The ISPN Board of Directors and the Conference Committee are pleased to welcome you to our 22nd Annual Conference and the first virtual. Our conference theme this year is 360 Degree Person Centered Care in 2020. This conference has a holistic approach with a social justice component that is essential to providing quality care in 2020.

As we reflect on the unique opportunities available to members and guests of the International Society of Psychiatric Nursing’s Annual Conference, we are proud to stand behind the mission of the organization: “to support advanced-practice psychiatric-mental health nurses in promoting mental health care, literacy, and policy worldwide.” We invite you to consider what the mission means to you at this point in your own lifework. As a continuing conversation, we are most concerned that we keep our vision focused on those who suffer with mental health challenges. As a collective voice, advanced practice nurses can and do advocate for effective, holistic, person-centered care; help develop mental health literacy; and participate at the policy table as often as possible. There is much that we do and much that is expected.

We are disappointed to not be in San Antonio but are thankful that we can be together virtually and look forward to a robust exchange of ideas, along with brainstorming and networking opportunities.

Julie and I extend a big thanks to the members of the Conference Committee and all the staff at The Rees Group who have worked diligently to develop and now offer this virtual conference. We truly hope that you enjoy your time.

Allison Brauch, DNP, APRN, PMHNP-BC, AGNP-BC
Conference Chair

Julie Bertram, RN, MSN, PMHCNS-BC, PhD
Board of Directors, and Conference Committee Liaison

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ISPN Mission and Practices

MISSION:
To support advanced-practice psychiatric-mental health nurses in promoting mental health care, literacy, and policy worldwide.

PRACTICES:
The practices of the International Society of Psychiatric-Mental Health Nurses are to:

- Strengthen the presence and voice of advanced practice psychiatric-mental health (PMH) nurses through contributions to standards, curricula, and public policy statements that promote equitable quality mental health care for individuals, families, and communities;
- Promote advanced practice psychiatric nurses to deliver lifespan mental health care and literacy education to clients, families, and communities;
- Promote members’ research and the development of scholarship through funding, presentations, and publications;
- Support members’ efforts to collaborate with clients, families, communities, and national and international partners to address mental health issues;
- Provide education, leadership development, and networking for members through conferences, online resources, service opportunities, and partnerships.

General Information

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Abstract Reviewers
Thanks to all of the individuals who served as abstract reviewers for this year’s program. We appreciate your involvement!

Lora Beebe, PhD
Julie Bertram, RN, MSN, PMHCNS-BC, PhD
Elizabeth Bonham, PhD, RN, PMHCNS-BC, FAAN
Allison Brauch, DNP, APRN, PMHNP-BC, AGNP-C, CARN-AP
Christine Costa, DNP, PMHNP-BC
Conference Objectives
By the end of the conference, attendees will be able to:

- Apply person-centered, psychiatric-mental health care coordination to support persons and families through all points of healthcare service delivery.
- Apply evidence of psychiatric-mental healthcare projects and research to the needs of persons with multiple chronic conditions.
- Develop leadership strategies that address social justice for populations who experience health disparities, especially those who have multiple chronic conditions, disability, or socioeconomic disadvantage.
- Examine current psychopharmacology science that improves individual and population health, while reducing or improving disparities.

Nursing Contact Hours
ISPN has applied for up to 25.1 continuing nursing education contact hours through the Ohio Nurses Association Continuing Education Approval Program Committee, an accredited approver by the American Nurses Credentialing Centers Commission on Accreditation.

Evaluation Form
The program evaluation form will be emailed to your email address on file. Please complete and submit your evaluation form electronically. Your comments are valuable to the ISPN and assist the Conference Committee in planning future conferences.

Business Meeting
ISPN will hold its Annual Business Meeting and President’s Wrap-Up on Wednesday, June 24, starting at 10:00 a.m. All members are encouraged to join the Board of ISPN to discuss the Society’s business report. Please be sure to attend!

