Wednesday, April 11, 2018

7:30 a.m.-7:00 p.m.  
Registration Open

6:30 p.m.-8:00 p.m.  
Opening Reception and Poster Session
Exhibit Hall Opens

Thursday, April 12, 2018

7:30 a.m.-5:00 p.m.  
Registration Open

6:30 a.m.-7:30 a.m.  
Morning Yoga

7:15 a.m.-8:15 a.m.  
New Member Breakfast

7:15 a.m.-8:15 a.m.  
Continental Breakfast and Exhibits

8:30 a.m.-8:45 a.m.  
Welcome

8:45 a.m.-9:45 a.m.  
Opening Keynote Address

Turning Chaos Into Opportunity: Navigating the Political Waters
Suzanne Miyamoto, PhD, RN, FAAN
Chief Policy Officer, American Association of Colleges of Nursing

10:00 a.m.-10:50 a.m.  
Concurrent Session 1.1
The Reality of Gender Dysphoria: A Consumer’s Message to Practitioners
Linda Jo Volness, MS, APRN, PMH-CNS
Jordan Jo Volness, Consumer

Concurrent Session 1.2
Expanding Access to Behavioral Health Care in a Rural Health System: Components of Care
Erin Ellington, DNP, APRN, PMHNP-BC
Andrea Beahm, MA-R
Carol Schmer, PhD, RN
Laura Thiem, DNP, RN, FNP-BC, PMHCNS-BC, PMHNP-BC

Promoting Academic and Professional Resiliency in Psychiatric Mental Health Nurses Through an Educational Program
Lindsay Bouchard, DNP, PMHNP-BC, RN

Concurrent Session 1.3
The Positive Thinking Skills Scale: A Screening Measure for Early Identification of Depressive Thoughts
Abir Bekhet, PhD, RN, HSMI
Mauricio Garnier-Villarreal, PhD

Telephone Intervention Problem Solving (TIPS): An Option to Enhance Adherence and Mitigate the Effects of Medicaid Prescription Limits for Schizophrenia Spectrum Disorders (SSDs)
Lora Beebe, PhD, PMHNP-BC

Concurrent Session 1.4
Preparing Psychiatric-Mental Health Nursing Policy Makers
Helen Buckland, PhD, MEd

10:55 a.m.-11:25 a.m.  
Refreshment Break
Exhibits and Poster Session
International Meet and Greet

11:30 a.m.-12:20 p.m.  
Concurrent Session 2.1
The Neurobiological Basis of Insight in Schizophrenia: Implications for Psychiatric-Mental Health Nursing
Rose Mary Xavier, PhD, MS, PMHNP-BC

Concurrent Session 2.2
Integrating Behavioral Health Into Rural Primary Care: Addressing the Impact of Poverty, Disparities, and the Need for Whole Health Care
Victoria Soltis-Jarrett, PhD, PMHNP-BC, FAANP
Leslie Sharpe, DNP, FNP-BC

Concurrent Session 2.3
Evaluation of ISPN’s Professional Nursing Society’s Mentoring Program
Elizabeth Bonham, PhD, RN, PMHCNS-BC, FAAN

Concurrent Session 2.4
A Framework for Psychiatric-Mental Health Nurses to Improve Health Policy Using Normalization Process Theory
Lindsay Bouchard, DNP, PMHNP-BC, RN

Nursing Process in Psychiatric-Mental Health Nursing: Learning From Our History to Advance Our Future
David Keller, MS, RN, CNE

