



# CONNECTIONS

## ISPN Connections Fall 2023 Issue

### Congratulations To...

- All who were selected to be a Fellow of the American Academy of Nursing, especially those among us: **Gabrielle Abelard, DNP, PMHNP, PMHCNS-BC, RN, FNAP**, and **Marian Newton, PhD, MN, BSN, RN, PMHCNS-BC, PMHNP-BC, ANEF**
- **Cheryl Woods Giscombe, PhD, RN, PMHNP-BC, FAAN**, as she was elected to the National Academy of Medicine.
- **Ukamaka Oruche, PhD, RN, PMHCNS-BC, FAAN**, was one of twenty-two individuals that Sigma inducted into the International Nurse Researcher Hall of Fame.
- **Vicki Hines-Martin, PhD, PMHCNS, RN, FAAN**, as she was awarded the 2023 KY Nurses Association *Diversity, Equity and Inclusivity Champion of the Year* as well as the recipient of the inaugural *2023 Equity-Minded Nurse Leader Award* from the AARP Center for Health Equity Through Nursing and the Future of Nursing: Campaign for Action, an initiative of the AARP Foundation, AARP and the Robert Wood Johnson Foundation.

### Technology in Healthcare

**Dina (Fradkin) Veytsman, DNP, CNP, PMHNP-BC**

In the last few years, digital health solutions have skyrocketed. From [telemedicine](#) direct patient care companies, to [mindfulness apps](#), to everything in between, health technology has expanded beyond what we could have imagined pre-pandemic. Legislation has also ignited the expansion of the patient health portal, furthering these initiatives. In the [Spring of 2021](#), patients gained an ability to view their electronic health record data. As a clinician and a health care consumer, I was enthralled by the enacted changes: patients were now being treated as true partners in their treatment. Patient access can improve [health care outcomes](#), allow for [improved coordination](#), and [help ensure accuracy and safety](#). Anecdotally, I've seen patients become better historians, with tech-savvy clients being able to pull up lab reports or progress notes at the time of a visit. Yet, unfortunately, this increased access still retains multitudes of pitfalls.

Patients do not have access to their universal health record. Put simply, without access to information across their digital



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lifespans of records from multiple organizations and across levels of care and providers, patients still are impeded by being subjected to each individual provider's portal invitation, unless that provider operates under the umbrella of a larger health system. Smaller clinics and practices are most affected by this lack of interoperability. And, on a larger scale, clinicians still don't have access to past medical history without an onerous ROI process that usually yields untenable paper record faxes, or, in my experience, no records at all.

For patients, this lack of access to records can delay care or initiation of treatment. For clinicians, non-clinical time is spent in the chase of previous care summaries and notes, adding to the ever-expanding workload of today's health care workers. Some clinicians I've been exposed to simply skip the process altogether; yet, relying on self-report entirely has its own **hazards**.

More than 50% of psychotropic prescriptions are occurring at the **primary care level** - the likelihood that a patient has already trialed treatments by the time they are seen by a psychiatric specialist is quite high. Restarting from square one or relying entirely on patient recollection leaves much to be desired in today's health care arena, where we strive for evidence-based care and data-driven treatment. While complete electronic health record direct interoperability isn't quite here, clinicians can continue to advocate for a health information technology metamorphosis, where patient needs are at the forefront of the data insurgence.

*Dina (Fradkin) Veytsman is the Medical Affairs Lead at Headlamp Health, a digital health solution aimed at amalgamating objective past medical history with subjective longitudinal self-report. She is also an active PMHNP. Headlamp Health brings clinicians a 360-degree view of their patients, with a comprehensive overview of past diagnoses, medications, and labs, sprinkled with inter-appointment data to reduce recency bias at follow-up. Headlamp offers a free 3-month trial for clinicians and patients - sign up [here](#).*

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**ISPN 2024**  
PROVIDENCE, RI  
APRIL 3-6, 2024 • OMNI PROVIDENCE HOTEL

Psychiatric Mental Health Nurses:  
The Power of Leading, Connecting, and Healing

# Save the Date: ISPN 2024 Annual Conference

**Psychiatric Mental Health Nurses:**

***The Power of Leading, Connecting, and Healing***

April 3-6, 2024 • Providence, RI

Thank you to everyone who submitted an abstract for the 2024 Annual Conference! Also, a big thank you to all the Abstract Reviewers! The Conference Chair, Gabrielle Abelard, is working to go through them and start on the preliminary program. Registration for the Conference will be opening soon!