Attendee Zoom Tips
You will receive an email each morning of the conference with the unique link(s) to the email you registered with. If you did not receive this please email, info@ispn-psych.org and put in the subject line ISPN Virtual Conference Link.

If you haven’t used Zoom before click the link to download Zoom prior to the day of the meeting and familiarize yourself with any features you may need to use on the day – mute/unmute microphone, stop/start video, etc.

You will be muted and “no video” for the majority of presentations. Those that are setup as meetings rather than webinar, you will have the ability to unmute and use video. Please be mindful of the background noise and only unmute when you are speaking.

Use the Q&A Panel! Got a question? Type your comments and questions in the Q&A Panel during the session. We’ll have a session moderator available to help.

Accessing the program from a mobile device (smartphone or iPad)? Be sure to download the Zoom Mobile app for a better user experience from Google Play or the Apple Store.

Can you see the slides? Join by computer or mobile device. If you only call in, you won’t be able to see the presentation.

Awards
ISPN will present its annual awards on Tuesday, June 24, at 11:00 a.m. Please join your friends and colleagues in recognizing those who have demonstrated outstanding achievement and leadership in the psychiatric and mental health field.

Disclosures Purpose Statement
Participants will be able to incorporate into their own practices the research and best practices learned from clinical experts about innovative practices and advocacy, from educators about new teaching pedagogies and interprofessional collaboration, and from researchers about evidence-based findings across a spectrum of psychiatric interests and mental health disorders across the lifespan and around the globe.

Notice of Requirement for Successful Completion
To obtain continuing education contact hours for attending the ISPN Virtual Conference, you must attend all sessions for which you are seeking credit and complete and submit the evaluation form that will be sent to you via email. A certificate will be emailed to you.

Conflict of Interest
There is no conflict of interest for anyone with the ability to control content for this activity.

Activity Approval Statement
This continuing education was approved by the Ohio Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation (OBN-001-91). Activity Approval # 2020-000000476.
**Tuesday, June 23, 2020**

*All in Central Time*

10:00 a.m.-10:15 a.m.  
**Welcome Remarks**  
Allison Brauch

10:15 a.m.-11:15 a.m.  
**Opening Keynote Address**  
*Resilience, Relationship and Advanced Practice Psychiatric Nursing*  
Kate Wheeler, PhD, PMHNP-BC, APRN, FAAN

11:15 a.m.-12:00 p.m.  
**VIRTUAL BREAK**

12:00 p.m.-1:00 p.m.  
**Susan McCabe Lecture**  
*360-Degree Person-Centered Care: Art Inspired Reflective Practices to Guide Wholistic Psychopharmalogic Assessment and Treatment*  
Cheryl Woods-Giscombe, PhD, RN, PMHNP-BC, FAAN

1:00 p.m.-1:15 p.m.  
**VIRTUAL BREAK**

1:15 p.m.-2:15 p.m.  
**Circles of Connections**  
Topic: Fear  
We invite you to step out of our ordinary times into a scared and safe environment to explore and share experiences, find meaning in this moment, and harvest collective wisdom.

2:15 p.m.-2:30 p.m.  
**VIRTUAL BREAK**

2:30 p.m.-3:30 p.m.  
**Regionalization Meeting**  
Beth Bonham, PhD, RN, PMHCS-BC, FAAN  
Marian Newton, PhD, RN, C PMHCSNS, PMHNP, ANEF

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**Wednesday, June 24, 2020**

*All in Central Time*

10:00 a.m.-11:00 a.m.  
**ISPN Business Meeting**

11:00 a.m.-11:45 a.m.  
**ISPN Awards Ceremony**

11:45 a.m.-12:00 p.m.  
**VIRTUAL BREAK**

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**Thursday, June 25, 2020**

*All in Central Time*

10:30 a.m.-11:30 a.m.  
**Diversity & Equity Speaker**  
*Increasing Confidence in knowledge Sharing About Depression with Barbers as Lay Mental Health Advocates: A Cognitive Rehearsal Quality Improvement Project Utilizing A.D.A.A.M-QR Web Design*  
L.E. Carlton, PhD, PMHNP-BC, RN, CCHP

