



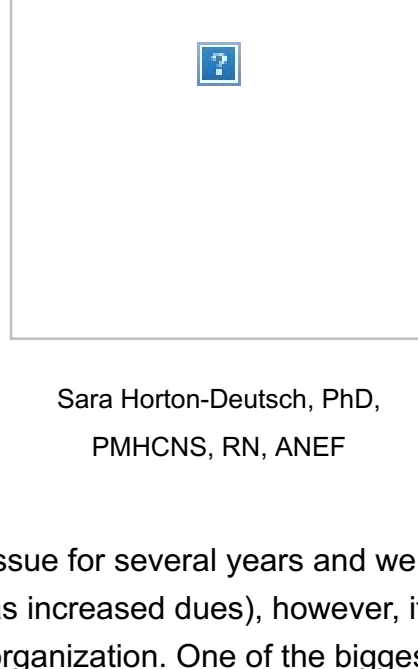
connections

NEWSLETTER OF THE INTERNATIONAL SOCIETY OF PSYCHIATRIC-MENTAL HEALTH NURSES

Volume 17, Issue 3: Fall 2014

Inside this Issue:

- [Q and A with ISPN President Sara Horton-Deutsch](#)
- [2015 Conference Update](#)
- [Foundation Silent Auction and Grants & Scholarships](#)
- [A Reflection on Ferguson \(ACAPN\)](#)
- [The Forecast: A Look at the Psychiatric Mental-Health Nursing Profession \(AGPN\)](#)
- [Transitions: A Reflection on Change \(SERPN\)](#)
- [ISPCLN Division Director Update](#)
- [Membership Committee Report](#)
- [In Memory of Dr. Lorna Mill Barrell](#)



Sara Horton-Deutsch, PhD, PMHCNS, RN, ANEF

An Interview with President Sara Horton-Deutsch by Angela McNelis (Editor Connections)

Angela: The board of ISPN recently voted to publish only one journal in the future rather than the three journals we currently publish. Tell me about how the board came to this decision.

Sara: It was a very difficult and emotional decision as you can well imagine. Our three journals, *Archives of Psychiatric Nursing*, *Journal of Child and Adolescent Psychiatric Nursing*, and *Perspectives in Psychiatric Care*, are highly regarded and important to psychiatric nurses around the world but we no longer could afford to support all three. Financial concerns have been an

issue for several years and we tried to address them with minor adjustments (such as increased dues), however, it was not enough to ensure the viability of the organization. One of the biggest financial drains was supporting three journals—which is very unusual—most organizations have only one journal. The historical reason we had three was that ISPN was formed out of four organizations that came together, and the journals represented their interests.

Angela: What was the process for making the decision?

Sara: To explore the issue, a Journal Taskforce was convened with representatives from all the divisions. The taskforce reviewed the financial information and gave the board their recommendations. Ultimately, we unanimously voted to support *Archives*. One of the main reasons was that our contract with Elsevier was much more financially lucrative than with Wiley. Plus, Elsevier was very eager to work with us to develop a new journal for ISPN members.

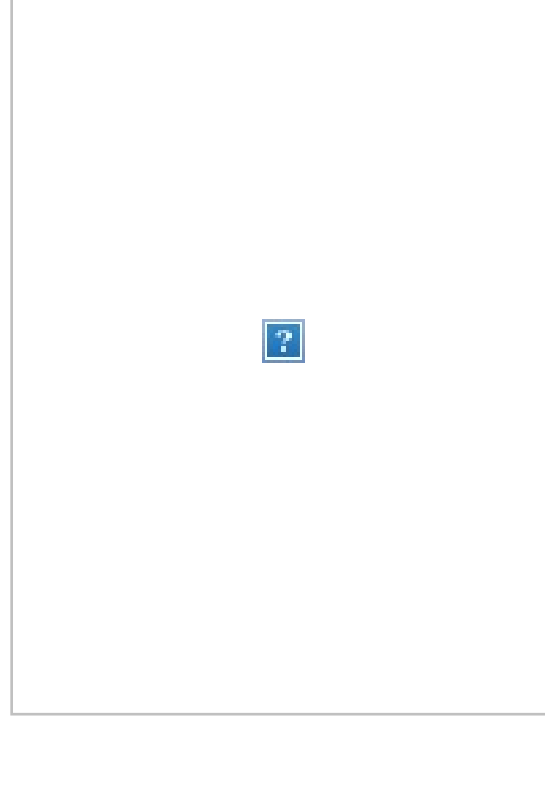
[To read the full interview, click here.](#)

