

# ISPN 2019

CHARLOTTE, NC • The Queen City • MAY 29-JUNE 1  
21<sup>st</sup> ANNUAL CONFERENCE FINAL PROGRAM

Dear Conference Attendees,

The ISPN Board of Directors and the Conference Committee are pleased to welcome you to our 21st annual conference. Our conference theme this year is *Critical Conversations with Psychiatric Nurses: Preparing for the Next Decade*. We encourage you to engage with speakers, fellow attendees, and our Board members.

At this crucial moment in our profession, we must put forward bold ideas, critique our practice, remain responsive to the changing and complex needs of the population we work with and develop, and test and evaluate the effectiveness of new treatment models. The field of mental health would be enriched by research conducted by psychiatric nurses—nurses who are in a variety of settings and uniquely aware of the needs that exist in individuals, families, and communities challenged by multiple stressors, both internal and environmental. We continue to need to be at the table, contribute our voices, and at all times serve as strong advocates for our most vulnerable and at-risk populations.

We are fortunate to have phenomenal speakers such as Dr. Susan Hagedorn, Dr. Norman Keltner, Dr. Sandra Thomas, and Dr. Kenya Beard. In addition, accepted presenter papers and posters will cover a broad range of topics applicable to individuals across the lifespan. This year, we have woven psychopharmacology content options throughout the annual conference and will seek your feedback on this new conference structural change.

We are pleased to be in Charlotte, North Carolina, and look forward to a robust exchange of ideas, along with brainstorming and networking opportunities.

Amanda and I extend a big thanks to the members of the Conference Committee and all the staff at The Rees Group who have worked diligently to develop and now offer this our 21st conference. We truly hope that you enjoy your time in Charlotte.



Amanda Baltierra, DNP, MPH, FNP-BC, PMHCNS-BC  
Conference Chair



Edilma L. Yearwood, PhD, PMHCNS-BC, FAAN  
Conference Co-Chair

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## General Information

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Angela McNelis, PhD, RN, FAAN, ANEF, CNE

### Conference Committee

Amanda Baltierra, DNP, MPH, FNP-BC, PMHNP-BC, Chair

Edilma Yearwood PhD, PMHCNS-BC, FAAN, Co-Chair

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Kelly Ihme, PhD, MA, BSN-BC

Heeyoung Lee, PhD, PMHNP-BC

Barbara Peterson, PhD, PMHCNS-BC, RN

### Abstract Reviewers

Thank you to all who served as abstract reviewers for this year's program. We appreciate your involvement!

Amanda Baltierra, DNP, MPH, FNP-BC, PMHNP-BC

Julie Bertram, PhD, RN

Elizabeth Bonham, PhD, RN, PMHCNS-BC, FAAN

Allison Brauch, DNP, APRN, AGNP-BC, PMHNP-BC

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Jennifer Graber, EdD, PMHCNS-BC

Carla Groh, PhD, PMHNP-BC

Cynthia Handrup, DNP, APN, PMHCNS-BC

Sara Horton-Deutsch, PhD, RN, ANEF, FAAN

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Kristina Raykh, PMHNP-BC

Kelly Rock, DNP, PMHNP-BC

Marilyn Shirk, MN, RN, CNS-BC

Victoria Soltis-Jarrett, PhD, PMHCNS-BC, PMHNP-BC

Barbara Stephens, DNP, APRN, PMHCNS-BS

Sharon Ward-Miller, DNP, MA, RN, PMHCNS-BC

Edilma Yearwood, PhD, PMHCNS-BC, FAAN

Jaclene Zauszniewski, PhD, RN-BC, FAAN

## Conference Objectives

Attendees will be able to:

- Evaluate the academic and continuing education issues that continue to emerge in the 21st century.
- Examine mental health care issues through scholarly inquiry.
- Synthesize new trends in Evidence-Based Practice to enhance mental health care delivery.
- Identify innovative leadership strategies to advance the profession.
- Identify the role of advanced practice nursing in providing psychopharmacological care.
- Examine a psychopharmacological issue related to a specific population.

## Nursing Contact Hours

This continuing nursing education activity was submitted to the Wisconsin Nurses Association Continuing Education Approval Program Committee, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Contact hours are complimentary with your registration fee.

To obtain continuing education contact hours for attending the ISPN Annual Conference, please complete the attendance form included in your packet of materials and evaluation form that will be sent to you via email. Please turn in the attendance form to the ISPN Registration Desk before you leave the Conference. The attendance form will serve as your contact hour certificate.

## Registration

Conference registration is located in the Charlotte Ballroom Foyer and is open as follows:

Wednesday, May 29 ..... 2:00 p.m.-6:45 p.m.  
Thursday, May 30 ..... 8:00 a.m.-4:45 p.m.  
Friday, May 31 ..... 8:00 a.m.-5:00 p.m.  
Saturday, June 1 ..... 8:30 a.m.-11:30 a.m.

## Poster Presentations

Posters will be available for viewing in Charlotte Ballroom DE.

### Poster Session A

Poster Setup Time:

Wednesday, May 29 ..... 5:30 p.m.-6:30 p.m.

Presentation Time (Author Present):

Wednesday, May 29 ..... 6:30 p.m.-8:00 p.m.

Poster Viewing Time:

Thursday, May 30 ..... 8:00 a.m.-5:30 p.m.

Poster Teardown Time:

Thursday, May 30 ..... 5:30 p.m.-6:00 p.m.

### Poster Session B

Poster Setup Time:

Friday, May 31 ..... 7:00 a.m.-8:00 a.m.

Poster Viewing Time:

Friday, May 31 ..... 8:00 a.m.-5:45 p.m.

Presentation Time (Author Present):

Friday, May 31 ..... 5:45 p.m.-6:45 p.m.

Poster Teardown Time:

Friday, May 31 ..... 6:45 p.m.-7:15 p.m.

## 2019 Conference Highlights

### ISPN Opening Reception and Poster Session A

Join your colleagues at Wednesday's Opening Reception and Poster Session A to kick off the 2019 Conference!

Wednesday, May 29 • 6:30 p.m.-8:00 p.m.

