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From the President: Behind the Scenes of ISPN

If I sound a little bit giddy as you read this: I AM! The 2012 ISPN Psychopharmacology Institute and Annual Conference in Atlanta were huge successes, largely credited to the distinct grand committees (the Psychopharmacology Institute and Annual Conference Chairs and their Committee Members and the Marketing and Development Committee) who planned and facilitated an outstanding array of panel presentations, concurrent sessions, workshops, round table discussions, beginner and advanced prescriber tracks and of course the very special KEYNOTE made by Former First Lady Rosalynn Carter addressing "The Carter Center Mental Health Care Initiatives – National and International." We were also honored to hear from our own members for their innovative and outstanding contributions to psychiatric-mental health nursing in the form of lectureships: The Melva Jo Hendrix Lectureship (**Susan Krupnick**) and Susan McCabe Lectureship (**Diane Snow**). **Sara Horton-Deutsch** prepared a lovely memorial and tribute to the conference attendees honoring **Mary Jo Regan-Kubinski**, our colleague who died suddenly in October 2011. I felt that it gave all of us a moment to reflect on the preciousness of life and the importance of staying in the moment. Social activities were abound and the ISPN Foundation (Chair: **Susan Vebber**) planned an evening at The Carter Center which was educational, fun and the food was excellent! Throughout the conference, activities planned by the Marketing and Development Committee (Chair: **Katherine Darling**) not only provided a "full house" of exhibitors, but had a scavenger hunt of signatures that led to a \$100 gift card!

Behind the scenes, starting from day one of planning, our administrative team (**Plumer Lovelace, Jane Shepard, and Ashlie Davis**) ensured that the chairs and committees were supported to bring the ideas and creativity of the two planning groups to fruition: we are indebted to your gifts of event planning (like climbing Mt Everest!). A very special thank you needs to go to **Judy Hirsch** for her commitment to ISPN's Annual Conferences over the past four years and especially for securing Mrs. Carter as a Keynote Speaker. Judy has graciously agreed to co-chair and mentor the 2013 Annual Conference Chair, **Anita Dempsey**. Stay tuned for more exciting details about this conference in San Antonio, Texas, from April 16-20, 2013. Other accolades go to our NEW President-Elect **Evelyn Parrish** for her continued commitment to ISPN, stepping down as Psychopharmacology Institute Chair for the past four years, yet remaining a leader within the organization. She will work closely with new Psychopharmacology Institute Chair **Gerri Pearson**. Gratitude also goes to **Karen Ragaissis** for her enduring commitment to the Psychopharmacology Institute despite her heavy workload (DNP school and clinical practice). So many people have devoted hundreds of hours of volunteer time to bring ISPN to its current success: having the highest attendance for BOTH the Psychopharmacology Institute and Annual Conferences in the 15-year history of ISPN!

Walking through the halls of the Grand Hyatt Hotel in Atlanta/Buckhead, I was able to garner a lot of positive energy and excitement from the attendees. Like a well-planned menu of delectable and luscious culinary creations, attendees were often struggling to decide which "item" to be present at and which they would have to miss! However, attendees were not too far from the information as conference materials were available online for all attendees who may have missed something or heard of information shared that would transform their practice, research or teaching. The exciting and new option is that these materials will be available for *anyone* who could not attend the conference in Atlanta but would like to purchase the handouts for their own interest and learning. See the website for more information.

Are you saving the date for the 2013 Institute and Conference? If you haven't, please put **April 16-20, 2013**, into your calendar. DO NOT forget that the **Call for Abstracts submission deadline for the April 2013 conference is July 31, 2012**. Information about submitting an abstract online will be available beginning June 15, 2012, on the ISPN website – www.ispn-psych.org.

Are you interested in being involved in ISPN? Let me know!
vsoltis@email.unc.edu

We have multiple ACTIVE committees and task forces and we always need volunteers! Currently, ISPN sits on the National Organization of Nurse Practitioner Faculties (NONPF) National Task Force on Quality Nurse Practitioner Education

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EDITOR:**CONNECTIONS**

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ISPN Renewal Cycle
ended on June 30.
Be sure to renew now!

