Preliminary Program

Wednesday, March 16, 2022

5:30 p.m.-6:15 p.m.
ISPN Regional Leaders Meeting

6:30 p.m.-8:00 p.m.
Opening Reception and Poster Session (authors present)

Thursday, March 17, 2022

6:30 a.m.-7:15 a.m.
Yoga

7:00 a.m.-7:45 a.m.
New Member and Student Breakfast

7:00 a.m.-7:45 a.m.
ISPN Foundation Board of Directors Meeting

8:00 a.m.-8:15 a.m.
Welcome Remarks

8:15 a.m.-9:15 a.m.
Opening Keynote Address
An Awe-full Keynote: The Recovery of Wonder and the Praxis of Play
Michael Terry, DNP, FNP, PMHNP
Director and Clinician, Life Cycle Wellness

9:15 a.m.-9:30 a.m.
Break

9:30 a.m.-11:00 a.m.
Workshop 1
Leadership Development
Let's Talk About Race
Cynthia Handrup, DNP, APRN, PMHCNS-BC, University of Illinois, Chicago; Edilma Yearwood, PhD, PMHCNS-BC, FAAN, Georgetown University; and Sally Raphael, MS, APRN-FMH, FAAN, Johns Hopkins University

10:30 a.m.-11:00 a.m.
Exhibit and Poster Viewing
Refreshment Break

11:00 a.m.-11:30 a.m.
Concurrent Session 2.1
Education/Teaching Pedagogy
Evaluation of Outcomes and Impact of an Online PMHNP Program
Karan Kverno, PhD, PMHNP-BC, PMHCNS-BC, FAANP, Johns Hopkins University School of Nursing

11:00 a.m.-11:30 a.m.
Concurrent Session 2.2
Research
The Collaborative Care Model: An Innovative Approach to Integrated Telemental Health Care Delivery for Patients with Depressive Symptoms and Advanced Heart Failure During COVID-19
Mia Pasini, MSN, RN; Rebecca Hedrick, MD; Waguih IsHak, MD, FAPA; and Stacy Collier, MSN, RN, Cedars-Sinai Medical Center

11:30 a.m.-12:00 p.m.
Concurrent Session 2.3
Evidence-based Practice
The PHQ-9 and Prescribing Habits of Providers: Does Routine Screening Change Treatment Plans?
Ann Roselle, DNP, PMHNP, Geriatric and Adult Psychiatry

11:30 a.m.-12:00 p.m.
Concurrent Session 2.4
Research
Parental Support, Beliefs about Mental Illness, and Mental Help-seeking Among Young Adults in Saudi Arabia
Alaa Mahsoon, MSN, PhD; Loujain Sharif, PhD; Maram Banakhar, PhD; and Noofa Alasmaee, PhD, King Abdulaziz University

11:30 a.m.-12:00 p.m.
Concurrent Session 2.5
Education/Teaching Pedagogy
Integrating Social Determinants of Health into PMH Curricula: Moving Toward Advocacy
Barbara Peterson, PhD, PMHCNS, APRN, University of Minnesota

Concurrent Session 1.1
Education/Teaching Pedagogy
From Disruption to Opportunity: Developing Telepsychiatry Competencies in a Time of Crisis
Mark Soucy, PhD, RN, APRN, FAANP; Marta E. Vives, DNP, RN, FPMHNP-BC, PMHCNS-BC; and Lorena L. Rodriguez, MSN, RN, PMHNP-BC, University of Texas Health Science Center

Concurrent Session 1.2
Evidence-based Practice
When it Happens to THEM: Managing Perinatal Mood and Anxiety Disorders in Diverse Populations
Robi Thomas, PhD, RN, PMHNP-BC, and Traci Stewart, University of Detroit, Mercy

Concurrent Session 1.3
Evidence-based Practice
The Everything Pharmacy: Navigating the Complexities of Perinatal Medication Management
Lee Ann Keil,药师, BPharm, BCPS, BCACP, Carpenter Hospice

Concurrent Session 1.4
Evidence-based Practice
The Challenges of Telepsychiatry: A Case Study of a Community Hospital
Mark Soucy, PhD, RN, APRN, FAANP; Marta E. Vives, DNP, RN, FPMHNP-BC, PMHCNS-BC; and Lorena L. Rodriguez, MSN, RN, PMHNP-BC, University of Texas Health Science Center

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Concurrent Session 1.6
Evidence-based Practice
When it Happens to THEM: Managing Perinatal Mood and Anxiety Disorders in Diverse Populations
Robi Thomas, PhD, RN, PMHNP-BC, and Traci Stewart, University of Detroit, Mercy