Keep an eye on the Conference webpage for additional information:

[ispn-psych.org/conference](https://ispn-psych.org/conference)



## ISPN 2024 AWARDS NOMINATIONS ARE NOW OPEN!

THE DEADLINE FOR NOMINATIONS IS JANUARY 26, 2024  
[ISPN-PSYCH.ORG/AWARDS-NOMINATIONS](https://ispn-psych.org/awards-nominations)

### 2024 Call for Award Nominations Nominations are due January 26, 2024!

Thank you for participating in ISPN's annual recognition of some of the many outstanding contributions of our members throughout the world! Using criteria established by ISPN, the Awards Committee selects recipients of the ISPN awards.

To view a description of each award, [click here](#).

To view a list of past award recipients, [click here](#).

[Submit a Nomination](#)

## Healing through Connection

### ISPN Foundation Auction and Dinner Event

Thursday, April 4, 2024 • 6:30 p.m. - 8:30 p.m. at the Omni Providence Hotel

Proceeds fund research, wellness, and travel grants for psychiatric-mental health nurses and the ISPN historical archives.

Standard Ticket: \$100

Student Ticket: \$50

- Purchase tickets via the conference registration form  
or email [info@ispn-psych.org](mailto:info@ispn-psych.org) -



**Save the Date: ISPN Foundation Auction and Dinner Event**  
***Healing through Connection***

April 4, 2024 from 7:00 - 9:00 p.m. • Omni Providence Hotel  
Standard Ticket: \$100 | Student Ticket \$50

Proceeds fund research, wellness, and travel grants for psychiatric mental health nurses and the ISPN historical archives. We welcome everyone to join us for a nice meal, socializing, and finding some treasures and/or experiences!

Purchase tickets via the conference registration form or email [info@ispn-psych.org](mailto:info@ispn-psych.org).

The ISPN Foundation Board is always looking for donated items to be placed in the auction, especially experiences! To find out more, visit [ispn-psych.org/2024-foundation-event](https://ispn-psych.org/2024-foundation-event).



**ISPN Foundation  
Travel Scholarship  
Applications are Now Open!**

The deadline for submissions is  
**December 29, 2023**  
[ispn-psych.org/scholarship-grants](https://ispn-psych.org/scholarship-grants)



**ISPN Foundation Grant  
Applications are now open!**

The deadline for submissions is **December 29, 2023**  
[ispn-psych.org/scholarship-grants](https://ispn-psych.org/scholarship-grants)



## 2024 Foundation Scholarships and Grants

### **Nominations for Travel Scholarships are due December 29, 2023!**

Apply to receive a \$1,500 Travel Scholarship! Use the scholarship towards expenses to attend ISPN 2024 Conference!

### **Nominations for Foundation Grants are now open and submissions are due December 29, 2023!**

ISPN Foundation Joyce Fitzpatrick Psychiatric Nursing Research Grant: \$3,000

ISPN Foundation Mental Health and Wellness Research Project or Clinical Inquiry Project Grant: \$1,500.

We strongly recommend students and early career members to apply.

[Learn More and Apply Now](#)

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## Update your ISPN Membership Profile Today!

ISPN uses the information you provide in your profile in many ways. Please take a few moments and update your information. Please login to the ISPN website and go to "Member Home" in the quick links. Once on that page, you will see a "My Profile" link. Then you will be able to click edit and change or update your responses to different questions. Thanks in advance for taking the time to do this!

[Update your ISPN Profile Now](#)

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## Gift of Membership

Think of a student - or two - whose membership you might sponsor by paying the student's first year of ISPN membership dues. A special way to reach out to graduates as well is to support their entry into ISPN by sponsoring their first year of ISPN membership dues.

[Sponsor a Membership](#)

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## Regionalization Corner

Stay up-to-date with your region by visiting the [Regional Initiative webpage!](#)

### International

Co-Leaders: Alicia Stringfellow, RN (Mental Health), MSc, PGCE, PGCert (CBT), PGDip(THORN); and Gemma Emile, MSc, ANP, PGCE, RN, DipHE

If you have an interest in what you'd like to see from this region and/or if you'd like to get involved, please email [info@ispn-psych.org](mailto:info@ispn-psych.org). We'd love to hear from you!

