Dear Conference Attendees,

The ISPN Board of Directors and the Conference Committee are pleased to welcome you to our 21st annual conference. Our conference theme this year is *Critical Conversations with Psychiatric Nurses: Preparing for the Next Decade*. We encourage you to engage with speakers, fellow attendees, and our Board members.

At this crucial moment in our profession, we must put forward bold ideas, critique our practice, remain responsive to the changing and complex needs of the population we work with and develop, and test and evaluate the effectiveness of new treatment models. The field of mental health would be enriched by research conducted by psychiatric nurses—nurses who are in a variety of settings and uniquely aware of the needs that exist in individuals, families, and communities challenged by multiple stressors, both internal and environmental. We continue to need to be at the table, contribute our voices, and at all times serve as strong advocates for our most vulnerable and at-risk populations.

We are fortunate to have phenomenal speakers such as Dr. Susan Hagedorn, Dr. Norman Keltner, Dr. Sandra Thomas, and Dr. Kenya Beard. In addition, accepted presenter papers and posters will cover a broad range of topics applicable to individuals across the lifespan. This year, we have woven psychopharmacology content options throughout the annual conference and will seek your feedback on this new conference structural change.

We are pleased to be in Charlotte, North Carolina, and look forward to a robust exchange of ideas, along with brainstorming and networking opportunities.

Amanda and I extend a big thanks to the members of the Conference Committee and all the staff at The Rees Group who have worked diligently to develop and now offer this our 21st conference. We truly hope that you enjoy your time in Charlotte.

Amanda Baltierra, DNP, MPH, FNP-BC, PMHCNS-BC
Conference Chair

Edilma L. Yearwood, PhD, PMHCNS-BC, FAAN
Conference Co-Chair
General Information

Officers & Directors

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Edilma Yearwood, PhD, PMHCNS-BC, FAAN, Co-Chair
Pamela Galehouse, PhD, RN, PMHCNS-BC, CNL
Cynthia Handrup, DNP, PMHCNS-BC
Sara Horton-Deutsch, PhD, RN, ANEF, FAAN
Kelly Ihme, PhD, MA, BSN-BC
Heeyoung Lee, PhD, PMHNP-BC
Barbara Peterson, PhD, PMHCNS-BC, RN

Abstract Reviewers
Thank you to all who served as abstract reviewers for this year’s program. We appreciate your involvement!

Finance Committee Chair
Helen Teresa “Trez” Buckland, PhD, MEd

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Steven Pline, RN, Co-Chair

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Marian Newton, PhD, PMHNP, PMHCNS

Nominating Committee Chair
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Website Management Committee Chair
Kristina Stevens, MSN, PMH-APN, BC

Newsletter Editor
Angela McNeils, PhD, RN, FAAN, ANEF, CNE

Conference Committee
Amanda Baltierra, DNP, MPH, FNP-BC, PMHNP-BC, Chair
Edilma Yearwood, PhD, PMHCNS-BC, FAAN, Co-Chair
Pamela Galehouse, PhD, RN, PMHCNS-BC, CNL
Cynthia Handrup, DNP, PMHCNS-BC
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Heeyoung Lee, PhD, PMHNP-BC
Barbara Peterson, PhD, PMHCNS-BC, RN

Abstract Reviewers
Thank you to all who served as abstract reviewers for this year’s program. We appreciate your involvement!

Amanda Baltierra, DNP, MPH, FNP-BC, PMHNP-BC
Julie Bertram, PhD, RN
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Maryl Shirk, MN, RN, CNS-BC
Victoria Soltis-Jarrett, PhD, PMHCNS-BC, PMHNP-BC
Barbara Stephens, DNP, APRN, PMHCNS-BC
Sharon Ward-Miller, DNP, MA, RN, PMHCNS-BC
Edilma Yearwood, PhD, PMHCNS-BC, FAAN
Jacline Zauszniewski, PhD, RN-BC, FAAN
Conference Objectives
Attendees will be able to:
• Evaluate the academic and continuing education issues that continue to emerge in the 21st century.
• Examine mental health care issues through scholarly inquiry.
• Synthesize new trends in Evidence-Based Practice to enhance mental health care delivery.
• Identify innovative leadership strategies to advance the profession.
• Identify the role of advanced practice nursing in providing psychopharmacological care.
• Examine a psychopharmacological issue related to a specific population.

Nursing Contact Hours
This continuing nursing education activity was submitted to the Wisconsin Nurses Association Continuing Education Approval Program Committee, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation. Contact hours are complimentary with your registration fee.

To obtain continuing education contact hours for attending the ISPN Annual Conference, please complete the attendance form included in your packet of materials and evaluation form that will be sent to you via email. Please turn in the attendance form to the ISPN Registration Desk before you leave the Conference. The attendance form will serve as your contact hour certificate.

