



ISPN 2025 Schedule at a Glance

March 19-22 • New Orleans Marriott Hotel

2025 Annual Conference Sponsors

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UMassAmherst

Elaine Marieb
College of Nursing

Wednesday, March 19, 2025

9:00 AM - 12:00 PM | Galerie 4, 2nd Floor

Pre-Meeting Workshop 1:

Implementing Cognitive Behavioral Therapy for Insomnia into Psychiatric Nursing Care *(Available at an additional fee)*

Elisa Stephens, DNP, PMHNP-BC, RN, Teton Mental Health LLC

12:00 PM - 7:00 PM | Galerie 5 Foyer, 2nd Floor

Registration Open

1:00 PM - 4:00 PM | Galerie 4, 2nd Floor

Pre-Meeting Workshop 2:

The Evolving Landscape of Women's Mental Health: A Psychopharmacology Workshop

(Available at an additional fee)

Tonjanika Ballard, DNP, PMHNP, Unique Holistic Care and Kirby Williams, APRN, PMHNP, The PMHNP Source

5:00 PM - 6:00 PM | St. Charles, 41st Floor

ISPN Regional Leaders Meeting

6:30 PM - 8:00 PM | Galerie 1, 2nd Floor

Opening Reception, Exhibits and Poster Session



Photo Booth sponsored by UMassAmherst

Elaine Marieb
College of Nursing

8:30 PM - 10:00 PM

Presidents Circle

(By invitation only)

Thursday, March 20, 2025

7:00 AM - 5:30 PM | Galerie 5 Foyer, 2nd Floor
Registration Open

7:30 AM - 8:30 AM | Balcony L, 4th Floor
ISPN New Member and Student Breakfast

7:30 AM - 8:30 AM | Beauregard, 5th Floor
ISPN Foundation Board of Directors Meeting

7:30 AM - 8:00 AM | Balcony I, 4th Floor
Yoga
Briana Snyder, PhD, RN, PMH-BC, CNE, RYT 200, Towson University
(All levels are welcome!)

7:30 AM - 8:30 AM | Galerie 5 Foyer, 2nd Floor
Continental Breakfast

8:00 AM - 5:30 PM | Jackson, 5th Floor
Relaxation Room Open



8:30 AM - 9:30 AM | Galerie 5, 2nd Floor
Welcome and Opening Keynote:
Where y'at? The Future of Nursing is Here and Now!
Katie Boston-Leary, PhD, MHA, MBA, RN, NEA-BC, FADLN,
American Nurses Association

Thursday, March 20, 2025 (Continued)

9:30 AM - 3:30 PM | Galerie 1, 2nd Floor
Poster Session (*Posters available for viewing*)

9:30 AM - 3:30 PM | Galerie 1, 2nd Floor
Exhibits Open

9:40 AM - 10:40 AM | Galerie 5, 2nd Floor
Concurrent Session 1.1:
Psychiatric Nurses Need to Know About Behavioral Health Care Payment Systems
Sally Raphael, MS, APRN-PMH, FAAN, Retired, Johns Hopkins School of Nursing
Leadership Development

9:40 AM - 10:40 AM | Balcony J, 4th Floor
Concurrent Session 1.2:
Utilization of Trauma Informed Care Principles Within the Classroom
Patrice Wade-Olson, AGPCNP-BC, AAHIV, University of Detroit, Mercy
Education/Teaching Pedagogy

9:40 AM - 10:10 AM | Balcony K, 4th Floor
Concurrent Session 1.3:
Psycho-Pharmacogenetic Testing....Why isn't Everyone Doing it?
Patricia Janson, DNP, PMHNP-BC, APRN, Hofstra University
Psychopharmacology and Integrative Health

Welcome to New Orleans!

Your dedication to psychiatric mental health nursing transforms lives every day. Thank you for the profound impact you are having on individuals, families, and communities.

Enjoy an inspiring and enriching ISPN 2025!

