

# **ISPN** Connections Summer 2020 Issue

# A Message from the Newsletter Editor

Hello and welcome to the newest issue of Connections. As you see, it is a much-abbreviated issue based on the current health and social issues facing our world. We know you are all receiving an exorbitant number of emails so this issue contains only the "must knows" for members, starting with our recent conference held virtually to protect the health and well-being of our ISPN family!

# A Message from the Executive Director

## **First Virtual Meeting for ISPN**

The 22<sup>nd</sup> Annual Conference, held virtually, was a success! Although saddened that we could not be together in person, much learning and knowledge sharing (and of course fun) was still had!

ISPN is an amazing organization, comprised of very passionate and caring individuals. It has been a pleasure working with the ISPN Board of Directors and Conference Committee in the process of transitioning what should have been an in-person event in San Antonio in March to the online virtual conference that took place in June. The team at The Rees Group found an affordable platform that they thoroughly tested, which included many trial runs with live speakers and guiding concurrent session speakers on how to record.

This conference included attendees from multiple countries, including the United States, the Netherlands, Japan, and the United Kingdom. Each live session averaged 47 participants, and the energy and enthusiasm in all sessions, especially in the Regionalization Meeting and Student/New Member Social session, was remarkable. We look forward to continuing this momentum by pressing on with new and current projects.

The live keynotes, COVID-19 expert panels, social justice



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session and workshop were recorded and will be made available to conference registrants in early to mid-July, for a period of 45 days. Members that were not conference registrants will have the opportunity in early August to receive the recorded material at a discounted price in absence of receiving live session experience.

We look forward to ISPN 2021. Whether we are able to gather in person, or virtually, we hope to see you there!

Best regards,
Jessica Retzlaff, ISPN Executive Director

## A heartfelt thanks to the staff for making this happen!!!



Left to right: Ashley Haan, ISPN Meeting Planner, Mary Johns, ISPN Membership Coordinator & Registrar, and Jessica Retzlaff, ISPN Executive Director

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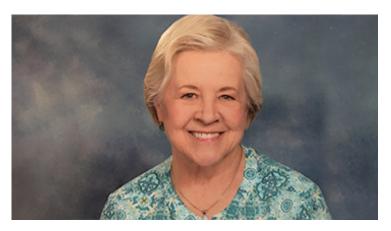
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# Peggy Dulaney-Stepping Up...

And our deep appreciation for Peggy Dulaney- one of the inaugural *Connections* Editorial Board Members for her contributions to the newsletter and the entire ISPN organization!



As I listened to Peggy
Dulaney's Melva Jo Hendrix
address during the ISPN 2020
Conference, I thought, This is
only fitting, that Peggy is
giving this address in the
midst of the COVID pandemic
for ISPN's first online
conference. She's always
been a trailblazer, stepping up

to support the causes that she cares about, both behind-the-scenes and out front. In her address, she talked of the gathering at Marjory Chisolm's place in the country with about a dozen of us, convened to forge the foundation of ANA's Scope and Standards of PMH Nursing. Peggy was there, stepping up... In fact, Peggy was there for an astounding

number of nursing leadership efforts. She was President of the South Carolina Nurses Association where she ably represented PMH nursing and nursing in general as Chair of the ANA Hildegard Peplau Award Committee; Chair, ANA Task Force on Liaison Nursing Standards; Chair, Psychiatric Consultation Liaison Special Interest Group, ANA Psychiatric-Mental Health Nursing Council; Member, ANA Psychiatric and Mental Health Nursing Council, and President, South Carolina Nurses Foundation.

Her passion is Psychiatric Consultation Liaison Nursing, amassing a substantive knowledge and skill set to effect systems change throughout her career teaching, practicing and leading. She was a member of the Nursing Advisory Board for the American Red Cross as well as a member of the Appalachia Regional Health Planning Council Ad Hoc Committee on Abortion & Sterilization. She served on an Aids Task Force in 1985, as a member of her community's health planning council and as a member of the Crisis Response Team, Victim-Witness Assistance Program.

Peggy was the President of the International Society of Psychiatric Consultation Liaison Nurses as the idea of ISPN began germinating. She was a founding mother of ISPN, along with Beth Bonham; Susan Krupnick; Melva Jo Hendrix, Linda Finke, Lorna Mill Barrell, Marjorie Chisholm, and Gretchen LaGodna, developing the mission, governance structure and bylaws for ISPN. Peggy has been a guiding light for ISPN, serving on the Governing Board, as an ISPN Foundation Board member since 2008 and as the most recent President of the Foundation. She blends her special talents for comedy and auctioneering to raise funds for the annual ISPN Foundation Fundraiser. We've all enjoyed some raucous evenings as Peggy worked her magic to pull out a few more dollars from us for auction items that caught her eye... never afraid to capitalize on a friendly rivalry between willing bidders to benefit the Foundations coffers.