Charlotte Ballroom DE and Ballroom Foyer

### Keynote Speakers

Don't miss these ISPN 2019 Keynote Speakers in Charlotte Ballroom DE:

- Opening Keynote Address: *Nurses Making Movies and Social Change*  
Susan Hagedorn, PhD, RN, PNP, WHNP, FAANP

Thursday, May 30 • 9:15 a.m.-10:15 a.m.

- Susan McCabe Lectureship: *A Pilgrim's Journey Through Psychiatric Nursing*

Norman Keltner, EdD, CRNP

Thursday, May 30 • 4:30 p.m.-5:30 p.m.

- Melva Jo Hendrix Lectureship: *From Anger to Hope*

Sandra Thomas, PhD, RN, FAAN

Friday, May 31 • 4:45 p.m.-5:45 p.m.

- Closing Keynote Address: *Diversity: A Poison, Panacea, or Privilege?*

Kenya Beard, EdD, AGACNP-BC, NP-C, CNE, ANEF

Saturday, June 1 • 11:15 a.m.-12:15 p.m.

### New Member and Student Breakfast

Thursday, May 30 • 8:00 a.m.-9:00 a.m.

3rd Ward Room

Calling all new members, first-time conference attendees, students, and individuals considering becoming a member! This is the perfect opportunity to ask questions and meet the ISPN and Foundation Boards of Directors. Please join us!

### ISPN Foundation Reception and Auction

Thursday, May 30 • 6:30 p.m.-8:30 p.m.

1st/2nd/3rd Ward Room

Be sure to join us for the ISPN Foundation's annual reception and auction.

This year's theme is "The Power of Word." There will be good food, stimulating conversation, and lots of interesting auction items for the silent and live auctions. Please plan to bring an item to donate to the auction. Items can be dropped off at the ISPN Foundation table near the Registration Desk starting at 3:00 p.m. on Wednesday, May 29.

Pre-ordered tickets will be distributed at registration, where you also can check for ticket availability.

### Symposium Luncheon

Friday, May 31 • 12:15 p.m.-1:45 p.m.

Charlotte Ballroom DE

*Clinical Convergence®: Child and Adolescent Bipolar Depression*

Jointly provided by RMEI Medical Education, LLC, and Postgraduate Institute for Medicine. Supported by an independent educational grant from Sunovion.

## Special Interest Group Meetings

- Thursday, May 30 · 5:45 p.m.-6:30 p.m.  
Charlotte A  
*Psychiatric-Mental Health Policy*
- Friday, May 31 · 6:00 p.m.-6:45 p.m.  
Charlotte A  
*Psychiatric Consultation-Liaison Advanced Nursing Practice*
- Friday, May 31 · 6:00 p.m.-6:45 p.m.  
Charlotte C  
*APN Formation*

## Self-Care Room

Drop by for respite in the ISPN Self-Care Room, 8:00 a.m.-7:00 p.m. Thursday and Friday, and 8:00 a.m.-1:00 p.m. Saturday. 4th Ward Room

## Evaluation Form

The program evaluation form will be emailed to your email address on file. There will be daily emails asking for your evaluation for that day's sessions. You will receive two evaluation links on Saturday, June 1. Please complete and submit your evaluation form electronically. Your comments are valuable to the ISPN and assist the Conference Committee in planning future conferences.

## Business Meeting

ISPN will hold its Annual Business Meeting on Saturday, June 1, at 8:00 a.m. in Charlotte Ballroom DE. All members are encouraged to join the ISPN Board to discuss the Society's business report. Please be sure to attend! Tables will be labeled by geographical region. Look for the signs and network with your neighbors, starting at 7:30 a.m. before the Business Meeting.

## Message Center

All messages for registrants will be posted on the Announcement Board in the ISPN Registration Area. Check this board each day so you don't miss a contact in Charlotte or a message from the office.

## Meeting Rooms

Audible signals from pagers and cellular phones may be a distraction to the speaker as well as the audience. Please program these accordingly and take phone calls outside the meeting rooms.

## Awards

ISPN will present its annual awards on Saturday, June 1, at 10:30 a.m. in Charlotte Ballroom DE. Please join your friends and colleagues in recognizing those who have demonstrated outstanding achievement and leadership in the psychiatric and mental health field.

## Internet

Complimentary basic high-speed wireless Internet is available in the meeting rooms for ISPN conference attendees. The hotel offers complimentary wireless guest room Internet access for all attendees.

## Badges

Your badge will admit you to all the educational sessions and the exhibit area at the Annual Conference. It is recommended that you wear your badge at all times during the conference. Please remove your badge when you leave the hotel.

## Disclosures Purpose Statement

Participants will be able to incorporate into their own practices the research and best practices learned from clinical experts about innovative practices and advocacy, from educators about new teaching pedagogies and inter-professional collaboration, and from researchers about evidence-based findings across a spectrum of psychiatric interests and mental health disorders across the lifespan and around the globe.

## Notice of Requirement for Successful Completion

To obtain continuing education contact hours for attending the ISPN Annual Conference, you must attend all sessions you are seeking credit for, complete and submit the attendance form included in your packet of materials, and complete and submit the evaluation form that will be sent to you via email.

Please turn in the yellow attendance form to the ISPN Registration Desk before you leave the conference. The white copy is for your records and for self-reporting purposes to your state licensure agency or other group, as proof of attendance. Be sure to keep this copy for your records.

## Conflict of Interest

ISPN Annual Conference May 29-June 1, 2019

The Wisconsin Nurses Association Continuing Education Approval Program requires that any speaker giving a presentation must disclose any significant financial interest or other relationship that they may have with the manufacturer(s) of any commercial products, service, technology, or program discussed at their educational presentation.

The Wisconsin Nurses Association Continuing Education Approval Program does not imply that any such financial interest or relationship is inherently improper or that such interest or relationship would prevent the speaker from making a presentation. It is imperative, however, that such financial interests or relationships be identified by the speaker so that participants have these facts fully disclosed prior to the presentation and may form their own judgments about the presentation.