IOWA

College of Nursing



SCHOOL OF NURSING

UNIVERSITY OF MINNESOTA

Thursday, March 20, 2025 (Continued)

10:40 AM - 11:10 AM | Galerie 1, 2nd Floor

Refreshment Break

11:10 AM - 12:10 PM | Balcony K, 4th Floor

Concurrent Session 2.1:

Enhancing Clinical Skills in Nursing Education Through AI-Powered Virtual Case Assessment

Phillip Olla, PhD, Center for Augmenting Intelligence, University of Detroit Mercy and Gabrielle Abelard, DNP, PMHNP, PMHCNS-BC, FNAP, FAAN, University of Massachusetts, Amherst

Innovation and/or Artificial Intelligence

11:10 AM - 12:10 PM | Balcony J, 4th Floor

Concurrent Session 2.2:

Mental Health on a Short-Term Medical Mission: Effective Single Session Strategies

Donna Lee Williams, DNP, PMHNP-BC, APRN, Medical University of South Carolina

Psychotherapy

11:10 AM - 12:10 PM | Galerie 5, 2nd Floor

Concurrent Session 2.3:

Mood Stabilizers, Because Life's Too Short for Extremes

Daniel Wesemann, DNP, MSW, PMHNP-BC, ARNP, FAANP, University of Iowa College of Nursing

Psychopharmacology and Integrative Health

12:10 PM - 1:30 PM

Lunch Break (On your own)

1:30 PM - 2:30 PM | Balcony J, 4th Floor

Concurrent Session 3.1:

Cultivating a Culture of Safety and Addressing Workplace Violence Through Leadership Development

Kristen Kichefski, DNP, MBA, RN, PMH-BC, NEA-BC, Bradley Hospital and Morgan Lindberg, MEd, LMHC, Bradley Hospital

Leadership Development

1:30 PM - 2:00 PM | Balcony K, 4th Floor

Concurrent Session 3.2:

Community-Engaged Development of an Interprofessional Psychiatric-Mental Health Intake

Sara Banzhaf, DNP, APRN-NP, PMHNP-BC, Creighton University; Becky Davis, DNP, RN, PHNA-BC, Creighton University; and Paul Price, PharmD, BCPP, Creighton University School of Pharmacy and Health Professions

Evidence-based Practice and Research

1:30 PM - 2:00 PM | Galerie 5, 2nd Floor

Concurrent Session 3.3:

Pilot Study to Develop Algorithms for Acuity-Based Psychiatric Inpatient Admission

Karan Kverno, PhD, PMHNP-BC, PMHCNS-BC, FAANP, FAAN, Georgetown University School of Nursing

Innovation and/or Artificial Intelligence

Thursday, March 20, 2025 (Continued)

2:00 PM - 2:30 PM | Balcony K, 4th Floor

Concurrent Session 3.4:

DE BEST: A Collaborative Approach to Enhancing Mental Health, Resilience, and Wellness Across Delaware

Jennifer Saylor, PhD, APRN, ACNS-BC, University of Delaware and Jennifer Graber, EdD, APRB, PMHCNS-BC, University of Delaware

Evidence-based Practice and Research

2:00 PM - 2:30 PM | Galerie 5, 2nd Floor

Concurrent Session 3.5:

Nurse Practitioner and Social Worker Consultation: An Innovative Approach to Bridging Health Care Service and Communication Gaps for Veterans Experiencing Homelessness

Tess Judge-Ellis, DNP, ARNP, FNP-BC, PMHNP-BC, FAANP, University of Iowa and Karen Abendroth, MSW, Iowa City VA Health Care System

Innovation and/or Artificial Intelligence

2:30 PM - 3:00 PM | Galerie 1, 2nd Floor

Refreshment Break

2:30 PM - 3:00 PM | Balcony I, 4th Floor

IMIN Meet and Greet

3:00 PM - 4:00 PM | Balcony J, 4th Floor

Concurrent Session 4.1:

Management of Perinatal Mood and Anxiety Disorders (PMAD)

Brayden Kameg, PhD, DNP, PMHNP-BC, CARN-AP, CNE, FIAAN, University of Pittsburgh School of Nursing and Kirstyn Kameg, DNP, PMHNP-BC, FAANP, Robert Morris University

Psychopharmacology and Integrative Health

3:00 PM - 3:30 PM | Balcony K, 4th Floor

Concurrent Session 4.2:

Growing Grit: Perseverance and Passion in Nursing Education

Heather Keperling, EdD, MSN, RN, Alvernia University

Education/Teaching Pedagogy

3:00 PM - 3:30 PM | Galerie 5, 2nd Floor

Concurrent Session 4.5:

Integrating Attachment-Informed Assessment and Interventions with Persons Across the Lifespan Aimed at Increasing Attachment Security, Emotion Regulation and Improvement of Wellbeing

Fatima Ramos-Marcuse, PhD, PMHNP-BC, Private Practice and Columbia University School of Nursing

Evidence-based Practice and Research

3:30 PM - 4:00 PM | Galerie 5, 2nd Floor

Concurrent Session 4.3:

ISPN Global Partners: Strengthening Impact and Enhancing Contributions to Mental Health Services Worldwide

Moderators:

