



# ISPN 2024

## PROVIDENCE, RI

APRIL 3-6, 2024 • OMNI PROVIDENCE HOTEL

**Psychiatric Mental Health Nurses:  
The Power of Leading, Connecting, and Healing**

# PROGRAM

## Wednesday, April 3, 2024

12:00 p.m.-7:00 p.m.

**Registration Open**

1:00 p.m.-5:00 p.m.

**Pre-Meeting Workshop: Psychiatric Mental Health Nurses:  
The Power of Understanding and Leading Holistic Care for  
Individuals Diagnosed with Autism Spectrum Disorder**

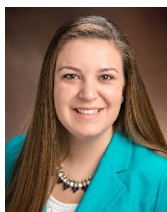
(Available at an additional fee—visit [ispn-psych.org](https://ispn-psych.org) to register)



**Lauren Frederick,**  
MA, BCBA,  
Autism New  
Jersey



**Anne Kearney,**  
MSN, CRNP,  
PMHNP-BC,  
Children's  
Hospital of  
Philadelphia



**Jessica McCurry,**  
MSN, APRN,  
PMHNP-BC,  
Bradley Hospital



**Elizabeth Steinmiller,**  
MSN, PMHCNS-  
BC, Children's  
Hospital of  
Philadelphia

Often psychiatric nurse practitioners are asked to prescribe medications to impact disruptive behavior in individuals diagnosed with autism spectrum disorder (ASD). While there is an evidence-base to support addressing underlying causes of functional impairment, such as anxiety or rigidity, psychotropic medication alone is neither indicated nor sufficient. There is more to consider about the patient's environment and community involvement when discerning treatment needs. For example, children with ASD have specialized educational supports, multi-disciplinary team members and often are receiving Applied Behavior Analysis (ABA) therapy. Many do know that a behavioral clinician could help inform prescribing decisions. Additionally, providers may not know the various legal and regulatory guidelines that are in place to ensure these patients' rights are met and supported.

Individuals diagnosed with ASD also have higher rates of medical co-morbidities, more unmet healthcare needs, lower satisfaction with healthcare interactions, and higher mortality rates than the general population. Many autistic individuals have complex medical and psychiatric needs but struggle to find compassionate, high quality and effective care. This workshop will discuss the common characteristics and co-morbidities among autistic individuals leading to their need for increased healthcare.

Workshop participants will learn how to integrate autism friendly practices into medical and psychiatric patient care. Participants will also gain a greater understanding of how other autism service providers (behavior analysts, special educators, speech pathologists, etc.) care for individuals with autism and how an interdisciplinary approach to patient care coordination can improve outcomes for patients. Understanding and incorporating elements of individualized educational and behavioral plans can assist nurses in providing safe, equitable and effective care. Presenters will use recent peer-reviewed research and case studies to highlight clinical best practices for caring for an autistic patient.

5:30 p.m.-6:30 p.m.

### **Regional Leaders Meeting**

6:30 p.m.-8:00 p.m.

### **Opening Reception, Exhibits, and Poster Session**

(Poster presenters available for questions and discussion.)

8:00 p.m.-9:00 p.m.

### **Presidents' Circle**

## **Thursday, April 4, 2024**

6:30 a.m.-7:30 a.m.

### **Yoga**

7:30 a.m.-5:30 p.m.

### **Registration Open**

7:30 a.m.-8:30 a.m.

### **ISPN New Member and Student Breakfast**

All new members are welcome to attend!

7:30 a.m.-8:30 a.m.

### **ISPN Foundation Meeting**

7:30 a.m.-8:30 a.m.

### **Continental Breakfast**

Sponsored by the American Academy of Nurse Practitioners Certification Board



8:30 a.m.-9:30 a.m.

### **Welcome and Opening Keynote**

### **The Delicate Connection: The Fine Art of Uncovering Suicidal Ideation**

Shawn Shea, MD

Director, Training Institute for Suicide Assessment & Clinical Interviewing, Inc. (TISA)



9:30 a.m.-4:00 p.m.

### **Exhibits Open**

### **Posters Available for Viewing**



9:40 a.m.-10:40 a.m.

### **Concurrent Session 1.1**

### **Pharmacogenomics (PGx) of Psychiatric Drug Metabolism: Phenotypes and Interactions of Six Cytochrome P450 (CYP) Enzyme Isoforms**

David Newton, PhD, FAPhA

Shenandoah University

*Psychopharmacology & Integrative Health*

9:40 a.m.-10:40 a.m.