12:25 p.m.-1:40 p.m.  
Product Theater Luncheon
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>1:45 p.m.</td>
<td>Symposium 1.1 (part 1)</td>
</tr>
<tr>
<td></td>
<td>The Positive Impact of Developing Staff Leadership through Supportive</td>
</tr>
<tr>
<td></td>
<td>Training and Education to Improve Patient and Family Care Experiences on a Pediatric Inpatient Psychiatry Unit</td>
</tr>
<tr>
<td></td>
<td>Caitlin Doherty, BSN, RN-BC</td>
</tr>
<tr>
<td></td>
<td>David Einmo, BSN, RN-BC</td>
</tr>
<tr>
<td></td>
<td>Laura Lynch, BSN, BC-RN</td>
</tr>
<tr>
<td></td>
<td>Josh Trewin, RN-BC</td>
</tr>
<tr>
<td>1:45 p.m.</td>
<td>Workshop 1.1</td>
</tr>
<tr>
<td></td>
<td>Small Numbers Can Be a Force for Policy Change:</td>
</tr>
<tr>
<td></td>
<td>The Power of Nursing Coalitions and Collaborations</td>
</tr>
<tr>
<td></td>
<td>Sally Raphel, MS, APRN-PMH, FAAN</td>
</tr>
<tr>
<td></td>
<td>Suzanne Miyamoto, PhD, RN, FAAN</td>
</tr>
<tr>
<td>1:45 p.m.</td>
<td>Workshop 1.2</td>
</tr>
<tr>
<td></td>
<td>Education for the Prevention of Fetal Alcohol Spectrum Disorders (FASDs) with Alcohol Screening and Brief Intervention (Alcohol SBI) Through the Use of Case Studies</td>
</tr>
<tr>
<td></td>
<td>Ann Mitchell, PhD, RN, AHN-BC, FIAAN, FAAN</td>
</tr>
<tr>
<td></td>
<td>Holly Hagle, PhD</td>
</tr>
<tr>
<td></td>
<td>Emily Knapp, BA</td>
</tr>
<tr>
<td></td>
<td>Dawn Lindsay, PhD</td>
</tr>
<tr>
<td></td>
<td>Lela McKnight-Eily, PhD</td>
</tr>
<tr>
<td></td>
<td>Kathy Puskar, DrPH, RN, FAAN</td>
</tr>
<tr>
<td>3:20 p.m.</td>
<td>Refreshment Break</td>
</tr>
<tr>
<td>3:20 p.m.</td>
<td>Exhibits and Poster Session</td>
</tr>
<tr>
<td>3:55 p.m.</td>
<td>Symposium 1.1 (part 2)</td>
</tr>
<tr>
<td></td>
<td>The Positive Impact of Developing Staff Leadership through Supportive</td>
</tr>
<tr>
<td></td>
<td>Training and Education to Improve Patient and Family Care Experiences on a Pediatric Inpatient Psychiatry Unit</td>
</tr>
<tr>
<td></td>
<td>Caitlin Doherty, BSN, RN-BC</td>
</tr>
<tr>
<td></td>
<td>David Einmo, BSN, RN-BC</td>
</tr>
<tr>
<td></td>
<td>Laura Lynch, BSN, BC-RN</td>
</tr>
<tr>
<td></td>
<td>Josh Trewin, RN-BC</td>
</tr>
<tr>
<td>3:55 p.m.</td>
<td>Workshop 2.1</td>
</tr>
<tr>
<td></td>
<td>Publishing in Psychiatric-Mental Health Nursing Journals: Tips from the Editors</td>
</tr>
<tr>
<td></td>
<td>Joyce Fitzpatrick, PhD, RN, FAAN</td>
</tr>
<tr>
<td></td>
<td>Janice Goodman, PhD, RN, PMHCNS–BC, FAAN</td>
</tr>
<tr>
<td></td>
<td>Catherine Kane, PhD, RN, FAAN</td>
</tr>
<tr>
<td></td>
<td>Evelyn Parrish, PhD, APRN-BC</td>
</tr>
<tr>
<td></td>
<td>Geraldine Pearson, PhD, APRN, FAAN</td>
</tr>
<tr>
<td></td>
<td>Mona Shattell, PhD, RN, FAAN</td>
</tr>
<tr>
<td></td>
<td>Edilma Yearwood, PhD, PMHCNS-BC, FAAN</td>
</tr>
</tbody>
</table>