Below is a listing of speakers with a conflict of interest:

Julie Bertram  
ISPN Foundation  
University of Missouri-St. Louis

Jim Kane  
The Advisory Board Company

Norman Keltner  
Elsevier

The remaining speakers have reported no relationships with commercial companies.

## Non-Endorsement of Products

The presence of commercial exhibits during the conference does not imply endorsement by the ISPN, Wisconsin Nurses Association, or the American Nurses Credentialing Center's Commission on Accreditation.

### Exhibitors

The exhibit area is located in the Charlotte Ballroom DE Foyer. It also is the site of the poster sessions and refreshment breaks during the conference. Please plan time to stop by and visit with the exhibiting companies, which lend valuable financial support to the ISPN Conference.

Don't forget to complete and submit your Exhibitor Sign-Off Form, found in your materials bag. You will be eligible to win a prize, brought to you by the Marketing and Development Committee.

#### EXHIBIT HOURS

**Wednesday, May 29, 2019**

6:30 p.m.-8:00 p.m.

Welcome Reception and Poster Session A

**Thursday, May 30, 2019**

8:00 a.m.-4:00 p.m.

**Friday, May 31, 2019**

9:30 a.m.-3:30 p.m.

**Alkermes ..... Booth #7**  
<http://www.alkermes.com/>

**Diamond Healthcare Corporation..... Booth #5**  
P.O. Box 85050  
Richmond, VA 23285  
804-649-9340  
[www.diamondhealth.com](http://www.diamondhealth.com)

Diamond Healthcare Corporation, a national leader in behavioral health management, specializes in the development and management of hospital-based psychiatric and chemical dependency treatment services. Immediate nationwide opportunities available for Program Administrators, Psychiatric NP's, DON's, Nurse Managers, and Interim Travel Personnel. Please visit our booth.

**LeaderStat ..... Booth #6**  
1322 B Manning Pkwy.  
Powell, OH 43065  
614-505-3620  
[jobs@leaderstat.com](mailto:jobs@leaderstat.com)  
[www.leaderstat.com](http://www.leaderstat.com)

Leaderstat is an industry leader in interim management, executive recruiting, and consulting in the healthcare industry. Our team is dedicated to finding exceptional locum tenens NPs and PAs for short- and long-term assignments, and physicians for permanent placement.

**McLean Hospital..... Booth #10**  
115 Mill Street  
Belmont, MA 02478  
617-855-2110  
[www.mcleanhospital.org](http://www.mcleanhospital.org)

Reducing the stigma related to mental health while improving the lives of our patients and their families are top priorities at McLean Hospital. Specializing in psychiatric treatment, research, professional education, and advocacy, McLean provides individualized care for addiction, borderline personality disorder, trauma, OCD and anxiety, and psychosis.

**MDHealthCare Supplies..... Booth #8**  
Unit 37, Bates Industrial Estate  
Church Road, RM3 OHU  
England  
305-785-8564  
[www.mdhealthcaresupplies.uk](http://www.mdhealthcaresupplies.uk)

**Sunovion ..... Booth #9**  
84 Waterford Drive  
Marlborough, MA 01752  
732-530-3363  
<http://www.sunovion.us/>

**Taylor & Francis ..... Booth #3**  
530 Walnut Street, Suite 850  
Philadelphia, PA 19106  
215-606-4293  
[www.taylorandfrancis.com](http://www.taylorandfrancis.com)

Taylor & Francis partners with world-class authors, from leading scientists and researchers, to scholars and professionals operating at the top of their fields. Together, we publish in all areas of the Humanities, Social Sciences, Behavioural Sciences, Science, Technology, and Medicine sectors. We are one of the world's leading publishers of scholarly journals, books, eBooks, textbooks, and reference works.

**University of South Carolina College of Nursing ..... Booth #2**  
1601 Greene Street  
Columbia, SC 29208  
803-777-9173  
[www.sc.efdu/nursing](http://www.sc.efdu/nursing)



## PROGRAM SCHEDULE

### Wednesday, May 29, 2019

2:00 p.m.-6:45 p.m.

Ballroom Foyer

**Registration**

6:30 p.m.-8:00 p.m.

Charlotte Ballroom DE and Ballroom Foyer

**Opening Reception and Poster Session A**

**Exhibit Hall Opens**

### Thursday, May 30, 2019

8:00 a.m.-4:45 p.m.

Ballroom Foyer

**Registration**

8:00 a.m.-9:00 a.m.

3rd Ward

**ISPN New Member and Student Breakfast**

8:00 a.m.-9:00 a.m.

1st/2nd Ward

**ISPN Foundation Board Meeting**

8:00 a.m.-4:00 p.m.

Ballroom Foyer and Charlotte Ballroom DE

**Exhibits and Poster Viewing**

8:00 a.m.-7:00 p.m.

4th Ward

**Self-Care Room**

8:30 a.m.-9:30 a.m.

Charlotte Ballroom Foyer

**Light Breakfast**

9:00 a.m.-9:15 a.m.

Charlotte Ballroom DE

**Welcome Remarks**



9:15 a.m.-10:15 a.m.

Charlotte Ballroom DE

**Opening Keynote Address**

*Nurses Making Movies and Social Change*

Susan Hagedorn, PhD, RN, PNP, WHNP, FAANP

10:15 a.m.-10:45 a.m.

Charlotte Ballroom Foyer

**Refreshment Break/Exhibitor Time/Poster Viewing**

10:45 a.m.-11:45 a.m.

Charlotte A

**Concurrent Session 1**

Track: Evidence-Based Practice

*Decreasing Rates of Pediatric Bipolar*

Daniel Wesemann, DNP, MSW, PMHNP-BC

Charlotte C

**Concurrent Session 3**

Track: Education/Teaching Pedagogy

*Developing a Partnership with the Department of Corrections*

Marsha Snyder, PhD, PMHNP/CNS-BC, CADC

Cynthia Handrup, DNP, PMHCNS-BC

Geraldine Gorman, PhD, RN

Charlotte GH

**Concurrent Session 4**

Track: Leadership Development

*The Psychiatric Resource Nurse: An Innovative Leadership Strategy Developed by a PCLN to Support Staff Caring for Growing Numbers of Behavioral Health Patients Admitted to a Pediatric Medical Hospital*

Elizabeth Steinmiller, MSN, PMHCNS-BC

Charlotte Ballroom DE

**Concurrent Session 5**

Track: Psychopharmacology

*Preparing Psychiatric Nurses to Lead Precision Health in the Next Decade with Pharmacogenetics and Culturally Tailored Care: A Demonstration on How Clinical Practice Informed Teaching and Research*

Eugenia Millender, PhD, RN, PMHNP-BC, CDE

11:45 a.m.-1:15 p.m.