New Membership Categories

International Member
(High and Upper Income
Nation)

Associate Student
Member

Military Member

International Member
(Lower Income Nation)

New Associate Student Membership

\$25 for 2 years in
one division

(NTF), which has very recently updated the Criteria for Evaluation of Nurse Practitioner Programs (2007). A representative from ISPN and APNA (yes 2 seats from PMHN!), have ensured that the NONPF understand the transformation taking place in PMHN especially with the ANCC's retirement of the Adult PMHNP and Adult and Child/Adolescent CNS exams in 2014. It was essential that NONPF also recognize the role of a PMHCNS in some states and acknowledge it within the document so that those of you who are PMHCNS with full scope of practice can lead a PMHNP program. See ISPN website for more information and to be able to review this document. Several volunteers from ISPN, in collaboration with APNA, are also updating the ANA Scope and Standards for PMHN. It was last updated in 2007 and this committee is working towards embedding new concepts and clarification of the roles of PMHN. The ISPN DNP Task Force (headed by **Bobbie Posmontier**) has written an outstanding position paper on the DNP. Two members of this task force have either presented the findings or will by the end of the year! Another initiative, the ISPN LACE Implementation Taskforce, headed by Chair **Wendy Umberger**, is working towards providing up to date information about each state's implementation (or not) of the LACE Recommendations. As always, I shall endeavor to either e-blast membership or update you via these newsletters. If you haven't visited the website lately, please do so as there is a lot of NEW information on the members' only website!

Warm regards for a safe summer,

Victoria
Victoria Soltis-Jarrett, PhD, PMHCNS/NP-BC
President
vsoltis@email.unc.edu

AGPN Division Update

It will be my professional pleasure to work with many of you as we come together to grow and meet the needs of our Adult/Geriatric Division. I want to thank Karen Ragaisis for her leadership of the Adult/Geriatric Division and her representation of ISPN at the ENA Task Force addressing patients with psychiatric presentations or illnesses in the Emergency Department (ED).

Like many of you, I am a clinician in the ED and the inpatient psychiatric and medical units. I see first hand the challenges that confront our population of patients. Working together, we can address patient concerns and complicated professional practice issues. At the conference, it helped to listen to several of you talk about how the inpatient units were organized, what the average time psychiatric patients spend in the ED, and what options for care were or were not available. If you were not in Atlanta, you missed a great opportunity to network and gain valuable knowledge.

At the Annual Business Meeting held at the Atlanta convention, we approved the minutes for 2011. Those in attendance introduced themselves, and in the general discussion, group members wanted to come together and discuss areas of interest and concern. One area of interest was nurse-owned or nurse-run clinics.

As you know, membership is in everyone's job description. We need to continually attract and recruit new members. So please have a conversation with your colleagues and students, far and wide, about joining ISPN. Tell them why you're a member. Tell them about the upcoming next annual convention in San Antonio. Give it your personal touch, which will increase the likelihood they will join us.

We have some Division roles that need you. We need a representative to the Nominating Committee. We also need to create some task forces to accomplish the goals of our Division, which are:

1. Providing a forum and place for networking and for supporting and mentoring colleagues in special areas of practice;
2. Providing opportunity and focus for specialty areas, issues and populations;
3. Promoting advocacy and political/legislative issues as they relate to special areas;
4. Coordinating, collaborating, communicating and consulting among Divisions; and
5. Identifying trends and issues and forward to ISPN structural units (e.g., Conference Committee) for action.

So how do you think we can go about creating our Division so it meets our professional needs and fulfills the reason we have come together in ISPN? What's a good way to provide for networking and mentoring colleagues? How are we working to meet the needs of the populations we serve? What are the areas of interest and concern we have? How should we connect electronically?

Come help create your Adult/Geriatric Division Team.

Please call me at 303-990-1930. I am Looking forward to hearing from you.

Sincerely,

Susan Benson, Adult/Geriatric Division Chair

ISPCLN Division Update

Hello ISPCLN Colleagues,

Summer Greetings to All! I do hope that this message finds you all safe from the incredible weather disturbances across the country. My wish is that these severe weather patterns will begin to quiet down and we can all enjoy a safe and fun summer time with family and friends.

