian Roman, PhD, RN, PMHCNS-BC

Concurrent Session 5.5

*The Recovery-Based Interprofessional
Distance Education RIDE Rotation:
Interprofessional Didactic and Clinical in
Graduate Mental Health Nursing Education*
Lora Beebe, PhD, PMHNP-BC

11:30 a.m.-1:00 p.m.

RMEI Presentation

*Bipolar Depression Symposium "Evidence-
Based Treatment Approaches in Bipolar
Depression: A Patient Spotlight"*

1:10 p.m.-2:00 p.m.

ISPN FOUNDATION INTERNATIONAL SPEAKER

Susie Kim, DNSc, PMHNP, EdDhon, FAAN
Compassionate Caring Makes Miracle!

Friday, March 27 - continued

2:10 p.m.-3:00 p.m.

Concurrent Session 6

Concurrent Session 6.1

*New Diagnosis—Hoarding Disorder—Criteria
and Research*
Frieda Vandegaer, PMH-CNS, BC

Concurrent Session 6.2

In Our Own Voices
NAMI-Greater Seattle

Concurrent Session 6.3

*Managing Suicidality on a College Campus:
One University's Program*
Carol Baxter, APN, PMHCNS-BC

Concurrent Session 6.4

*Early Screening and Intervention of
Preschool Children Affected by Serious
Emotional Disorders*
Cathy Robey-Williams, RN, MS, MBA, PhD

Concurrent Session 6.5

*Is There a Relationship Between Depression,
Self-Efficacy, and Glycemic Control in an
Urban, Minority Population Diagnosed With
Diabetes Mellitus?*
Carla Groh, PhD, PMHNP-BC, FAAN
Katherine Moran, DNP, BSN, MS, AND

3:00 p.m.-3:30 p.m.

Refreshment Break Exhibits and Poster Session

3:30 p.m.-4:20 p.m.

Concurrent Session 7

Concurrent Session 7.1

*Dual Diagnosis in Older Adults: The
Experience of an Inner Melbourne
Community Mental Health Service*
Adam Searby, RN, BNHons, Grad Dip
Mental Health Nurse, Grad Dip AOD
Studies

Concurrent Session 7.2

*The Green House Small House Model
in Long-Term Care: Implications for
Advanced Practice Psychiatric Nurses in
Consultation Practices*
Susan Krupnick, MSN, PMHCNS-BC, C-PREP
Noreen Desroches, RN

Concurrent Session 7.3

*Mental Health Conditions Among U.S.
Veterans Enrolled in a Weight Reduction
Program*
Caroline McKinnon, PhD, CNS/PMH-BC



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Friday, March 27 - continued

Concurrent Session 7.4

Multidisciplinary Model of Nurse Midwife-Administered IPT for Postpartum Depression
Bobbie Posmontier, PhD, CNM, PMHNP-BC

Concurrent Session 7.5

Innovative Approaches for Interprofessional Collaboration in Distance Learning or Online Psychiatric Nurse Practitioner Education
Diana McIntosh, PhD, APRN, PMH-BC

3:30 p.m.-5:00 p.m.

Workshops 7

Workshop 7.6

Analysis of the State of Child and Adolescent Psychiatric-Mental Health Education in APRN Curricula
Pamela Galehouse, PhD, RN, PMHCNS-BC, CNL
Sarah Raphael, MS, APRN/PMH, FAAN
Edilma Yearwood, PhD, PMHCNS-BC, FAAN

Workshop 7.7

Psychiatric Mental Health Nursing and Perinatal Mental Health: Addressing an Unmet Need
Patricia Betrus, PhD, RN, PMHCNS-BC
Yoriko Kozuki, PhD, PMHNP-BC, ARNP
Shawn Elmore, BSN, MN, PhD
Patricia Spach, BSN, MN, ARNP

Workshop 7.8

Evidence-Based Teaching and Supervision of Graduate Students in CBT-The Beck Institute Teaching Model
Pam Lusk, DNP, RN, PMHNP-BC, FAANP

5:15 p.m.-6:15 p.m.

