



ISPN Connections Summer 2019 Issue

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Message from the President

Vicki Hines-Martin, PhD, PMHCNS, RN, FAAN

ISPN and Global Mental Health Nursing

The annual conference has ended, and I have officially taken my place as the new President of ISPN. For those of you who do not know me well, let me briefly introduce myself. I am Vicki Hines-Martin, Professor and acting Assistant Dean for Community Engagement and Diversity Inclusion at the University of Louisville School of Nursing in Louisville, Kentucky. I also serve as the Director, Community Outreach for the Office of Diversity and Inclusion, University of Louisville Health Sciences Center (Dentistry, Medicine, Nursing, and Public Health). I work with faculty, staff, students, and most importantly, underserved and minority populations to create partnerships that support the development of cultural and social awareness in the delivery of care, research, teaching, and service within a variety of community settings. My mental health assessment and communication skills come into play every day.

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Opioid Crisis Part 3: Examination of the Opioid Crisis

We are pleased to share the third and final part of this informative column on **the opioid crisis**.

Written by two of our ISPN members, [Julie Denton](#) and [Sandra Wood](#), part one of the three-part series described the historical background of opiates and practical suggestions for assessing patients for addiction. The second column focused on the effects of addiction on the patient, family, and community. The final column concentrates on what needs to be done to address the crisis, including what the APN can do.

Best regards,

The Editorial Board of Connections

Angela McNeilis, Catherine Kane, Peggy Dulaney, Julie Sharrock

[Part I](#)

[Part II](#)

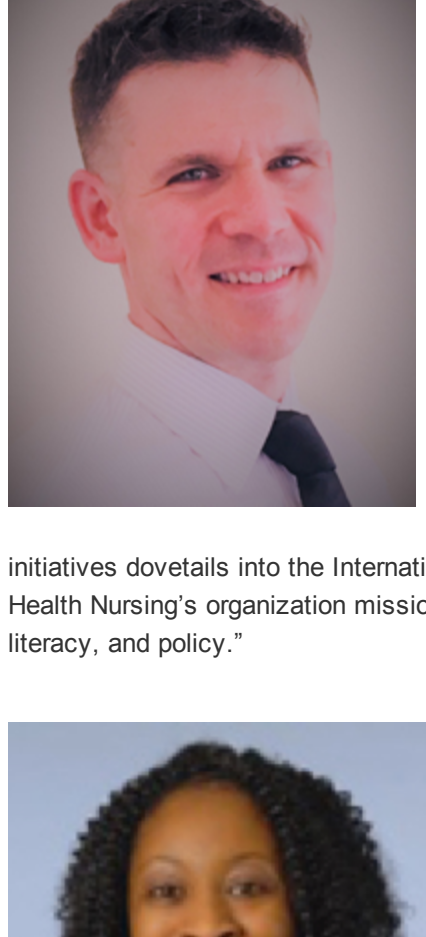
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Highlights from the 21st Annual Conference Charlotte, NC

Meet Our New Leaders

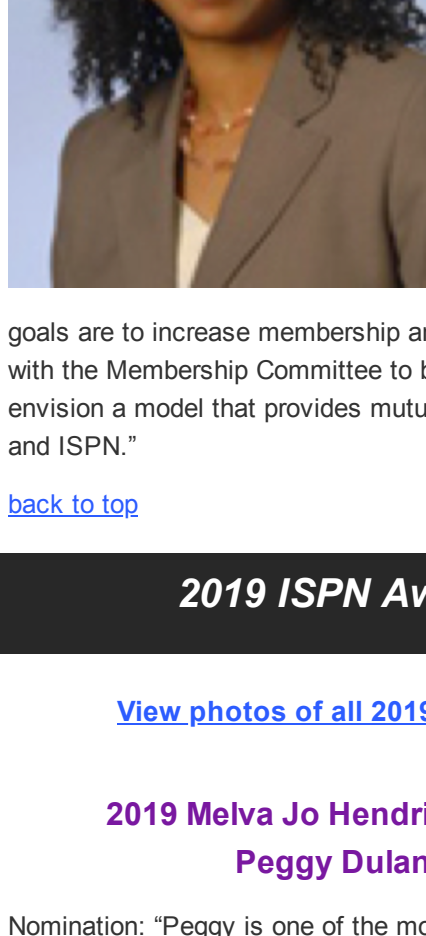
At the recent 2019 ISPN Annual Conference in Charlotte, NC, election results were announced. We are pleased to introduce two new members and one re-elected member to the ISPN Governing Board.



President-Elect

Deborah Johnson, DNP, PMHNP-BC
Deborah.Johnson@ucsf.edu
Associate Health Sciences
Clinical Professor
University of California, San Francisco

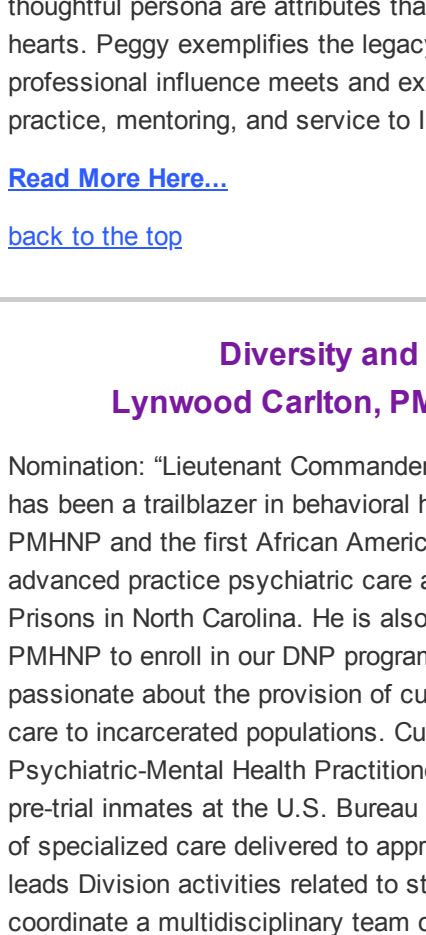
Deborah states, "As a professor, scholar, and advance practice psychiatric nurse, I would value the opportunity to serve the members, committees, and board of ISPN in this leadership position. As president-elect, my objective would be to increase the organization's impact on professional psychiatric nursing practice and global community mental health."