Divisional Leadership Transition

During the ISPN Business Meeting held at the annual conference the transition to a new ISPCLN Division Director was made. Lynnda Zibell-Milsap was installed as

the new Division Director and I was very pleased to assist her in this transition. Lynnda was very enthusiastic about participating at the ISPN Board level to continue the work of the ISPCLN Division and ISPN in general. However, about a month after the conference Lynnda informed Victoria Soltis-Jarrett and me that due to some health issues that required her focused attention she would not be able to continue as the ISPCLN Division Director despite her earnest desire to do so. As we all know that regaining one's health requires focused time and attention. I want to wish Lynnda well and I hope that each of you will keep her in your thoughts and prayers- and we hope to see Lynnda at the 2013 conference!

In response to the Division Director position being open, a transition plan was developed with Dr. Victoria Soltis-Jarrett and the current ISPN Board members. I will be the Division Director for this year (2012-2013) as an emergency replacement. Over the next year I will be working on developing a transition plan for the second year of the term. Over the last couple years I do know that it has been difficult for ISPCLN Division members to consider the role of Division Director for a multitude of reasons. However, I am hoping that I can assist one of you bright, thoughtful and energetic PCLN's to consider a truly rewarding leadership role in ISPN which provides so many opportunities to meet new people, represent ISPN at critical meetings and assist new PCLN's and our new members.

14th Annual ISPN conference and 4th Annual Psychopharmacology Institute

Once again the conference planning teams for the Annual conference and the Psychopharmacology Institute did a tremendous job orchestrating a well-balanced conference and Institute. I had the opportunity to attend several sessions during the conference that our PCLN colleagues presented and as always, I was so excited and rejuvenated by their presentations and the robust discussions that ensued. One specific presentation by Priscilla Adams and her colleague Heather McNeilus focused on the reduction of mental health emergency department revisits and the dynamic approach that PCLN's can utilize. This is a timely and important issue as an increasing percentage of ED visits and revisits are due to individuals with psychiatric presentations and their work dovetails nicely into the work of the ENA Workgroup that Karen Ragaisis and I participate in on the behalf of ISPN.

Additionally, during the ISPN Awards program our colleague, Lynnda Zibell-Milsap was awarded the ISPCLN Leadership Award for her continued work as a PCLN and her commitment to the values and practice of psychiatric consultation liaison nursing. Lynnda has made a strong impact at the University of Wisconsin Medical Center in Madison, Wisconsin through her work with staff members, patients, families and with systemic issues to improve the care of patients. Congratulations to Lynnda! I hope that you will take the time over the next few months to think of a colleague that you believe should be nominated for one of the ISPN Awards, there are so many talented individuals in the ISPCLN Division that deserve to have their accomplishments and work rewarded.

15th Annual ISPN Conference and 6th Annual Psychopharmacology Institute

I do hope that you will be considering (while you are relaxing a bit) submitting an abstract for the 15th Annual ISPN Conference and/or the 6th Annual Psychopharmacology Institute. Make sure you hold those dates in April (16-20, 2013) for what will be another outstanding ISPN conference. ISPN will celebrate our 15th Anniversary along with the 50th Anniversary of PCLN practice. We have much to celebrate, so plan to be in San Antonio for a wonderful time of celebrating our past while we continue to create our future. I hope that for the 2013 conference that each one of you will consider submitting an abstract for presentation. It is important to showcase your work as a PCLN. It will certainly be a part of the 50th anniversary of PCLN practice to once again explicate the practice of PCLN's as often the work still remains somewhat invisible.

Australian Consultation Liaison Special Interest Group 10th Annual Conference

I was very pleased to be invited to participate in the 10th Annual Conference of the Consultation Liaison Special Interest Group held in Melbourne, Australia, on June 7-8, 2012. I had the opportunity to meet and host Julie Sharrock the Chair of the C/L Special Interest Group from Australia when she traveled to the United States to present at the ISPN conference three years ago. She returned the favor when I vacationed in Australia and then traveled to Melbourne for the conference. Again, it was wonderful to hear their delegates' presentations and their exuberant passion for PCLN practice. This year they celebrated their 10th Anniversary of coming together as a special interest group and participating in organized conferences. Dr. Victoria Soltis-Jarrett sent along greeting to the assembly and on the behalf of ISPN congratulated them on their 10th anniversary and wished them continued success in their organization.