Registration
Conference registration is located in the Charlotte Ballroom Foyer and is open as follows:
Wednesday, May 29 .................................................. 2:00 p.m.-6:45 p.m.
Thursday, May 30 .................................................. 8:00 a.m.-4:45 p.m.
Friday, May 31 .................................................. 8:00 a.m.-5:00 p.m.
Saturday, June 1 .................................................. 8:30 a.m.-11:30 a.m.

Poster Presentations
Posters will be available for viewing in Charlotte Ballroom DE.

Poster Session A
Poster Setup Time:  
Wednesday, May 29 .................................................. 5:30 p.m.-6:30 p.m.
Presentation Time (Author Present):
Wednesday, May 29 .................................................. 6:30 p.m.-8:00 p.m.
Poster Viewing Time:
Thursday, May 30 .................................................. 8:00 a.m.-5:30 p.m.
Poster Teardown Time:
Thursday, May 30 .................................................. 5:30 p.m.-6:00 p.m.

Poster Session B
Poster Setup Time:  
Friday, May 31 .................................................. 7:00 a.m.-8:00 a.m.
Poster Viewing Time:
Friday, May 31 .................................................. 8:00 a.m.-5:45 p.m.
Presentation Time (Author Present):
Friday, May 31 .................................................. 5:45 p.m.-6:45 p.m.
Poster Teardown Time:
Friday, May 31 .................................................. 6:45 p.m.-7:15 p.m.

2019 Conference Highlights

ISPN Opening Reception and Poster Session A
Join your colleagues at Wednesday’s Opening Reception and Poster Session A to kick off the 2019 Conference!
Wednesday, May 29 • 6:30 p.m.-8:00 p.m.
Charlotte Ballroom DE and Ballroom Foyer

Keynote Speakers
Don’t miss these ISPN 2019 Keynote Speakers in Charlotte Ballroom DE:
• Opening Keynote Address: Nurses Making Movies and Social Change  
Susan Hagedorn, PhD, RN, PNP, WHNP, FAANP  
Thursday, May 30 • 9:15 a.m.-10:15 a.m.
• Susan McCabe Lectureship: A Pilgrim’s Journey Through Psychiatric Nursing  
Norman Keltner, EdD, CRNP  
Thursday, May 30 • 4:30 p.m.-5:30 p.m.
• Melva Jo Hendrix Lectureship: From Anger to Hope  
Sandra Thomas, PhD, RN, FAAN  
Friday, May 31 • 4:45 p.m.-5:45 p.m.
• Closing Keynote Address: Diversity: A Poison, Panacea, or Privilege?  
Kenya Beard, EdD, AGACNP-BC, NP-C, CNE, ANEF  
Saturday, June 1 • 11:15 a.m.-12:15 p.m.

New Member and Student Breakfast
Thursday, May 30 • 8:00 a.m.-9:00 a.m.
3rd Ward Room
Calling all new members, first-time conference attendees, students, and individuals considering becoming a member! This is the perfect opportunity to ask questions and meet the ISPN and Foundation Boards of Directors. Please join us!

ISPN Foundation Reception and Auction
Thursday, May 30 • 6:30 p.m.-8:30 p.m.
1st/2nd/3rd Ward Room
Be sure to join us for the ISPN Foundation’s annual reception and auction. This year's theme is “The Power of Word.” There will be good food, stimulating conversation, and lots of interesting auction items for the silent and live auctions. Please plan to bring an item to donate to the auction. Items can be dropped off at the ISPN Foundation table near the Registration Desk starting at 3:00 p.m. on Wednesday, May 29. Pre-ordered tickets will be distributed at registration, where you also can check for ticket availability.

Symposium Luncheon
Friday, May 31 • 12:15 p.m.-1:45 p.m.
Charlotte Ballroom DE
Clinical Convergence®: Child and Adolescent Bipolar Depression  
Jointly provided by RMEI Medical Education, LLC, and Postgraduate Institute for Medicine. Supported by an independent educational grant from Sunovion.
Special Interest Group Meetings

- Thursday, May 30 · 5:45 p.m.-6:30 p.m.
  Charlotte A
  Psychiatric-Mental Health Policy

- Friday, May 31 · 6:00 p.m.-6:45 p.m.
  Charlotte A
  Psychiatric Consultation-Liaison Advanced Nursing Practice

- Friday, May 31 · 6:00 p.m.-6:45 p.m.
  Charlotte C
  APN Formation

Self-Care Room
Drop by for respite in the ISPN Self-Care Room, 8:00 a.m.-7:00 p.m.
Thursday and Friday, and 8:00 a.m.-1:00 p.m. Saturday. 4th Ward Room

Evaluation Form
The program evaluation form will be emailed to your email address on file. There will be daily emails asking for your evaluation for that day’s sessions. You will receive two evaluation links on Saturday, June 1. Please complete and submit your evaluation form electronically. Your comments are valuable to the ISPN and assist the Conference Committee in planning future conferences.