### **Concurrent Session 1.2**

### **Meeting the Mental Health and Substance Use Needs of Women Military Veterans with Substance Use-Related Issues**

Brayden Kameg, DNP, PMHNP-BC, CARN-AP, CNE

University of Pittsburgh School of Nursing

*Evidence-Based Practice & Research*

9:40 a.m.-10:10 a.m.

### **Concurrent Session 1.3**

### **Perseverance and Passion in Nursing Education**

Heather Keperling, EdD, RN

Alvernia University

*Education/Teaching Pedagogy*

10:10 a.m.-10:40 a.m.

### **Concurrent Session 1.4**

### **De 'CYFERing' Adversity: The Development of GRIT with the Next Generation of Health Care Providers**

Dawn Bounds, PhD, PMHBP-BC, Sarah Rodrigues, PhD, RN, and Genesis Sanchez, BS

University of California, Irvine

*Education/Teaching Pedagogy*

10:40 a.m.-11:10 a.m.

### **Refreshment Break**

11:10 a.m.-12:10 p.m.

### **Concurrent Session 2.1**

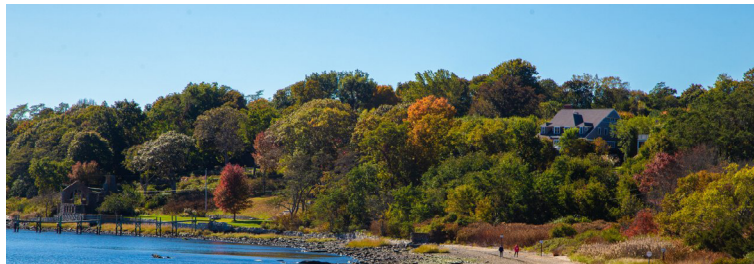
### **Management of Pediatric Patients Presenting with Acute Traumatic Physical Injuries in an Acute Care Hospital Setting: The Power of Interprofessional Collaboration, Integrative Approaches, and Holistic Healing**

Taylor Flatt, MSN, CRNP, PMHNP-BC

Children's Hospital of Philadelphia

*Psychopharmacology & Integrative Health*





11:10 a.m.-12:10 p.m.

**Concurrent Session 2.2**

**ISPN Policy Activities for 2023-24**

Sally Raphael, MS, APRN-PMH, FAAN, Pam Galehouse, PhD, RN, CNL, Cynthia Handrup, DNP, APRN, PMHCNS-BC, FAAN, Brayden N. Kameg, DNP, PMHNP-BC, CARN, CNE, Elizabeth Bonham, PhD, RN, PMHCNS-BC, FAAN, Andrea Kwasky, DNP, PMHNP-BC, PMHCNS-BC, Barbara Peterson, PhD, PMHCNS-BC, APRN, and Mitch Kordzikowski, DNP, MBA, APRN, PMHNP-BC, NE-BC  
ISPN Policy Committee  
*Leadership Development*

11:10 a.m.-12:10 p.m.

**Concurrent Session 2.3**

**Equity Gaps in Substance Use Disorder Treatment: Uncovering Disparities and Pursuing Culturally Responsive Solutions for Communities of Color**

Tonjanika Ballard, DNP, PMHNP-C  
Unique Holistic Care, LLC  
*Education/Teaching Pedagogy*

12:10 p.m.-1:30 p.m.

**Lunch Break (on your own)**

12:15 p.m.-1:15 p.m.

**Product Theater Sponsored by Neurocrine Biosciences**

Daniel E. Wesemann, DNP, MSW, RN, APRN, PMHNP-BC, FAANP  
University of Iowa



1:30 p.m.-2:00 p.m.

**Concurrent Session 3.1**

**The Shared Trauma Professional Post Traumatic Growth Inventory for Mental Health Nurses: A Feasibility Study**

April Hutto, MSN, PMHNP-BC, FNP-BC, APRN  
Columbia Psychiatric Associates  
*Psychotherapy*

1:30 p.m.-2:00 p.m.

**Concurrent Session 3.2**

**Counseling Specialization Students' Perspectives on Integrating Cognitive Behavioral Therapy at the Universal Tier into School-based Mental Health Services: A Content Analysis**

Cristina Lu, MSN, RN-BC  
Caldwell University  
*Evidence-Based Practice & Research*

1:30 p.m.-2:00 p.m.

**Concurrent Session 3.3**

**Fostering Lifelong Learning: The Role of Critical Reflection in Shaping PMHNP Student Development**

Sara Robinson, DNP, RN, PMHNP-BC  
University of New Hampshire  
*Education/Teaching Pedagogy*

2:00 p.m.-2:30 p.m.