During the conference there was a business meeting and I had an opportunity to discuss ISPN and also the ISPCLN Division with several delegates, always trying to recruit new members! Timothy Wand a PCLN who practices in the emergency department in a hospital in Sydney has become the new chairperson and hopefully will be able to join us next year at the ISPN conference to assist us in celebrating 50 years of PCLN practice. Timothy has been assisting me to connect with our PCLN colleague in Europe and Asia to encourage some of them to attend the conference to truly celebrate PCLN practice around the world. PCLN practice certainly was launched by Betty Sue Johnson in North Carolina in 1963; however this subspecialty practice has certainly been embraced around the world! It is also very exciting to see new PCLN positions being developed, I had the opportunity to meet and speak with Elaine Youngman at the conference who wrote a proposal for a PCLN position at WakeMed Health and Hospital in Raleigh,

NC and was able to get it funded- kudos to Elaine. Also, I have just started in a new position in Boston, MA that a colleague of mine from the Hospital of the University of Pennsylvania, Dr. Elizabeth Kaiser, formulated and was able to obtain a part time position. I am still remaining ever the optimist about the rejuvenation of the PCLN role in several different practice arenas over the next several years. I would like to hear from anyone who has recently started in a PCLN role or if you are trying to facilitate a proposal for a new role; I believe several of our members could assist you.

Well it is time for me to go to work at my new PCLN position—only 3 weeks into the job and finding several issues to tackle! I am sure I will be calling on my PCLN colleagues to assist me, because that is what the ISPCLN Division is all about, nurses helping nurses. Have a great summer and check the website for details of the 2013 conference. Please remember I would like to hear from any of you with ideas, thoughts, concerns at Skrupnick@charter.net

Warmly,

Susan L.W. Krupnick MSN, PMHCNS-BC, ANP-BC, C-PREP
ISPCLN Division Director-ISP

From the Membership Committee

The Membership Committee was involved in several exciting activities at the Annual Conference in Atlanta. We enjoyed meeting new members and revisiting with old friends. Our membership booth was a busy spot answering questions, selling ISPN pens and flash drives, ISPN publications and recent publications by ISPN members, and giving away ISPN pens and stress balls. Forty-four new members attended the New Member Orientation and Breakfast on Thursday morning.

This year we held the "Be A Member-Bring A Member" drawing again with ISPN member Karen Shrepp winning a \$100 gift card for bringing a new member to the conference. We introduced an ISPN Membership Quiz drawing this year, with Kathleen McCoy winning a free year ISPN membership. Our focus for 2012-2013 continues to be the retention of current members and increasing membership, especially among students, DNPs, and international PMHAPNs. If you have any questions or suggestions about membership, please contact any of our committee members:

Cynthia Taylor Handrup (Chairperson)
Susan Benson
Beth Bonham
Holly Hillburn
Susan Krupnick
Kathleen McCoy
Marion Newton
Carol Tozer (International Member)

ISP Members Accomplishments and Achievements

Members stopping by the booth in Atlanta this year were asked to "blow their horn" by telling us about their recent awards and achievements.

Victoria Baldasarre, APRN, PMHNP-BC, is a founding member of Northwest Advanced Practice Psychiatric Nurses (NAPPAN) – a peer supervision group in the Boston area. NAPPAN includes members of the 2011 class of Massachusetts General Hospital Institute of Health Professions who network and collaborate on professional and practice issues.

Laurie Barkin, RN, MSN, member of the ISPCLN Division, is the author of *The Comfort Garden: Tales from the Tramua Unit*, selected by the ANA as a Book of the Year for Psychiatric-Mental Health Nursing, 2011.

Susan Krupnick, MSN, PMHCNS-BC, ANP, member of the ISPCLN Division, is the 2011-2012 winner of the Hendrix Award and Lectureship.

Vicki Lachman, PhD, APRN-BC, MBE, FAAN, is the author of *Ethical Challenges in Health Care: Developing your Moral Compass* published in 2009 and the author of "Negotiation Skills for the Doctoral Advanced Practice Nurse" in *Role Development for the Doctoral Advanced Practice Nurse Practice*, (2011) both published by Springer.

Kathleen McCoy, DNSc, APRN, PMHCNS/NP-BC, FNP-BC, will be inducted in the American Academy of Nurse Practitioners in 2012.

Spotlight on New Member - Editor: Elizabeth Bonham, PhD

This column introducing new ISPN members to the general membership is added in this issue of Connections Newsletter. As the editor of the column, I randomly selected a new member to interview from the list of new members provided to me. The interview was conducted by email. In this inaugural column, we welcome Dr. Sara Wheeler from Covington, IN who recently retired from a nursing college dean position and is a member of both SERPN and ACAPN Divisions.