Business Meeting
ISPN will hold its Annual Business Meeting on Saturday, June 1, at 8:00 a.m. in Charlotte Ballroom DE. All members are encouraged to join the ISPN Board to discuss the Society’s business report. Please be sure to attend! Tables will be labeled by geographical region. Look for the signs and network with your neighbors, starting at 7:30 a.m. before the Business Meeting.

Message Center
All messages for registrants will be posted on the Announcement Board in the ISPN Registration Area. Check this board each day so you don’t miss a contact in Charlotte or a message from the office.

Meeting Rooms
Audible signals from pagers and cellular phones may be a distraction to the speaker as well as the audience. Please program these accordingly and take phone calls outside the meeting rooms.

Awards
ISPN will present its annual awards on Saturday, June 1, at 10:30 a.m. in Charlotte Ballroom DE. Please join your friends and colleagues in recognizing those who have demonstrated outstanding achievement and leadership in the psychiatric and mental health field.

Internet
Complimentary basic high-speed wireless Internet is available in the meeting rooms for ISPN conference attendees. The hotel offers complimentary wireless guest room Internet access for all attendees.

Badges
Your badge will admit you to all the educational sessions and the exhibit area at the Annual Conference. It is recommended that you wear your badge at all times during the conference. Please remove your badge when you leave the hotel.

Disclosures Purpose Statement
Participants will be able to incorporate into their own practices the research and best practices learned from clinical experts about innovative practices and advocacy, from educators about new teaching pedagogies and inter-professional collaboration, and from researchers about evidence-based findings across a spectrum of psychiatric interests and mental health disorders across the lifespan and around the globe.

Notice of Requirement for Successful Completion
To obtain continuing education contact hours for attending the ISPN Annual Conference, you must attend all sessions you are seeking credit for, complete and submit the attendance form included in your packet of materials, and complete and submit the evaluation form that will be sent to you via email.

Please turn in the yellow attendance form to the ISPN Registration Desk before you leave the conference. The white copy is for your records and for self-reporting purposes to your state licensure agency or other group, as proof of attendance. Be sure to keep this copy for your records.

Conflict of Interest
ISPN Annual Conference May 29-June 1, 2019

The Wisconsin Nurses Association Continuing Education Approval Program requires that any speaker giving a presentation must disclose any significant financial interest or other relationship that they may have with the manufacturer(s) of any commercial products, service, technology, or program discussed at their educational presentation.

The Wisconsin Nurses Association Continuing Education Approval Program does not imply that any such financial interest or relationship is inherently improper or that such interest or relationship would prevent the speaker from making a presentation. It is imperative, however, that such financial interests or relationships be identified by the speaker so that participants have these facts fully disclosed prior to the presentation and may form their own judgments about the presentation.

Below is a listing of speakers with a conflict of interest:

Julie Bertram
ISPN Foundation
University of Missouri-St. Louis

Jim Kane
The Advisory Board Company

Norman Keltner
Elsevier

The remaining speakers have reported no relationships with commercial companies.

Non-Endorsement of Products
The presence of commercial exhibits during the conference does not imply endorsement by the ISPN, Wisconsin Nurses Association, or the American Nurses Credentialing Center’s Commission on Accreditation.
Exhibitors

The exhibit area is located in the Charlotte Ballroom DE Foyer. It also is the site of the poster sessions and refreshment breaks during the conference. Please plan time to stop by and visit with the exhibiting companies, which lend valuable financial support to the ISPN Conference.

Don’t forget to complete and submit your Exhibitor Sign-Off Form, found in your materials bag. You will be eligible to win a prize, brought to you by the Marketing and Development Committee.

EXHIBIT HOURS
Wednesday, May 29, 2019
6:30 p.m.-8:00 p.m.
Welcome Reception and Poster Session A

Thursday, May 30, 2019
8:00 a.m.-4:00 p.m.

Friday, May 31, 2019
9:30 a.m.-3:30 p.m.

Alkermes .................................................. Booth #7
http://www.alkermes.com/

Diamond Healthcare Corporation .................. Booth #5
P. O. Box 85050
Richmond, VA 23285
804-649-9340
www.diamondhealth.com

Diamond Healthcare Corporation, a national leader in behavioral health management, specializes in the development and management of hospital-based psychiatric and chemical dependency treatment services. Immediate nationwide opportunities available for Program Administrators, Psychiatric NP’s, DON’s, Nurse Managers, and Interim Travel Personnel. Please visit our booth.