**Lunch** (on your own)

1:15 p.m.-4:15 p.m.

Charlotte C

**Symposium 1**

Track: Education/Teaching Pedagogy

*Implementing Addiction Science as a Pragmatic Course for Graduate Nursing Education*

David Ampong, APRN, MSN/AM, MS, PMHNP-BC

Michelle Burdette-Taylor, PhD, MSN, RN-BC

1:15 p.m.-2:15 p.m.

Charlotte GH

**Concurrent Session 6**

Track: Evidence-Based Practice

*Conducting a Behavioral Health Assessment for Gender-Affirmation Surgery: Where Do I Begin?*

Rhonda Schwindt, DNP, RN, PMHNP-BC

Charlotte A

**Concurrent Session 7**

Track: Education/Teaching Pedagogy

*The Development and Preliminary Evaluation of a Media-based Health Education Intervention to Reduce Mental Disorder-related Stigma Among Nursing Students*

Loujain Sharif, PhD, MSc, BSN

Charlotte Ballroom DE

**Concurrent Session 8**

Track: Leadership Development

**How Psychiatric-Mental Health Nurses Can Combat Compassion Fatigue**

Lindsay Bouchard, DNP, PMHNP-BC, RN

2:15 p.m.-2:45 p.m.

Charlotte Ballroom Foyer

**Refreshment Break/Exhibitor Time/Poster Viewing**

2:45 p.m.-4:15 p.m.

Charlotte Ballroom DE

**Workshop 1**

Track: Leadership Development

**Strategies for Promoting Diversity and Equity Among the Psychiatric-Mental Health Nursing Workforce**

Cheryl Woods Giscombe, PhD, PMHNP, FAAN

Charlotte GH

**Workshop 2**

Track: Leadership Development

**Finding our Collective Voice: Morally Informed Action for the Promotion of Global Mental Health**

Sara Horton-Deutsch, PhD, RN, PMHCNS, ANEF, FAAN

Cynthia Handrup, DNP, APN, PMHCNS-BC

Edilma Yearwood, PhD, PMHCNS-BC, FAAN

Charlotte A

**Workshop 3**

Track: Research

**Foster Care Medical Coordination**

Julie Bertram, PhD, RN



4:30 p.m.-5:30 p.m.

Charlotte Ballroom DE

**Susan McCabe Lectureship**

**A Pilgrim's Journey Through Psychiatric Nursing**

Norman Keltner, EdD, CRNP

5:45 p.m.-6:30 p.m.

Charlotte A

**Special Interest Group Meeting: Psychiatric-Mental Health Policy**

5:45 p.m.-6:30 p.m.

City Center Boardroom

**Archives of Psychiatric Nursing Journal Reviewer Meeting**

6:30 p.m.-8:30 p.m.

1st/2nd/3rd Ward

**ISPN Foundation Reception and Auction**

**Friday, May 31, 2019**

8:00 a.m.-7:00 p.m.

4th Ward

**Self-Care Room**

8:00 a.m.-5:00 p.m.

Charlotte Ballroom Foyer

**Registration**

8:30 a.m.-8:45 a.m.

Charlotte C

**Welcome and Reminders**

8:45 a.m.-11:45 a.m.

Charlotte C

**Symposium 2**

Track: Evidence-Based Practice

**Pediatric Bipolar: How to Identify and Treat These Unicorns**

Daniel Wesemann, DNP, MSW, PMHNP-BC

9:30 a.m.-3:30 p.m.

Charlotte Ballroom Foyer

**Exhibits and Poster Viewing**

9:30 a.m.-10:30 a.m.

Charlotte Ballroom DE

**Concurrent Session 10**

Track: Evidence-Based Practice

**Benzodiazepines 59 Years After Their Introduction to the US Market: Where We've Been, Where We Are, and Where We're Going**

Kelly Rock, DNP, CRNP

Charlotte B

**Concurrent Session 11**

Track: Research

**The Use of Binaural Sound to Remediate PTSD in Combat Veterans**

George Lindenfeld, PhD

Charlotte GH

**Concurrent Session 12**

Track: Leadership Development

**Deconstructing Stigma: How Sharing the Patient Perspective Can Enhance Clinical and Public Understanding of Mental Illness**

Christine Tebaldi, PMHNP-BC

Adriana Bobinchock, BS

Charlotte A

**Concurrent Session 13**

Track: Psychopharmacology

**CYP2D6 Polymorphisms and the Challenges of Pharmacogenomics in Clinical Practice**

Joanna Johnson, PMHNP-BC

10:30 a.m.-11:00 a.m.

Charlotte Ballroom Foyer

**Refreshment Break/Exhibitor Time/Poster Viewing**

**IMIN Meet and Greet**

11:15 a.m.-12:15 p.m.

Charlotte GH

**Concurrent Session 15**

Track: Research

*Therapeutic Alliance and Diabetes/Depression Comorbidity in an Urban Integrated Care Setting*

Judy Davis Armstrong, MS, MPH, APRN, PMHNP-BC

Charlotte B

**Concurrent Session 16**

Track: Education/Teaching Pedagogy

*Effectiveness of Virtual Simulation Education in Mental Health Nursing: A Mixed-Methods Study*

Caroline McKinnon, PhD, PMHCNS-BC

Charlotte A

**Concurrent Session 17**

Track: Psychopharmacology

*Monitoring Psychotropic Medication Effectiveness and Safety: Through Systematic Laboratory Testing*

Amanda Baltierra, DNP, MPH, FNP-BC, PMHNP-BC

12:15 p.m.-1:45 p.m.

