

ISPN



2019

CHARLOTTE, NC • **The Queen City** • MAY 29-JUNE 1

Preliminary Program

(Content will be updated as needed)

Wednesday, May 29, 2019

6:30 p.m.-8:00 p.m.

**Opening Reception and Poster Session A
Exhibit Hall Opens**

Thursday, May 30, 2019

8:00 a.m.-9:00 a.m.

ISPN New Member and Student Breakfast

8:00 a.m.-9:00 a.m.

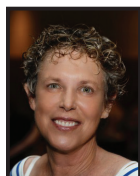
ISPN Foundation Board Meeting

8:00 a.m.-9:00 a.m.

Exhibits and Poster Viewing

9:00 a.m.-9:15 a.m.

Welcome Remarks



9:15 a.m.-10:15 a.m.

Opening Keynote Address

Nurses Making Movies and Social Change
Susan Hagedorn, PhD, RN, PNP, WHNP,
FAANP

10:15 a.m.-10:45 a.m.

Refreshment Break/Exhibitor Time/Poster Viewing

10:45 a.m.-11:45 a.m.

Concurrent Session 1

Track: Evidence-Based Practice

Decreasing Rates of Pediatric Bipolar

Daniel Wesemann, DNP, MSW, PMHNP-BC

Concurrent Session 3

Track: Education/Teaching Pedagogy

*Development of a Partnership with a Department of
Corrections Work Release Program*

Marsha Snyder, PhD, PMHNP/CNS-BC, CADC

Cynthia Handrup, DNP, PMHCNS-BC

Concurrent Session 4

Track: Leadership Development

*The Psychiatric Resource Nurse: An Innovative Leadership
Strategy Developed by a PCLN to Support Staff Caring for
Growing Numbers of Behavioral Health Patients Admitted
to a Pediatric Medical Hospital*

Elizabeth Steinmiller, MSN, PMHCNS-BC

Concurrent Session 5

Track: Psychopharmacology

*Preparing Psychiatric Nurses to Lead Precision Health in
the Next Decade with Pharmacogenetics and Culturally
Tailored Care: A Demonstration on How Clinical Practice
Informed Teaching and Research*

Eugenia Millender, PhD, RN, PMHNP-BC, CDE

11:45 a.m.-1:15 p.m.

Lunch (on your own)

1:15 p.m.-4:15 p.m.

Symposium 1

Track: Education/Teaching Pedagogy

*Implementing Addiction Science as a Pragmatic Course for
Graduate Nursing Education*

David Ampong, APRN, MSN/AM, MS, PMHNP-BC

Michelle Burdette-Taylor, PhD, MSN, RN-BC

1:15 p.m.-2:15 p.m.

Concurrent Session 6

Track: Evidence-Based Practice

*Conducting a Behavioral Health Assessment for Gender-
Affirmation Surgery: Where Do I Begin?*

Rhonda Schwindt, DNP, RN, PMHNP-BC

Concurrent Session 7

Track: Education/Teaching Pedagogy

*The Development and Preliminary Evaluation of a Media-
based Health Education Intervention to Reduce Mental
Disorder-related Stigma Among Nursing Students*

Loujain Sharif, PhD, MSc, BSN

Concurrent Session 8

Track: Leadership Development

*How Psychiatric Mental Health Nurses Can Combat
Compassion Fatigue*

Lindsay Bouchard, DNP, PMHNP-BC, RN

2:15 p.m.-2:45 p.m.

Refreshment Break/Exhibitor Time/Poster Viewing

2:45 p.m.-4:15 p.m.

Workshop 1

Track: Leadership Development

*Strategies for Promoting Diversity and Equity Among the
Psychiatric-Mental Health Nursing Workforce*

Cheryl Woods Giscombe, PhD, PMHNP, FAAN

Workshop 2

Track: Leadership Development

Finding our Collective Voice: Morally Informed Action for the Promotion of Global Mental Health

Sara Horton-Deutsch, PhD, RN, PMHCNS, ANEF, FAAN
Cynthia Handrup, DNP, APN, PMHCNS-BC
Edilma Yearwood, PhD, PMHCNS-BC, FAAN

Workshop 3

Track: Research

Foster Care Medical Coordination

Julie Bertram, PMHCNS-BC, PhD
Alisha Acosta, BA
Jennifer McKanry



4:30 p.m.-5:30 p.m.

