



ISPN Connections January 2018 Issue

Happy New Year! This issue of *Connections* includes several wonderful contributions from ISPN leaders and members. Please enjoy these columns as well as information on important upcoming events!

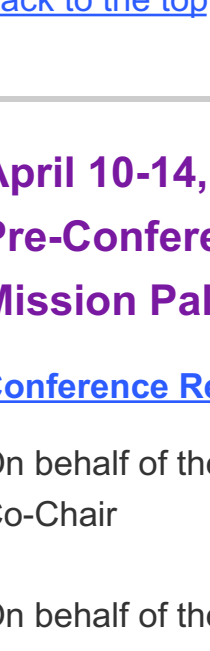
Angela M. McNelis, PhD, RN, CNE, ANEF, FAAN, Editor



Volume 21 #1
January 2018

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Message from ISPN President, Rene Love PhD, DNP, PMHNP-BC, FNP, FAANP

Endings and Beginnings

In alignment with our mission to include our voice on issues related to mental health, ISPN was busy on multiple fronts during the last few months of 2017. We signed on to the following letters:

letters:

- The Nursing Community Coalition's Response to the AMA's Latest Strategy that Would Reverse Access to Care;
- The Nursing Community Coalition's thanks to Representatives Tonko and Lujan for the introduction of the Addiction Treatment Access Improvement Act;
- The Nursing Community Coalition's support of the proposed Rule published by the U.S. Department of the VA advocating for authority of health care providers to practice telehealth; and
- The National Polycystic Ovary Syndrome Association's support of the resolution designating September as PCOS Awareness Month, thus recognizing the seriousness of the disorder, including the mental health impact.

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April 10-14, 2018, 11th Annual Psychopharmacology Institute Pre-Conference and ISPN 20th Annual Conference, Tempe Mission Palms Hotel and Conference Center, Tempe, AZ

[Conference Registration is now Open!](#)

On behalf of the Conference Committee: Amanda Baltierra, Chair, and Carla Groh, Co-Chair

On behalf of the Psychopharmacology Institute Pre-Conference Committee: Debbie Thomas and Evelyn Parrish, Co-Chairs

We are excited to invite you to the upcoming 2018 Psychopharmacology Institute Pre-Conference and ISPN Annual Conference, April 10-14, 2018, at the Tempe Mission Palms Hotel and Conference Center, Tempe, AZ. The theme this year is *Mental Health Care Amid Policy Chaos*. The speakers are presenting on a variety of topics related to mental health and policy, including: promoting resilience in times of chaos; building capacity to address barriers in Hispanic/Latino populations; suicide prevention; and psychiatric nurses as policy makers, to name a few.

The opening and closing conference keynote speakers are esteemed experts. Dr. Susan Miyamoto is the Chief Policy Officer, American Association of Colleges of Nursing, bringing an insider's perspective of mental health and policy. Ms. Margaret Trudeau, advocate and author, will discuss and share her personal experience with being diagnosed with Bipolar Disorder and receiving treatment within the Canadian healthcare system.

Keynote speakers at the Psychopharmacology Institute Pre-Conference will address delirium and dementia, treatment of mood disorders after brain injury, and orthomolecular psychiatry.

The breadth and depth of the conference proceedings this year are exceptional, and we look forward to seeing you in Tempe, April 10-14, for a time of learning, reflecting, networking, and re-connecting. For registration, preliminary programs, hotel accommodations, and speaker information, visit <https://ispn.memberclicks.net/conference>. **Early Bird Registration ends February 28, 2018!**

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International Society of Psychiatric-Mental Health Nurses

PSYCHOPHARMACOLOGY INSTITUTE PRE-CONFERENCE APRIL 10-11, 2018

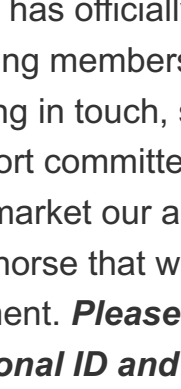
SPEAKERS:



Evelyn Parrish, PhD, PMHNP-BC
Susan McCabe Lectureship
Delirium Superimposed on Dementia: Treatment Challenges and Opportunities



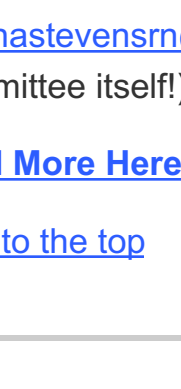
Darcy Leon, MSN, APRN, PMHNP-BC
Plenary Session
Treatment of Mood Disorders After Traumatic Brain Injury: Traditional and Novel Approaches to Care