11:30 a.m.-12:00 p.m.  
**VIRTUAL BREAK**

12:00 p.m.-1:00 p.m.  
**Product Theater**  
Sponsored by Neurocrine Biosciences, Inc.  
*A Patient-Centered Approach to the Treatment of Tardive Dyskinesia*  
Desiree Matthews, MSN, PMHNP-BC

1:00 p.m.-1:15 p.m.  
**VIRTUAL BREAK**
360-Degree Person-Centered Care in 2020

1:15 p.m.-2:15 p.m.
COVID Follow Up Discussion
Julie Bertram, RN, MSN, PMHCNS-BC, PhD
Allison Brauch, DNP, APRN, NP-C, PMHNP-BC, CARN-AP
Alexander Davis, RN, BSN
Cynthia Handrup, DNP, APRN, PMHCNS-BC
Susan Glodstein, DNP, RN, PMHNP-BC, PMHCNS-BC
Karen Moore, DNP, APRN, ANP-BC, FAANP, FAAN
Barbara Peterson, PhD, PMHCNS, APRN
Clarizsa Runtung, MS-CNL

2:15 p.m.-2:30 p.m.
VIRTUAL BREAK

2:30 p.m.-3:30 p.m.
Circles of Connections
Topic: Hope
We invite you to step out of our ordinary times into a scared and safe environment to explore and share experiences, find meaning in this moment, and harvest collective wisdom.

Friday, June 26, 2020
All in Central Time

10:45 a.m.-11:30 a.m.
Social Justice & Responsibilities in Psych-Mental Health Advanced Practice
Cynthia Handrup, DNP, APRN, PMHCNS-BC
Sally Raphel, MS, APRN-PMH, FAAN

11:30 a.m.-12:00 p.m.
VIRTUAL BREAK

12:00 p.m.-1:00 p.m.
Product Theater
Sponsored by Alkermes
Keep the Body in Mind: Looking at the Pathophysiology and Comorbidities Associated with Bipolar Disorder and Schizophrenia
Brooke Kempf, PMHNP-BC
Terre Haute, IN

1:00 p.m.-1:15 p.m.
VIRTUAL BREAK

1:15 p.m.-2:15 p.m.
Live Workshop
Moving from Practice to Praxis: A Self-Directed Mindful Approach to Transforming Self, Relationships and Culture
Sara Horton-Deutsch, PhD, RN, ANEF, FAAN
Chelsie Monroe, MSN, APRN, PMHNP-BC

2:15 p.m.-2:30 p.m.
VIRTUAL BREAK

2:30 p.m.-3:30 p.m.
Closing Keynote Address
Parting the Curtain: Seeking Meaning in Purpose
Gerry Gorman, RN, PhD

PRE-RECORDED ORAL PRESENTATIONS

Released on Tuesday, June 23

Education
Do We Need to Create Trauma-Informed Education? Survey Data from an Incoming Class of Doctor of Nursing Practice (DNP) Students
Lindsay Bouchard, DNP, PMHNP-BC, RN
Jessica Rainbow, PhD, RN

Evidence Based Practice
Guns, Mass Shootings and Mental Illness: An Exploration
Ann Roselle, MSN, ACNP-BC

Psychopharmacology
The PPT Model: A Psychopharmacology Clinical Decision-Making Tool
Gisli Kristofersson, PhD, PMHNP, BC
Merrie Kaas, PhD, APRN, PMHCNS, FAAN

Education
Integrating Provider Clinical Support System (PCSS) Buprenorphine Waiver Training into Graduate Advanced Practice Registered Nursing Programs
Brayden Kameg, DNP, PMHNP-BC, CARN, CNE
Ann Mitchell, PhD, RN, FAAN, FIAAN
Dawn Lindsay, PhD