Please tell us about yourself—where you live, what your practice is, your professional experience, where you went to graduate school, your passions, etc.



Hi! My name is Sara Rich Wheeler. I live in Covington, Indiana, a small farming community in west central Indiana. I have had a private practice, Grief Ltd, since 1998. In 1998 I became a licensed mental health counselor (LMHC) and certified mediator for Indiana; licensed professional mental health counselor (LCPC) for Illinois; and an ANCC Board Certified Adult Psychiatric Mental Health Clinical Nurse Specialist (PMHCNS-BC). My practice has focused primarily on offering a psycho-educational course for divorcing parents, serving as a consultant for the State of Indiana and the Indiana Perinatal Network on perinatal mood disorders (PPMD), and working with grieving families. I have worked in nursing education for over thirty years, most recently as a Dean of Nursing at a college of nursing in Danville, IL and faculty teaching psychiatric mental health nursing and maternity nursing. I left the dean position after a successful tenure there. The rest of my nursing practice has been working in hospitals in the areas of obstetrics and medical surgical nursing. I am most proud of co-founding the National Resolve Through Sharing program in 1983 with Rana Limbo, PhD, RN, PMHCNS-BC. I received my PhD and MSN from Indiana University (IU) School of Nursing. My dissertation was on the "Impact of Early Pregnancy Loss on Adolescent Women Aged 13-19." One of my cognates was on child-adolescent psych-mental health nursing. My favorite courses were on marriage and family. My baccalaureate degree was earned Indiana State University (ISU).

I am not ready to retire and have been diligently trying to find a new position. (I probably spend 1-2 hours daily on this). Quite frankly this has been a frustrating process. I really thought I would have a job by now. I'm not sure if when prospective employers see my age (63) or my credentials and think I'm too old or over qualified. Many times I have not even had the opportunity to interview. I recently took an online neuropharmacology course from IU School of Nursing to hopefully open new opportunities for employment.

My husband, Gary and I celebrated 35 years of marriage. My husband has worked in psych-mental health for 30+ years in an inpatient setting in Champaign, IL. We have two children a son (who is an ICU nurse), daughter-in-law (teaches 4th grade), and grandson (20 months) in Charleston, SC. Our daughter is a third year resident in anesthesia at Vanderbilt University in Nashville, TN. She is married and had a little girl this past September. I try to walk 1-3 miles every day. I truly enjoy walking with "Sam" our Jack Russell/Sheltie mix we inherited from our son a year ago. (Sam and our grandson did not get along very well)!

Tell us why you joined ISPN and what you expect from the organization.

I joined ISPN after I had submitted the organization's information as a resource in the online course I was taking this past fall. I joined because as a professional nurse I feel it is important to belong to the professional organization where your primary nursing practice is focused on. ISPN offers its members choices in journals, conferences, and professional groups to help keep your nursing practice up to date. I also thought it would be helpful to develop a network of professional nurses whose work was similar to mine.

In this time of health care change and finite resources, please tell us how ISPN can be helpful to you; to the clients you serve; and to the psychiatric nursing specialty.

I think ISPN can be helpful in establishing and maintaining standards of practice for psychiatric-mental health nursing. Last week I interviewed for a job as a prescriber for a mental health center. Initially, prescribers are started out with a caseload of 1 client/30 minutes. However, that would change to 1 client/15 minutes. When I asked about follow-up with new clients, I was told that they were so heavily booked, it would be typical to see new clients for follow-up in 2-3 months. I think this might be fairly typical in practice, but is not necessarily what is taught in graduate school. Therefore, I feel ISPN and nurse educators need to work together to help bridge the gap between nursing education and practice.

Anything else you would like to share with the membership?

First of all, I'd like to thank my several nursing mentors who have helped me throughout my nursing career. Carolyn Cooper, MS, RN; Margaret Pike, EdD, PNP, RN; Leah Ramer, EdD, RN; Julia Brillhart MSN, RN; Joanne Martin, EdD, RN; Joan Austin, DNS, RN; and Betty Grossman, EdD, RN, to name a few. They have all helped me to be the best professional nurse I can be, as well as opened doors to expanding my career. Secondly, if any of the membership has any ideas for me in regards to job opportunities, I'm very open to suggestions.

12/12/2017

Campaigns : Campaign preview

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