When Bev Hart stepped down from editing the ISPN newsletter, Connections, and Angela McNelis reconstituted the editorial group in 2012, Peggy was the first to step up to advise and contribute to the production of the newsletter, bringing her editorial expertise to building the substance and function of the publication for ISPN. Always looking for ways to improve communication and support the efforts of members in any way possible, Peggy stepped up.

No surprise to those of us who have worked with her, that Peggy was the recipient of the 2020 Melva Jo Hendrix Award. Peggy is the epitome of a nursing leader, fearless in leadership positions, compassionate in clinical practice, creative and productive on committees and taskforces, both in nursing and the communities that are fortunate to have her as a member/resident. The Hendrix Award is a fitting tribute to our own Peggy Dulaney, MSN, RN, who deserves our recognition and gratitude for her dedicated service to Psychiatric Mental Health Nursing and the International Society of Psychiatric Nursing. -Catherine Kane

Peggy, thank you for your service on Connections for these past 8 years. Your wisdom, dedication, guidance and kindness have been invaluable and so appreciated. You will be missed but not forgotten!

-Angela McNelis

- ISPN Webinar on July 22, 2020 12:00-1:00pm ET "CYP2D6 Polymorphisms and the Challenges of Pharmacogenomics in Clinical Practice" More Information and to register click here.
- The ISPN Foundation has launched their "Honor a Nurse" campaign during the 2020 Nurse's Week! <u>Click here</u> to honor a nurse today! Foundation Honor a Nurse Campaign
- ISPN is putting together an initiative to support nurses who have been impacted by COVID-19 and providing peer support to our members. Through this program, ISPN members distressed by events related to COVID-19 can reach out, and an ISPN member will contact them to follow-up, talk, and provide peer support. If you would like some peer support during this time, please <u>click here</u> to fill out the form.
- ISPN Mentoring Initiative Navigator Program, or IMIN, is going strong. <u>Click here</u> to apply.
- A reminder to renew your membership. Now more than ever, ISPN's mission is "to support advanced-practice psychiatric-mental health nurses in promoting mental health care, literacy, and policy worldwide" is critical and your membership sustains this work. <u>Click here</u> to renew today.
- If you missed the Webinar: *Monitoring Psychotropic Medication Effectiveness and Safety: Through Systematic Laboratory Testing* you are still able to access the content and credit on-demand. <u>Click here</u> for more information.
- ISPN has partnered with the KY chapter of ANA to put together a Kentucky Nurses Helping Nurses Project. To learn more about this program, <u>click here</u>.
- APA released a statement on COVID-19 and Health Disparities, to read <u>click here</u>.
- Check out a children's book released recently, My Hero is You, How kids can fight COVID-19!, produced through a collaboration of more than 50 organizations working in the humanitarian sector as part of the Inter-Agency Standing Committee Reference Group on Mental Health and Psychosocial Support in Emergency Settings co-chaired by WHO. Information about the book is found in the right side navigation under Recent documents.
- As COVID-19 continues to impact families, Ukamaka Oruche offers tips to parents for maintaining the mental & emotional well-being of children with severe behavioral & emotional challenges. Click here to read her Q&A.
- Additional Mental Health and Psychosocial Considerations During COVID-19
   Outbreak can be found in the WHO article here.
- Remember to Follow ISPN and like and/or retweet our content on a regular basis.
   Facebook Twitter
- ISPN is a collaborative partner with the Global Alliance for Behavioral Health and Social Justice! If you are not a member, be sure to look at the member benefits to see reasons to join both organizations! Visit their website today!
- On the <u>News & Events</u> page, there is a contact form for you to use to submit information. Let us know what is happening with you or your community! Members should frequent this page to remain current with information.
- Finally, we want to know about your achievements in psychiatric-mental health nursing! Have you had a recent achievement or acknowledgement of your esteem as a psychiatric-mental health nurse that you want to share with your ISPN colleagues? Whether it relates to research, leadership, teaching and student support, clinical practice or service, let us know by

emailing <a href="mailto:communications@ispn-psych.org">communications@ispn-psych.org</a> with details of your news. Here are just some of the things we are interested in: your promotion in an academic or clinical position; fellowships, grants, and research funding awarded; textbooks or other significant publications you have edited or contributed to; appointments to Boards of Directors (nursing or multidisciplinary); any innovations in clinical practice you have led or been significantly involved.

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