The ISPN Board of Directors and the Conference Committee are pleased to welcome you to our 23rd Annual Conference entitled, “Resiliency in Action: Advocating for Healthy Communities.” This conference will provide an opportunity to connect, practice self-care, learn about current evidence-based practices, and discuss ways to advocate for healthier communities. Regardless of what role you aspire to or maintain, as an advanced psychiatric mental health nurse, we hope you enjoy this year's program. We offer a wide range of presentations that fall into the broad categories of education/teaching pedagogy, evidence-based practice, research, psychopharmacology, and leadership in the United States and abroad. We are excited to hear from our diverse and prominent slate of keynote speakers who will be addressing a broad array of topics that are current and relevant to our field. Our virtual platform provides the valuable opportunity to potentially earn up to 24.75 hours that can be used for obtaining and maintaining certification with credentialling organizations.

Our offerings of yoga and healing circles are scheduled daily throughout the conference. These offerings provide an opportunity to link the program themes with relevant dialogue and reflection. Additionally, there are built-in opportunities for networking for current and future projects. We view the annual ISPN conference as a time of renewal and growth, a way to initiate and strengthen professional relationships, and a forum for ideas that will advance our profession and discipline.

As we reflect on the unique opportunities available to members and guests of the International Society of Psychiatric Nursing’s Annual Conference, we are proud to stand behind the mission of the organization: “to support advanced-practice psychiatric-mental health nurses in promoting mental health care, literacy, and policy worldwide.” We encourage you to reflect on how your lifework aligns with this mission.

Julie and I extend a big thanks to the members of the Conference Committee and all the staff at The Rees Group who have worked diligently to offer this virtual conference. We truly hope that you enjoy your time.

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Allison Brauch, DNP, APRN, PMH-BC, NP-C, CARN-AP
Conference Chair

Julie Bertram, RN, MSN, PMHCNS-BC, PhD
Board of Directors and Conference Committee Liaison

Julie Bertram, RN, MSN, PMHCNS-BC, PhD
Board of Directors and Conference Committee Liaison
Virtual Platform

Log-In Instructions will be sent to each registrant on Thursday, March 18, 2021 by email. You must use the email you used to register for the Annual Conference in order to gain access. A link and password will be provided in the email you receive on March 18.

We recommend that you use the Chrome browser to maximize your virtual experience.

IMPORTANT NOTE: Do not share your log-in credentials with others. You are allowed only one active session at a time. If someone is using your credentials, this will eliminate YOUR ability to access the virtual platform.

If you’re having troubles logging in to the virtual platform, please send an email to info@ispn-psych.org.

On-Demand Videos

Pre-recorded videos will be available for viewing by registered attendees after the Annual Conference is over. If a presenter has not agreed to offering their video for on-demand viewing, it is noted by the listing of their session.

ISPN Mission and Practices

MISSION:
To support advanced-practice psychiatric-mental health nurses in promoting mental health care, literacy, and policy worldwide.

PRACTICES:
The practices of the International Society of Psychiatric-Mental Health Nurses are to:
• Strengthen the presence and voice of advanced practice psychiatric-mental health (PMH) nurses through contributions to standards, curricula, and public policy statements that promote equitable quality mental health care for individuals, families, and communities;
• Promote advanced practice psychiatric nurses to deliver lifespan mental health care and literacy education to clients, families, and communities;
• Promote members’ research and the development of scholarship through funding, presentations, and publications;
• Support members’ efforts to collaborate with clients, families, communities, and national and international partners to address mental health issues;
• Provide education, leadership development, and networking for members through conferences, online resources, service opportunities, and partnerships.

General Information

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Barbara Peterson, PhD, PMHCNS-BC, RN
Edlima Yearwood, PhD, PMHCNS-BC, FAAN

Abstract Reviewers
Thanks to all of the individuals who served as abstract reviewers for this year’s program. We appreciate your involvement!