Barbara Peterson, PhD, PMHCNS-BC, APRN, FNAP, ISPN President and University of Minnesota and Amanda Baltierra, DNP, MPH, FNP-BC, PMHNP-BC, Dominion Center for Behavioral Health Services

Panel:

Jennifer M. Manning DNS, ACNS-BC, CNE, FCNS, National Association of Clinical Nurse Specialists (NACNS); Edilma L. Yearwood, PhD, RN, PMHCNS-BC, FAAN, Global Alliance for Behavioral Health and Social Justice; Rie Chiba, PhD, RN, PHN, Japan Academy of Mental Health Nursing (JAPMHN); and Dana Murphy-Parker, MS, PMHNP-BC, CARN-AP, FIAAN, The International Nurses Society on Addictions
Leadership Development

3:30 PM - 4:00 PM | Balcony K, 4th Floor

Concurrent Session 4.4:

Development of a Culturally Tailored Psychological First Aid Curriculum

Joseph Tulip, MS, PMHNP-BC, UMass Chan Medical School - Tan Chingfen Graduate School of Nursing and Mechelle Plasse, PhD, PMHNP-BC, UMass Chan Medical School - Tan Chingfen Graduate School of Nursing
Education/Teaching Pedagogy

4:10 PM - 5:10 PM | Galerie 5, 2nd Floor

Diversity Award Plenary Lecture:

Visioning the Inclusion of Indigenous Nurses in Mental Health Nursing: A Pathway to Culturally Safe Nursing

Teresa N. Brockie, PhD, RN, FAAN (Aaniiih), Johns Hopkins Center for Indigenous Health

5:15 PM - 6:15 PM | Beauregard, 5th Floor

DEI Committee Meeting

6:00 PM - 8:30 PM | Galerie 5, 2nd Floor

ISPN Foundation Auction and Dinner Event *(Ticketed Event)*

Dr. Fatima
Ramos-Marcuse,
PhD, NPP

Mental Health Care for Children,
Adolescents, Families, and Adults



Dr. Fatima Ramos-Marcuse, PhD, NPP, PLLC is a private practice specializing in mental health care of children, adolescents, adults and families.

This private practice is located in Mamaroneck, New York. This practice is highly dedicated to educating and training graduate students in psychiatric mental health nursing where students learn and practice important clinical skills.

Image by Freepik.com

7:30 AM - 8:00 AM | Balcony I, 4th Floor

Yoga

Briana Snyder, PhD, RN, PMH-BC, CNE, RYT 200, Towson University

(All levels are welcome!)

8:00 AM - 5:30 PM | Galerie 5 Foyer, 2nd Floor

Registration Open

8:00 AM - 5:30 PM | Jackson, 5th Floor

Relaxation Room Open



8:00 AM - 8:45 AM | Galerie 5 Foyer, 2nd Floor

Continental Breakfast



8:30 AM - 9:30 AM | Galerie 5, 2nd Floor

AI Innovations Plenary Lecture:

Future of Psychiatric Nursing: AI Innovations in Education and Clinical Practice

Phillip Olla, PhD, Center for Augmenting Intelligence, University of Detroit Mercy

9:30 AM - 3:30 PM | Galerie 1, 2nd Floor

Poster Session *(Posters available for viewing)*

9:30 AM - 3:30 PM | Galerie 1, 2nd Floor

Exhibits Open

9:40 AM - 10:40 AM | Galerie 5, 2nd Floor

Concurrent Session 5.1:

ISPN Presidents Panel: What We Bring From the Past as We Advance: Learning From Wise, Caring Psychiatric-Mental Health Leaders

Moderators:

Susan Glodstein, DNP, RN, PMHNP-BC, PMHCNS-BC, Binghamton University, Decker College of Nursing & Health Sciences and Jim J. Kane, MN, RN, CNS, NEA-BC, University of California San Diego Health

Panel:

Kathleen Delaney, PhD, PMHNP, Rush College of Nursing; Shawn Gallagher, PhD, PMHNP-BC, PMHCNS-BC, FNP-BC, University of Arizona; Cheryl Woods Giscombe, PhD, PMHNP-BC, FAAN, FABMR, University of North Carolina, Chapel Hill, School of Nursing; Sara Horton-Deutsch, PhD, RN, PMHCNS, FAAN, ANEF, SGAHN, University of San Francisco; Ukamaka Oruche, PhD, RN, PMHCNS-BS, FAAN, University of South Florida College of Nursing; Barbara Peterson, PhD, PMHCNS, APRN, FNAP, University of Minnesota; Victoria Soltis-Jarrett, PhD, PMHNP-BC, FAANP, FAAN, University of North Carolina, Chapel Hill; and Edilma Yearwood, PhD, RN, PMHCNS-BC, FAAN, Georgetown University