**Concurrent Session 3.4**

**Implementing a Holistic, Student-centered Coaching Program in Prelicensure Nursing Education: A Case Study Review to Assist Future Healers and Leaders**

Sara Gifford, DNP, RN, AGCNS-BC  
University of Detroit, Mercy, McAuley School of Nursing  
*Education/Teaching Pedagogy*

2:00 p.m.-2:30 p.m.

**Concurrent Session 3.5**

**Promoting Health Equity by Reducing Violence in Behavioral Health Units**

Marchè Holt, DNP, RN  
Samford University  
*Evidence-Based Practice & Research*

2:00 p.m.-2:30 p.m.

**Concurrent Session 3.6**

**Meeting the Rural Health Challenge: Academic and Clinical Partnerships in Rural Mental Health**

Barbara Peterson, PhD, PMHCNS, APRN and Merri J. Kaas, PhD, APRN, PMHCNS, FAAN  
University of Minnesota  
*Education/Teaching Pedagogy*

2:30 p.m.-3:00 p.m.

**Refreshment Break**

2:30 p.m.-3:00 p.m.

**IMIN Meet and Greet**

3:00 p.m.-4:00 p.m.

**Concurrent Session 4.1**

**Components of Emerging Practice Models for the Management of Acute Psychiatric Emergencies**

Lyndon J. Taylor, RN, PHN, BSN  
University of Missouri  
*Leadership Development*

3:00 p.m.-3:30 p.m.

**Concurrent Session 4.2**

**Depression Trajectories Among Women with T2D: A Diagnostic-Agnostic Approach to Characterizing Depressive Symptom Profiles Over Five Years**

Nicole Perez, PhD, RN, PMHNP-BC  
New York University  
*Evidence-Based Practice & Research*

3:00 p.m.-4:00 p.m.

**Concurrent Session 4.3**

**Fading into the Background: The Overlooked Struggle of Women and Girls with ADHD**

Tonjanika Ballard, DNP, PMHNP-C

Unique Holistic Care, LLC

*Education/Teaching Pedagogy*

3:30 p.m.-4:00 p.m.

**Concurrent Session 4.4**

**Nurses Supporting Nurses: Assessment of Hospital-based Nurse Well-being**

Frankie Hale, PhD, RN

University of Hawaii, Manoa

*Evidence-Based Practice & Research*

4:10 p.m.-5:10 p.m.

**Diversity Award Plenary Lecture**

**Promoting Health Justice Among Immigrants and Refugees in Iowa**

Emily Sinnwell, DNP, ARNP, FNP-BC, PMHNP-BC

Clinical Assistant Professor, University of Iowa College of Nursing



5:20 p.m.-5:50 p.m.

**Concurrent Session 5.1**

**"Our Stories Are Our Way-Makers": Restoration of Hope and Self-efficacy Through Community Mediated Psychoeducation**

Kimberly McClellan, EdD, MSN, FNP-BC, WHNP-BC

Johns Hopkins University

*Evidence-Based Practice & Research*

5:20 p.m.-6:20 p.m.

**Concurrent Session 5.2**

**Archives: Update on the ISPN Society Journal**

Edilma Yearwood, PhD, PMHCNS-BC, FAAN<sup>1</sup>, Cynthia Taylor Handrup, DNP, APRN, PMHCNS-BC, FAAN<sup>2</sup>, Sally Raphael, MSN, RN, FAAN, and Pamela Galehouse, PhD, RN<sup>3</sup>

<sup>1</sup>Georgetown University School of Nursing, <sup>2</sup>University of Illinois, Chicago, and <sup>3</sup>Seton Hall University

*Evidence-Based Practice & Research*



5:20 p.m.-5:50 p.m.

**Concurrent Session 5.3**

**Preparing the Next Generation of Nurses Through an Unfolding Undergraduate Psychiatric Simulation**

Jennifer Graber, EdD, PMHCNS-BC and Caren Coffy-McCormick, DNP, PMHCNS-BC

University of Delaware

*Education/Teaching Pedagogy*

5:50 p.m.-6:20 p.m.

**Concurrent Session 5.4**

**Luna Mental Health Virtual Coach: Enhancing Student Resilience and Well-being Through Innovative AI-Based Chatbot**

Phillip Ola, PhD<sup>1</sup> and Ashlee Barnes, DNP, APRN, FNP-C<sup>2</sup>

<sup>1</sup>University of Detroit, Mercy and <sup>2</sup>McAuley School of Nursing

*Education/Teaching Pedagogy*

5:50 p.m.-6:20 p.m.