Concurrent Session 1.7
Evidence-based Practice
The Everything Pharmacy: Navigating the Complexities of Perinatal Medication Management
Lee Ann Keil,药师, BPharm, BCPS, BCACP, Carpenter Hospice

Concurrent Session 1.8
Evidence-based Practice
The Challenges of Telepsychiatry: A Case Study of a Community Hospital
Mark Soucy, PhD, RN, APRN, FAANP; Marta E. Vives, DNP, RN, FPMHNP-BC, PMHCNS-BC; and Lorena L. Rodriguez, MSN, RN, PMHNP-BC, University of Texas Health Science Center
12:00 p.m.-1:15 p.m.
**Lunch Break** (on your own)

1:15 p.m.-1:45 p.m.
**Concurrent Session 3.1**
**Research**
*Facilitating Story Telling in Mothers of Adult Children with Schizophrenia*
Alicia Stringfellow, RN, MSc, PGCE, PGCert (CBT), PGDip (THORN), International Cardiff University

1:15 p.m.-1:45 p.m.
**Concurrent Session 3.2**
**Psychopharmacology and CAM**
*Use of Medical Cannabis in Psychiatry*
Joanna Johnson, DNP, APRN, PMHNP-BC, Quality Life

1:15 p.m.-2:15 p.m.
**Workshop 2**
**Evidence-based Practice**
*Structural Competency: Advancing Health Equity Through Humility*
Katerina Melino, MS, PMHNP-BC, PMHN, University of California, San Francisco; Rosalind de Lisser, MS, PMHNP-BC, University of California, Davis; and Kara Birch, DNP, PMHNP-BC, FNP-BC, University of California, San Francisco

1:45 p.m.-2:45 p.m.
**Concurrent Session 3.3**
**Psychopharmacy**
*Saving Superheroes: Psychiatric Liaison CNS Faces the Adversary of a Career*
Jim J. Kane, MN, RN, CNS, NEA-BC, University of California, San Diego Health, and Sara Horton-Deutsch, PhD, RN, FAAN, ANEF, University of California, San Francisco School of Nursing

2:15 p.m.-2:45 p.m.
**Concurrent Session 3.4**
**Education/Teaching Pedagogy**
*A Virtual Group Experience to Develop Resilience and Community*
Marsha Snyder, PhD, PMHN/CNS, BC, CADC, University of Illinois College of Nursing, and Cynthia Handrup, DNP, APRN, PMHCNS-BC, University of Illinois, Chicago

2:45 p.m.-3:45 p.m.
**Exhibit and Poster Viewing**
**Refreshment Break**

2:45 p.m.-3:15 p.m.
**IMIN Meet and Greet**

3:15 p.m.-4:15 p.m.
**Concurrent Session 4.2**
**Research**
*Adolescents’ Experience Attending School with Psychogenic Nonepileptic Seizures: Opportunities for Innovative Psychiatric-Mental Health Nurse Care Coordination for Student Success*
Andrea Tanner, PhD, RN, NCSN, and Ukamaka Oruche, PhD, RN, PMHCNS-BC, FAAN, Indiana University-Purdue University Indianapolis

3:15 p.m.-4:15 p.m.
**Psychotherapy Panel**

4:15 p.m.-4:30 p.m.
**Break**

4:30 p.m.-5:30 p.m.
**Susan McCabe Lecture**
*Psychopharmacologic Nursing Practice: Pitfalls, Pearls and Promises*
Julie A. Carbray, PhD, FPMHNP-BC, PMHCNS-BC, APRN, Clinical Professor of Psychiatry and Nursing and Director, Pediatric Mood Disorders Clinic, Psychiatry College of Medicine, University of Illinois, Chicago

5:45 p.m.-6:30 p.m.
**Committee and Special Interest Group Meetings**

6:30 p.m.-8:30 p.m.
**ISPN Foundation Reception and Auction**
(separate registration required)

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**Friday, March 18, 2022**

6:30 a.m.-7:15 a.m.
**Yoga**

7:00 a.m.-8:00 a.m.
**Continental Breakfast**

8:00 a.m.-8:30 a.m.
**Concurrent Session 5.1**
**Evidence-based Practice**
*A Biopsychological Approach to Behavioral Disturbance Disorders*
Meaghann Postgate, APRN, PMHNP-BC, Villa of Hope

8:00 a.m.-9:00 a.m.
**Concurrent Session 5.2**
**Psychopharmacology and CAM**
*Pediatric Psychopharmacology: Current Evidence-based Practice Guidelines*
Pamela Lusk, DNP, RN, PMHNP-BC, FAANP, FAAN, Ohio State University