LeaderStat ............................................. Booth #6
1322 B Manning Pkwy.
Powell, OH 43065
614-505-3620
jobs@leaderstat.com
www.leaderstat.com

Leaderstat is an industry leader in interim management, executive recruiting, and consulting in the healthcare industry. Our team is dedicated to finding exceptional locum tenens NPs and PAs for short- and long-term assignments, and physicians for permanent placement.

McLean Hospital ................................... Booth #10
115 Mill Street
Belmont, MA 02478
617-855-2110
www.mcleanhospital.org

Reducing the stigma related to mental health while improving the lives of our patients and their families are top priorities at McLean Hospital. Specializing in psychiatric treatment, research, professional education, and advocacy, McLean provides individualized care for addiction, borderline personality disorder, trauma, OCD and anxiety, and psychosis.

MDHealthCare Supplies ......................... Booth #8
Unit 37, Bates Industrial Estate
Church Road, RM3 OHU
England
305-785-8564
www.mdhealthcaresupplies.uk

Sunovion ................................................. Booth #9
84 Waterford Drive
Marlborough, MA 01752
732-530-3363
http://www.sunovion.us/

Taylor & Francis .................................. Booth #3
530 Walnut Street, Suite 850
Philadelphia, PA 19106
215-606-4293
www.taylorandfrancis.com

Taylor & Francis partners with world-class authors, from leading scientists and researchers, to scholars and professionals operating at the top of their fields. Together, we publish in all areas of the Humanities, Social Sciences, Behavioural Sciences, Science, Technology, and Medicine sectors. We are one of the world’s leading publishers of scholarly journals, books, eBooks, textbooks, and reference works.

University of South Carolina College of Nursing .... Booth #2
1601 Greene Street
Columbia, SC 29208
803-777-9173
www.sc.edu/nursing
<table>
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<tr>
<th><strong>PROGRAM SCHEDULE</strong></th>
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<tr>
<td><strong>Wednesday, May 29, 2019</strong></td>
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| 2:00 p.m.-6:45 p.m. | Ballroom Foyer  
Registration  |
| 6:30 p.m.-8:00 p.m. | Charlotte Ballroom DE and Ballroom Foyer  
Opening Reception and Poster Session A  
Exhibit Hall Opens  |
| **Thursday, May 30, 2019** |  |
| 8:00 a.m.-4:45 p.m. | Ballroom Foyer  
Registration  |
| 8:00 a.m.-9:00 a.m. | 3rd Ward  
ISPN New Member and Student Breakfast  |
| 8:00 a.m.-9:00 a.m. | 1st/2nd Ward  
ISPN Foundation Board Meeting  |
| 8:00 a.m.-4:00 p.m. | Ballroom Foyer and Charlotte Ballroom DE  
Exhibits and Poster Viewing  |
| 8:00 a.m.-7:00 p.m. | 4th Ward  
Self-Care Room  |
| 8:30 a.m.-9:30 a.m. | Charlotte Ballroom Foyer  
Light Breakfast  |
| 9:00 a.m.-9:15 a.m. | Charlotte Ballroom DE  
Welcome Remarks  |
| 9:15 a.m.-10:15 a.m. | Charlotte Ballroom DE  
Opening Keynote Address  
*Nurses Making Movies and Social Change*  
Susan Hagedorn, PhD, RN, PNP, WHNP, FAANP  |
| 10:15 a.m.-10:45 a.m. | Charlotte Ballroom Foyer  
Refreshment Break/Exhibitor Time/Poster Viewing  |
| 10:45 a.m.-11:45 a.m. | Charlotte A  
**Concurrent Session 1**  
Track: Evidence-Based Practice  
*Decreasing Rates of Pediatric Bipolar*  
Daniel Wesemann, DNP, MSW, PMHNP-BC  |
| 10:45 a.m.-11:45 a.m. | Charlotte C  
**Concurrent Session 3**  
Track: Education/Teaching Pedagogy  
*Developing a Partnership with the Department of Corrections*  
Marsha Snyder, PhD, PMHNP/CNS-BC, CADC  
Cynthia Handrup, DNP, PMHCNS-BC  
Geraldine Gorman, PhD, RN  |
| 11:45 a.m.-1:15 p.m. | Lunch (on your own)  |
| 1:15 p.m.-2:15 p.m. | Charlotte C  
**Symposium 1**  
Track: Education/Teaching Pedagogy  
*Implementing Addiction Science as a Pragmatic Course for Graduate Nursing Education*  
David Ampong, APRN, MSN/AM, MS, PMHNP-BC  
Michelle Burdette-Taylor, PhD, MSN, RN-BC  |
| 1:15 p.m.-2:15 p.m. | Charlotte GH  
**Concurrent Session 6**  
Track: Evidence-Based Practice  
*Conducting a Behavioral Health Assessment for Gender-Affirmation Surgery: Where Do I Begin?*  
Rhonda Schwindt, DNP, RN, PMHNP-BC  |
| 1:15 p.m.-2:15 p.m. | Charlotte A  
**Concurrent Session 7**  
Track: Education/Teaching Pedagogy  
*The Development and Preliminary Evaluation of a Media-based Health Education Intervention to Reduce Mental Disorder-related Stigma Among Nursing Students*  
Loujain Sharif, PhD, MSc, BSN  |
Critical Conversations with Psychiatric Nurses: Preparing for the Next Decade