Leadership
Colorado Pilot MAT Implementation: Collective Impact towards Policy and Practice to Reduce Health Disparities in Rural Colorado
Tanya Sorrell, PhD, PMHNP-BC
Claudia Amura, PhD, MPH
Mary Weber, PhD, PMHNP-BC, FAANP, FAAN
Paul Cook

Evidence Based Practice
Women, Addiction and Grief: An Exploratory Intervention
Carla Groh, PhD, PMHNP-BC, FAAN
Jasmina Cumnulaj

Research
Exploring the Mental Health Care Experiences of Youth Transitioning from Paediatric to Adult Psychiatric Services Using the Photovoice Method: A Participatory Analysis of the PhotoSTREAM Project
Brianna Jackson, MScN, RN
Richard Booth, PhD, RN
Kimberley T. Jackson, PhD, RN

Evidence Based Practice
Attachment Group Psychotherapy: A Model to Promote Affect Regulation and Neuroplasticity in Adolescents and Emerging Adults
Fatima Ramos-Marcuse, PhD, PMHNP-BC

Research
Building Trauma Responsiveness and Self-Care Practices Among Nursing Providers and the Community
Julie Bertram, RN, MSN, PMHCNS-BC, PhD
Allison Brauch, DNP, APRN, NP-C, PMHNP-BC, CARN-AP
**Released on Wednesday, June 24**

**Education**

*Moving Outside the Box: How Three Universities and Community Partners are Collaborating to Reduce Health Disparity Through Teleprecepting*

- Deborah Johnson, DNP, PMHNP-BC
- Joy Lauerer, DNP, APRN, PMHCS-BC, RN
- Mary Moller, DNP, ARNP, PMHCS-BC, CPRP, FAAN
- Amanda Ling, MS, PMHNP-BC

**Education**

*Nurse Educator on a Mission: Supporting Mental Health Awareness on Campus*

- Todd Hastings, PhD, RN

**Education**

*Access to Interprofessional Mental Health Education (AIME) for Youth: Creation of Interprofessional Workshops to Educate Graduate Students’ Knowledge on Management of Mental Health Diagnoses in Children & Adolescents*

- Kirstyn Kameg, DNP, PMHNP-BC
- Janene Szpak, DNP, PMHNP-BC
- Luann Richardson, PhD, DNP, FNP-BC, PMHNP-BC
- Brayden Kameg, DNP, PMHNP-BC

**Education**

*Genetic/Genomic Competencies and Curricular Guidelines for Advanced Practice Nursing: The Time is Now*

- Daniel Wesemann, DNP, ARNP, PMHNP-BC
- Virginia Conley, PhD, ARNP, FNP-BC, PMHNP-BC, FAANP

**Education**

*On Becoming a Preceptor: Survey Results and Program Development*

- Barbara Peterson, PhD, PMHCNS, APRN
- Merrie J. Kaas, PhD, APRN, PMHCNS, FAAN,
- Mary Benbenek, PhD, FNP-BC, CPNP

**Evidence-Based**

*Postpartum Depression: A Multi-Disciplinary Approach to Screening, Management and the Role of Breastfeeding Support*

- Elaine Webber, DNP, RN, PPCNP-BC, IBCLC

**Evidence-Based**

*Telehealth: Lessons from a Pilot Telehealth Clinical Psychiatric Mental Health Nursing Training Program*

- Christine Costa, DNP, PMHNP-BC
- Kathleen McDermott, DNP, PMHNP-BC
- Patrick Murphy, DNP, PMHNP-BC

**Evidence-Based**

*Increased Provider Adherence to APA Guidelines on Antipsychotic Medication Management through Increased Access to Metabolic Monitoring Forms*