**Concurrent Session 5.5**

**Moral Distress, Courage, and Resilience: Teaching Undergraduate Nursing Students How to Apply These Concepts to Ethical Inquiry and Future Nursing Practice**

Cynthia P. Paidipati, PhD, APRN, PMH-NP/CNS-BC

Loyola University Chicago

*Education/Teaching Pedagogy*

7:00 p.m.-9:00 p.m.

**ISPN Foundation Reception: Healing through Connection**

(available at an additional fee)

Standard Ticket: \$100 | Student Ticket \$50

Proceeds fund research, wellness, and travel grants for psychiatric mental health nurses and the ISPN historical archives. We welcome everyone to join us for a nice meal, socializing, and finding some treasures and/or experiences!

Purchase tickets at [ispn-psych.org/2024-registration](https://ispn-psych.org/2024-registration) or email [info@ispn-psych.org](mailto:info@ispn-psych.org).

The ISPN Foundation Board is always looking for donated items to be placed in the auction, especially experiences! To find out more, visit [ispn-psych.org/2024-foundation-event](https://ispn-psych.org/2024-foundation-event).

**Friday, April 5, 2024**

7:00 a.m.-8:00 a.m.

**Yoga**

8:00 a.m.-5:30 p.m.

**Registration Open**

8:30 a.m.-9:30 a.m.

**Melva Jo Hendrix Lectureship  
Public Thought Leadership:  
Why Your Voice Matters**

Mona Shattell, PhD, RN, FAAN

Chair and Professor, Department of Nursing Systems, Hugh F. and Jeannette G. McKean Endowed Chair, College of Nursing, University of Central Florida





9:30 a.m.-3:30 p.m.

**Exhibits Open**

**Posters Available for Viewing**

9:40 a.m.-10:40 a.m.

**Concurrent Session 6.1**

**Stimulant Bootcamp: Pharmacodynamics, Pharmacokinetics, and How to Maximize Effectiveness without Continuously Increasing Dosages**

Ann Marie Jones, DNP, PMHNP-BC

University of North Carolina, Chapel Hill

*Psychopharmacology & Integrative Health*

9:40 a.m.-10:10 a.m.

**Concurrent Session 6.2**

**Addressing Systemic Racism and Generational Anxiety Using Bowenian Family Therapy on African American Populations: A Discursive Review**

Nia Josiah, DNP, PMHNP

Columbia University

*Psychotherapy*

9:40 a.m.-10:10 a.m.

**Concurrent Session 6.3**

**Advanced Practice Registered Nurses as Leaders in Crisis Intervention: My Experience with 988 Suicide and Crisis Lifeline**

Susan Glodstein, DNP, RN, PMHNP-BC, PMHCNS-BC

Binghamton University

*Education/Teaching Pedagogy*

10:10 a.m.-10:40 a.m.

**Concurrent Session 6.4**

**Leading the Adoption of a Nurse-Driven Screening Tool to Mitigate Patient Violence**

David Karcher, PMHCNS-BC, NEA-BC, PMHRN-BC and Rinka

Shiraishi, MSN, RN, SCRNP

Cedars-Sinai Health System

*Education/Teaching Pedagogy*

10:10 a.m.-10:40 a.m.

**Concurrent Session 6.5**

**Psychosocio-Economic Determinants of Suicide on a Global Perspective**

Endrex Nemenzo, MSN, MBA, RN

Cebu Normal University, Philippines and SHL Medical, Taiwan

*Education/Teaching Pedagogy*

10:40 a.m.-11:10 a.m.

**Refreshment Break**

10:40 a.m.-11:10 a.m.

**International Attendee Meet and Greet**

11:10 a.m.-12:10 p.m.

**Concurrent Session 7.1**

**Compassion Fatigue Among Psychiatric Mental Health: Advanced Practice Psychiatric Nurses**

Maria Eden Gianan, DNP, PMH-CNS, APN-BC

Edith Nourse Veterans Memorial Hospital

*Evidence-Based Practice & Research*

11:10 a.m.-11:40 a.m.

**Concurrent Session 7.2**

**Case Studies: Mindfulness Based Approaches to Increasing Resilience and Leveraging Optimal Well-Being**

Stacey Frawley, EdD, RN, ANP-BC, APHN-BC, MBSR-C

State University of New York, Stony Brook

*Evidence-Based Practice & Research*

11:10 a.m.-12:10 p.m.

**Concurrent Session 7.3**

**Utilization of Trauma Informed Care in Daily Practice**

Patrice Wade-Olson, DNP, AGPCNP-BC, AAHIV

Corktown Health Center and University of Detroit, Mercy

*Education/Teaching Pedagogy*

11:40 a.m.-12:10 p.m.