Leadership Development

9:40 AM - 10:40 AM | Balcony J, 4th Floor

Concurrent Session 5.2:

The Lived Experience of Acknowledging Self Within the Therapeutic Relationship

Beth Bonham, PhD, RN, PMHCNS-BC, FAAN, Bonham Associates LLC; Amanda Baltierra, DNP, MPH, FNP-BC, PMHNP-BC, Dominion Center for Behavioral Health Services; and Andrea Kwasky, DNP, PMHNP-BC, PMHCNS-BC, University of Detroit, Mercy

Psychotherapy

9:40 AM - 10:10 AM | Balcony K, 4th Floor

Concurrent Session 5.3:

Lessons Learned From the Garnering Resilience in Traumatized Youth and Families (GRIT) Study

Dawn Bounds, PhD, PMHNP-BC, University of California, Irvine and Afsaneh Saghafi, MSN, RN, University of California, Irvine

Evidence-based Practice and Research

10:10 AM - 10:40 AM | Balcony K, 4th Floor

Concurrent Session 5.4:

Supporting the Development of Emotional Intelligence and Resilience in Undergraduate Nursing Students

Nadine Wodwaski, DNP, MSN-ed, ACNS, RN, University of Detroit, Mercy; Elaine Webber, DNP, PPCNP-BC, IBCLC, University of Detroit, Mercy; and Sonya Kowalski, DNP, RN, ACNS-BC, University of Detroit, Mercy

Education/Teaching Pedagogy

10:40 AM - 11:10 AM | Galerie 1, 2nd Floor

Refreshment Break

10:40 AM - 11:10 AM | Balcony I, 4th Floor

International Meet and Greet

11:10 AM - 12:10 PM | Balcony J, 4th Floor

Concurrent Session 6.1:

Deprescribing in Psychiatric Practice

Kirby Williams, APRN, PMHNP, The PMHNP Source

Psychopharmacology and Integrative Health

11:10 AM - 12:10 PM | Galerie 5, 2nd Floor

Concurrent Session 6.2:

Advancing Psychiatric Consultation Liaison Nursing: Innovation, Practice and Culture Change to Address Patient Safety Needs and Health Inequities Within Medical Settings

Pamela Minarik, PhD, RN, CNS, FAAN, Samuel Merritt University; Elizabeth Steinmiller, MSN, PMHCNS-BC, Children's Hospital of Philadelphia; David Karcher, MSN, PMH CNS-BC, NEA-BC, PMHRN-BC, Cedars-Sinai; Jim J. Kane, MN, RN, CNS, NEA-BC, University of California San Diego Health; and Karen Ragaisis, DNP, PMHNP-BC, PMHCNS-BC, CARN-AP, Hartford Healthcare

Evidence-based Practice and Research

11:10 AM - 11:40 AM | Balcony K, 4th Floor

Concurrent Session 6.3:

Artificial Intelligence and Dementia Caregiving: A Systematic Review

Jaclene A. Zauszniewski, PhD, RN-BC, FAAN, Case Western Reserve University

Innovation and/or Artificial Intelligence

11:40 AM - 12:10 PM | Balcony K, 4th Floor

Concurrent Session 6.4:

Strategic Actions for PMH Nurse Inclusion in Health Workforce Planning

Kathleen Delaney, PhD, PMHNP, Rush College of Nursing; Cynthia Handrup, DNP, APRN, PMHCNS-BC, FAAN, University of Illinois, Chicago; and Victoria Soltis-Jarrett, PhD, PMHNP-BC, FAANP, FAAN, University of North Carolina, Chapel Hill
Leadership Development

12:10 PM - 1:30 PM | Galerie 5, 2nd Floor

Medical Symposium and Luncheon Sponsored by Neurocrine Biosciences, Inc.

Dawn Vanderhoef, PhD, DNP, PMHNP-BC, FAANP, Neurocrine Biosciences, Inc. and Olga Klepitskaya, MD, FAAN, Neurocrine Biosciences, Inc.