Susan McCabe Lectureship

A Pilgrim's Journey Through Psychiatric Nursing

Norman Keltner, EdD, CRNP

5:45 p.m.-6:30 p.m.

SIG #1: Psychiatric-Mental Health Policy

5:45 p.m.-6:30 p.m.

Archives of Psychiatric Nursing Journal Reviewer Meeting

6:30 p.m.-8:30 p.m.

ISPN Foundation Event

Friday, May 31, 2019

8:00 a.m.-8:15 a.m.

Welcome and Reminders



8:15 a.m.-9:15 a.m.

Diversity Keynote Address

TBA

Faye Gary, MS, RN, EdD, FAAN

8:45 a.m.-11:45 a.m.

Symposium 2

Track: Evidence-Based Practice

Pediatric Bipolar: How to Identify and Treat These Unicorns

Daniel Wesemann, DNP, MSW, PMHNP-BC

9:30 a.m.-10:30 a.m.

Concurrent Session 10

Track: Evidence-Based Practice

Benzodiazepines 59 Years After Their Introduction to the US Market: Where We've Been, Where We Are, and Where We're Going

Kelly Rock, DNP, CRNP

Concurrent Session 11

Track: Research

The Use of Binaural Sound to Remediate PTSD in Combat-Veterans

George Lindenfeld, PhD

Concurrent Session 12

Track: Leadership Development

Deconstructing Stigma: How Sharing the Patient Perspective Can Enhance Clinical and Public Understanding of Mental Illness

Christine Tebaldi, PMHNP-BC
Daniel Wesemann, DNP, MSW, PMHNP-BC

Concurrent Session 13

Track: Psychopharmacology

CYP2D6 Polymorphisms and the Challenges of Pharmacogenomics in Clinical Practice

Joanna Johnson, PMHNP-BC

10:30 a.m.-11:00 a.m.

Refreshment Break/Exhibitor Time/Poster Viewing

11:15 a.m.-12:15 p.m.

Concurrent Session 14

Track: Evidence-Based Practice

Motivating Employee Engagement in Healthcare

Jamie Gibbs, DNP, RN, APN-BC
Julie Baker, DNP, RN, FNP-BC

Concurrent Session 15

Track: Research

Therapeutic Alliance and Diabetes/Depression Comorbidity in an Urban Integrated Care Setting

Judy Davis Armstrong, MS, MPH, APRN, PMHNP-BC

Concurrent Session 16

Track: Education/Teaching Pedagogy

Effectiveness of Virtual Simulation Education in Mental Health Nursing: A Mixed-methods Study: A Mixed-methods Study

Caroline McKinnon, PhD, PMHCNS-BC

Concurrent Session 17

Track: Psychopharmacology

Monitoring Psychotropic Medication Effectiveness and Safety: Through Systematic Laboratory Testing

Amanda Baltierra, DNP, MPH, FNP-BC, PMHNP-BC

12:15 p.m.-1:45 p.m.

Lunch (on your own)

1:45 p.m.-4:45 p.m.

Symposium 3

Track: Leadership Development

Critical Conversations for Ourselves and Organizations While Learning Evidence Based Practice Techniques to Promote Leadership and Reduce Stress: Mantram Repetition

Jim Kane, MN, RN, CNS, NEA-BC
Jill Bormann, PhD, RN, FAAN

1:45 p.m.-2:45 p.m.