Elizabeth Bonham, PhD, RN, PMHCNS-BC, FAAN
Xavier Belsiy Chellappan, C, MSc(PsyN), MSc(Psy), MBA(HM), RN, RM
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Jennifer Graber, EdD, PMHCNS-BC
Don Howe, RN, PhD, ThD, CARN, LCDC, FIAAN
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Brayden Kameg, DNP, PMHNP-BC, CARN, CNE
Pamela Laskowski, PhD, RN, CNE
Heeyoung Lee, PhD, APRN-BC
Tempesst Merricks, PMHNP-BC
Kimberlee Miller-Wenning, DNP, FNP, ANP, PMHNP
Claudia Mitzeliotis, DNP, PMHNP-BC, PMHCNS-BC
Christa Moore, MSN, RN, CNE, COI
Nicole Poellet, DNP, RN
Daniel Wesemann, DNP, MSW, PMHNP-BC, ARNP
Jaclene Zauszniewski, PhD, RN-BC, FAAN

Conference Objectives
By the end of the conference, attendees will be able to:
• Identify the impacts of current racial, political and social justice events on mental wellbeing.
• Identify recent advancements in human and technological resources for meeting mental healthcare needs in response to the COVID-19 pandemic.
• Apply principles of advocacy to address the mental healthcare needs of vulnerable populations.

Nursing Contact Hours
ISPN has been approved for 24.75 continuing nursing education contact hours through the Ohio Nurses Association Continuing Education Approval Program Committee, an accredited approver by the American Nurses Credentialing Centers Commission on Accreditation.

Evaluation Survey
The program evaluation survey will be emailed to your email address on file. Please complete and submit your evaluation form electronically. Your comments are valuable to ISPN and assist the Conference Committee in planning future conferences.

Business Meeting
ISPN will hold its Annual Business Meeting and President’s Wrap-Up on Wednesday, March 24, starting at 10:00 a.m. CT. All members are encouraged to join the Board of ISPN to discuss the Society’s business report. Please be sure to attend!

Attendee Tips
Log-In instructions were sent to each registrant on Thursday, March 18, 2021 by email. You must use the email you used to register for the Annual Conference in order to gain access. A link to create your unique password will be provided in the email you receive on March 18. Your username and password will become active on Monday, March 22 so that you can familiarize yourself with the conference website.

We recommend that you use the Chrome browser to maximize your virtual experience.

If you’re having trouble logging in to the virtual platform, please send an email to info@ispn-psych.org

Please view the ISPN FAQs in advance of the Annual Conference. Many of your questions will be answered by reviewing this FAQ document.

Use the chat box! Got a question? Type your comments and questions in the chat box during the session. The moderator will collect the questions and ask them at the end of the session.

Awards
ISPN will present its annual awards on Wednesday, March 24, at 11:00 a.m. CT. Please join your friends and colleagues in recognizing those who have demonstrated outstanding achievement and leadership in the psychiatric and mental health field.

Disclosures Purpose Statement
Participants will be able to incorporate into their own practices the research and best practices learned from clinical experts about innovative practices and advocacy, from educators about new teaching pedagogies and interprofessional collaboration, and from researchers about evidence-based findings across a spectrum of psychiatric interests and mental health disorders across the lifespan and around the globe.

Notice of Requirement for Successful Completion
To obtain continuing education contact hours for attending the ISPN Virtual Conference, you must attend all sessions for which you are seeking credit and complete and submit the evaluation form that will be sent to you via email. A certificate will be emailed to you.

Conflict of Interest
There is no conflict of interest for anyone with the ability to control content for this activity.

Activity Approval Statement
This continuing education was approved by the Ohio Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation (OBN-001-91). Activity Approval # 2020-000000952.
### Final Program

All sessions will be held in U.S. central time.