Alicia and Gemma

### Midwest

Co-Leaders: Beth Bonham, PhD, RN, PMHCNS-BC, FAAN; and Linda Jo Volness, MS, APRN, CHTP

As the ISPN Midwest Regional group, we meet quarterly for one hour using an open discussion format. Our conversations are lively, wide ranging, and supportive. For example, a discussion in late 2021 that supported one of our members became a topic that we presented at the 2022 Annual ISPN Conference, *The Innovative Use of Chronic Illness Medical Practices to Mitigate the Trajectory of Suffering in Serious Mental Illness*. The next meeting of the Midwest region is Tuesday, November 14th, at 1 PM CT or 2:00 PM EST. You should receive an email notification of the meeting with the zoom information.

We hope to see you there!

Beth Bonham and Linda Jo Volness

### Northeast

Co-Leaders: Jennifer Graber, EdD, APRN, PMHCNS-BC; and Susan Glodstein, DNP

The Northeast Region had their meeting on 10/18/23 to determine the best course of action for future meetings. Members expressed interest in having programming on special topics such as psychiatric nurse violence, staffing issues and workplace abuse, and other hot topics to generate discussion while also building connection and a sense of belonging.

Hope to see you at our next meeting!

Jennifer and Susan

### Southeast

Co-Leaders: Marian Newton, RN, BSN, MN, PhD, PMHCNS-BC, PMHNP-BC, ANEF; and Ann Marie Jones, DNP, PMHNP-BC

Our next meeting will be January 24th from 12-1 EST. There will be a short presentation on "AI in practice/academia – now and moving forward". The speaker will discuss clinical application of AI in both academia and clinical practice. There will be time for discussion as well. Look for an email invite in December and a reminder in early January.

Ann Marie and Marian

## Southwest

Co-Leaders: Pam Lusk, DNP, RN, FAANP, FAAN; and Liz Hutson, PhD, APRN-CNP, PMHNP-BC

Welcome to all ISPN members and interested members in Arizona, New Mexico, Oklahoma, and Texas!

We will be hosting an ISPN SW Region Zoom get together Saturday November 18, 12noon ET, 11 CT and 10 am AZ time. Dr. Sara Edmund, ISPN Treasurer & Board member will be joining us. Sara can get us up to date on ISPN initiatives and priorities this year- as identified by the Board and our ISPN colleagues. Sara is faculty at University of Arizona – and is an active member of the Southwest region. For those ISPN members with connections to Advanced Practice Psychiatric/ Mental Health Nursing students in our region please share this invitation. We love having students attend - to learn about ISPN and all our professional organization has to offer.

This will be our first zoom get together since the ISPN annual conference in California. We will keep the meeting at an hour to honor your time. We can discuss what format we would like our future meetings to be – and when we want to meet next. We welcome your input! Please email me [lusk.53@osu.edu](mailto:lusk.53@osu.edu) with questions or more information.

We look forward to meeting with you November 18th.

Your SW Region Co-Chairs,  
Pam, Arizona and Liz, Texas

## West

Leader: Dawn Bounds, PhD, PMHNP-BC

We are still building the ISPN West Regional Group. We have started to meet quarterly for one hour using an open discussion format. Our conversations are lively, wide ranging, and supportive. During our last meeting, we discussed clinical placements for PMHNP students and post-graduate residency programs. Our next meeting will be in January. We are still trying to determine the best time to meet. Feel free to reach out to me with suggested days/times. You will receive an email notification of the meeting with the zoom information prior to the meeting.

I hope to see you there!  
Dawn



## Upcoming Webinars

### First Timer Webinar series – Writing a Manuscript

Presenters: *Mary Louise Tatum, MPH, MSN, PMHNP-BC; and Elizabeth Bonham, PhD, RN, PMHCNS-BC, FAAN*

Wednesday, December 13, 2023, 12:00-1:00pm ET

[Learn More and Register](#)

To register for any upcoming or on demand webinars, visit  
[ispn-psych.org/ispnwebinars](https://ispn-psych.org/ispnwebinars).

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## A Reminder: Subscribe to the ISPN Listserv, "E-List"

Your ISPN membership includes access to our exclusive e-list (AKA, listserv). This member tool allows you to distribute messages to all members subscribing to the list, with a simple email to the list address. Think of the possibilities!

- Communicate with the membership through a single email.
- Search the online archive for valuable information and resources.
- Ask your peers the questions that are most important you.
- Manage your subscription and preferences through your member profile.

To get started:

1. Log in to your membership profile.
2. In the "My Features" tab, click "E-Lists".
3. Make sure you are subscribed to the list.
4. Make note of the list address.
5. Click "Edit" to control your preferences.
6. Click the list name to see and search previous posts.
7. To start participating, click "Post a New Message" or send an email to the list address.

Read these [Frequently Asked Questions](#) about the E-List.

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