12:10 PM - 1:30 PM

Lunch Break *(On your own)*

1:30 PM - 2:45 PM | Galerie 5, 2nd Floor

ISPN Business Meeting and Awards Ceremony

2:45 PM - 3:15 PM | Balcony K, 4th Floor

ISPN Program Directors Meeting

2:45 PM - 3:15 PM | Galerie 1, 2nd Floor

Refreshment Break

3:15 PM - 4:15 PM | Galerie 5, 2nd Floor

Concurrent Session 7.1:

It Takes More Than a Village: Advancing Psychiatric Mental Health Nursing Practice and Innovation to Address the Pediatric Mental Health Crisis

Elizabeth Steinmiller, MSN, PMHCNS-BC, Children's Hospital of Philadelphia; Kathleen Delaney, PhD, PMHNP, Rush College of Nursing; and Sally Raphael, MS, APRN-PMH, FAAN, Retired, Johns Hopkins School of Nursing
Leadership Development

FREE EDUCATIONAL RESOURCES on Tardive Dyskinesia and Other Drug-Induced Movement Disorders

These educational resources were sponsored and developed by Neurocrine Biosciences, Inc.

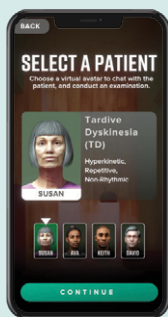
Discover TD®

Discover TD® is an interactive experience designed to inform health care providers about tardive dyskinesia and other drug-induced movement disorders. By interacting with hypothetical virtual patients, you can diagnose and determine an appropriate management plan.^a

^aFor educational purposes only. Should not be interpreted as medical advice for any particular patient. Individual results may vary.

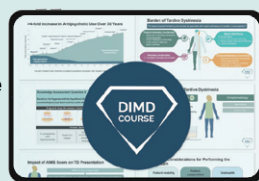
Experience
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DIMD Course

The **DIMD Course** is a free, virtual learning resource for health care providers that delves into various clinical aspects of the most common DRBA-induced movement disorders.



Join the
DIMD Course

dimdcourse.getlearnworlds.com



Neurocrine Medical Website

The **Neurocrine Medical Website** houses a variety of resources, such as educational podcasts and videos, to assist healthcare providers in the recognition and appropriate differentiation of DRBA-induced movement disorders.



Visit the
Neurocrine Medical Website

neurocrinemedical.com



DIMD, drug-induced movement disorder; DRBA, dopamine receptor-blocking agent; TD, tardive dyskinesia.

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Friday, March 21, 2025 (Continued)

3:15 PM - 3:45 PM | Balcony K, 4th Floor

Concurrent Session 7.2:

Ten Years and Going Strong: Interprofessional Education in Psychiatric Mental Health Graduate Education

Barbara Peterson, PhD, PMHCNS, APRN, FNAP, University of Minnesota; Elizabeth Hopfenspirger, DNP, MSN, APRN, CNP, FNP-BC, PMHNP-BC, University of Minnesota; and Elena Geiger-Simpson, DNP, PMHNP-BC, APRN, RN, PHN, University of Minnesota

Education/Teaching Pedagogy

3:15 PM - 3:45 PM | Balcony J, 4th Floor

Concurrent Session 7.3:

Biophilia in Healthcare: The Healing Power of Nature and Implications for Psychiatric Practice

Mitchell Kordzikowski, DNP, MBA, APRN, PMHNP-BC, PMH-BC, NE-BC, University of Illinois, Chicago

Innovation and/or Artificial Intelligence

3:45 PM - 4:15 PM | Balcony K, 4th Floor

Concurrent Session 7.4:

Breaking Barriers: Reducing Stigma and Enhancing Collaboration in the Care of Pregnant Women With Opioid Use Disorder

Demetrice Smith, DNP, RN, Louisiana State University Health Sciences, School of Nursing

Evidence-based Practice and Research

3:45 PM - 4:15 PM | Balcony J, 4th Floor

Concurrent Session 7.5:

Women Veterans and Risk of Illicit Substance Use and Use Disorders: A Secondary Analysis of the Substance Abuse Mental Health Services Administration National Survey on Drug Use and Health

Brayden Kameg, PhD, DNP, PMHNP-BC, CARN-AP, CNE, FIAAN, University of Pittsburgh School of Nursing

Evidence-based Practice and Research

4:25 PM - 5:25 PM | Balcony J, 4th Floor

Concurrent Session 8.1:

Integrative and Functional Psychiatry: A Prevention Model for Depression and Neurodegenerative Conditions

David Agor, DNP, PMHNP-BC, HIVPCP1, University of Pennsylvania; Camesha Thompson, BSS, BSN, RN, ACRN, The Minority Fellowship Program, Walden University; and Eugenia Flores Millender, PhD, RN, PMHNP-BC, FAAN, The Minority Fellowship Program, College of Nursing, Florida State University