**Concurrent Session 7.4**

**Navigating Closure: The Art and Science of Termination in Client-Provider Relationships**

Mitchell Kordzikowski, DNP, MBA, APRN, PMHNP-BC, NE-BC

and Cynthia Handrup, DNP, APRN, PMHCNS-BC, FAAN

University of Illinois, Chicago, College of Nursing

*Psychotherapy*

12:10 p.m.-1:30 p.m.

**Lunch Break (on your own)**

12:15 p.m.-1:15 p.m.

**Product Theater Sponsored by Neurocrine Biosciences**

The Impact of Tardive Dyskinesia: The Data and a Patient Story



1:30 p.m.-3:00 p.m.

**ISPN Business Meeting and Awards Ceremony**

3:00 p.m.-3:30 p.m.

**Refreshment Break**

3:30 p.m.-4:30 p.m.

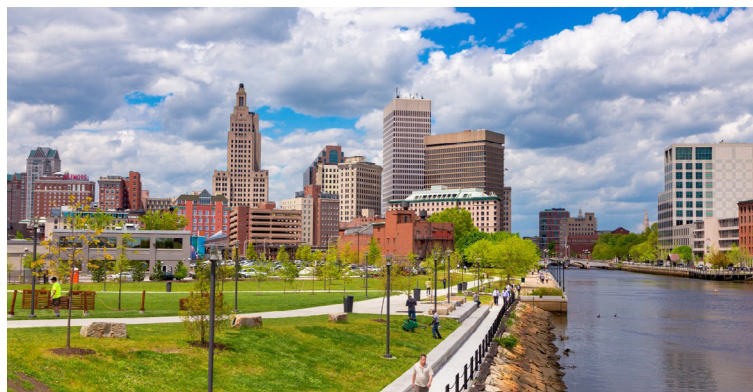
**Concurrent Session 8.1**

**Somatic Nursing: A Neuroscience Approach to Treating Mental Health Disorders and Conditions**

Emily Knife, RN, MSN-Edu, YT-500, MT

Emory University School of Nursing

*Psychotherapy*



3:30 p.m.-4:00 p.m.

**Concurrent Session 8.2**

**An Opioid Overdose Prevention Session: Improving BSN Student Knowledge and Confidence in the Management of Opioid Use and Implementation of Harm Reduction Strategies**

Brayden Kameg, DNP, PMHNP-BC, CARN-AP, CNE and Ann Mitchell, PhD, RN

<sup>1</sup>University of Pittsburgh School of Nursing  
*Education/Teaching Pedagogy*

3:30 p.m.-5:00 p.m.

**Workshop 1: Empowering Healthcare Worker Safety: A Call to Action for Urgently Needed Policy Reform and the Adoption of Effective Mitigation Strategies**

Jim J. Kane, MN, RN, CNS, NEA-BC<sup>1</sup>, Brayden Kameg, DNP, PMHNP-BC, CARN-AP, CNE<sup>2</sup>, David Karcher, MSN, PMH CNS-BC, NEA-BC, PMHRN-BC<sup>3</sup>, Mitch Kordzikowski, DNP, MBA, APRN, PMHNP-BC, PMH-BC, NE-BC<sup>4</sup>, Pamela Minarik, PhD, RN, CNS, FAAN<sup>5</sup>, Karen Ragaisis, DNP, PMHNP-BC, PMHCNS-BC, CARN-AP<sup>6</sup>, Sally Raphael, MS, APRN-PMH, FAAN<sup>7</sup>, and Elizabeth Steinmiller, MSN, PMHCNS-BC<sup>8</sup>

<sup>1</sup>University of California, San Diego, <sup>2</sup>University of Pittsburgh School of Nursing, <sup>3</sup>Cedars Sinai Medical Center, <sup>4</sup>University of Illinois, Chicago, College of Nursing, <sup>5</sup>Samuel Merritt University, <sup>6</sup>Quinnipiac University, University, <sup>7</sup>Retired, and <sup>8</sup>Children's Hospital of Philadelphia  
*Leadership Development*

4:00 p.m.-4:30 p.m.

**Concurrent Session 8.3**

**Utilizing Artificial Intelligence Technology to Promote Online Student Engagement**

Lee Hardin, DNP, MBA, RN, NE-BC, CNE, COI, Sherri Chatman, and Stephanie Wynn, DNP, RN-BC, PMHNP-BC, FNP-BC, FAANP, FNAP

Samford University  
*Education/Teaching Pedagogy*

4:40 p.m.-5:40 p.m.