8:00 a.m.-9:00 a.m.
**Concurrent Session 5.3**
**Research**
*Disruptive Mood Dysregulation Disorder: Clinical Updates on the Controversial Conceptualization of Pediatric Irritability*
Jamie Hamill, DNP, APRN, PMHNP-BC, Rush University College of Nursing
8:30 a.m.-9:00 a.m.
Concurrent Session 5.4
Education/Teaching Pedagogy
The Clinical and Classroom Compass: Integration of Well-being Practices for Pre-licensure Nursing Students
Sonya Kowalski, DNP, APRN, ACNS-BC; Andrea Kwasky, DNP, APRN, PMHNP-BC, PMHCNS-BC; Shari Lambert, DNP, RN; Barbara Ciotta, MSN, RN, CNEcl; and Sherry McConnell, MSN, RN, C-EFM, University of Detroit, Mercy

9:00 a.m.-9:15 a.m.
Break

9:15 a.m.-9:45 a.m.
Concurrent Session 6.1
Leadership Development
The Power of Psychiatric Consultation Liaison Nurses: Raising Situational Awareness Regarding Patients at Risk for Behavioral Concerns in a Pediatric Acute Care Hospital Setting
Elizabeth Steinmiller, MSN, PMHCNS-BC, The Children's Hospital of Philadelphia

9:45 a.m.-10:00 a.m.
Concurrent Session 7.1
Education/Teaching Pedagogy
Transforming Interprofessional Behavioral Health Education Via Virtual Simulation
Stephanie Wynn, DNP, RN-BC, PMHNP-BC, FNP-BC, FAANP, COI, Samford University

10:00 a.m.-10:30 a.m.
Concurrent Session 7.2
Evidence-based Practice
“Your Best-Fitting Genes” Is Pharmacogenetics All It Promises?
Anne Kearney, MSN, PMHNP-BC, CRNP, Children's Hospital of Philadelphia, and Aparna Kumar, PhD, MPH, MSN, CRNP, PMHNP-BC, Jefferson College of Nursing

10:00 a.m.-10:30 a.m.
Concurrent Session 7.3
Psychopharmacology and CAM
More Research is Needed on Long-term Use of Atypical Antipsychotics in Children and Adolescents
Fatima Ramos-Marcuse, PhD, PMHNP-BC, Fatimah Ramos-Marcuse PLLC

10:30 a.m.-11:15 a.m.
ISPN Business Meeting

11:15 a.m.-12:00 p.m.
ISPN Awards Ceremony

12:00 p.m.-1:15 p.m.
Lunch Break (on your own)

1:15 p.m.-1:45 p.m.
Concurrent Session 8.1
Psychotherapy
Psychotherapy in Sexual and Gender Minority Populations
Sean P. Murphy, PhD, MSN, PMHNPBC, University of Illinois, Chicago

1:15 p.m.-2:15 p.m.
Concurrent Session 8.2
Leadership Development
Grow Your Own APRNs and Keep Them Forever: Success in Our State Callie Ann Bittner, MS, RN, and Ingrid Johnson, DNP, MPP, RN, Colorado Center for Nursing Excellence

1:15 p.m.-2:45 p.m.
Workshop 3
Evidence-based Practice
Preventing and Treating Vicarious Trauma Experienced in Psychiatric Nursing Through the Practice of Self-regulation Tools and Self-care
Maruko Myint, BS; Jayla Aldridge; Elijah Shankar; and Chenghui Wang, University of California, Irvine CYFER Lab

1:45 p.m.-2:45 p.m.
Concurrent Session 8.3
Research
A Randomized Control Trial Study to Assess the Effectiveness of Interpersonal Psychotherapy on Symptom Reduction and Relapse Prevention for Depression Among the Depression Patients
Sivasanakri Varadharasu, PhD, RGCN, Jammu

2:15 p.m.-2:45 p.m.
Concurrent Session 8.4
Psychopharmacology and CAM
Esketamine for Treatment Resistant Depression and Suicidal Ideation During COVID-19
Daniel Wesemann, DNP, MSW, PMHNP-BC, ARNP, University of Iowa College of Nursing

2:45 p.m.-3:00 p.m.
Exhibit and Poster Viewing
Refreshment Break
3:00 p.m.-4:00 p.m.  
**Concurrent Session 9.1  
Evidence-based Practice**  
**Sand and Fury -- A Patient's Perspective of the Bipolar Landscape**  
Vanessa Warner, BA, St. Mary's General Hospital