Conference Update by Linda Gerson (2015 Conference Chair) and Sally Raphael (Co-Chair)

ISPN 2015 Annual Conference
March 24-28, 2015
Grand Hyatt Seattle, Washington

Looking to the Future: Interprofessional Relationships and Collaborations in Mental Health

The 2015 Conference Committee is planning a state-of-the-art conference featuring Dr. Judith Beck as the keynote speaker. Please join us in Seattle for an exciting program.



Foundation Update by Bobbie Posmontier (Foundation Board President)

The Foundation Board is busy making plans for our annual Event and Silent Auction at the 2015 ISPN Conference in Seattle! We are exploring a local venue within walking distance of the hotel so you can all enjoy the best taste of Seattle.

Because our Event depends on your generosity, we are also **seeking donations for the Silent Auction**. Please contact Sandy Wood at sjwood@iupui.edu to arrange a donation. Your donations help growing and accomplished scholars to *bring mental illness out of the shadows*, through our research grants and travel scholarships.



The call for **research grants and travel scholarships** is now open until **November 14** and applications can be accessed on the [ISPN website](#). We encourage students and members, including international members, to apply.

- Annual Conference Travel Scholarships offered for all members including international members and students \$750 each! ([For Members/For Students](#))
- One Research grant for \$1,000 - [Mental Health and Wellness Research Award](#)
- One Research grant for \$1,500 from ISPN Foundation! - [ISPN Foundation Psychiatric Nursing Research Grant](#)

A Reflection on Ferguson

By Edilma L. Yearwood, PhD, PMHCNS-BC, FAAB (ACAPN Division Director)

It has been three months since the events of Ferguson, MO, broke and captured our attention. For some, it had no meaning; some saw it as justifiable; for others there was outrage; and for yet others, there was fear and flashback of things we've seen before.

As a graduate of the NYU masters program I can still hear Martha Rogers talking about patterns, mutual simultaneous interactions, open systems and events as dynamic.

As an advanced practice child and adolescent psychiatric nurse and an African-American, I would be remiss not to raise the following issues and questions: Why in 2013 and 2014 are we seeing an increase in the number of Black adolescent males being killed? Why is there an increase in the pattern? Why are normal adolescent behaviors such as playing loud music with peers, walking home at night, or mouthing off now resulting in death for one segment of the population?

[To read the full article, click here.](#)

The Forecast

By Susan Benson (AGPN Division Director)

According to a *New York Times* article back on January 9, 2014, the Affordable Care Act would widen the care for mentally ill persons because it would cover [mental health](#) care and [substance abuse](#) treatment.

In addition, rules to fully carry out a parity law says that when [health insurance](#) plans provide coverage for mental ailments, it must be comparable to coverage for physical ailments. For instance, plans cannot set higher deductibles or charge higher co-payments for mental health visits than for medical visits, and cannot set more restrictive limits on the number of visits allowed.

That's good news. It is news some of us have been waiting for. Some of us have been waiting for decades. Many of our patients have had no care, especially if a substance abuse disorder was the primary disorder or if it was part of the picture. Often they could not obtain or afford rehab. This also means that those providing care are faced with meeting the new needs.