Charlotte Ballroom DE

**Symposium Luncheon**

*Clinical Convergence®: Child and Adolescent Bipolar Depression*

Jointly provided by RMEI Medical Education, LLC, and Postgraduate Institute for Medicine

*Supported by an independent educational grant from Sunovion*

1:45 p.m.-4:45 p.m.

Charlotte Ballroom DE

**Symposium 3**

Track: Leadership Development

*Critical Conversations for Ourselves and Organizations While Learning Evidence Based Practice Techniques to Promote Leadership and Reduce Stress: Mantram Repetition*

Jim Kane, MN, RN, CNS, NEA-BC

Jill Bormann, PhD, RN, FAAN

1:45 p.m.-2:45 p.m.

Charlotte A

**Concurrent Session 18**

Track: Evidence-Based Practice

*The Adverse Childhood Experiences (ACEs) Study: From Research to Practice. The State of the Union*

Kelly Rock, DNP, PMHNP-BC

Charlotte B

**Concurrent Session 19**

Track: Research

*Narrative Disruption and Narrative Repair: Use of Narrative Characteristics to Assess Identity Function in Therapy Practice and Research*

Emily Hauenstein, PhD, LCP, MSN, FAAN

Rachel Clark, PhD

Charlotte C

**Concurrent Session 20**

Track: Education/Teaching Pedagogy

*UNC PrimeCare 2.0: A HRSA-funded Interprofessional Behavioral Health Workforce Education and Training Program for PMHNP and MSW Students Committed to Reducing Behavioral Health Disparities for Underserved and Rural Populations*

Cheryl Woods Giscombe, PhD, PMHNP, FAAN

Charlotte GH

**Concurrent Session 21**

Track: Evidence-Based Practice

*Critical Conversations about Telehealth in the 21st Century for Psychiatric-Mental Health Nurse Practitioners*

Rene Love, PhD, DNP, PMHNP-BC

Deborah Johnson, DNP, PMHNP-BC

Jane Carrington, PhD, RN

2:45 p.m.-3:15 p.m.

Charlotte Ballroom Foyer

**Refreshment Break/Exhibitor Time/Poster Viewing**

3:15 p.m.-4:15 p.m.

Charlotte C

**Concurrent Session 22**

Track: Evidence-Based Practice

*Changing the Culture of Mental Health Through Employee Wellness*

Julia Edge Knauff, DNP, RN, FNP-BC, PMHNP-BC

Holly Metcalf, LPC, NCC, LCAS

Michael Tui II, LPC, NCC

Charlotte GH

**Concurrent Session 23**

Track: Evidence-Based Practice

*The Use of Mobile Applications in Clinical Practice*

Joanna Johnson, MSN, APRN, PMHNP-BC

Charlotte B

**Concurrent Session 25**

Track: Psychopharmacology

*Implementing Addiction Science as a Pragmatic Course in Graduate Nursing Education*

David Ampong, APRN, MSN/AM, MS, PMHNP-BC

4:15 p.m.-4:45 p.m.

Charlotte Ballroom Foyer

**Break/Poster Viewing**



4:45 p.m.-5:45 p.m.

Charlotte Ballroom DE

**Melva Jo Hendrix Lectureship**

*From Anger to Hope*

Sandra Thomas, PhD, RN, FAAN

5:45 p.m.-6:45 p.m.

Charlotte Ballroom DE

**Poster Session B: Student Poster Session**



6:00 p.m.-6:45 p.m.

*Charlotte A*

**Special Interest Group Meeting: Psychiatric Consultation-Liaison  
Advanced Nursing Practice**

6:00 p.m.-6:45 p.m.

*Charlotte C*

**Special Interest Group Meeting: APN Formation**

6:00 p.m.-7:00 p.m.

*1st/2nd Ward*

**Archives of Psychiatric Nursing Journal Editorial Board Meeting**

7:15 p.m.-8:15 p.m.

**Student Social** (off site)

Morton's The Steakhouse

## **Saturday, June 1, 2019**

7:30 a.m.-8:30 a.m.

*Charlotte Ballroom Foyer*

**Light Breakfast**

7:30 a.m.-8:00 a.m.

*Charlotte Ballroom DE*

**Regional Networking Meetings**

Tables will be labeled by geographic region. Grab breakfast, find your regional table, and network with your neighbors before the ISPN Business Meeting!

8:00 a.m.-1:00 p.m.

*4th Ward*

**Self-Care Room**

8:00 a.m.-8:45 a.m.

*Charlotte Ballroom DE*

**Business Meeting and President's Wrap-Up**

8:30 a.m.-11:30 a.m.

*Charlotte Ballroom Foyer*

**Registration**

9:00 a.m.-10:00 a.m.

*Charlotte B*

**Concurrent Session 27**

Track: Research

***Transition from Spousal Caregiver to Widowhood: Results of a Mixed-Methods Comparison Study Between Urban and Rural Women***

Carla Groh, PhD, PMHNP-BC

Mitzi Saunders, PhD, APRN, CNS-C

*Charlotte C*

**Concurrent Session 28**

Track: Education/Teaching Pedagogy

***Incorporating Interprofessional Collaboration into Graduate Education: Benefits for Psychiatric-Mental Health Nurse Practitioner Students***

Katherine Riedford, PhD, PMHNP-BC

*Charlotte A*

**Concurrent Session 29**

Track: Evidence-Based Practice

***The Dark Side of Perinatal Mood and Anxiety Disorders: Treating Intrusive Thoughts and Psychosis***

Robi Thomas, PhD, RN, PMHNP-BC

*Charlotte GH*

**Concurrent Session 30**

Track: Psychopharmacology

***Therapeutic Marijuana: Spotlight on CBD Oil***

Marian Newton, PhD, PMHCNS, PMHNP, ANEF

10:00 a.m.-10:30 a.m.

*Charlotte Ballroom Foyer*

**Refreshment Break**

10:30 a.m.-11:15 a.m.

*Charlotte Ballroom DE*

**ISPN Awards Ceremony**



11:15 a.m.-12:15 p.m.

*Charlotte Ballroom DE*

**Closing Keynote Address**

***Diversity: A Poison, Panacea, or Privilege?***

Kenya Beard, EdD, AGACNP-BC, NP-C, CNE, ANEF, FAAN

12:30 p.m.