3:00 p.m.-4:00 p.m.  
**Self-care Panel**

3:00 p.m.-4:00 p.m. and 4:15 p.m.-4:45 p.m.  
**Workshop 4  
Leadership Development**  
**Using Circles of Collaboration and Clinical Expertise for Treatment of Children and Adolescents**  
Andrea Kwasky, DNP, PMHNP-BC, PMHCNS-BC, University of Detroit, Mercy, and Elizabeth Bonham, PhD, RN, PMHCNS-BC, FAAN, University of Southern Indiana

4:00 p.m.-4:15 p.m.  
**Break**

4:15 p.m.-4:45 p.m.  
**Concurrent Session 10.1  
Education/Teaching Pedagogy**  
**Innovations in Reproductive Mental Health and Nurse Practitioner Education**  
Jennifer Graber, EdD, PMHCNS-BC, University of Delaware; Cynthia Diefenbech, PsyD, APRN, PMHCNS-BC; and Anne DeCaire, APRN, PMHNP-BC, Christiana Care

4:15 p.m.-4:45 p.m.  
**Concurrent Session 10.2  
Research**  
**An Exploration of Family Caregiver Experiences of Burden and Coping While Caring for People with Mental Disorders in Saudi Arabia: A Qualitative Study**  
Loujain Sharif, BSN, MSc, PhD, King Abdulaziz University

5:00 p.m.-6:00 p.m.  
**Invited Keynote Address**  
**How Right Now: Developing a Nimble and Responsive Communications Campaign to Address Shifting Mental Health and Emotional Wellbeing Needs**  
Amelia Burke-Garcia, PhD, MA, NORC, University of Chicago

6:00 p.m.-6:45 p.m.  
**Committee Meetings and Special Interest Group Meetings**

6:00 p.m.  
**Bridges - The Student Journey to Advanced Practice**  
(All students are welcome to attend!)  

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**Saturday, March 19, 2022**

6:30 a.m.-7:15 a.m.  
**Yoga**

7:30 a.m.-8:00 a.m.  
**Regional Networking Breakfast**
10:30 a.m.-11:30 a.m.  
**Concurrent Session 12.2**  
**Leadership Development**  
**Conceptualizing the Top 10 Challenges to Improving Mental Health: How Might Psychiatric Mental Health Nurses Shape the List**  
Kathleen Delaney, PhD, PMHNP, Rush College of Nursing

10:30 a.m.-12:00 p.m.  
**Workshop 5**  
**Education/Teaching Pedagogy**  
**Educating Psychiatric-Mental Health Nurse Practitioner Students to Care for Lesbian, Gay, Bisexual, Transgender, Queer or Questioning, Intersex, and Asexual (LGBTQIA+) Individuals**  
Brayden Kameg, DNP, PMHNP-BC, CARN, CNE, University of Pittsburgh School of Nursing

11:30 a.m.-12:00 p.m.  
**Concurrent Session 12.3**  
**Evidence-based Practice**  
**Kentucky Nurses Helping Nurses (KNHN) Emotional Support Project**  
Vicki Hines-Martin, PhD, RN, FAAN, University of Louisville School of Nursing

11:30 a.m.-12:00 p.m.  
**Concurrent Session 12.4**  
**Research**  
**Effectiveness of an Online Digital Parenting Program on Parent-child Interactions and Children's Development for Families Experiencing Vulnerability in Canada**  
Jelena Komanchuk, RN, BN, University of Calgary

12:00 p.m.-12:10 p.m.  
**Break**

12:10 p.m.-1:10 p.m.  
**Closing Keynote Address**  
**Creating the Future of Psychiatric Nursing with Foresight and Innovation in Mind**  
Daniel Pesut, PhD, RN, FAAN  
Principal Consultant, Strategic Foresight Consulting and Coaching

1:10 p.m.-1:20 p.m.  
**Closing Remarks**

1:45 p.m.-5:00 p.m.  
**ISPN Board of Directors Meeting**

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**Poster Session**

**Poster 1**  
**Suicide Risk Simulation**  
Esther Gravis, RN, DNP, CPN, and Andrea Alexander, MSN, FNP-BC, George Fox University

**Poster 2**  
**The Implementation of the DASA: YV Tool in the Inpatient Adolescent Psychiatric Setting**  
Philip Florendo, BSN, RN-BC; Erika Lozano, MSN, RN-BC; and Leilanie Ayala, RN, MSN, PMHCNS-BC, PMHNP-BC, University of California, Los Angeles Resnick and Neuropsychiatric Hospital

**Poster 3**  
**Doll Therapy as a Therapeutic Management of Agitation in an Acute Geriatric Psychiatry Unit**  
Lisette Espana, MAN, PMHRN-BC; Eleanor Tomas-Lagmay, MSN-Ed, PMHNP-BC; Leilanie Ayala MSN, PMHCNS-BC, PMHNP-BC; and Seungmin Lee, BS, University of California, Los Angeles Resnick and Neuropsychiatric Hospital

**Poster 4**  
**Real-world Long-term Outcomes with Valbenazine in Adults with Tardive Dyskinesia**  
Robert O. Morton, MD, Rolling Hills Hospital, and Khody Farahmand, PharmD, Neurocrine Biosciences, Inc.