- Kristen Bomboy, DNP, APRN, PMHNP-BC
- Jennifer Graber, EdD, APRN, PMHCS-BC

**Evidence-Based**

*Mental Health Nurses’ Perception of Missed Nursing Care in Acute Inpatient Units*

- Bindu Joseph, PhD

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**Released on Thursday, June 25**

**Education**

*Opportunities and Challenges: The Evolving Role of Mental Health Nurse Practitioners in Nursing Education in the Sultanate of Oman*

- Zeyana Al Ismaili, BSN, MSN
- Faye Gary, EdD, RN, FAAN

**Education**

*Reflective Journaling in Graduate Nursing Education: A Teaching Strategy for Self-Reflection and Patient-Centered Psychiatric Care*

- Gail Williams, PhD, RN, APRN
- Mark Soucy, PhD, RN, APRN, FAANP

**Education**

*Increasing Online Students’ Self-Awareness With Video Role-Play Simulation: Understanding The Role Of Countertransference*

- Barbie Frechet, DNP, PMHNP, FCN
- Annemarie Mingolelli, DNP

**Evidence-Based**

*Caring Behind Bars*

- Brenda Fields, RN, RHIA, CCHP

**Evidence-Based**

*The Case for the Psychiatric-Mental Health Nurse Practitioner and Interprofessional Care Team Facilitating Access to Holistic Care, Including Pre-Exposure Prophylaxis in Marginalized Populations*

- Suzanne Salamanca, MSNAPRN
- Jamie Duff, LSW
- Crystal Socha, NCC, CRC

**Evidence-Based**

*Collaborative Partnership to Identify the Mental Health Needs of Women Admitted for Childbirth*

- Aparna Kumar, PhD, CRNP
- Aditi Rao, PhD, RN

**Psychopharmacology**

*Using Pharmacogenomic Testing to Deliver Personalized Health Care for Persons with Severe Mental Illness: Clinical Case Examples*

- Virginia Conley, PhD, ARNP, FNP-BC, PMHNP-BC, FAANP

**Education**

*Integrating the “Cultural Health Capital” Module Throughout the Psychiatric Mental Health Nurse Practitioner (PMHNP) Program to Promote Students’ Abilities to Reduce Health and Health Care Disparities*

- Ukamaka Oruche, PhD, RN, PMHCS-BC, FAAN
POSTER 2
Lessons Learned: Staff Reeducation Following Temporary Unit Closure
Norah Vo, BSN, RN-BC
Lisa Williams, MS, RN-BC

POSTER 3
Transforming Rn Roles in Primary Care (TRIP) Curriculum: Integrated, Person Centered, Recovery Driven
Lora Beebe, PhD
Sally Helton, MSN, PMHCNS-BC
Frank Thomasson, MSN, RN

POSTER 4
Young Victims Telling Their Stories of Sexual Abuse: A Qualitative Research
Mona Hassan, RN, PhD

POSTER 6
Effects of Frequency and Reaction to Dementia Symptoms on Caregiver Depressive Symptoms: The Mediator Role of Resourcefulness
Jaclene Zauszniewski, PhD, RN-BC, FAAN

POSTER 9
Implementation of Distress Screening in the Pediatric and Adolescent/Young Adult (AYA) Oncology Population
Kristin Foster, RN, BSN, ARNP, C-PNP

POSTER 10
Improving Teamwork in Ambulatory Psychiatry Using SBAR and CUS
Nicole Poellet, DNP, RN, PMHNP-BC
Annemarie Lucas, MHSA

POSTER 12
Feasibility of Implementing an Electronic Patient Rounding System (EPRS) in an Acute Inpatient Psychiatric Facility
Robert Bencangey, RN, MSN, CEN

POSTER 14
Integrating LGBTQ Content into a BSN Curriculum
Elaine Darst, PhD, PMHCNS-BC, LPCC, RN

