



From the President's Desk: Dr. Edilma Yearwood

A Call for Volunteerism

Dear Colleagues,

In this issue of *Connections*, we honor and congratulate Dr. Joyce Fitzpatrick on achieving the highest honor from the American Academy of Nursing, having been inducted on October 20 as a Living Legend.

In addition, with the ISPN call for nominations to fill several board positions opening shortly and having seen a paucity of candidates the last time we held an election, I want to take this opportunity to focus my remarks on participation and volunteerism as an integral part of membership in professional organizations.

[Read More Here...](#)



Joyce Fitzpatrick (middle) celebrates with her daughters after being named an AAN 2016 Living Legend.

Congratulations to Joyce J. Fitzpatrick, AAN Living Legend

by Tamara McKinnon & Kathleen De Leon

ISPN congratulates Joyce J. Fitzpatrick, PhD, MBA, RN, FAAN, on being named a Living Legend by the American Academy of Nursing. Dr. Fitzpatrick is the editor of ISPN's journal *Archives of Psychiatric Nursing*.

According to the AAN press release, "Joyce J. Fitzpatrick, PhD, MBA, RN, FAAN, is best known for her

contributions toward advancing the science of nursing education at universities and health ministries around the world. From developing educational interventions focused on HIV/AIDS prevention in Uganda to designing a 10-hospital project centered on improving the nursing care provided to elders, her research has shined a spotlight on the meaningfulness of nurses' work life. She served as Dean of Case Western Reserve University's School of Nursing for over 15 years, and her widely cited "Life Perspective Rhythm Model" has provided a holistic, spiritual method for understanding nursing concepts. In addition, she has been a leader of several national nursing organizations during her career, including President of the American Academy of Nursing 1997-1999."

Joyce graciously agreed to an interview to highlight her career for this edition of *Connections*.

[Read the full interview, "Five Questions for a Living Legend" here.](#)



Three PMH Living Legends: (From left) Angela McBride, Joyce Fitzpatrick, Shirley Smoyak

Testimonial: Dr. Joyce Fitzpatrick

by Colleen Leners, DNP APRN FNP-BC, Director of Policy AACN

"Dr Fitzpatrick was not only an incredible mentor but a friend. While working on my research project with Dr. Fitzpatrick as my chair, she said to choose something that you have a passion for because you will be working on this for two years. What I didn't realize at the time was that my subject of military providers and resilience started the process to my own healing. Dr. Fitzpatrick's background in mental health has obviously helped her with her many doctoral students.

She not only guided me through the science of nursing research but during that process it was integral to my reintegration back into the civilian nursing community. Joyce worked with me on my application for a RWJF Health Policy Fellowship, and with her leadership and confidence during my arduous application process, I was selected. I now work with the AACN, evaluating policies that will impact nursing for years to come.

Thank you Dr. Fitzpatrick for your belief in me, allowing me to realize my potential after the military!

You will always be a Living Legend to ME!!!"



ISPN Legacy Initiative Welcomes Norman Keltner

The Legacy Initiative lends a voice to our experienced members who have made respected contributions to both ISPN and the psychiatric nursing community. Continuing your service with ISPN as you move into another chapter of your career can be a great way to stay connected with colleagues, while continuing to disseminate valuable knowledge.

We are excited to announce our inaugural Legacy Initiative member, Norm Keltner. We could not think of a better member to provide pearls of psychotropic wisdom to our membership. Please look for Norm's contributions on the ISPN website under the New to ISPN link on the [home page](#). This month's column is: "[Why Clozapine and Quetiapine Can Be Prescribed for Hallucinations Related to Treatment for Parkinson's Disease](#)." Norm's pearls of wisdom will be posted on our website every other month. We thank Norm for his valuable contribution.

[Read more here...](#)

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elv2@georgetown.edu

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angelamcneils@cwu.edu

Peggy Dulaney, MSN, RN
pdulaney@bellsouth.net

Catherine Kane, PhD, RN, FAAN
cfk9m@virginia.edu

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jsharcon83@bigpond.com

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ISPN

ISPN SPECIAL INTEREST GROUPS (SIGs)

ISPN Board Approves Third SIG

APN Formation Special Interest Group

by Kathleen T. McCoy

The APN Formation SIG: Supports the professional life and reflection of new PMHAPNs by experts.

The ISPN Board of Directors in September approved a third special interest group for ISPN: the APN Formation SIG:

Given the plethora of online web served communities, it is noted by several of our committee that there is a lack of group mentorship that is taking higher ground of polite discourse in list serves. Often, erroneous information is propagated, causing needless distress in the young PMHAPN community at large. The Membership Committee has proposed and has gained approval from the ISPN BOD to begin a Special Interest Group (SIG) that would meet online for an hour monthly, more often if requested, on the ISPN reserved line.

The SIG will support the professional life and reflection of new PMHAPNs by experts. We have 5 members who are veteran PMHAPN stakeholders in this SIG who will rotate as group meeting facilitators. The SIG can accommodate up to 10 PMHAPN-in-waiting participants. We plan to begin meeting in January 2017 for one hour monthly. The SIG will tangibly support the growth and membership of new PMHAPNs by offering this group as a supervision group. It will serve as a natural gate for membership growth as well, supporting IMIN and strong new role model PMHAPN providers. This is separate from IMIN but can happily co-exist with or without a formal IMIN mentor/mentee relationship. This SIG can operate symbiotically alongside IMIN.

[Read more here...](#)

ISPN Policy SIG News

by Sally Raphael

ISPN Policy SIG: Explores current issues of health policy relevant to Psychiatric-Mental Health Nursing Practice, Education, and Research.