Friday, April 13, 2018

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:00 a.m.</td>
<td>Registration Open</td>
</tr>
<tr>
<td>6:30 a.m.</td>
<td>Morning Yoga/Meditation</td>
</tr>
<tr>
<td>7:00 a.m.</td>
<td>Continental Breakfast and Exhibits</td>
</tr>
<tr>
<td>8:00 a.m.</td>
<td>Welcome and Reminders</td>
</tr>
<tr>
<td>8:15 a.m.</td>
<td>Diversity Speaker</td>
</tr>
<tr>
<td></td>
<td>Kathy Wright, PhD, RN, GCNS-BC, PMHCNS-BC</td>
</tr>
<tr>
<td>9:30 a.m.</td>
<td>Workshop 3.1</td>
</tr>
<tr>
<td></td>
<td>A Successful Model for Clinical Training in Child/Adolescent Cognitive Behavior Therapy (CBT) for Graduate Psychiatric Advanced Practice Nursing Students</td>
</tr>
<tr>
<td></td>
<td>Pamela Lusk, DNP, RN, PMHNBP-BC, FAANP</td>
</tr>
<tr>
<td></td>
<td>Beverly Hart Abney, PhD, RN, PMHNBP-BC</td>
</tr>
<tr>
<td>9:30 a.m.</td>
<td>Workshop 3.2</td>
</tr>
<tr>
<td></td>
<td>Integrative Play Therapy</td>
</tr>
<tr>
<td></td>
<td>Donna de Villier, DNP, MN, PMHNBP-BC, RPTS</td>
</tr>
</tbody>
</table>
9:30 a.m.-10:20 a.m.  
**Concurrent Session 3.1**  
*Essential RN Competencies for the Induction and Maintenance of Opioid Replacement Therapy*  
Janet Standard, DNP, PMHNP-BC  
Michelle Knapp, DNP, PMHNP-BC  

**Concurrent Session 3.2**  
*Optimizing Borderhealth PMH Provider Workforce Through Community Engagement*  
Kathleen McCoy, DNSc, APRN, PMHNP-BC, PMHCNS-BC, FNP-BC FAANP  
Mark D. Soucy, PhD, APRN, PMHNP-BC, FAANP  
Charlotte Waters, OTA MAA

10:20 a.m.-10:55 a.m.  
**Refreshment Break**  
**Exhibits and Poster Session**  
**IMIN Meet and Greet**

11:00 a.m.-11:50 a.m.  
**Concurrent Session 4.1**  
*Diversion of Stimulants in 10th Graders in Iceland*  
Gísli Kristófersson, PHD, RN, PMHNP-BC  
Arsaell Arnarson, PhD  
Guomundur Torfi Heimison  
Dagbjorg Sigurðardóttir

**Concurrent Session 4.2**  
*Honoring the Patient as “Expert by Experience”: Graduate Curriculum Centered on Recovery and Integrative Nursing Principles With a Navajo (Hozho Life-Way Model) Teaching Exemplar*  
Michelle Kahn-John, PhD, RN, PMHNP-BC, GNP  
Pamela Lusk, DNP, RN, PMHNP-BC, FAANP

**Concurrent Session 4.3**  
*Re-conceptualizing Sickle Cell Disease Chronic Pain Etiology: The Physical and Social Pain Overlap Hypothesis*  
Cheedy Jaja, PHD, MPH, MSN, PMHNP-BC, RN

**Concurrent Session 4.4**  
*Promoting Resilience in Times of Chaos: Reducing Stress and Burnout*  
Jim Kane, MN, RN, CNS, NEA-BC

12:00 noon-1:50 p.m.  
**Luncheon Symposium (TBD)**

2:00 p.m.-5:00 p.m.  
**Symposium 3.1**  
*Child/Adolescent Psychiatric-Mental Health Nursing Symposium: Assessment, Diagnosis, and Management of Disruptive Mood Dysregulation Disorder*  
Andrea Kwasky, DNP, PMHNP-BC, PMHCNS-BC  
Elizabeth Bonham, PhD, RN, PMHCNS-BC