Charlotte Ballroom DE
Concurrent Session 8
Track: Leadership Development
How Psychiatric-Mental Health Nurses Can Combat Compassion Fatigue
Lindsay Bouchard, DNP, PMHNP-BC, RN

2:15 p.m.-2:45 p.m.
Charlotte Ballroom Foyer
Refreshment Break/Exhibitor Time/Poster Viewing

2:45 p.m.-4:15 p.m.
Charlotte Ballroom DE
Workshop 1
Track: Leadership Development
Strategies for Promoting Diversity and Equity Among the Psychiatric-Mental Health Nursing Workforce
Cheryl Woods Giscombe, PhD, PMHNP, FAAN

Charlotte GH
Workshop 2
Track: Leadership Development
Finding our Collective Voice: Morally Informed Action for the Promotion of Global Mental Health
Sara Horton-Deutsch, PhD, RN, PMHCNS, ANEF, FAAN
Cynthia Handrup, DNP, APN, PMHCNS-BC
Edilma Yearwood, PhD, PMHCNS-BC, FAAN

Charlotte A
Workshop 3
Track: Research
Foster Care Medical Coordination
Julie Bertram, PhD, RN

4:30 p.m.-5:30 p.m.
Charlotte Ballroom DE
Susan McCabe Lectureship
A Pilgrim's Journey Through Psychiatric Nursing
Norman Keltner, EdD, CRNP

5:45 p.m.-6:30 p.m.
Charlotte A
Special Interest Group Meeting: Psychiatric-Mental Health Policy

5:45 p.m.-6:30 p.m.
City Center Boardroom
Archives of Psychiatric Nursing Journal Reviewer Meeting

6:30 p.m.-8:30 p.m.
1st/2nd/3rd Ward
ISPN Foundation Reception and Auction

Friday, May 31, 2019

8:00 a.m.-7:00 p.m.
4th Ward
Self-Care Room

8:00 a.m.-5:00 p.m.
Charlotte Ballroom Foyer
Registration

8:30 a.m.-8:45 a.m.
Charlotte C
Welcome and Reminders

8:45 a.m.-11:45 a.m.
Charlotte C
Symposium 2
Track: Evidence-Based Practice
Pediatric Bipolar: How to Identify and Treat These Unicorns
Daniel Wesemann, DNP, MSW, PMHNP-BC

9:30 a.m.-3:30 p.m.
Charlotte Ballroom Foyer
Exhibits and Poster Viewing

9:30 a.m.-10:30 a.m.
Charlotte Ballroom DE
Concurrent Session 10
Track: Evidence-Based Practice
Benzodiazepines 59 Years After Their Introduction to the US Market: Where We've Been, Where We Are, and Where We're Going
Kelly Rock, DNP, CRNP

Charlotte B
Concurrent Session 11
Track: Research
The Use of Binaural Sound to Remediate PTSD in Combat Veterans
George Lindenfeld, PhD

Charlotte GH
Concurrent Session 12
Track: Leadership Development
Deconstructing Stigma: How Sharing the Patient Perspective Can Enhance Clinical and Public Understanding of Mental Illness
Christine Tebaldi, PMHNP-BC
Adriana Bobinchock, BS

Charlotte A
Concurrent Session 13
Track: Psychopharmacology
CYP2D6 Polymorphisms and the Challenges of Pharmacogenomics in Clinical Practice
Joanna Johnson, PMHNP-BC

10:30 a.m.-11:00 a.m.
Charlotte Ballroom Foyer
Refreshment Break/Exhibitor Time/Poster Viewing
IMIN Meet and Greet
11:15 a.m.-12:15 p.m.
Charlotte GH
Concurrent Session 15
Track: Research
Therapeutic Alliance and Diabetes/Depression Comorbidity in an Urban Integrated Care Setting
   Judy Davis Armstrong, MS, MPH, APRN, PMHNP-BC