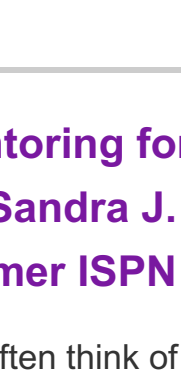
Michael Tremko, MSN, APRN, PMHNP-BC
Closing Plenary Session
Orthomolecular Psychiatry

ISPN ANNUAL CONFERENCE APRIL 11-14, 2018

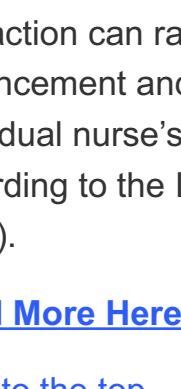
SPEAKERS:



Suzanne Miyamoto, PhD, RN, FAAN
Opening Keynote Address
Turning Chaos into Opportunity: Navigating the Political Waters



Kathy Wright, PhD, RN, GCNS-BC, PMHCNS-BC
Diversity Keynote Address
Old, Stressed, and Why Do We Care? Ageism and Mental Health



Margaret Trudeau, Canadian Mental-Health Issues Advocate and Author
Closing Keynote Address
Changing My Mind

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Introducing ISPN's New Website: ispn-psych.org!

By Kristina Stevens, Website Management Committee Chair

ISPN has officially launched its new website! This new website will facilitate keeping membership connected with social networking support, simple tools for staying in touch, space for sharing documents and photos, and resources to support committees. Furthermore, we can use it to highlight great work being done and market our association. Additionally, ispn-psych.org is going to be the workhorse that will collect member dues and support event registration and payment. **Please note that all members need to sign in and establish a new personal ID and Password! Each current member received an email from ISPN on January 4, with log-in directions. Once you have established your personal log-in, you'll be able to access all ISPN Member Services.**

The new website also has some new functions that should make your experience easier and more productive, including a search box located on the top right corner of any page and a separate contact tab on the main bar to make connecting to staff easier. Additionally, under the new member portal, you will be able to search for other members and create a personal profile. Furthermore, you have easy access to the ISPN Connections Newsletters and an electronic version of *Archives of Psychiatric Nursing*, the official journal of ISPN.

As the website develops we will be adding additional functions. If you have ideas about functionality you would like to see on the new website, please email me at kristinastevensm@gmail.com (or consider joining the Website Management Committee itself!).

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It's Here! The new ISPN E-List (aka "Listserv")

ISPN has a new, updated website that is more interactive. One of the great features is a new Listserv, which is now called E-Lists. If you would like to receive these messages from your ISPN colleagues, please make sure you subscribe.

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Mentoring for Self-Preservation

By Sandra J. Wood, Former ISPN Foundation Board Member

We often think of mentoring in relation to the work environment, where more senior nursing practitioners, nursing faculty, or nursing researchers assist less experienced, often younger members of their staff to develop skills, knowledge, and confidence when assuming new positions (Frost, 2013).

Some might confuse orientation or preceptorship with mentorship. However, a true mentoring experience is not time limited and content specific, as are orienting and precepting. While a mentorship may begin with unequal knowledge and power, over time it often develops into more of a collegial relationship. A mentoring interaction can range beyond traditional "how-to" of a job, to issues of career advancement and work/life balance. Such relationships can enrich not only the individual nurse's career but also the profession and the entire health care system, according to the Institute of Medicine (IOM) report (Robert Wood Johnson website, 2013).

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Mentorship 101: Sponsor a Student or Graduate

by Marian Newton, Membership Committee Chair

Many of you teach or precept graduate PMHNP and DNP-PMHNP students. We think that ISPN membership is a gift that keeps giving: You get colleague support, a professional network at your fingertips, and educational offerings.

- We encourage you to **think of a student**—or two—whose membership you might sponsor by paying the student's first year of ISPN membership dues of \$25.
- A special way to **reach out to graduates** as well is to support their entry into ISPN by **sponsoring their first year** of ISPN membership dues of \$150.