**Concurrent Session 9.1**

**Gender-sensitive Therapeutic Use of Self in Trauma Informed Care: How Hard Can it Be?**

Emily Hauenstein, PhD, LCP, MSN, FAAN  
University of Virginia School of Nursing  
*Psychotherapy*

4:40 p.m.-5:40 p.m.

**Concurrent Session 9.2**

**Empowering Black Mental Wellness: Unveiling Disparities, Charting Pathways to Change**

Kirby Williams, MSN, PMHNP-BC  
Beacon Behavioral Health and Consulting, LLC and The PMHNP Source, LLC  
*Evidence-Based Practice & Research*



5:10 p.m.-5:40 p.m.

**Concurrent Session 9.3**

**Educating Undergraduate Nursing Students to Be Leaders in Suicide Prevention Through QPR Gatekeeper Training**

Robi Thomas, PhD, RN, PMHNP-BC and Andrea Kwasky, DNP, PMHNP-BC, PMHCNS-BC  
University of Detroit, Mercy  
*Education/Teaching Pedagogy*

5:50 p.m.-6:20 p.m.

**Concurrent Session 10.1**

**Advancing Civic Engagement Among Psychiatric Mental-Health Nurses**

Carrie Rewakowski, PhD, RN, NPD-BC, CNE  
Le Moyne College  
*Leadership Development*

5:50 p.m.-6:20 p.m.

**Concurrent Session 10.2**

**Promoting a Culture of Openness and Support in Law Enforcement**

Karan Kverno, PhD, PMHNP-BC, PMHCNS-BC, FAANP, FAAN<sup>1</sup>, Renee Waskovich White, DNP, FNP-BC, PMHNP-BC, Esq.<sup>2</sup>, and Julia Kaye Knauff, DNP, FNP-BC, PMHNP-BC<sup>3</sup>  
<sup>1</sup>Georgetown University School of Nursing, <sup>2</sup>Ocean County Prosecutor's Office, and <sup>3</sup>First Responder Peer Support Network  
*Evidence-Based Practice & Research*

5:50 p.m.-6:20 p.m.

**Concurrent Session 10.3**

**Development and Implementation of a Suicide Prevention Curriculum within a University Setting**

Caroline McKinnon, PhD, PMHCNS-BC  
Augusta University  
*Education/Teaching Pedagogy*

6:30 p.m.-7:30 p.m.

**Regional Meetings**

6:30 p.m.-7:30 p.m.

**Archives of Psychiatric Nursing Journal Reviewer Meeting**

7:30 p.m.-9:00 p.m.

**Student Event**

All students are invited to attend!





## Saturday, April 6, 2024

7:00 a.m.-8:00 a.m.

### Yoga

8:00 a.m.-11:30 a.m.

### Registration Open

8:30 a.m.-9:30 a.m.

#### Concurrent Session 11.1

##### **The Essential Triad of Nurse-Patient-Interpreter Relationship to Optimal Therapeutic Outcomes**

Marian Newton, PhD, PMHNP-BC, PMHCNS-BC, ANEF<sup>1</sup> and Karen Goyette Pounds, PhD, PMHCNS-BC<sup>2</sup>

<sup>1</sup>Shenandoah University, <sup>2</sup>Boston College

*Psychotherapy*

8:30 a.m.-9:30 a.m.

#### Concurrent Session 11.2

##### **Living and Working with Schizophrenia: Understanding the Role of Disenfranchised Grief, Metacognition and Meta-motivation**

Judith Jarosinski, PhD, RN

Salisbury University

*Evidence-Based Practice & Research*

8:30 a.m.-9:30 a.m.

#### Concurrent Session 11.3

##### **The Planet as My Patient: Mental Health Advocacy on a Global Scale at the United Nations: Bringing the Voice and Expertise of Nurses to the United Nations System**

Holly Shaw, PhD, RN

University of Minnesota School of Nursing and Long Island University

*Leadership Development*

9:40 a.m.-10:10 a.m.

#### Concurrent Session 12.1

##### **Using Comorbidity Cases to Strengthen Collaborative Care in PMHNP Nursing Education**

Marci Zsamboky, DNP, PMHNP-BC, CNE and Lori Dado, DNP, FNP-BC, PMHNP-BC

Duquesne University School of Nursing

*Education/Teaching Pedagogy*

9:40 a.m.-10:10 a.m.

#### Concurrent Session 12.2

##### **When is Depression Really Bipolar II Disorder?**

Caren Coffy-McCormick, DNP, APRN, PMHCNS-BC and Jennifer Graber, EdD, APRN, PMHCNS-BS

University of Delaware

*Psychopharmacology & Integrative Health*

9:40 a.m.-10:10 a.m.