Charlotte B
Concurrent Session 16
Track: Education/Teaching Pedagogy
Effectiveness of Virtual Simulation Education in Mental Health Nursing: A Mixed-Methods Study
   Caroline McKinnon, PhD, PMHCNS-BC

12:15 p.m.-1:45 p.m.
Charlotte Ballroom DE
Symposium Luncheon
Clinical Convergence*: Child and Adolescent Bipolar Depression
   Jointly provided by RMEI Medical Education, LLC, and Postgraduate Institute for Medicine
   Supported by an independent educational grant from Sunovion

1:45 p.m.-2:45 p.m.
Charlotte A
Concurrent Session 18
Track: Evidence-Based Practice
The Adverse Childhood Experiences (ACEs) Study: From Research to Practice. The State of the Union
   Kelly Rock, DNP, PMHNP-BC

Charlotte B
Concurrent Session 19
Track: Research
Narrative Disruption and Narrative Repair: Use of Narrative Characteristics to Assess Identity Function in Therapy Practice and Research
   Emily Hauenstein, PhD, LCP, MSN, FAAN
   Rachel Clark, PhD

2:45 p.m.-3:15 p.m.
Charlotte Ballroom Foyer
Refreshment Break/Exhibitor Time/Poster Viewing

3:15 p.m.-4:15 p.m.
Charlotte C
Concurrent Session 22
Track: Evidence-Based Practice
The Use of Mobile Applications in Clinical Practice
   Joanna Johnson, MSN, APRN, PMHNP-BC

4:15 p.m.-4:45 p.m.
Charlotte Ballroom Foyer
Break/Poster Viewing

4:45 p.m.-5:45 p.m.
Charlotte Ballroom DE
Melva Jo Hendrix Lectureship
From Anger to Hope
   Sandra Thomas, PhD, RN, FAAN

5:45 p.m.-6:45 p.m.
Charlotte Ballroom DE
Poster Session B: Student Poster Session
6:00 p.m.-6:45 p.m.  
Charlotte A  
**Special Interest Group Meeting: Psychiatric Consultation-Liaison Advanced Nursing Practice**

6:00 p.m.-6:45 p.m.  
Charlotte C  
**Special Interest Group Meeting: APN Formation**

6:00 p.m.-7:00 p.m.  
1st/2nd Ward  
*Archives of Psychiatric Nursing* Journal Editorial Board Meeting

7:15 p.m.-8:15 p.m.  
**Student Social** (off site)  
Morton’s The Steakhouse

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**Saturday, June 1, 2019**

7:30 a.m.-8:30 a.m.  
*Charlotte Ballroom Foyer*  
**Light Breakfast**

7:30 a.m.-8:00 a.m.  
*Charlotte Ballroom DE*  
**Regional Networking Meetings**  
Tables will be labeled by geographic region. Grab breakfast, find your regional table, and network with your neighbors before the ISPN Business Meeting!

8:00 a.m.-1:00 p.m.  
4th Ward  
**Self-Care Room**

8:00 a.m.-8:45 a.m.  
*Charlotte Ballroom DE*  
**Business Meeting and President’s Wrap-Up**

8:30 a.m.-11:30 a.m.  
*Charlotte Ballroom Foyer*  
**Registration**

9:00 a.m.-10:00 a.m.  
*Charlotte B*  
**Concurrent Session 27**  
Track: Research  
**Transition from Spousal Caregiver to Widowhood: Results of a Mixed-Methods Comparison Study Between Urban and Rural Women**  
Carla Groh, PhD, PMHNP-BC  
Mitzi Saunders, PhD, APRN, CNS-C

*Charlotte C*  
**Concurrent Session 28**  
Track: Education/Teaching Pedagogy  
**Incorporating Interprofessional Collaboration into Graduate Education: Benefits for Psychiatric-Mental Health Nurse Practitioner Students**  
Katherine Riedford, PhD, PMHNP-BC

10:00 a.m.-10:30 a.m.  
*Charlotte Ballroom Foyer*  
**Refreshment Break**

10:30 a.m.-11:15 a.m.  
*Charlotte Ballroom DE*  
**ISPN Awards Ceremony**

11:15 a.m.-12:15 p.m.  
*Charlotte Ballroom DE*  
**Closing Keynote Address**  
**Diversity: A Poison, Panacea, or Privilege?**  
Kenya Beard, EdD, AGACNP-BC, NP-C, CNE, ANEF, FAAN

12:30 p.m.  
**Conference Adjourns**

1:00 p.m.-5:00 p.m.  
1st/2nd Ward  
**ISPN Board of Directors Meeting**
Poster Sessions