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ISPN SPECIAL INTEREST GROUP (SIG) NEWS

SIG for Psychiatric-Mental Health Policy

by Sally Raphael, MS, APRN-PMH, FAAN, Chair

Since January 2017, ISPN has been an active member of the Nursing Community Coalition, a national advocacy group of 58 nursing organizations dedicated to improve and protect quality patient care. The Coalition advocates on appropriations issues, healthcare, and other federal legislation that improves and advances nursing practice, education, regulation, and research. For over a decade, the Nursing Community Coalition has been a partnership of national professional nursing associations that builds consensus and advocates primarily on the federal and national level on a wide spectrum of healthcare issues.

The 115th United States Congress is the current meeting of the legislative branch of the United States federal government, composed of the Senate and the House of Representatives. It meets in Washington, DC, from January 3, 2017, to January 3, 2019. Since the start of the 115th Congress, ISPN has signed on to 22 letters written to Congress and 13 letters written to the administration including those on VA concerns and Opioid Addictions.

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ISPN FOUNDATION NEWS

Join the Party on the Rooftop!

by Peggy Dulaney, ISPN Foundation President

The Psychopharmacology Institute is making great plans for its annual fund-raising Auction/Reception on April 12, 2018, 6:15 p.m. to 8:15 p.m., during the ISPN conference in April. Our venue this year will be the rooftop terrace at the conference hotel, Tempe Mission Palms Hotel and Conference Center. Perfect for watching the sunset. You can check it out on the hotel website...an awesome place to connect with friends, bid on great auction items, and enjoy a spring evening in beautiful Tempe, AZ. **The theme is "The Butterfly Effect": Even small acts can have great consequences, as will your donations to the Foundation.**

Proceeds from the auction go to support the work of the Foundation in providing research, wellness, and travel grants and scholarships. Plan now to join us Thursday evening for a great event, featuring heavy hors d'oeuvres, a drink ticket, live and silent auction, and networking with colleagues in the mental health community.

Tickets are \$60 and are available on the Conference Registration Form. **Auction items gratefully accepted!** Drop off your donated auction items at the conference Registration Desk, or contact info@ispn-psych.org.

Are you a Lamplighter? A Lamplighter is someone who pledges extra financial support to the ISPN Foundation to ensure its sustainability for years to come. The program was started five years ago with five-year pledges, but changes are on the way. Watch for new opportunities to join the ranks of those who provide ongoing support for the Foundation.

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ISPN JOURNAL NEWS

Archives of Psychiatric Nursing: CALL FOR PAPERS

Archives of Psychiatric Nursing disseminates original, peer-reviewed research that is of interest to psychiatric and mental health care nurses. The field is considered in its broadest perspective, including theory, practice, and research applications related to all ages, special populations, settings, and interdisciplinary collaborations in both the public and private sectors. Through critical study, expositions, and review of practice, *Archives of Psychiatric Nursing* is a medium for doctoral scholarship to provide theoretical linkages among diverse areas of practice.

Archives of Psychiatric Nursing is pleased to announce calls for manuscripts related to five special issues:

- **Infant Mental Health** (due June 2018) - **Special Issue Editors:** Beth Bonham, bjbonham@coopsonse.com and Andrea Kwasky, kwaskyan@udmercy.edu
- **Measures of Indicators of Resilience** (due June 2018) - **Special Issue Editor:** Jaclene A. Zauszniewski, jaz@case.edu
- **The Opioid Crisis** (Due December 2018) - **Special Issue Editors:** Ukamaka Oruche, PhD, RN, PMHCNS-BC, FAAN, uoruche@iu.edu and Rhonda Schwindt, DNP, RN, PMHNP-BC, rhondaschwindt@gwu.edu
- **Social Determinants of Health: Impact on Mental Health Outcomes** (due January 2019) - **Special Issue Editor:** Edilma L. Yearwood, ely2@georgetown.edu
- **The Future of Psychiatric Nursing—Ten Years Post IOM** (due June 2019) - **Special Issue Editor:** Emily J. Hauenstein, ehauenst@udel.edu

Issue details are available at [Calls for Papers: www.psychiatricnursing.org](http://www.psychiatricnursing.org)

All papers will be peer-reviewed. All papers must adhere to *Archives* author guidelines: <http://www.psychiatricnursing.org/content/authorinfo>

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PRACTICE CORNER

Human Trafficking: What to Look For and How to Help

by Rhonda Schwindt, DNP, RN, PMHNP/CNS-BC

Human trafficking and other forms of extreme exploitation is a multifaceted human rights violation. The negative health consequences are extensive and prevalent to comprise a public health problem of global importance.¹ The United Nations (UN) defines trafficking as:

The recruitment, transportation, transfer, harbouring, or coercion of persons, by means of the threat or use of force or other forms of coercion, of abduction, of fraud, of deception, of the abuse of power, or of a position of vulnerability, or of the giving or receiving of payments or benefits to achieve the consent of a person having control over another person, for the purpose of exploitation.²

Though data are limited and acquiring reliable statistics challenging, the number of human trafficking victims, collectively under the term modern slavery, is estimated at 40.3 million (forced labor, forced marriage, and sexual exploitation).¹ As the largest group of healthcare providers, we are in a unique position to intervene before harm occurs. It is important that we recognize potential red flags and indicators, assess all our patients'/clients' safety at home/work, and respond appropriately when human trafficking is suspected.