#### Concurrent Session 12.3

##### **Health Equity Research Bootcamp Using Collaborative Community Resources**

Mary Louise Tatum, MPH, MSN, PMHNP-BC

Cleveland Clinic

*Leadership Development*

10:20 a.m.-10:50 a.m.

#### Concurrent Session 13.1

##### **The Community Psychiatric Nurse Practitioner: A Model for Workforce Development: The VNS Health Community Psychiatry Nurse Practitioner Fellowship**

Rachel Griffin, DNP, MPH, PMHNP-BC<sup>1</sup>, Andrea Abranoff, MSN, PMHNP-BC<sup>1</sup>, and Jules Ranz, MD<sup>1,2</sup>

<sup>1</sup>Visiting Nurse Services of New York and <sup>2</sup>Columbia University

*Leadership Development*

10:20 a.m.-11:20 a.m.

#### Concurrent Session 13.2

##### **Research Using the ISPN Historical Archives**

Catherine Kane, PhD, RN, FAAN, Professor Emerita and Julie Roebuck, DNP, PMHNP-BC

University of Virginia School of Nursing

*Evidence-Based Practice & Research*

10:20 a.m.-10:50 a.m.

#### Concurrent Session 13.3

##### **Keep Calm and Teach On! Personality Disorders and Simulated Group Therapy Session**

Jennifer Graber, EdD, PMHCNS-BC and Christine Hanna-Ronald, MSN, PMHNP-BC

University of Delaware

*Education/Teaching Pedagogy*

11:20 a.m.-11:50 a.m.

#### Refreshments and Snacks

11:50 a.m.-12:50 p.m.

#### Concurrent Session 14.1

##### **Diagnosis of Borderline Personality Disorder in Adolescents (BPD-A): A Rapid Review with Recommendations for Practice and Future Research**

Maricar Bana, BSN, RN, CNRN, HNB-BC and Michaela Hogan, DNP, APRN, PMHNP-BC, CNE

University of Florida

*Evidence-Based Practice & Research*

11:50 a.m.-12:50 p.m.

#### **Concurrent Session 14.2**

##### **No Room in the Curriculum: Considerations for Educating Advanced Practice Psychiatric Nurses to Provide Care for Neurodiverse Populations**

Holly E. Brown, DNP, RN, PMHNP-BC, PMHCS and Janiece DeSocio, PhD, RN, PMHNP-BC, FAAN  
Golisano Institute for Developmental Disability Nursing/St. John Fisher University  
*Education/Teaching Pedagogy*

11:50 a.m.-12:50 p.m.

#### **Concurrent Session 14.3**

##### **Violence Against Nurses in the Workplace: We Need to Act NOW!**

Emily Hauenstein, PhD, LCP, RN, MSN, FAAN<sup>1</sup>, Kathleen R. Delaney, PhD, APRN, PMH-NP, FAAN<sup>4</sup>, Joanne DeSanto Iennaco, PhD, APRN, PMHNP-BC, FAAN, FFMRCIS<sup>2</sup>, and Mona Shattell, PhD, RN, FAAN<sup>3</sup>  
<sup>1</sup>University of Virginia, School of Nursing, <sup>2</sup>Yale University School of Nursing, <sup>3</sup>University of Central Florida, and <sup>4</sup>Rush College of Nursing

1:00 p.m.-2:00 p.m.

##### **Susan McCabe Lecture and Closing Keynote You Can't Punish the Pain Out of People: A Toolkit for Practicing Radical Empathy**

Kimberly Dion, RN, PhD, CNE, CARN, FIAAN  
Clinical Professor, Elaine Marieb College of Nursing, University of Massachusetts Amherst



2:30 p.m.-3:30 p.m.

##### **ISPN Committee Chairs Meet with the Board of Directors**

Committee Chairs are invited to attend this portion of the Board meeting.

3:30 p.m.-5:00 p.m.

