



The International Society of Psychiatric-Mental Health Nurses Presents

ISPN 2026

March 18-21, 2026 • Grand Hyatt Seattle

2026 ISPN Abstract Submission Guidelines

Abstract Submission Deadline: Sunday, September 7, 2025

Please develop abstract submissions around the conference theme and suggested content listed below.

***"Innovate, Integrate, INSPIRE:
Charting the Future of Psychiatric Nursing"***

Please note: the Conference Committee will prioritize one abstract submission per primary presenter.

Suggested Content

The **International Society of Psychiatric-Mental Health Nurses (ISPN)** is proud to present an exciting program guided by the theme "Innovate, Integrate, INSPIRE: Charting the Future of Psychiatric Nursing." This year's conference, taking place **March 18-21, 2026** at the Grand Hyatt Seattle, will feature leading-edge content focused on innovation, integration, advancements in psychiatric-mental health nursing practice, prevention and treatment of substance use and co-occurring disorders.

Abstract Prioritization:

Presenters may submit more than one abstract; however, to ensure broad participation and a diversity of perspectives, the Conference Committee will prioritize acceptance of one oral abstract per primary presenter. Abstracts that closely align with the conference theme will be given priority during the review process. All submissions will undergo a double blinded peer review to support fairness and objectivity in the selection process.

Conference Goals:

- Advance innovation and excellence in psychopharmacological treatment across the psychiatric nursing continuum.
- Integrate emerging technologies and artificial intelligence (AI) into advanced psychiatric-mental health nursing practice and education.
- Promote equitable, trauma-informed, and culturally responsive care to diverse populations with a focus on evidence-based therapeutic modalities.
- Enhance research translation and evidence-based interventions for the prevention and treatment of substance use and co-occurring mental health disorders.
- Inspire leadership, innovation, and transformative approaches in advanced psychiatric mental health nursing education and workforce development.

Annual Conference Objectives:

At the end of this Conference, the participant should be able to:

Goal 1 Objectives

1. Identify emerging trends in psychopharmacology applicable to advanced psychiatric-mental health nursing practice.
2. Demonstrate increased understanding of evidence-based prescribing principles through participation in interactive discussions .
3. Evaluate patient safety and monitoring strategies related to psychotropic medication use through case-based dialogue.

Goal 2 Objectives

1. Analyze at least two clinical applications of AI in psychiatric nursing through expert-led presentations.
2. Identify ethical considerations and clinical implications of digital mental health technologies through panel discussions.
3. Draft an implementation plan for integrating technology into practice or educational environments.

Goal 3 Objectives

1. Describe three culturally responsive care strategies for use in diverse psychiatric settings.
2. Examine trauma-informed care models during case presentations focused on underserved and marginalized communities.
3. Complete a structured self-assessment tool to evaluate and reflect on equity and inclusion practices.

Goal 4 Objectives

1. Identify and compare harm reduction strategies for individuals with co-occurring psychiatric and substance use disorders.
2. Critically review recent evidence on relapse prevention and integrative treatment models in psychiatric care.
3. Discuss policy and education initiatives that support access and reduce stigma in substance use treatment.

Goal 5 Objectives

1. Develop a leadership action item informed by presentations and peer exchange.
2. Explore and reflect on new teaching innovations to incorporate into psychiatric

nursing education.

3. Analyze workforce trends and articulate key priorities for developing the future of the psychiatric nursing workforce.

Types of Submissions

Abstracts will be reviewed under the following six categories:

- Evidence-Based Practice and Research
- Advancing Equity and Inclusion: Trauma-Informed and Culturally Responsive Psychiatric Nursing
- Innovation and/or Artificial Intelligence
- Substance Use and Co-Occurring Disorders
- Psychopharmacology
- Psychotherapy

Pharmacology Content:

Pharmacology contact hours are intended to strengthen prescribing knowledge and clinical monitoring skills related to pharmacotherapy. Acceptable topics include pharmacokinetics, drug mechanisms, side effect management, and clinical application. For pharmacology credit to be awarded, content must be supported by the presentation's learning objectives and session details. Casual or incidental mentions of medications will not qualify.

During abstract submission, you will be asked to estimate the number of minutes within your presentation that will directly address pharmacology content. The options available are: 120, 90, 60, 45, 30, 15, and or 0 minutes.

Presentation Content/Format

Oral Presentations: (30 or 60 minutes):

Sessions should focus on research, clinical innovations, education, or administrative topics. Active participant engagement is highly encouraged.

- Research presentations should highlight outcomes and cultural considerations in psychiatric-mental health practice.
- Evidence-based practice presentations are expected to focus on case-based approaches relevant to clinical settings.