**Conference Adjourns**

1:00 p.m.-5:00 p.m.

*1st/2nd Ward*

**ISPN Board of Directors Meeting**



# **ISPN**

## **THANK YOU**

## **FOR JOINING US**

## **AT ISPN 2019!**

## Poster Sessions

### POSTER SESSION A

Poster Setup Time:

Wednesday, May 29 ..... 5:30 p.m.-6:30 p.m.

Presentation Time (Author Present):

Wednesday, May 29 ..... 6:30 p.m.-8:00 p.m.

Poster Viewing Time:

Thursday, May 30 ..... 8:00 a.m.-5:30 p.m.

Poster Teardown Time:

Thursday, May 30 ..... 5:30 p.m.-6:00 p.m.

#### POSTER A-1

*Once There Together, It all Came Together: Team Development in Graduate Students Participating in an Online/Blended InterProfessional Education(IPE) Project*

Lora Beebe, PhD

Marian Roman, PhD

#### POSTER A-2

*Trauma-informed Medication Management in Foster Care*

Julie Bertram, PhD, RN

#### POSTER A-3

*Utilization of an Inpatient Violence Predictor Tool to Increase Inpatient Volumes, Staffing Efficiency, and Employee Satisfaction on a Pediatric Psychiatric Inpatient Unit*

Lisa Farmer, BSN, RN-BC, LMSW

#### POSTER A-4

*Satisfaction with Healthcare: The Effects of Disability, Sex, and Race on Perceived Quality of Care by the Seriously Mentally Ill*

Emily Hauenstein, PhD, LCP, MSN, FAAN

Rachael S. Clark, PhD

Elizabeth I. Merwin, PhD, RN, FAAN

#### POSTER A-5

*Suicidality on Rural College Campuses: An Integrative Review*

Ashlyn Johnson, DNP, FNP-BC, PMHNP-BC

Diane L. Smith, PhD, RN

#### POSTER A-6

*The Transition Experiences of Overseas Trained Nurses from Kerala, India, and Working in Mental Health in Australia: A Phenomenological Study*

Bindu Joseph, PhD, MH

#### POSTER A-7

*Revisiting the Matrix Model: An Evidenced-based Strategy for Recovery*

William Leiner, MS, RN, BC

Patricia Martinez, BSN, RN, BC

#### POSTER A-9

*Using Photo Essays to Reduce Ageism Toward Older People*

Sheila Linz, PhD, PMHNP-BC, RN

#### POSTER A-10

*Using Digital Stories to Reduce Stigma*

Sheila Linz, PhD, PMHNP-BC

Mary Wunnenberg, EdD, MSN, RN

#### POSTER A-11

*Being Mindful: Improving Health in Vulnerable Communities*

Sheila Linz, PhD, PMHNP-BC, RN

Rashida Atkins, PhD, RN, APN-C

#### POSTER A-12

*Characteristics of Home-visit Psychiatric Nursing in Japan -1- Home-visit Nursing Activities as Recognized by Nurses*

Mitsunobu Matsuda, PhD, RN

Ayumi Kohno, PhD, RN

#### POSTER A-13

*Reclaiming Essential Art of 4th P "Psychotherapy" Interwoven with Ongoing Supervision*

Marian Newton, PhD, PMHCNS, PMHNP, ANEF

Cynthia Handrup, DNP, PMHCNS-BC

Kathleen A. Wheeler, PhD, PMHCNS-BC, FAAN

#### POSTER A-15

*Translating Interprofessional Education into Psychiatric Practice Settings: Feedback from Graduates*

Barbara Peterson, PhD, PMHCNS, APRN

Kathy Riedford, PhD, PMHNP-BC, RN

Merrie Kaas, PhD, APRN, PMHCNS-BC, FAAN

#### POSTER A-16

*Psychiatric Care in an Out-Patient Clinical Setting for Pregnant and Postpartum Females Who are at Risk for Depression, Anxiety, and Other Behavioral Health Problems*

Linda Pettei, RN, MS, APRN

#### POSTER A-17

*Content and Effectiveness of Interventions to Improve Marriage and Work Functioning in Veterans with PTSD: A Scoping Review*

Kristina Reich, Psychiatric NP-BC

#### POSTER A-18

*Measuring Perceptions of Interprofessional Competency and Self-Efficacy: Experience of Integrating a Newly Developed Assessment Tool in Two Interprofessional Education Projects*

Katherine Riedford, PhD, PMHNP-BC, RN

Merrie Kaas, PhD, PMHCNS-BC, RN

Barbara Peterson, PhD, PMHCNS-BC, RN

#### POSTER A-19

*The Mental Health of Women Truck Drivers*

Mona Shattell, PhD, RN, FAAN

Lauren Antia, BS

Karen Heaton, PhD, COHN-S, FNP-BC, FAAN, FAOHN

#### POSTER A-20

*Building Interdisciplinary Teams and Preparing Psychiatric-Mental Health (PMH) Nurse Practitioners to Provide PMH Treatment in Integrated Primary Care Settings*

Wendy Umberger, PhD, PMHCNS-BC

Andrea Warner Stidham, PhD, RN

Kim Williams, DNS, ANP-BC, PMHNP-BC, PHNA-BC

## POSTER A-22

*Demographic Characteristics, Caregiving Burden, Coping Resources, and Mental Health Among Family Caregivers of Adults with Diverse Health Conditions*

Jaclene Zauszniewski, PhD, RN-BC, FAAN  
Hanan Badr, PhD, MSN, RN, SANE  
Kayla Herbell, PhD, RN

## POSTER A-23

*Effectiveness of Nurse-implemented Music Add-on Therapy (NIMAT) in Managing Children with Behavioral Problems*

Radhakrishnan Govindan, PhD

## POSTER SESSION B

Poster Setup Time:

Friday, May 31 ..... 7:00 a.m.-8:00 a.m.

Poster Viewing Time:

Friday, May 31 ..... 8:00 a.m.-5:45 p.m.

Presentation Time (Author Present):

Friday, May 31 ..... 5:45 p.m.-6:45 p.m.