**POSTER SESSION A**

**POSTER A-1**
Once There Together, It all Came Together: Team Development in Graduate Students Participating in an Online/Blended InterProfessional Education (IPE) Project

Lora Beebe, PhD
Marian Roman, PhD

**POSTER A-2**
Trauma-informed Medication Management in Foster Care

Julie Bertram, PhD, RN

**POSTER A-3**
Utilization of an Inpatient Violence Predictor Tool to Increase Inpatient Volumes, Staffing Efficiency, and Employee Satisfaction on a Pediatric Psychiatric Inpatient Unit

Lisa Farmer, BSN, RN-BC, LMSW

**POSTER A-4**
Satisfaction with Healthcare: The Effects of Disability, Sex, and Race on Perceived Quality of Care by the Seriously Mentally Ill

Emily Hauenstein, PhD, LCP, MSN, FAAN
Rachael S. Clark, PhD
Elizabet I. Merwin, PhD, RN, FAAN

**POSTER A-5**
Suicidality on Rural College Campuses: An Integrative Review

Ashlyn Johnson, DNP, FNP-BC, PMHNP-BC
Diane L. Smith, PhD, RN

**POSTER A-6**
The Transition Experiences of Overseas Trained Nurses from Kerala, India, and Working in Mental Health in Australia: A Phenomenological Study

Bindu Joseph, PhD, MH

**POSTER A-7**
Revisiting the Matrix Model: An Evidenced-based Strategy for Recovery

William Leiner, MS, RN, BC
Patricia Martinez, BSN, RN, BC

**POSTER A-9**
Using Photo Essays to Reduce Ageism Toward Older People

Sheila Linz, PhD, PMHNP-BC, RN

**POSTER A-10**
Using Digital Stories to Reduce Stigma

Sheila Linz, PhD, PMHNP-BC
Mary Wunnenberg, EdD, MSN, RN

**POSTER A-11**
Being Mindful: Improving Health in Vulnerable Communities

Sheila Linz, PhD, PMHNP-BC, RN
Rashida Atkins, PhD, RN, APN-C

**POSTER A-12**
Characteristics of Home-visit Psychiatric Nursing in Japan -1- Home-visit Nursing Activities as Recognized by Nurses

Mitsunobu Matsuda, PhD, RN
Ayumi Kohno, PhD, RN

**POSTER A-13**
Reclaiming Essential Art of 4th P “Psychotherapy” Interwoven with Ongoing Supervision

Marian Newton, PhD, PMHCNS, PMHNP, ANEF
Cynthia Handrup, DNP, PMHCNS-BC
Kathleen A. Wheeler, PhD, PMHCNS-BC, FAAN

**POSTER A-14**
Translating Interprofessional Education into Psychiatric Practice Settings: Feedback from Graduates

Barbara Peterson, PhD, PMHCNS, APRN
Kathy Riedford, PhD, PMHNP-BC, RN
Merrie Kaas, PhD, APRN, PMHCNS-BC, FAAN

**POSTER A-15**
Psychiatric Care in an Out-Patient Clinical Setting for Pregnant and Postpartum Females Who are at Risk for Depression, Anxiety, and Other Behavioral Health Problems

Linda Pettei, RN, MS, APRN

**POSTER A-16**
Content and Effectiveness of Interventions to Improve Marriage and Work Functioning in Veterans with PTSD: A Scoping Review

Kristina Reich, Psychiatric NP-BC

**POSTER A-17**
Measuring Perceptions of Interprofessional Competency and Self-Efficacy: Experience of Integrating a Newly Developed Assessment Tool in Two Interprofessional Education Projects

Katherine Riedford, PhD, PMHNP-BC, RN
Merrie Kaas, PhD, PMHCNS-BC, RN
Barbara Peterson, PhD, PMHCNS-BC, RN

**POSTER A-18**
The Mental Health of Women Truck Drivers

Mona Shattell, PhD, RN, FAAN
Lauren Antia, BS
Karen Heaton, PhD, COHN-S, FNP-BC, FAAN, FAAN

**POSTER A-19**
Building Interdisciplinary Teams and Preparing Psychiatric-Mental Health (PMH) Nurse Practitioners to Provide PMH Treatment in Integrated Primary Care Settings

Wendy Umberger, PhD, PMHCNS-BC
Andrea Warner Stidham, PhD, RN
Kim Williams, DNS, ANP-BC, PMHNP-BC, PHNA-BC
POSTER A-22
Demographic Characteristics, Caregiving Burden, Coping Resources, and Mental Health Among Family Caregivers of Adults with Diverse Health Conditions
Jaclene Zauszniewski, PhD, RN-BC, FAAN
Hanan Badr, PhD, MSN, RN, SANE
Kayla Herbell, PhD, RN

POSTER A-23
Effectiveness of Nurse-implemented Music Add-on Therapy (NIMAT) in Managing Children with Behavioral Problems
Radhakrishnan Govindan, PhD

POSTER SESSION B
Poster Setup Time:
Friday, May 31 .................................... 7:00 a.m.-8:00 a.m.
Poster Viewing Time:
Friday, May 31 .................................... 8:00 a.m.-5:45 p.m.
Presentation Time (Author Present):
Friday, May 31 .................................... 5:45 p.m.-6:45 p.m.
Poster Teardown Time:
Friday, May 31 .................................... 6:45 p.m.-7:15 p.m.