Psychopharmacology and Integrative Health

4:25 PM - 5:25 PM | Balcony K, 4th Floor

Concurrent Session 8.2:

Bridging Disciplines: Training Nurse Practitioners and Licensed Clinical Social Workers to Treat Substance Use Disorders Using a Community-Engaged, Social Justice and Trauma-Informed Pedagogy

Shaquita Starks, PhD, PMHNP, Emory University Nell Hodgson Woodruff School of Nursing

Education/Teaching Pedagogy

Friday, March 21, 2025 (Continued)

4:25 PM - 5:25 PM | Galerie 5, 2nd Floor

Concurrent Session 8.3:

Diagnosing and Treating Emotional Dysregulation in Children

Amanda Baltierra, DNP, MPH, FNP-BC, PMHNP-BC, Dominion Center for Behavioral Health Services and Stephanie Wynn, DNP, PMH-BC, PMHNP-BC, FNP-BC, FAANP, FNAP, Samford University

Evidence-based Practice and Research

5:45 PM - 6:45 PM | Galerie 5, 2nd Floor

Regional Meetings

5:45 PM - 7:00 PM | St. Charles, 41st Floor

Archives of Psychiatric Nursing Journal Editorial Board Meeting

7:00 PM - 7:30 PM | Beauregard, 5th Floor

Student Social

7:30 PM - 9:00 PM | Galerie 5, 2nd Floor

Everybody's Work: Film Screening and Panel

Panel:

Gabrielle Abelard, DNP, APRN-BC, FAAN, FNAP

Katie Boston-Leary, PhD, MHA, MBA, RN, NEA-BC, FADLN

Mona Shattell, PhD, RN, FAAN

Shaquita Starks, PhD, PMHNP

Saturday, March 22, 2025

7:30 AM - 8:00 AM | Balcony I, 4th Floor

Yoga

Briana Snyder, PhD, RN, PMH-BC, CNE, RYT 200, Towson University

(All levels are welcome!)

8:00 AM - 11:30 AM | Galerie 5 Foyer, 2nd Floor

Registration Open

8:00 AM - 11:30 AM | Jackson, 5th Floor

Relaxation Room Open



8:00 AM - 8:45 AM | Galerie 5 Foyer, 2nd Floor

Continental Breakfast

8:30 AM - 9:30 AM | Balcony K, 4th Floor

Concurrent Session 9.1:

Geriatric Physical and Psychosocial Complications That Affect Life Quality

Marian Newton, PhD, PMHNP-BC, PMHCNS-BC, ANEF, FAAN, Shenandoah University

Psychotherapy

Saturday, March 22, 2025 (Continued)

8:30 AM - 9:30 AM | Galerie 5, 2nd Floor

Concurrent Session 9.2:

Psychological Disaster-Preparedness for Communities and Healthcare Professionals in the Context of Climate Change: A Pivotal Role for Psychiatric Mental Health Nurses

Mechelle Plasse, PhD, PMHNP-BC, UMass Chan Tan Chingfen Graduate School of Nursing

Evidence-based Practice and Research

8:30 AM - 9:00 AM | Balcony J, 4th Floor

Concurrent Session 9.3:

Cultivating Well-Being With Social Prescribing

Karen Corcoran, DNP, APRN, PMHNP-BC, CHSE, Fairfield University; Kathryn Phillips, PhD, APRN, Fairfield University; and Samantha Mraz, DNP, APRN, PMHNP-BC, Fairfield University

Education/Teaching Pedagogy

9:00 AM - 9:30 AM | Balcony J, 4th Floor

Concurrent Session 9.4:

Utilization of a Behavioral Health Virtual Educational Escape Room Within a Baccalaureate Nursing Program

Valerie Seney, PhD, MA, LMHC, PMHNP-BC, Foundations for Wellness

Education/Teaching Pedagogy

9:40 AM - 10:40 AM | Galerie 5, 2nd Floor

Concurrent Session 10.2:

Gut Harmony, Mental Health, and the Power of Colon Cleansing: Unveiling the Gut-Brain Connection

Ine Saka, FNP-BC, PMHNP-BC, Empathy Wellness Center

Psychopharmacology and Integrative Health

9:40 AM - 10:40 AM | Balcony J, 4th Floor

Concurrent Session 10.3:

Transforming the Response to the Opioid Epidemic: Advocating for a Low-Threshold Treatment

Derrick Glymph, PhD, DNAP, CRNA, CHSE, CNE, COL, USAR, FAANA, FAAN, Duke University

Evidence-based Practice and Research

9:40 AM - 10:40 AM | Balcony J, 4th Floor

Concurrent Session 10.4:

Whole Worker Health Survey: Advancing Health Equity

Emily Sinnwell, DNP, ARNP, FNP-BC, PMHNP-BC, University of Iowa

Evidence-based Practice and Research

10:50 AM - 11:50 AM | Galerie 5, 2nd Floor

Concurrent Session 11.1:

Benzodiazepine Boot Camp: Strategies to Decrease Use

Ann Marie Jones, DNP, PMHNP-BC, University of North Carolina, Chapel Hill

Psychopharmacology and Integrative Health

Saturday, March 22, 2025 (Continued)

10:50 AM - 11:20 AM | Balcony J, 4th Floor

Concurrent Session 11.2:

Mutually Beneficial Collaborations: Establishing a PMHNP Residency Program With VA and Academic Institutions

Cynthia Handrup, DNP, APRN, PMHCNS-BC, FAAN, University of Illinois, Chicago; Jesse Herron, DNP, PMHNP-BC, Jesse Brown VA; and Carolyn Dickens, PhD, APRN, ACNP-BC, University of Illinois, Chicago

Education/Teaching Pedagogy

10:50 AM - 11:20 AM | Balcony K, 4th Floor

Concurrent Session 11.3:

Exercise Is Medicine for Adolescents With Substance Use Disorders

Jeanette Green, PhD, APRN, PMHNP-BC, CPNP-PC, PMHS, Emory University

Evidence-based Practice and Research

11:20 AM - 11:50 AM | Balcony K, 4th Floor

Concurrent Session 11.4:

Cracking the Code: Mastering Teen Communication for Nurses and Educators

Kristen Vandenberg-Harrison, DNP, FNP, PMHNP-BC, University of Colorado, Colorado Springs

Education/Teaching Pedagogy

11:20 AM - 11:50 AM | Balcony J, 4th Floor

Concurrent Session 11.5:

Psychedelic-Assisted Psychotherapy (PAP), Psychiatric Nurse Practitioners' Legal Risks, and Patient Benefits: A Novel Model to Help Psychiatric Nurse Practitioners Weigh the Cost-Benefit of Engaging in PAP

Zachary Ulrich, JD, MDR, MA, RN, Ulrich Advisors

Evidence-based Practice and Research

11:50 AM - 12:20 PM | Galerie 5 Foyer, 2nd Floor

Refreshment Break

12:20 PM - 1:20 PM | Galerie 5, 2nd Floor

Concurrent Session 12.1:

ISPN Policy Committee 2024-2025: Working Together on Policies to Promote and Sustain Mental Health and Well-Being

Pamela Galehouse, PhD, RN, CNL, Seton Hall University; Beth Bonham, PhD, RN, PMHCNS-BC, FAAN, Bonham Associates LLC; Cynthia Handrup, DNP, APRN, PMHCNS-BC, FAAN, University of Illinois, Chicago; Brayden Kameg, PhD, DNP, PMHNP-BC, CARN-AP, CNE, FIAAN, University of Pittsburgh School of Nursing; Mitchell Kordzikowski, DNP, MBA, APRN, PMHNP-BC, PMH-BC, NE-BC, University of Illinois, Chicago; Andrea Kwasky, DNP, PMHNP-BC, PMHCNS-BC, University of Detroit, Mercy; and Sally Raphael, MS, APRN-PMH, FAAN, Retired, Johns Hopkins School of Nursing

Leadership Development

Saturday, March 22, 2025 (Continued)

12:20 PM - 1:20 PM | Balcony J, 4th Floor

Concurrent Session 12.2:

Psychotherapy Impact Survey: Evaluating Student, Alumni and Employers Experiences With PMHNP Programs

Daniel Wesemann, DNP, MSW, PMHNP-BC, ARNP, FAANP,
University of Iowa College of Nursing
Education/Teaching Pedagogy

12:20 PM - 1:20 PM | Balcony K, 4th Floor

Concurrent Session 12.3:

Multigenerational Trauma and the Holocaust: A Daughter's Clinical Exemplar

Andrea Kwasky, DNP, PMHNP-BC, PMHCNS-BC, University of
Detroit, Mercy and Elaine Webber, DNP, PPCNP-BC, IBCLC,
University of Detroit, Mercy
Evidence-based Practice and Research

Saturday, March 22, 2025 (Continued)

1:30 PM - 2:30 PM | Galerie 5, 2nd Floor

Susan McCabe Lecture and Closing Endnote:

The Use of Psychedelics in Clinical Practice

C.J. Spotswood, MSN, PMHNP-BC
Maine General Medical Center

2:45 PM - 5:00 PM | St. Charles, 41st Floor

Board of Directors Meeting

FREE VIRTUAL COURSES FOR NURSES

Join the leader in mental health to expand
your knowledge this year!