2:00 p.m.-2:50 p.m.  
**Concurrent Session 5.1**  
*Key Findings and Recommendations of the National Academy of Medicine Committee to Evaluate the Department of Veterans Affairs Mental Health Services*  
Bethany Phoenix, PhD, RN, CNS, FAAN

**Concurrent Session 5.2**  
*Attitudes to Suicide: Using Evidence to Foster Prevention*  
Susan Gladstein, MS, RN  
Marquerite DeMarco, PhD, RN, CPNP, FAAN  
Fatima Ramos-Marcuse, PhD, NPP  
Susan Painter, DNP, PMHNP-BC

**Concurrent Session 5.3**  
*Learning to do Psychotherapy and the Art of Supervision*  
Cynthia Taylor Handrup, DNP, APN, PMHCNS, RN  
Barbara Peterson, PhD, PMHCNS, RN  
Danielle Bishop, PharmD, BCPP  
Merrie Kaas, PhD, PMH-CNS-BC, FAAN, RN  
Karl Olson, PMHDNP, RN  
Amy Pittenger, PharmD, MS, PhD

3:05 p.m.-3:55 p.m.  
**Concurrent Session 6.1**  
*The Mindful Shield: The Effects of Mindfulness Training on Resilience and Leadership in Military Leaders*  
Kelly Ihme, PhD, BSN-BC, MA

**Concurrent Session 6.2**  
*Interprofessional Education in Psychiatric-Mental Health Graduate Education: Can it be Sustainable?*  
Barbara Peterson, PhD, PMHCNS, RN  
Danielle Bishop, PharmD, BCPP  
Merrie Kaas, PhD, PMH-CNS-BC, FAAN, RN  
Karl Olson, PMHDNP, RN

**Concurrent Session 6.3**  
*Suicide in Elementary School-Aged Children: Trends, Socio-demographic Characteristics, Precipitating Circumstances, and Family Impact*  
Carla Groh, PhD, PMHNP-BC, FAAN

3:55 p.m.-4:25 p.m.  
**Refreshment Break**  
**Exhibits and Poster Session**
### FRIDAY/SATURDAY SCHEDULE • APRIL 13-14

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
</table>
| 4:30 p.m.-5:20 p.m. | **Concurrent Session 7.1** Building Capacity to Address the Barriers to Mental Health Care in the Latino/a Community  
Marsha Snyder, PhD, PMHCNS/NP-BC  
Cynthia Taylor Handrup, DNP, APN, PMHCNS-BC  
Rebecca Clay, MS, RN  
Antonia Hernandez, MEd, RN |
| 5:30 p.m.-6:15 p.m. | **ISPN Special Interest Group Meeting**  
**SIG for Psychiatric-Mental Health Policy** |
| 6:00 p.m.-7:30 p.m. |  
**Morning Yoga** |
| 7:00 a.m.-8:00 a.m. |  
**Continental Breakfast** |
| 7:15 a.m.-8:00 a.m. |  
**ISPN Special Interest Group Meeting**  
**SIG for APN Formation** |
| 8:15 a.m.-9:00 a.m. |  
**Business Meeting and President’s Wrap-up** |
| 9:15 a.m.-10:05 a.m. |  
**Concurrent 8.1**  
“He’s Out of Control”: A Case Study Identifying Factitious Disorder Imposed on Another  
David Alvarez, DNP, PMHNP-BC, NE-BC, RN-BC  
A Case Report: Attempted Suicidal Ligature Strangulation with an Elastic Band  
Laura Ann Nicoletto-Syrett, MSN, RN-BC, CARN |
| 10:10 a.m.-10:25 a.m. |  
**Refreshment Break** |
| 10:30 a.m.-11:10 a.m. |  
**ISPN Awards Ceremony** |
| 11:15 a.m.-12:15 p.m. |  
**Closing Keynote Address**  
“Changing My Mind”  
Margaret Trudeau  
Canadian Mental-Health Issues Advocate and Author |
| 12:30 p.m. |  
**Conference Ends** |
| 1:00 p.m.-5:00 p.m. |  
**ISPN Board of Directors Meeting** |