**Poster 5**  
**Development of the MIND-TD Questionnaire as a Screening Tool for Tardive Dyskinesia**  
Rakesh Jain, MD, Texas Tech University Health Sciences Center, Permian Basin, and Desiree Matthews, PMHNP-BC, Monarch

**Poster 6**  
**Acceptability of Long-acting Injectable Antipsychotic Treatment in Patients with Recent-onset Schizophrenia from the Disease Recovery Evaluation and Modification (DREAM) Study**  
Brianne Brown, PsyD, Janssen Scientific Affairs, LLC

**Poster 7**  
**Evaluating Outcomes for Patients with Treatment Resistant Mental Illness Who Utilize Deep Transcranial Magnetic Stimulation Therapy in Outpatient Treatment: A Mixed-methods Design**  
Rose Wilson, DNP, RN, and Brayden Kameg, DNP, PHMNP-BC, CARN, CNE, University of Pittsburgh
Poster 8
Effectiveness of Listening to Gospel Music and Visualization on Academic Stress and Anxiety Levels in Students
Neelam Chanda, PhD, RN, California State University, Fresno

Poster 9
Evidenced-based Screening and Interventions for Adolescent Self-injurious Behavior
Pauline Andan, BSN, RN-BC, and Carlos Estevez, BSN, RN-BC, Resnick Neuropsychiatric Hospital

Poster 10
Should Anticholinergics Be Used to Treat Tardive Dyskinesia? Insights from an Expert Panel of Psychiatry and Neurology Healthcare Professionals
Nora Vanegas-Arroyave, MD, Baylor College of Medicine, and Lisa Stroup, PhD, Neurocrine Biosciences, Inc.

Poster 11
A Program Evaluation of a Buprenorphine Program in a Private Psychiatric Office-based Practice Before and After the COVID-19 Pandemic
Thomas Hageman, BSN, RN, University of Pittsburgh School of Nursing

Poster 12
Decreasing Inpatient Suicidal Behavior with Suicide Risk Assessment Education Using an Online Platform and Professional Actors
Robert Bencangey, MSN, PMHNP-BC, CEN, and Grace Florentin, MSN-Ed, PMHNP-BC, University of California, Los Angeles

Student Poster 13
Substance Use Treatment in Individuals with Co-occurring Schizophrenia
Ashley Mallon, BSN, CARN, Massachusetts College of Pharmacy and Health Sciences

Student Poster 14
Efficacy of Repetitive Transcranial Magnetic Stimulation Versus Deep Transcranial Magnetic Stimulation in Adults with Treatment Resistant Major Depressive Disorder
Gabrielle Pesaturo, RN, Massachusetts College of Pharmacy and Health Sciences

Student Poster 15
Examination of the Effectiveness of Exercise on the Mitigation of the Symptoms of Depression in the Adult Population
Karen Last, RN, BSN, Massachusetts College of Pharmacy and Health Sciences

Student Poster 16
Pharmacogenetic Testing in Patients with Depression
Jeremy T. Rockwell, MSN, PMHNP-BC, Troy University

Student Poster 17
Tele-psychiatry and the Older Adult Population: An Integrative Review Exploring Tele-psychiatry Effectivity and Accessibility Alternatives
Sterling Wilmer, BSN, RN, BA, New York University

Student Poster 18
Guiding College Students with ACEs Background, with an Eight Week Psychoeducation Intervention to Become Peer Health Coaches
Nayeli Inzunza, and Nikita Paul, University of California, Irvine

Student Poster 19
Implementation of a Discharge Checklist to Support Quality Transitions of Care and Timely Discharges on an Adult Psychiatric Unit
Ann Meyer, BSN, Creighton University

Poster 20
The Role of Psychiatric Nurses in Infection Prevention During COVID
Era Hawk, RN, BSN-BC, and Maria Marquez, RN, BSN-BC, University of California, Los Angeles Resnick and Neuropsychiatric Hospital

Poster 22
Tips for Preceptor Success in a Virtual World: Preceptor and Student Pearls
Gabrielle P. Abelard, DNP, PMHNP, PMHCNS-BC, RN, University of Massachusetts, Amherst College of Nursing