[To read the full article, click here.](#)

Transitions

By Rene Love (SERPN Division Director)

As the leaves begin to change and the temperature begins to drop, I reflect on transitions. Transitions in life can be challenging but also re-energizing, both in our personal and professional life. As I have spoken with you over the year, I have heard that several of us are experiencing different phases in our life such as births, professional and geographic moves, retirement, and launching children, among multiple other changes. My own personal family is transitioning through the retirement of my husband and the launching of our daughter (as a Psych NP) this year. It has been a time of reflecting on our past as a family unit and the excitement of passing the torch to the younger generation. This reminds me of a theme from the 2014 conference of the need to honor our history yet engage young professionals in our organization.

[To read the full article, click here.](#)

ISPCLN Division Director Update

Due to family health issues, Lynnda Zibell-Milsap regrettably resigned her position as ISPCLN Division Director in October. Per the ISPN bylaws, "the Board shall appoint a person to fulfill the remainder of the unexpired term."

Membership Committee Report

By Kathleen McCoy (Membership Committee Chair)

Membership continues to steadily rise. We have already exceeded the September 2013 membership totals at this time. We usually peak at the annual conference. Here is a list of our latest endeavors:

- The Committee will continue to host the following at the Annual Conference:
 1. Membership table/information booth;
 2. New Members Breakfast (to be joined by the Board of Directors);
 3. IMIN Mentors/Connection; and
 4. Casual Evening plans during the conference are still in formation and may expand to IMIN mentors/mentees and military members.
- We are currently developing the study related to the operationalization of the Mentor/Mentee Program (IMIN).
- Additionally, we are diligently developing our military membership as a key player to the international membership and welcome members with this interest (one does not necessarily need to be a veteran or serve actively).

In Memory of Dr. Lorna Mill Barrell

By Beth Bonham (President-Elect)

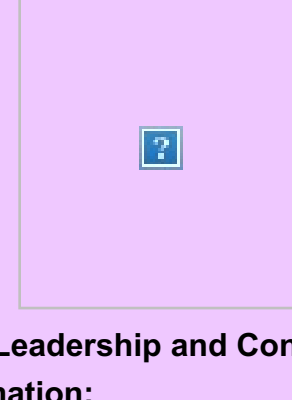
Dr. Lorna Mill Barrell, a founding member of ISPN, died peacefully in her home in Richmond, VA, on September 16, 2014. Lorna was one of the founders of ISPN as she was president of SERPN at the time. Her calm presence, strategic way of thinking, and wordsmithing ability were some of the wonderful skills she brought to the table as ISPN became a new psychiatric nursing organization.

Lorna was very proud of the leadership roles and publications she had in advancing the specialty of psychiatric mental health nursing. She started her nursing career as a graduate of Broadlawn General Hospital in Iowa, earned bachelor and master degrees in nursing education, and a doctorate in Psychiatric Nursing from the University of Illinois. Lorna's nursing career spanned from the Veterans Administration Hospital in Downey, IL, where she met the love of her life, husband psychologist Dr. Robert Barrell, to the College of Nursing at the University of Illinois, and on to Medical College of Virginia where she served as Chairman of the Department of Nursing Systems, Community and Psychiatric Health.

[To read the full article, click here.](#)

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4/2013-4/2015

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AGPN DIVISION DIRECTOR

4/2014-4/2016

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ISPCLN DIVISION DIRECTOR

2014-2015

To be appointed

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President

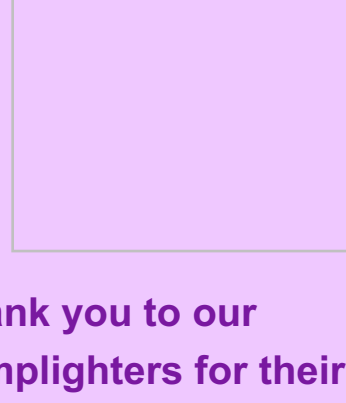
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