POSTER B-1
The Current State of Transcultural Mental Health Nursing: A Synthesis of the Literature
Katelin Umland, MS, PMHNP-BC

POSTER B-2
Using Geographic Information Systems to Understand Mental Health Care Access
Marie Smith-East, MSN, MS, PMHNP-BC, EMT-B

POSTER B-4
Implementation of Standardized Assessment Process for Adults with ASD in the Inpatient Setting
Nicole Peluso, MN, RN

POSTER B-5
Neural Correlates of Social Functioning in First Episode Psychosis
Kathleen Miley, RN, MSN, PMHNP-BC

POSTER B-6
Contributing Factors to Nurses’ Motivation to Provide Care to Patients with Alcohol and Opioid (AO) Use Problems: A Nationwide Survey
Khadejah Mahmoud, PhD(c), MSN

POSTER B-8
Implementation of a Sensory Modulation Room on an Acute Care Psychiatric Unit
Wanda Lancaster, MSN, PMHNP-BC, PMHCNS-BC, DNP Student
“The Power of Word”
ISPN Foundation Reception and Auction

Proceeds fund research, wellness, and travel grants for psychiatric-mental health nurses.

Charlotte Marriott City Center Hotel
$60 per person
Thursday, May 30, 2019
6:30 p.m. to 8:30 p.m.
1st/2nd/3rd Ward

Tickets:
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FRIDAY, MAY 31, 2019
Charlotte Marriott City Center Hotel
Charlotte Ballroom DE

Lunch & Registration
11:45 AM – 12:15 PM ET

CE-Certified Symposium
12:15 PM – 1:45 PM ET

Earn up to 1.5 AMA PRA Category 1 Credit(s)™ or 1.5 ANCC contact hours

Sara Jones, PhD, RN, APRN, PMHNP-BC
Assistant Professor, Specialty Coordinator
Psychiatric Mental Health NP Specialty
University of Arkansas for Medical Sciences
College of Nursing
Little Rock, AR

Robert A. Kowatch, MD, PhD
Professor of Psychiatry, Department of Psychiatry
The Ohio State Medical Center/Nationwide Children's Hospital
Division of Pulmonary Medicine
Columbus, OH

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The Mission & Practices of ISPN

ISPN MISSION AND PRACTICES

MISSION:
To support advanced-practice psychiatric-mental health nurses in promoting mental health care, literacy, and policy worldwide.

PRACTICES:
The practices of the International Society of Psychiatric-Mental Health Nurses are to:

- Strengthen the presence and voice of advanced practice psychiatric-mental health (PMH) nurses through contributions to standards, curricula, and public policy statements that promote equitable quality mental health care for individuals, families, and communities
- Promote advanced practice psychiatric nurses to deliver lifespan mental health care and literacy education to clients, families, and communities
- Promote members’ research and the development of scholarship through funding, presentations, and publications
- Support members’ efforts to collaborate with clients, families, communities, and national and international partners to address mental health issues
- Provide education, leadership development, and networking for members through conferences, online resources, service opportunities, and partnerships
SAFETY RULES AND GUIDELINES

We welcome you to the ISPN 21st Annual Conference. We know you will find this to be an enriching and fulfilling experience. To ensure the safety and security of our attendees and guests, we have compiled the following list of safety rules and guidelines for this conference.

The Marriott City Center is committed to providing our guests a safe and secure stay. When a security or safety situation arises, or an incident occurs that should be brought to our attention, we ask that you observe the following reporting protocols:

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- Secure all your valuables. Safe deposit boxes are available at the Front Desk.
- Do not leave any articles of value in your vehicle in the parking lot.
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- Smoking is not permitted in the hotel. It is considered a smoke-free environment.
- Do not open any fire exit or other access door to any person. Access to the conference is strictly for members and registered conference guests. All access to display areas, meetings, and symposia is through the appropriate entrance doors. All fire exits are alarmed.
- If you note any suspicious articles, packages, people, or activities, please contact the event staff or the Front Desk immediately.
- Do not give your lodging information to any person.

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