Business Meeting

Saturday, March 28

7:00 a.m.-8:00 a.m.

Continental Breakfast

7:30 a.m.-8:30 a.m.

ISPN President's Wrap-Up

Saturday, March 28 - continued

8:30 a.m.-9:30 a.m.

Closing Keynote



Helen Buckland, PhD, MEd
My Journey With Jon: A Tale of Creating Hope and Optimism Through Partnerships

9:40 a.m.-10:30 a.m.

Concurrent Session 8

Concurrent Session 8.1

Patient-Centered "Caring" Model: One Hospital's Interprofessional Educational Approach to Mitigating Hospital-Related Trauma and Promoting Healing
Jane Mahoney, PhD, RN, PMHCNS-BC

Concurrent Session 8.2

Fighting Epidemic Aggression: Clinical Approach
Osama Al Diabat, MSN

Concurrent Session 8.3

A Successful Model for Integrating Mental Health and Primary Care
Elaine Walsh, PhD, RN, PMHCNS-BC
Piruz Huda, MN, ARNP
Debra Morrison, BS
Frederica O'Connor, PhD, RN
Karen Shepp, PhD, RN, PMHCNS-BC, FAAN

Concurrent Session 8.5

Active Learning: Engaging the Cognitive and the Affective Domains Related to End-of-Life Issues
Carol Moriarty, DPM, MSN, APRN, PMHRN-BC

10:30 a.m.-10:45 a.m.

Refreshment Break

10:45 a.m.-11:35 a.m.

Concurrent Session 9

Concurrent Session 9.1

An Academic-Practice Partnership to Develop a Psychiatric NP Residency Program in Integrated Care
Joyce Shea, DNSc, APRN, PMHCNS-BC
Bruce Jamie Stevens, MSN, PMHNP

Saturday, March 28 - continued

Concurrent Session 9.2

The Anatomy of a Motorcycle Accident: A Case Study About Trauma and Healing From an Interprofessional Perspective
Andrea Kwasky, DNP, PMHCNS-BC, PMHNP-BC
Catherine Corrigan, DNP, APRN-BC, FNP
Mary Serowoky, DNP, APRN-BC, FNP

Concurrent Session 9.3

Parenting Style and Suicide Intent Among Adolescents With Recent Suicide Attempt
Amira Sharaf, DNSc

Concurrent Session 9.4

Rural Women Veterans' Use and Perception of Mental Health Services
Kathy Ingelse, DNP, RN, PHMNP-BC, FNP-BC

Concurrent Session 9.5

The Role of the Advanced Practice Psychiatric Nurse on the Multidisciplinary Team Caring for the Bariatric Surgery Patient
Diane Grimaldi, DNP, PMHCNS-BC

11:45 a.m.-12:35 p.m.

Concurrent Session 10

Concurrent Session 10.1

Situational Awareness: Developing a Reliable System for Patient and Clinical Staff Safety
Adam Hill, BSN, MSN, RN-BC
Natalie Elsbrock, MSN, RN-BC

Concurrent Session 10.2

The Lived Experience of Being a Caregiver of a Person with Autism Spectrum Disorder: An Application of Resilience Theory
Abir Bekhet, PhD, RN, HSMI

Concurrent Session 10.4

Using Positive Psychiatry to Transform Interdisciplinary Relationships in a High Stress Psychiatric Setting
Patricia Sullivan, RN, MS
Julie Butchart, RN BC-NCIIE

Concurrent Session 10.5

An Experiential Perspective of Hallucinations for the Person Living With Schizophrenia
Judith Jarosinski, RN, PhD, CNE

12:35 p.m.

Conference Ends

12:40 p.m.-5:00 p.m.

Board of Directors Meeting