#### Tuesday, March 23, 2021

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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</table>
| 9:00 a.m.-9:45 a.m. CT | Yoga  
John Yuhas, BSN, RN, DNP PMHNP Student  
Arizona State University |
| 10:00 a.m.-10:15 a.m. CT | Welcome Remarks  
Allison Brauch, DNP, APRN, PMHNP-BC, AGNP-C, CARN-AP  
2021 Program Chair |
| 10:15 a.m.-11:15 a.m. CT | Opening Keynote Address  
Palliative Care at the Intersection of Social Injustice, Pandemic, and Hope  
Billy Rosa, PhD, MBE, ACHPN, FAANP, FAAN  
Postdoctoral Research Fellow in Psycho-Oncology, Department of Psychiatry & Behavioral Sciences, Memorial Sloan Kettering Cancer Center |
| 11:15 a.m.-11:30 a.m. CT | Break |
| 11:30 a.m.-12:00 p.m. CT | Concurrent Session 1.1  
**Education/Teaching Pedagogy**  
COVID-19 Unsung Heroes: How Undergraduate Mental Health Student Nurses Stepped Up to the Mark  
Alicia Stringfellow, RN (Mental Health), MSc, PGCE, PGCert (CBT), PGDip (THORN), Georgia Hedges, and Catherine Williams, Cardiff University School of Healthcare Sciences |
| 12:00 p.m.-12:30 p.m. CT | Concurrent Session 1.2  
**Leadership Development**  
Social Media Activation in the Era of COVID-19: An Innovative Approach to Eliminate the Impact of Video Gaming Among Omani Adolescents  
Zeyana AL Ismaili, BSN, MSN, PhD student  
Case Western Reserve University |
| 12:30 p.m.-1:30 p.m. CT | Break |
| 12:45 p.m.-1:15 p.m. CT | Student Social |
| 1:30 p.m.-2:30 p.m. CT | Concurrent Session 2.1  
**Evidence-Based Practice**  
Adaptation or Revolution: APRN Practice in the Time of COVID  
Rebecca Schroeder, DNP, MPH, PMHNP  
University of Southern Maine |
| 1:30 p.m.-2:30 p.m. CT | Concurrent Session 2.2  
**Education/Teaching Pedagogy**  
A NONPF Survey of How PMHNP Program Directors Facilitate Psychotherapeutic Skill Acquisition  
Daniel Wesemann, DNP, MSW, PMHNP-BC, ARNP, University of Iowa College of Nursing and Dawn Goldstein, PhD, RN, PMHNP-BC, Michigan State University, Katerina Melino, MS, PMHNP-BC, PMHNP, University of California, San Francisco, and Katerina Melino, MS, PMHNP-BC, PMHNP, University of California, San Francisco |
| 2:30 p.m.-3:30 p.m. CT | **Melva Jo Hendrix Lecture**  
Reclaiming the Self: Creating Reality in a Misogynistic World  
Emily Hauenstein, PhD, LCP, MSN, FAAN  
Professor, University of Delaware |
| 3:30 p.m.-3:45 p.m. CT | Break |
| 3:45 p.m.-4:15 p.m. CT | Concurrent Session 3.1  
**Research**  
Promoting Advocacy of New Nurses Experiencing Lateral Violence  
Lorraine Hover, PhD, RN and Gail Williams, PhD, RN, PMHCNS-BC, University of Phoenix |
| 4:35 p.m.-4:45 p.m. CT | Concurrent Session 3.2  
**Evidence-Based Practice**  
Screening for Intimate Partner Violence (IPV) in Acute and Community Settings  
Colette Le Bienvenu Melo, BSN (November 2020)  
Samuel Merritt University |
### Wednesday, March 24, 2021