Concurrent Session 18

Track: Evidence-Based Practice

The Adverse Childhood Experiences (ACEs) Study: From Research to Practice. The State of the Union

Kelly Rock, DNP, PMHNP-BC

Concurrent Session 19

Track: Research

Narrative Disruption and Narrative Repair: Use of Narrative Characteristics to Assess Identity Function in Therapy Practice and Research

Emily Hauenstein, PhD, LCP, MSN, FAAN
Rachel Clark, PhD

Concurrent Session 20

Track: Education/Teaching Pedagogy

UNC PrimeCare 2.0: A HRSA-funded Interprofessional Behavioral Health Workforce Education and Training Program for PMHNP and MSW Students Committed to Reducing Behavioral Health Disparities for Underserved and Rural Populations

Cheryl Woods Giscombe, PhD, PMHNP, FAAN

Concurrent Session 21

Track: Evidence-Based Practice

Critical Conversations about Telehealth in the 21st Century for Psychiatric Mental Health Nurse Practitioners

Rene Love, PhD, DNP, PMHNP-BC
Deborah Johnson, DNP, PMHNP-BC
Jane Carrington, PhD, RN

2:45 p.m.-3:15 p.m.

Refreshment Break/Exhibitor Time/Poster Viewing

3:15 p.m.-4:15 p.m.

Concurrent Session 22

Track: Evidence-Based Practice

Changing the Culture of Mental Health Through Employee Wellness

Julia Edge Knauff, DNP, RN, FNP-BC, PMHNP-BC
Holly Metcalf, LPC, NCC, LCAS
Michael Tui II, LPC, NCC

Concurrent Session 23

Track: Evidence-Based Practice

The Use of Mobile Applications in Clinical Practice

Joanna Johnson, MSN, APRN, PMHNP-BC

Concurrent Session 24

Track: Leadership Development

Psychiatric Nursing Advocacy: How To Be a Better Advocate at the Individual, Local, and National Level

Ann Roselle, RN, MSN, ACNP-BC
Tim Murphy, PhD

Concurrent Session 25

Track: Psychopharmacology

Barriers to the Implementation of Pharmacogenomics Testing in Psychiatric Clinical Practice

David Ampong, APRN, MSN/AM, MS, PMHNP-BC

4:15 p.m.-4:45 p.m.

Break/Exhibitor Time/Poster Viewing



4:45 p.m.-5:45 p.m.

Melva Jo Hendrix Lectureship

From Anger to Hope

Sandra Thomas, PhD, RN, FAAN

5:45 p.m.-6:45 p.m.

Poster Session B: Student Poster Session

6:00 p.m.-6:45 p.m.

SIG #2: Psychiatric Consultation-Liaison Advanced Nursing Practice

6:00 p.m.-6:45 p.m.

SIG #3: APN Formation

7:15 p.m.-8:15 p.m.

Student Social (off site)

Saturday, June 1, 2019

8:00 a.m.-8:45 a.m.

Business Meeting & President Wrap-Up

9:00 a.m.-10:00 a.m.

Concurrent Session 26

Track: Evidence-Based Practice

Guns, Mass Shootings, and Mental Illness: Myth vs. Fact
Ann Roselle, RN, MSN, ACNP-BC

Concurrent Session 27

Track: Research

Transition from Spousal Caregiver to Widowhood: Results of a Mixed-Methods Comparison Study Between Urban and Rural Women

Carla Groh, PhD, PMHNP-BC
Mitzi Saunders, PhD, APRN, CNS-C

Concurrent Session 28

Track: Education/Teaching Pedagogy

Incorporating Interprofessional Collaboration into Graduate Education: Benefits for Psychiatric Mental Health Nurse Practitioner Students

Katherine Riedford, PhD, PMHNP-BC

Concurrent Session 29

Track: Evidence-Based Practice

The Dark Side of Perinatal Mood and Anxiety Disorders: Treating Intrusive Thoughts and Psychosis

Robi Thomas, PhD, RN, PMHNP-BC

Concurrent Session 30

Track: Psychopharmacology

Therapeutic Marijuana: Spotlight on CBD Oil

Marian Newton, PhD, PMHCNS, PMHNP, ANEF

10:00 a.m.-10:30 a.m.
Refreshment Break

10:30 a.m.-11:15 a.m.
ISPN Awards Ceremony



11:15 a.m.-12:15 p.m.
Closing Keynote Address
Diversity: A Poison, Panacea, or Privilege?
Kenya Beard, EdD, AGACNP-BC, NP-C,
CNE, ANEF

12:30 p.m.
Conference Adjourns

12:30 p.m.-4:30 p.m.
ISPN Board of Directors Meeting