Poster Teardown Time:

Friday, May 31 ..... 6:45 p.m.-7:15 p.m.

## POSTER B-1

*The Current State of Transcultural Mental Health Nursing: A Synthesis of the Literature*

Katelin Umland, MS, PMHNP-BC

## POSTER B-2

*Using Geographic Information Systems to Understand Mental Health Care Access*

Marie Smith-East, MSN, MS, PMHNP-BC, EMT-B

## POSTER B-4

*Implementation of Standardized Assessment Process for Adults with ASD in the Inpatient Setting*

Nicole Peluso, MN, RN

## POSTER B-5

*Neural Correlates of Social Functioning in First Episode Psychosis*

Kathleen Miley, RN, MSN, PMHNP-BC

## POSTER B-6

*Contributing Factors to Nurses' Motivation to Provide Care to Patients with Alcohol and Opioid (AO) Use Problems: A Nationwide Survey*

Khadejah Mahmoud, PhD(c), MSN

## POSTER B-8

*Implementation of a Sensory Modulation Room on an Acute Care Psychiatric Unit*

Wanda Lancaster, MSN, PMHNP-BC, PMHCNS-BC, DNP Student

## POSTER B-10

*Characteristics of Home-visit Psychiatric Nursing in Japan -2- Problems Encountered by Nurses in Clinical Settings*

Ayumi Kohno, RN, PhD

## POSTER B-11

*Substance Use and Misuse Amongst Nursing Students and Exposure to Adverse Childhood Events*

Brayden Kameg, BSN, RN, CARN

## POSTER B-12

*The Use of Mobile Applications to Improve Sleep in Clients with a Mental Health Diagnosis*

Joanna Johnson, MSN, APRN, PMHNP-BC

## POSTER B-13

*Cognitive Behavioral Therapy for Individuals with Comorbid Autism Spectrum Disorder and Anxiety Disorders*

Richard D'Amato, MSN, CRNP, PMHNP-BC

## POSTER B-14

*Reducing Barriers to Timely Laboratory Monitoring of Psychotropic Medications in the Mental Health Care Setting*

Brittany Hamm, BSN, RN

## POSTER B-15

*Implementing Depression Screening Algorithm for Practice Improvement in a Memory Clinic*

Michelle Gillitzer, BSN, RN

## POSTER B-16

*LGBTQ Cultural Competency in a Rural Setting*

Catherine Dockery-Jackson, DNP, PMHNP

## POSTER B-17

*Barriers to Buprenorphine Treatment in Rural Communities*

Justin Branham, MS, RN

## POSTER B-18

*A Best Practice Approach for Transgender Mental Health Care*

Brittany Abeln, BSN, RN

## POSTER B-19

*Designing and Implementing a Study to Investigate the Role of Culture on the Perceptions of Mental Health in HIV-positive Latino Men: Lessons Learned*

Cheryl Woods Giscombe, PhD, PMHNP, FAAN

# **“The *Power of Word*”**

## **ISPN Foundation Reception and Auction**

Proceeds fund research, wellness, and travel grants for psychiatric-mental health nurses.

Charlotte Marriott City Center Hotel

**\$60 per person**

**Thursday, May 30, 2019**

**6:30 p.m. to 8:30 p.m.**

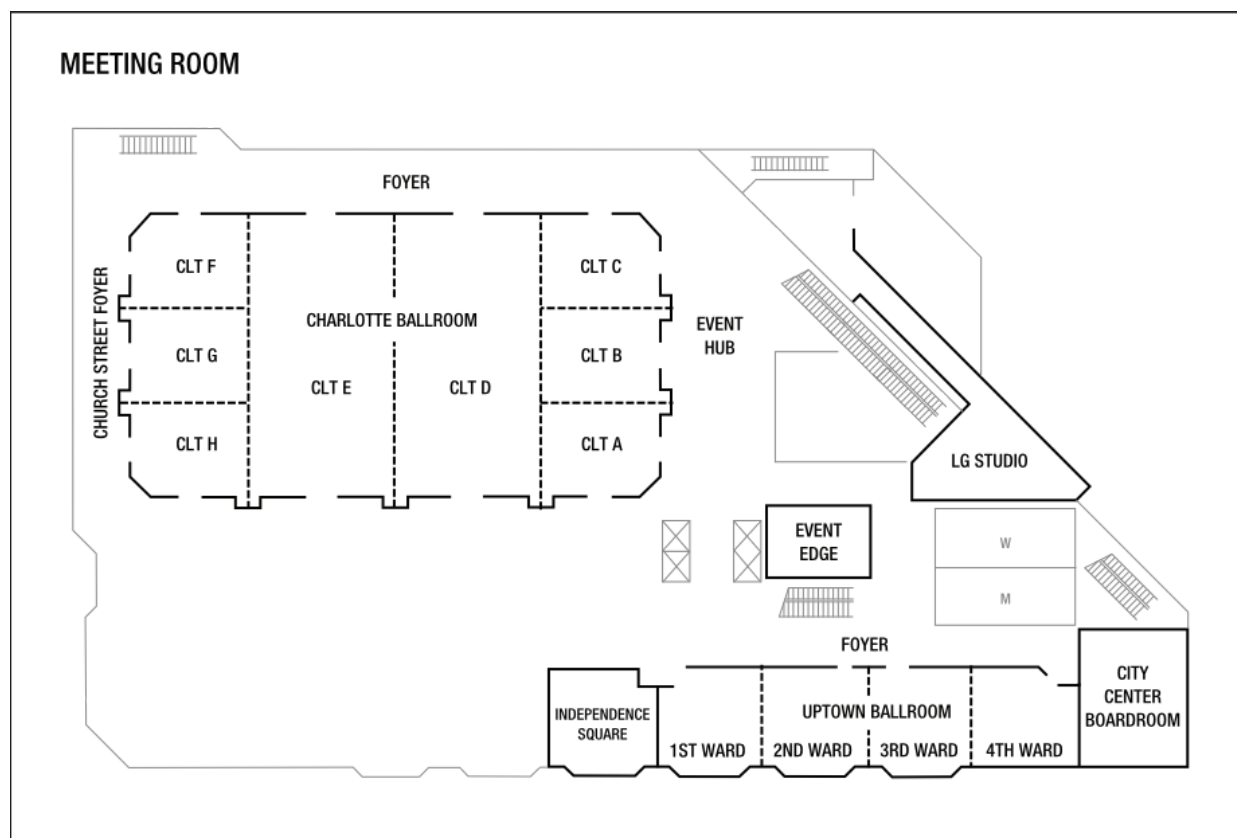
**1st/2nd/3rd Ward**



**Tickets:**

**Conference Registration Form,  
[info@ispn-psych.org](mailto:info@ispn-psych.org), or  
Conference Registration Desk**

### **Charlotte Marriott City Center Hotel Meeting Rooms • 3rd Floor**



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## Child & Adolescent **BIPOLAR DEPRESSION**