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<tr>
<td>9:00 a.m.-9:45 a.m. CT</td>
<td><strong>Yoga</strong>&lt;br&gt;John Yuhas, BSN, RN, DNP PMHNP Student&lt;br&gt;Arizona State University</td>
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<td>9:00 a.m.-9:45 a.m. CT</td>
<td><strong>Circle of Connections</strong></td>
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<tr>
<td>11:30 a.m.-11:45 a.m. CT</td>
<td><strong>Break</strong></td>
</tr>
<tr>
<td>11:45 a.m.-12:15 p.m. CT</td>
<td><strong>Concurrent Session 5.1</strong>&lt;br&gt;<strong>Education/Teaching Pedagogy</strong>&lt;br&gt;<strong>Supporting Preceptors in the Clinical Education of Nurse Practitioner Students</strong>&lt;br&gt;Karan Kverno, PhD, PMHNP-BC, PMHCNS-BC, FAANP; Miki Goodwin, PhD, MS, RN CNE, NEA-BC, FAAN, and Marianne Logan Fingerhood, DNP, ANP-BC, Johns Hopkins University School of Nursing</td>
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<tr>
<td>12:15 p.m.-1:15 p.m. CT</td>
<td><strong>Product Theater Sponsored by AbbVie</strong>&lt;br&gt;<em>The Management of Bipolar I Disorder</em>&lt;br&gt;Manoj V. Waikar, MD&lt;br&gt;Psychiatry Private Practice, Los Gatos, CA&lt;br&gt;<em>Dr. Manoj Waikar is a psychiatrist in Los Gatos, California. He received his medical degree from University of California San Diego School of Medicine and has been in practice between 11-20 years.</em></td>
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<td>1:15 p.m.-2:15 p.m. CT</td>
<td><strong>Concurrent Session 6.1</strong>&lt;br&gt;<strong>Leadership Development</strong>&lt;br&gt;<strong>Accounting of ISPN Policy Actions for 2020</strong>&lt;br&gt;Sally Raphel, MS, APRN, PMH, FAAN, Johns Hopkins University School of Nursing, Retired, Pamela Galehouse, PhD, RN, CNS, CNL, Seton Hall University, Cynthia Handrup, DNP, APRN, PMHCNS-BC, University of Illinois, Chicago, Brayden Kameg, DNP, PMHNP-BC, CARN, CNE, University of Pittsburgh School of Nursing, and Barbara Peterson, PhD, PMHCNS, APRN, University of Minnesota School of Nursing</td>
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<td>1:45 p.m.-2:15 p.m. CT</td>
<td><strong>Concurrent Session 6.2</strong>&lt;br&gt;<strong>Education/Teaching Pedagogy</strong>&lt;br&gt;<strong>Caring for Clients and Precepting Students in the Age of COVID-19</strong>&lt;br&gt;Daniel Wesemann, DNP, MSW, PMHNP-BC, ARNP, University of Iowa College of Nursing, Beth Bonham, PhD, RN, PMHCNS-BC, FAAN, University of Southern Indiana and Linda Jo Volness, MSN, APRN, PMH-CNS, Quality Life and Sandra Wood, APRN, BC, Emeritus Faculty, IU School of Nursing</td>
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<td>2:15 p.m.-3:15 p.m. CT</td>
<td><strong>Diversity and Equity Keynote</strong>*&lt;br&gt;<em>The Impact of Colonization on the Mental Health Disparities Among Native Americans</em>&lt;br&gt;John Lowe, RN, PhD, FAAN&lt;br&gt;Professor, Joseph H. Blades Centennial Memorial Professorship in Nursing, University of Texas at Austin School of Nursing&lt;br&gt;<em>This presentation will not be recorded for on-demand viewing.</em></td>
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<tr>
<td>3:15 p.m.-3:30 p.m. CT</td>
<td><strong>Break</strong></td>
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<td>3:30 p.m.-4:00 p.m. CT</td>
<td><strong>Concurrent Session 7.1</strong>&lt;br&gt;<strong>Education/Teaching Pedagogy</strong>&lt;br&gt;<strong>Teaching Empathy Skills</strong>&lt;br&gt;Cynthia Handrup, DNP, APRN, PMHCNS-BC and Marsha Snyder, PhD, APRN, PMHNP/CNS-BC, University of Illinois, Chicago</td>
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3:30 p.m.-4:00 p.m. CT
Concurrent Session 7.2
Evidence-Based Practice
Do We Walk our Talk? Evidenced-Based Wellness Lifestyle Practices for the Practitioner and Persons We Serve
Linda Jo Volness, MS, PMH-CNS
Quality Life

4:00 p.m.-5:00 p.m. CT
Poster Session A

Poster 1
Research
Professional Quality of Life in Sexual Assault Nurse Examiners
Lindsay Bouchard, DNP, PMHNP-BC, RN and Deborah K. Williams, PhD, MPH, RN, University of Arizona

Poster 3
Research
Suicide Prevention and Interventions with Children and Adolescents with Eating Disorders
Michele Desmarais, BscN, MSN, PhD Student
McGill University

Poster 5
Evidence-Based Practice
Effects of a Post-Discharge Telephone Follow-up Call on Psychiatric Readmission Rates
Michelle Gorey, RN, BSN
University of Maryland, Baltimore