##### **ISPN Board of Directors Meeting**



## **Poster Session**

Poster 1

##### **Nursing Students' Response to Mindfulness Interventions: An Innovative Mental and Physical Educational Preparedness**

Ashlee Barnes, DNP, APRN, FNP-C and Arthur Ko, PhD, RN  
University of Detroit, Mercy  
*Education/Teaching Pedagogy*

Poster 2

##### **Scoping Review: Debriefing Types in Health Science Simulations**

Claire Song, BScPN, RPN, MSc  
Douglas College  
*Education/Teaching Pedagogy*

Poster 3

##### **A Pilot Study Integrating Simulation into a Psychiatric Mental Health Nurse Practitioner Program**

Rebecca Schroeder, DNP, MPH, PMHNP  
University of Maine  
*Education/Teaching Pedagogy*

Poster 4

##### **Metabolic Monitoring of Pediatric Patients Prescribed Second-generation Antipsychotic Medication**

Julie Roebuck, MSN, DNP, PMHNP-BC  
University of Virginia  
*Education/Teaching Pedagogy*

Poster 5

##### **Trauma's Far Reach**

Patrice Wade-Olson, DNP, AGPCNP-BC, AAHIV<sup>1</sup> and Arthur Ko, PhD, RN<sup>2</sup>

<sup>1</sup>Corktown Health Center and University of Detroit, Mercy,

<sup>2</sup>University of Detroit, Mercy

*Evidence-Based Practice & Research*

Poster 6

##### **Atypical Antipsychotics: Preventing and Mitigating Weight Gain**

Nick Dotson, DNP, APRN, PMHNP-BC, MSTOM, LAc and Cynthia Handrup, DNP, APRN, PMHCNS-BC, FAAN  
University of Illinois, Chicago  
*Psychopharmacology & Integrative Health*

Poster 7

##### **Mental Health Outcomes of Poor Access to Healthcare as it Relates to Pelvic Floor Dysfunction in Native American Women**

Lexxie Gramke, PhD, PMHNP-BC, AGPCNP-BC  
University of Illinois, Chicago  
*Evidence-Based Practice & Research*

Poster 8

##### **Nurse Leaders Strategies to Enhance Wellbeing for their Teams**

Mamilda Robinson, DNP, APN, PMHNP-BC  
Rutgers University School of Nursing  
*Leadership Development*



Student Poster 9

**Using Cognitive-Behavioral Therapy in the COPE Program to Reduce Anxiety and Depression: Group Therapy in a School Setting**

Meg Tomlins, MPH, RN  
University of Illinois, Chicago  
*Evidence-Based Practice & Research*

Poster 10

**Mental Health Literacy in Youth Sports: Supporting Coaches to Address Players Mental Health Concerns**

Donald Taylor, MS, RN, PMHNP-BC  
Oregon Health & Sciences University  
*Evidence-Based Practice & Research*

Poster 11

**Effectiveness of Mental Health First Aid as a Supportive Tactic on Resilience and Organizational Environment-Related Factors Among Nurses in the Wake of COVID-19: The Search Continues**

Rasha Eweida, PhD, MSc, BSN  
Collège of Health and Sport Sciences, Bahrain  
*Evidence-Based Practice & Research*

Poster 13

**Enhancing Maximal Response to Antidepressants with Patient-Centered Care: A Continuing Education Initiative**

Robert Lowney, MBA  
CMEology  
*Education/Teaching Pedagogy*

Student Poster 14

**Normalizing the Atypical: Understanding the Efficacy of Treatment Modalities for Atypical Anorexia Nervosa**

Meghan McGuigan, RN and Alexandra Constantinides, RN  
Columbia University School of Nursing  
*Evidence-Based Practice & Research*

Student Poster 15

**Reducing Nurse Burnout and Sentinel Events on an Inpatient Psychiatric Unit Using a Psychiatric Acuity Tool**

Ilana Abramowitz, RN, MSN  
University of Maryland, Baltimore  
*Leadership Development*

Student Poster 16

**Disruptive Clinician Behavior: A Qualitative Descriptive Study of Non-native English-speaking Nurses**

Seyoung Baik and Julie Bertram, PhD  
University of Missouri, St Louis  
*Leadership Development*

Student Poster 17

**Physical Violence Reduction Towards Staff in a Large Intercity Inpatient Psychiatric Unit**

Lawrencia Addo Darko, RN, BSN  
University of Maryland, Baltimore, School of Nursing  
*Evidence-Based Practice & Research*

Student Poster 18

**Unveiling the Invisible Wounds: Exploring Racial Trauma Through Evidence-Based Assessments**

Christopher E. O'Brien, DNP(c), MSN, RN and  
Cynthia Handrup, DNP, APRN, PMHCNS-BC, FAAN  
University of Illinois, Chicago  
*Evidence-Based Practice & Research*

Poster 19

**Enhancing the Capacity for Mental Health Research and Care in Cambodia: A Phenomenological Study**

Julie Bertram, PhD  
University of Missouri, St. Louis  
*Evidence-Based Practice & Research*



**International Society of  
Psychiatric-Mental Health Nurses**

Email: [info@ispn-psych.org](mailto:info@ispn-psych.org)

Website: [ispn-psych.org](http://ispn-psych.org)