March 26

- Anxiety and OCD in Kids and Teens

April 24

- Addressing Borderline Personality Disorder and
Self Harm

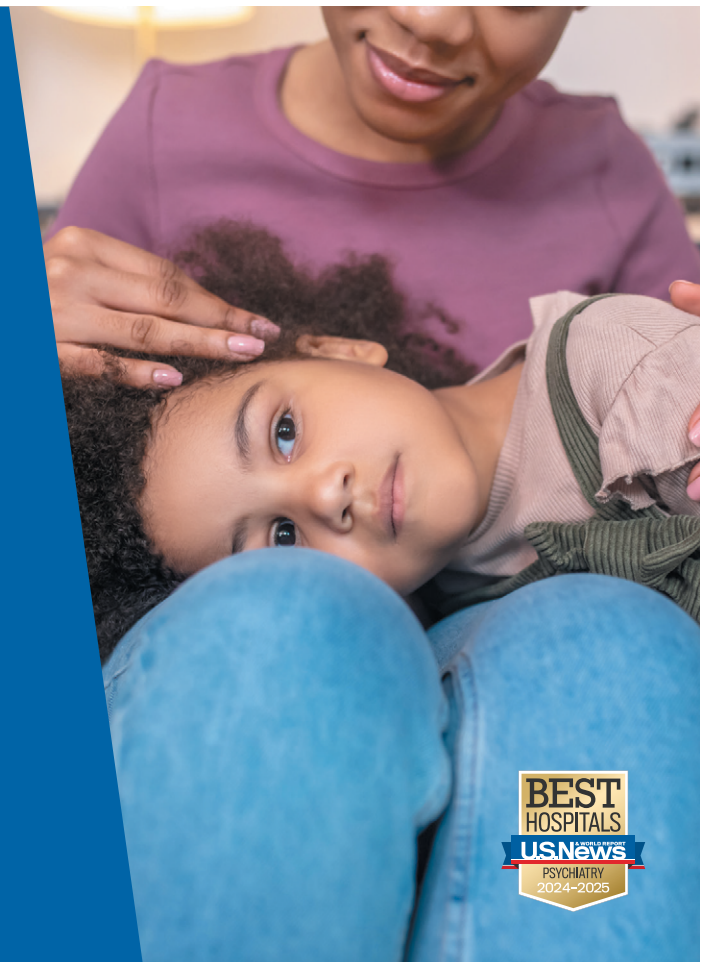
Upcoming One-Hour Webinars

- Effectively Diagnosing and Treating Eating Disorders
- Managing and Treating Trauma and PTSD

mcleanme.org

Deconstructing**Stigma**

Presented by **McLean Hospital**



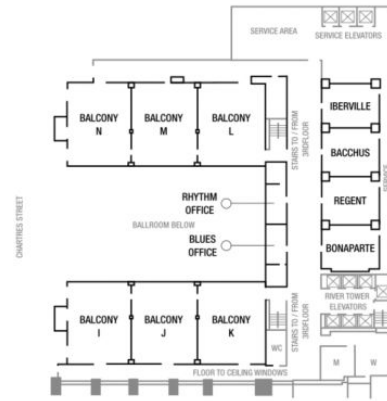
ISPN 2025 Annual Conference Floor Plans

New Orleans Marriott Hotel

2ND FLOOR



4TH FLOOR



5TH FLOOR



41ST FLOOR



Innovation With Heart

A TRIBUTE TO PEGGY DULANEY

ISPN Foundation Auction and Dinner Event

Thursday, March 20, 2025 • 6:00 p.m. - 8:30 p.m.

Proceeds fund research, wellness, and travel grants for psychiatric-mental health nurses and the ISPN Historical Archives.

Standard Ticket: \$125

Student Ticket: \$50

- PURCHASE TICKETS VIA THE CONFERENCE REGISTRATION FORM OR EMAIL [INFO@ISPN-PSYCH.ORG](mailto:info@ispn-psych.org) -

webinars

ISPN is excited to bring you
exceptional learning opportunities

Upcoming Webinar: Cyberbullying

Presenter: Elizabeth Hutson
May 28, 2025, 12:00 pm ET

Topics coming later in 2025 include:
child/adolescent psychopharmacology and substance use in youth.

To register for any upcoming or on demand webinars,
visit ispn-psych.org/ispn-webinars





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