- Education-focused presentations should demonstrate a direct connection to psychiatric nursing instruction and pedagogy.
- Innovation and artificial intelligence submissions should showcase the application of simulation, digital tools, or emerging technologies.
- Psychopharmacology sessions should address pharmacologic issues within a specific population.

180 Minute Pre-Conference Workshop Opportunities (Competitive Selection):

ISPN offers two selective pre-conference workshops as part of the 2026 Annual Conference.

One workshop focuses on psychotherapy and the other on psychopharmacology. Workshops should be designed to be interactive, skill-building sessions featuring structured facilitation. Additionally the workshops should offer participants the opportunity for hands-on learning, practice-based engagement, and in-depth discussion. Preference will be given to proposals that clearly demonstrate interactive design, participant engagement, and align with the conference theme.

Poster Presentations:

Poster presentations offer a dynamic and visually engaging format to showcase research, clinical projects, educational innovations, and practice improvements. They create valuable opportunities for one-on-one dialogue with conference attendees, fostering meaningful exchange and feedback. Poster sessions are particularly well-suited for works in progress, pilot initiatives, and student-led projects.

Each poster must include the following:

- A prominently displayed **title and author(s)** with lettering at least **1.5 inches high**
- A copy of the **abstract** mounted alongside the visual presentation
- **Illustrations and text** that are clearly legible from a distance of six feet
- An **organized, self-explanatory layout** that effectively communicates key ideas without the need for verbal explanation

Posters will be categorized into the following six topic areas: Evidence-Based Practice and Research; Advancing Equity and Inclusion: Trauma-Informed and Culturally Responsive Psychiatric Nursing; Innovation and/or Artificial Intelligence; Substance Use and Co-Occurring Disorders; Psychopharmacology; and Psychotherapy.

Method of Submission

ISPN uses an online system to manage all abstract submissions. The submission process includes the following:

- Lead author information
- CE documentation, including Speaker and Conflict of Interest forms
- Abstract content, intended audience, and presentation format

All required fields, marked with an asterisk (*), must be completed at the time of submission.

Please be sure that you have moved through **all steps** of the submission process to ensure that your application is fully received.

- Use **ALL CAPS** for the abstract title (maximum 50 words).
- Titles and abstract content should **not include identifying information**, such as author names, institutions, or geographic locations.
- The abstract body should be **no more than 350 words and must remain anonymous** to support a blind peer review process.
- If revisions are needed after submission, the **lead author** should email specific requests to: conferences@ispn-psych.org.
- Authors will **not** have direct access to make edits through the submission platform after completing their submission.

Publications and Website Agreement:

You will be required to select whether or not you give permission for duplication of this abstract, along with any accompanying presentation handouts, for inclusion in the Annual Conference mobile app (Whova).

The abstracts will also be published on the ISPN website in a PDF version.

Biosketch and Conflict of Interest Requirements:

A brief bio must be submitted for the moderator's use in introducing presenters. If multiple presenters are involved, bios for each must be submitted at the time of abstract submission.

Lead authors must complete and upload a Conflict-of-Interest form during submission. They must also send the 2026 ISPN Co-Author Speaker Form to all co-presenters, who must submit their own forms separately.

The lead author must send the following link to all co-authors who must also complete the form: [2026 ISPN Co-Author Speaker Form](#).

All financial relationships with ineligible companies must be disclosed. An ineligible company is defined as any organization whose primary business is to produce, market, sell, or distribute healthcare products used by or on patients. Visit www.accme.org/standards for more information. If any relationship is disclosed, additional documentation may be required by the continuing education provider.

Blinded Review and Notification Process

Abstracts are reviewed blindly by the ISPN Annual Conference Abstract Review Committee based on the following criteria:

- Significance and innovation
- Clarity and relevance of learning objectives
- Alignment with the conference theme
- Overall quality and contribution to program balance
- Notifications of acceptance will be sent via email by **November 15, 2025**, to the lead author only. The decisions of the Conference Committee are final.



Acceptance

In support of ISPN, all lead presenters and co-presenters are required to register for the Annual Conference and pay the appropriate fees.

Registration and Speaker Requirements

All accepted presenters (lead and co-presenters) must register for the Annual Conference and pay the appropriate registration fee.

Publication and Mobile App Agreement

Presenters will be asked to indicate whether ISPN has permission to publish their abstract and any associated handouts in the ISPN mobile app (Whova) and in the online conference proceedings (PDF format on the ISPN website). Those planning to publish their paper elsewhere should not share written findings in the app. Instead, they may display a slide stating: 'This paper is being submitted for publication and, therefore, written findings will be included in that medium.'

Questions?

Please send an email to conferences@ispn-psych.org.

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Support your colleagues and expand your professional reach by liking, commenting on, and sharing ISPN posts. Your engagement helps promote psychiatric-mental health nursing and builds visibility for contributions and the broader ISPN mission.