POSTER 15
First Year Results of an Integrated Clinic in a Housing First Project for Chronic Homelessness
Teresa (Tess) Judge-Ellis, DNP, ARNP, FNP-BC, PMHNP-BC, FAAN

POSTER 16
Psychiatric Safety Planning in the Adult Emergency Setting to Decrease Re-Presentation Post-Discharge
Teresa (Tess) Judge-Ellis, DNP, ARNP, FNP-BC, PMHNP-BC, FAAN

POSTER 18
An Educational Strategy Incorporating Patient Centered Care into a Clinical Course for Psychiatric-Mental Health Nurse Practitioner Students
Mark Soucy, PhD, APRN, FAAN
Thank You Sponsors!

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TARDIVE DYSKINESIA IN YOUR PRACTICE: PATIENT CASES AND APPROACHES TO TREATMENT

DATE/TIME
June 25, 2020
12:00 PM-1:00 PM CT

PRESENTED BY
Desiree Matthews, PMHNP-BC
Monarch
Charlotte, NC

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INDICATION & USAGE
INGREZZA® (valbenazine) capsules is indicated for the treatment of adults with tardive dyskinesia.

IMPORTANT SAFETY INFORMATION
CONTRAINDICATIONS
INGREZZA is contraindicated in patients with a history of hypersensitivity to valbenazine or any components of INGREZZA. Rash, urticaria, and reactions consistent with angioedema (e.g., swelling of the face, lips, and mouth) have been reported.

WARNINGS & PRECAUTIONS
Somnolence
INGREZZA can cause somnolence. Patients should not perform activities requiring mental alertness such as operating a motor vehicle or operating hazardous machinery until they know how they will be affected by INGREZZA.

QT Prolongation
INGREZZA may prolong the QT interval, although the degree of QT prolongation is not clinically significant at concentrations expected with recommended dosing. INGREZZA should be avoided in patients with congenital long QT syndrome or with arrhythmias associated with a prolonged QT interval. For patients at increased risk of a prolonged QT interval, assess the QT interval before increasing the dosage.

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INGREZZA may cause parkinsonism in patients with tardive dyskinesia. Parkinsonism has also been observed with other VMAT2 inhibitors. Reduce the dose or discontinue INGREZZA treatment in patients who develop clinically significant parkinson-like signs or symptoms.

ADVERSE REACTIONS
The most common adverse reaction (>5% and twice the rate of placebo) is somnolence. Other adverse reactions (>2% and >Placebo) include: anticholinergic effects, balance disorders/falls, headache, akathisia, vomiting, nausea, and arthralgia. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit MedWatch at www.fda.gov/medwatch or call 1-800-FDA-1088.

Please see INGREZZA full Prescribing Information or visit www.INGREZZAHCP.com/PI for full Prescribing Information.
Important Information

INDICATION & USAGE
INGREZZA® (valbenazine) capsules is indicated for the treatment of adults with tardive dyskinesia.

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You are encouraged to report negative side effects of prescription drugs to the FDA. Visit MedWatch at www.fda.gov/medwatch or call 1-800-FDA-1088.

Please see INGREZZA full Prescribing Information.

REFERENCES:
Sunovion Pharmaceuticals Inc. leads the way to a healthier world by putting patients at the center of everything we do.

www.sunovion.com
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Opportunities for students:

- Join us in our pursuit of knowledge that will transform the nursing profession through our PhD program. [nursing.osu.edu/phd]
- Reach the pinnacle of clinical and leadership expertise with our online post-master’s DNP degree. [nursing.osu.edu/pmdnp]
- Explore new avenues to improve lives through our professional certificate programs, many of them online. [nursing.osu.edu/certificates]
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CYP2D6 Polymorphisms and the Challenges of Pharmacogenomics in Clinical Practice
Webinar
Joanna Johnson, MSN, APRN, PMHNP-BC
Quality Life

July 22, 2020
12:00 p.m.-1:00 p.m. ET

Click Here to Register