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MORE ISPN NEWS

ISPN Elections: Call for ISPN Board and Committee Nominations, Deadline February 6

ISPN is seeking nominations for the Board and Committee positions of:

- **President-Elect (2018)**
- **Director (2018-2020)**
- **Nominating Committee Member (2018-2020)**

Please consider nominating a colleague or running for office yourself. We need people who are dedicated to furthering advanced psychiatric-mental health nursing, who are willing to work with other dedicated individuals to impact our industry as a whole, and want to share their leadership skills with ISPN. Orientation and mentoring will be available for those who serve.

Please contact ISPN at info@ispn-psych.org or +1-608-433-2463 if you have any questions.

The deadline for submitting nominations is **February 6, 2018.**

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ISPN Awards: 2018 Call for Nominations, Deadline March 5

Help recognize the many outstanding contributions of ISPN members throughout the world!

Members and non-members may nominate individuals for awards. **Nominees must be ISPN members at the time of nomination** (except for the Psychiatric Mental Health Advocacy Award and the Living Legends Award nominee, who may be a past member). Using criteria established by ISPN, the Awards Committee selects recipients of the ISPN awards.

Nominations are due no later than Monday, March 5, 2018.

To view a description of each award, [click here](#).

To view of list of past award recipients, [click here](#).

[Submit Nomination here](#).

A nominee can be informed of the nomination, or the nomination can be a surprise.

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UPCOMING EVENTS

- **ISPN 20th Annual Conference and 11th Psychopharmacology Institute Pre-Conference**, April 10-14, 2018, Tempe Mission Palms Hotel and Conference Center, Tempe, AZ. The conference theme is: *Mental Health Care Amid Policy Chaos*. **Early Bird Registration discount ends February 28!** For registration and conference information, [visit the website](#).
- **The Australian Clinical Supervision Association (ACSA)** is hosting a three-day inaugural conference on clinical supervision for 22, 23, and 24 May 2018, in Melbourne. Visit the website to learn about abstract submission and conference information: <https://www.acsaconference2017.org.au/>
- **The Australian College of Mental Health Nurses** is sponsoring the 16th Consultation Liaison SIG in conjunction with the 7th Perinatal Infant MH SIG Conference June 6-8, 2018, in Brisbane, QLD. See the link for information on abstracts and the event: http://www.acmhn.org/images/Call_for_Abstracts_Flyer2018.pdf

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renelove@email.arizona.edu

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trez@buckland.edu

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DIRECTOR (2017-2019)
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ukamaka.m.oruche@uic.edu

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jmcomish@wayne.edu

SECRETARY
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CMCKINNON@qnu.edu

BOARD MEMBERS
Irene Kim, DNP, PMHNP-BC, PMHCNS-BC
bfk1s2005@gmail.com

Evelyn Parrish, PhD, APRN-BC
Evelyn.Parrish@eku.edu

Ann Roselle, MSN, ACNP-BC
annroselle35@gmail.com

Sandra Thomas, PhD, RN, FAAN
stthomas@utk.edu

Connections Editorial Board

Angela McNelis, PhD, RN, FAAN, ANEF, CNE - Editor
anglamcnelis@gwu.edu

Peggy Dulaney, MSN, RN
pdulaney@bellsouth.net

Catherine Kane, PhD, RN, FAAN
ckk3m@virginia.edu

Julie Sharrock, RN, BED, MHSC
sharrock83@biopond.com

Connections Editorial Board

Angela McNelis, PhD, RN, FAAN, ANEF, CNE - Editor
anglamcnelis@gwu.edu

Peggy Dulaney, MSN, RN
pdulaney@bellsouth.net

Catherine Kane, PhD, RN, FAAN
ckk3m@virginia.edu

Julie Sharrock, RN, BED, MHSC
sharrock83@biopond.com