The Policy SIG has been monitoring several pieces of legislation and informing members through e-blasts. As an active member of The Nursing Community Organization, made up of 63 nursing organizations, ISPN is very much at the table and up to date on current policy issues.

[A sample of items is available here.](#)

Psychiatric Consultation-Liaison Advanced Nursing Practice SIG News

by Peggy Dulaney

Psychiatric Consultation-Liaison Advanced Nursing Practice SIG: Provides a community among PMH nurses interested in aspects of psychiatric consultation-liaison advanced nursing practice.

If you are interested in taking your psych-mental health skills into a non-traditional setting, the Psychiatric Consultation-Liaison advanced Nursing Practice Special Interest Group (SIG) has some opportunities for you. We are excited that several abstracts on various consultation skills and models have been accepted for the 2017 ISPN Annual Conference, March 7-11, in Baltimore, MD. There will be a three-hour workshop on consultation skills, as well as presentations on psychiatric home care, provider-focused consultation, and collaborating effectively to lead change.

Several members of the SIG have also offered to serve as mentors to anyone who is interested in exploring or moving into a consultation-liaison role. To learn more about these opportunities, contact Peggy Dulaney at pdulaney@bellsouth.net. Plan to join us next March in Baltimore!

Peggy Dulaney

Psychiatric Consultation-Liaison Advanced Nursing Practice SIG Chair

INNOVATION CORNER

Helping Your Clients Quit Smoking (Part 2)

by Rhonda Schwindt, Nervana Elkhadrag, and Karen Hudmon

(Part 1, "Top Ten Tips About Mental Illness and Tobacco Use," was published in the [Summer 2016 Connections Newsletter](#))

Although smoking has declined in the general population over the past decade, the prevalence among smokers with mental illness is unchanged.^{1,2} Smoking worsens behavioral health treatment and is predictive of suicidal thoughts and attempts.³ Given the number of persons with mental illness who smoke and the known detrimental effects of tobacco on health and quality of life, it is vital that nurses provide the full complement of evidence-based treatments to all clients who smoke.

Nurses often ask, "What's the best way to help my clients quit?" There are countless research studies that collectively inform our knowledge base and provide effective strategies for quitting. One of the most important points to bring to mind is that most individuals attempt to quit on their own, without assistance, and this is the least effective approach to quitting.

Tobacco dependence treatment is most effective when a two-pronged attack is used: 1) treating the nicotine dependence; and 2) receiving professional counseling to address the behavior of smoking.

[Read the full article here...](#)

INTERNATIONAL PERSPECTIVES

An Introduction to Psychiatric Liaison Nursing in Japan

by Pamela Minarik and Yasuko Sato

Psychiatric Liaison Nursing (PLN) in Japan began in the early 1990s. The original master's nursing program for PLN was started at St. Luke's School of Nursing in Tokyo by Dr. Hiroko Minami. Dr. Minami was a doctoral graduate of the University of California, San Francisco (UCSF), where she had provided consultation to Dr. Pamela Minarik about the care of a Japanese couple at UCSF hospital (Minarik, 1984). As a result of the consultation, Dr. Minami became interested in the possibilities of the role for nursing staff support in Japan.

[Read the full article here...](#)

ISPN NEWS

[ISPN 2017 Election: ISPN Needs You!](#)

[ISPN 2017 Conference Registration is Now Open!](#)

[Textbook: Routledge Handbook of Global Mental Health Nursing](#)

Click on links for more information.

ISPN FOUNDATION NEWS

by Sandy Wood, ISPN Foundation Board Member

Research, Practice, and Travel Scholarships: More \$\$

Calling all beginning researchers, students, and members in need of travel money, particularly international members! The Foundation Board has increased the research, mental health and wellness, and travel awards for the 2017 conference. These awards are a big reason the Foundation exists, and we want to give the money to deserving colleagues. Please check out information about the awards on the website. Get your application in by **November 15, 2016**, and we will see you at the conference March 7-11, 2017, in Baltimore, MD!

Table Sales at the 2017 Conference in Baltimore: Mixing it up

We will again be having table sales between the end of the Psychopharmacology Institute and the beginning of the Annual Conference on Wednesday, March 8, 2017. The planning committee has found more gender-neutral items and unusual items so offerings will not be the same as last year. This is one of our fundraisers that is very popular with attendees and provides funds for the awards mentioned above. Come and see what we will have at this coming year's conference!

Foundation Event: Food, Friendship, and Fun

During our annual conference, the Foundation hosts an evening event that includes food, beverages, a silent/live auction, and lots of socializing, networking, and fun. This event is a major source of funding for research, practice, and travel scholarships. In 2017, the event will be Thursday, March 9, at the Baltimore Marriott Inner Harbor at Camden Yards, our host hotel. If this is a "never miss" event for you or if have never attended, put this event on your calendar as a "must" attend. Our auctioneer, Peggy Dulaney, can make anyone laugh or buy stuff (you have been forewarned). Frequent attendees say she is a major reason they come year after year. How can you not share this experience with your fellow conference attendees? Please come and bring an item for the auction (may be tax-deductible depending on state law) if you wish. Just make it a size to fit in someone's luggage.

Connections Editorial Board: News and Future Directions

by Angela M. McNeils

About one year ago, an editorial board for Connections was formed to advise and support the editor, identify new topics for publication, make suggestions for both subject matter and potential authors, provide review of content, and advise on the direction of the newsletter.

The inaugural board members were Peggy Dulaney and Catherine Kane, both well-known members of ISPN. For our newer members who may not know these esteemed women, [read more here](#).