**FRIDAY,  
MAY 31, 2019**

Charlotte Marriott City Center Hotel  
Charlotte Ballroom DE

Lunch & Registration  
11:45 AM – 12:15 PM ET

CE-Certified Symposium  
12:15 PM – 1:45 PM ET

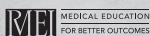
Earn up to 1.5 AMA PRA Category 1 Credit(s)<sup>™</sup>  
or 1.5 ANCC contact hours

### UNIQUE PATIENT-CENTRIC SYMPOSIUM

Do not miss this singular event, enhanced with interactive patient case vignettes on the best evidence for diagnosis and management of child & adolescent bipolar depression.

### WHO SHOULD ATTEND?

Nursing professionals practicing in mental health and primary care settings, who encounter and manage children & adolescents with bipolar depression.



Jointly provided by RMEI Medical Education, LLC and Postgraduate Institute for Medicine.

Supported by an independent educational grant from Sunovion.



**Sara Jones, PhD, RN, APRN, PMHNP-BC**  
Assistant Professor, Specialty Coordinator  
Psychiatric Mental Health NP Specialty  
University of Arkansas for Medical Sciences  
College of Nursing  
Little Rock, AR



**Robert A. Kowatch, MD, PhD**  
Professor of Psychiatry, Department of Psychiatry  
The Ohio State Medical Center/  
Nationwide Children's Hospital  
Division of Pulmonary Medicine  
Columbus, OH

# CONGRATULATIONS

## ON BECOMING PRESIDENT OF THE INTERNATIONAL SOCIETY OF PSYCHIATRIC-MENTAL HEALTH NURSES



**VICKI HINES-MARTIN, PHD, PMHCNS, RN, FAAN**

Professor at the University of Louisville School of Nursing

UNIVERSITY OF  
**LOUISVILLE**

### The Mission & Practices of ISPN

#### ISPN MISSION AND PRACTICES

##### MISSION:

To support advanced-practice psychiatric-mental health nurses in promoting mental health care, literacy, and policy worldwide.

##### PRACTICES:

The practices of the International Society of Psychiatric-Mental Health Nurses are to:

- Strengthen the presence and voice of advanced practice psychiatric-mental health (PMH) nurses through contributions to standards, curricula, and public policy statements that promote equitable quality mental health care for individuals, families, and communities
- Promote advanced practice psychiatric nurses to deliver lifespan mental health care and literacy education to clients, families, and communities
- Promote members' research and the development of scholarship through funding, presentations, and publications
- Support members' efforts to collaborate with clients, families, communities, and national and international partners to address mental health issues
- Provide education, leadership development, and networking for members through conferences, online resources, service opportunities, and partnerships

## SAFETY RULES AND GUIDELINES

We welcome you to the ISPN 21st Annual Conference. We know you will find this to be an enriching and fulfilling experience. To ensure the safety and security of our attendees and guests, we have compiled the following list of safety rules and guidelines for this conference.

The Marriott City Center is committed to providing our guests a safe and secure stay. When a security or safety situation arises, or an incident occurs that should be brought to our attention, we ask that you observe the following reporting protocols:

- **For emergency aid of any kind, call 911 from any telephone outside of the hotel grounds.**
- Review the fire safety procedures located on the door in your hotel room.
- Note the location of the fire exits in relation to your hotel room.

Don't answer the door in your hotel room without verifying who it is. All hotel employees will identify themselves verbally and will have a hotel nametag. Please call the front desk or the operator if you are uncomfortable or uncertain.

- When returning to the hotel late in the evening, use the lobby entrance.
- Close the door securely whenever you are in your hotel room and use all locking devices provided.
- Secure all your valuables. Safe deposit boxes are available at the Front Desk.
- Do not leave any articles of value in your vehicle in the parking lot.
- When inside the conference venue, nametags should always be worn and visibly displayed. For security reasons, we recommend you DO NOT wear your badge outside the Marriott City Center Hotel.
- Please do not leave any bags, laptops, or articles unsecured in any display area, meeting room, or public area. Personal items are most commonly left or lost in the restrooms. Please double-check the area before leaving the restrooms.
- Smoking is not permitted in the hotel. It is considered a smoke-free environment.
- Do not open any fire exit or other access door to any person. Access to the conference is strictly for members and registered conference guests. All access to display areas, meetings, and symposia is through the appropriate entrance doors. All fire exits are alarmed.
- If you note any suspicious articles, packages, people, or activities, please contact the event staff or the Front Desk immediately.
- Do not give your lodging information to any person.

In the event of an alarm, follow the following directions:

- Proceed carefully to the nearest exit. Emergency evacuation routes are located on the back of every guestroom door. All public space areas are clearly marked with Exit signs.
- Use the stairwells to evacuate the building. Do not attempt to use the elevators.
- Any guest requiring assistance during an evacuation should dial "0" and notify the operator of their location.
- During an alarm, announcements will be made over the PA system informing guests to evacuate. For further information, read the security section of your in-room guest directory.



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**25th International Mental Health Nursing Research Conference**  
*From Global to Local: Mental Health in a Connected World*

**September 12-13, 2019**  
**RCN HQ, 20 Cavendish Square, London, W1G 0RN**  
**Find out more at [www.rcn.org.uk/mhnr19](http://www.rcn.org.uk/mhnr19)**