Poster 8
Research
N2N: Nurse to Nurse, A Peer Support Model to Support Nurses During the COVID-19 Pandemic
Bobbie Posmontier, PhD, CNM, PMHNP, Aparna Kumar, PhD, CRNP, Angela Gerolamo, PhD, PMHNP, and Kathryn Shaffer, EdD, RN, Thomas Jefferson University

Poster 9
Evidence-Based Practice
Implementation of a Pain Reference Model to Improve Reassessment Documentation Rates
Rebecca Noll, BSN, DNP Student
University of Maryland School of Nursing

Poster 11
Factors Associated with a Trusting Relationship Between Pregnant and Postpartum Women with Substance Use Disorders and Maternity Nurses
Kalyin Renbarger, PhD, RN
Ball State University

Student Poster 15
An Interdisciplinary Approach to Evaluating Multiple Sclerosis Effects on Quality of Life
Lubna Jahjah, MS
Nova Southeastern University

4:00 p.m.-5:00 p.m. CT
Poster Session B

Poster 2
Acknowledgment Me as a Capable Person: How Persons with Mental Ill-health Experience Encounters with Healthcare Staff within General Emergency Care
Katharina Derblom, PhD-student, RN
Umeå University

Poster 4
Education/Teaching Pedagogy
Psychiatric Nurses Advocating for Healthy Communities through Interviewing and the Work of Dr. Christopher Shawn Shea
Susan L. Goldstein, DNP, RN, PMHNP-BC, PMHCNS-BC
Stony Brook University

Poster 6
Research
Student Impressions about People with Mental Illness: Supporting Better Attitudes on Campus and Beyond
Todd Hastings, PhD, RN, CNE
Cedar Crest College

Poster 10
Research
Mental Health Status Among Hispanic/Latino and Somali Youth
Barbara Peterson, PhD, PMHCNS, APRN
University of Minnesota School of Nursing

Poster 12
Partners in Campus Suicide Prevention: Question, Persuade and Refer Problem Statement: Rising Rates of Death by Suicide Across College Campuses in the United States are Cause for Concern
Tanya Vaughn-Deneen, DNP, CNM, FNP-BC, Andrea Kwasky, DNP, PMHNP-BC, PMHCNS-BC, Kimberly Moner, DHA, MSN, RN, Roberta Thomas, PhD, RN, PMHNP-BC, and Janielle Losaw, MS Ed, University of Detroit Mercy

Poster 13
Education/Teaching Pedagogy
Teaching Nursing Students About Autism Using Movies and Simulation
Christa Moore, MSN, RN, CNE, COI and Moniaree Jones, EdD, MSN, RN, COI, Samford University

5:00 p.m.-6:00 p.m. CT
Reception and Happy Hour and Networking

Thursday, March 25, 2021

9:00 a.m.-9:45 a.m. CT
Yoga
John Yuhas, BSN, RN, DNP PMHNP Student
Arizona State University

9:00 a.m.-9:45 a.m. CT
Regionalization – Membership Committee
All are welcome, come and learn the progress that has been made with the Regionalization Initiative over the last year.
Resiliency in Action: Advocating for Healthy Communities

10:00 a.m.-11:00 a.m. CT

Susan McCabe Lectureship

Clozapine: Management and Challenges
Lorena Rodriguez, MD
Private Practice and Medical Editor at Psychopharmacology Institute

11:00 a.m.-11:15 a.m. CT

Break

11:15 a.m.-12:15 p.m. CT

Concurrent Session 8.1
Education/Teaching Pedagogy

Academic Service Learning (ASL) in the Transforming RN Roles in Primary Care (TRIP) Curriculum: An Advocacy Exemplar
Lora Beebe, PhD, PMHNP-BC, FAAN, Lizanne Elliott, DNP, RN, FNP-BC, Sandra Mixer, PhD, RN, CTN-A, and Helen Annette Whitaker, BSN, RN, University of Tennessee

11:15 a.m.-12:15 p.m. CT

Concurrent Session 8.2
Research

Family Caregivers’ Use of Personal and Social Resourcefulness: Differences by Care Recipient Condition
Jaclene Zauszniewski, PhD, RN-BC, FAAN
Case Western Reserve University

11:45 a.m.-12:15 p.m. CT

Concurrent Session 8.3
Research

Effectiveness of Music on Reducing Agitation in Older Nursing Home Residents with Dementia: A Literature Review
John Coxe, DNP, PMHNP-BC
University of Pittsburgh

1:15 p.m.-1:45 p.m. CT

Concurrent Session 9.1*
Education/Teaching Pedagogy

Incorporating Allyship and Social Justice into a Competency-based Graduate Nursing Curriculum: A Parallel Process of Critical Consciousness and Skill Acquisition
Mechelle Plasse, PhD, PMHNP-BC, PMHCNS-BC
University of Massachusetts Medical Worcester Graduate School of Nursing

*This presentation will not be recorded for on-demand viewing.

1:45 p.m.-2:30 p.m. CT

Concurrent Session 9.3
Evidence-Based Practice

Advocating for Revitalization of the Clinical Nurse Specialist
Pamela Galehouse, PhD, RN, CNS, CNL, Seton Hall University, Pamela Minarik, PhD, RN, CNS, FAAN, Samuel Merritt University, and Edilma Yearwood, PhD, PMHCNS-BC, FAAN, Georgetown University

1:45 p.m.-3:15 p.m. CT

Workshop #1
Education/Teaching Pedagogy

Nurstory: Identifying Nurse Resilience in Practice
Susan Hagedorn, PhD, RN, FAANP, FAAN, University of Colorado College of Nursing, Raeann LeBlanc, PhD, DNP, AGPCNP-BC, CHPN, University of Massachusetts, and Kate Siegrist, MS, RN, Nurse-Family Partnership

2:30 p.m.-3:15 p.m. CT

Circle of Connections

3:15 p.m.-3:30 p.m. CT

Break

3:30 p.m.-4:30 p.m. CT

Closing Keynote Address*

All Health is not Created Equal: Social Determinants of Health and Health Inequities
Shannon Zenk, PhD, MPH, RN, FAAN
Director of the National Institute of Nursing Research

*This presentation will not be recorded for on-demand viewing.
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You See the Symptoms, Do You Know the Impact?

Visit Our Virtual Booth

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INGREZZA® (valbenazine) capsules
Pharmacogenomics, PGx, Overview
Webinar

David W. Newton, BS Pharm, PhD, FAPhA

April 21, 2021
12:00 p.m.-1:00 p.m. ET

To Register:
https://bit.ly/3c0D92m
Resiliency in Action: Advocating for Healthy Communities

2021 Annual Conference Exhibitors

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The GeneSight Psychotropic test from Myriad Neuroscience is the category-leading pharmacogenomic test for depression medications. The GeneSight test can help inform doctors about genes that may impact how patients metabolize or respond to certain psychiatric medications. It has been given to more than one million patients by tens of thousands of clinicians to provide genetic information that is unique to each patient. It supplements other information considered by a doctor as part of a comprehensive medical assessment. Learn more at GeneSight.com.

Global Alliance for Behavioral Health and Social Justice
Telephone: 720-708-0187
Website
The Global Alliance for Behavioral Health and Social Justice (formerly the American Orthopsychiatric Association) is an interdisciplinary organization working to promote social justice and human rights. Our members share an interest in and dedication to understanding the effects of social factors on the behavioral health of individuals. We advocate for environments and policies that foster positive mental health and well-being and we honor individuals and organizations for their contributions to these goals and to sound public policy.

Neuroscience Education Institute
Telephone: (888) 535-5600
Website
NEI is the preeminent provider of continuing education and practice-based tools for healthcare professionals who treat patients with mental illness. We offer annual meetings, point-of-care resources, and an extensive library of online content.
NEI Membership includes the NEI Prescribe app, the Master Psychopharmacology Certificate Program, discounts to our annual conferences, and hundreds of online CE credits. During 2021, NEI Members can attend Synapse, our virtual half-days held monthly, at no additional cost. Learn more at https://nei.global/mbroverview. ISPN attendees can get a special membership rate by entering promo code ISPNMBR21 at checkout.

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