Treasurer

Shawn Gallagher, PhD, PMHNP-BC, PMHCNS-BC, FNP-BC
sgp575@gmail.com
Clinical Assistant Professor
University of Arizona

Shawn says, "I have a vested interest in supporting the future generations of ISPN. My practice of implementing evidence-based health care, mentoring DNP students, enhancing personal scholarship activities, and participation in health policy initiatives dovetails into the International Society of Psychiatric Mental Health Nursing's organization mission to promote mental health care, literacy, and policy."



Director

Ukamaka M. Oruche, PhD, RN, PMHCNS-BC, FAAN (re-elected)

Ukamaka states, "It has been a pleasure to serve as Director on ISPN Board for the last couple of years. The last 2 years -no doubt - have been PIVOTAL for ISPN. As a board, we've made critical decisions about ISPN's future. My signature contribution was push for a documented and explicit strategic plan. Specific

goals are to increase membership and financial viability. I am working with the Membership Committee to bolster students' recruitment. We envision a model that provides mutually beneficial projects for students and ISPN."

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2019 ISPN Award Winners

[View photos of all 2019 Award Winners here.](#)

2019 Melva Jo Hendrix Lectureship Award Peggy Dulaney, MSN, RN

Nomination: "Peggy is one of the most genuine people I know and who gives willingly in her dedication to mentoring others. Her quiet and thoughtful persona are attributes that have changed systems and hearts. Peggy exemplifies the legacy of Dr. Jo Hendrix's work whose professional influence meets and exceeds the criteria for leadership, practice, mentoring, and service to ISPN."

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Diversity and Equity Award Lynwood Carlton, PMHNP-BC, RN, CCHP

Nomination: "Lieutenant Commander (LCDR) Lynwood Carlton, PMHNP has been a trailblazer in behavioral health nursing. He is the second PMHNP and the first African American male PMHNP to provide advanced practice psychiatric care at the United States Bureau of Prisons in North Carolina. He is also the first African American male PMHNP to enroll in our DNP program at UNC Chapel Hill. He is passionate about the provision of culturally-sensitive behavioral health care to incarcerated populations. Currently, he serves as lead Psychiatric-Mental Health Practitioner for approximately 150 mentally ill pre-trial inmates at the U.S. Bureau of Prisons. He oversees operations of specialized care delivered to approximately 150 pre-trial inmates. He leads Division activities related to staff development and helps to coordinate a multidisciplinary team of healthcare providers. LCDR played a major role in assisting the UNC School of Nursing to secure the first clinical rotation site for PMHNP students at the Federal Bureau of Prisons. LCDR Carlton is dedicated to the field of advanced practice psychiatric nursing, and he is a great example of the goals of ISPN's goals and mission to engage and support the future of PMH nursing and the promotion of diversity and equity among behavioral health professionals."

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Clinical Practice Award Amanda Baltierra, DNP, MHP, FNP, PMHNP

Nomination: "Amanda possesses a treasure trove of knowledge and is imminently up to date with the best evidence for correct medications. She is aware that youth have a life before and after she sees them in her office and tries to incorporate her care for them with other community stakeholders. For example, Amanda and a colleague saw the need to offer group intervention in a school system and worked to begin a school based program. While the program could not be initiated due to other system issues, the idea was innovative for the area. Amanda courageously examines her practice through reflection. Her growth and development as a practitioner and a human being have been stellar."

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President's Award

Andrea Kwasky, DNP, PMHNP-BC, PMHCNS-BC

ISPN Foundation Award Winners

Joyce Fitzpatrick Psychiatric Nursing Research Award

Kalyn Roessner, PhD candidate, MSN, RN

Mental Health and Wellness Research or Clinical Inquiry Project Grant

Cynthia Handrup, DNP, APRN, PMHCNS-BC

Member Travel Award

David Ampong, MSN/AM, MS, APRN, PMHNP-B

Student Travel Award

Kathleen Miley, CNP, PMHNP-BC

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POSTER AWARDS

Poster Winners: Session A

Evidence-Based Practice

1st place: Ashlyn Johnson, Suicidality on Rural College Campuses: An Integrative Review

2nd place: Lisa Farmer, Utilization of an Inpatient Violence Predictor Tool to Increase Inpatient Volumes, Staffing Efficiency, and Employee Satisfaction on a Pediatric Psychiatric Inpatient Unit

Education/Teaching Pedagogy

1st place: Barbara Peterson, Translating Interprofessional Education into Psychiatric Practice Settings: Feedback from Graduates

2nd place: Wendy Umberger, Building Interdisciplinary Teams and Preparing Psychiatric Mental Health Nurse Practitioners to Provide PMH Treatment in Integrated Primary Care Settings

Research

1st place: Emily Hauenstein, Satisfaction with Healthcare: The Effects of Disability, Sex, Race, on Perceived Quality of Care by the Seriously Mentally Ill

2nd place: Radhakrishha Govindan, Effectiveness of Nurse-Implemented Music Add-On Therapy (NIMAT) in Managing Children with Behavioral Problems

Poster Winners: Session B (student)

1st place: Brittany Hamm, Reducing Barriers to Timely Laboratory Monitoring of Psychotropic Medications in the Mental Health Care Setting

2nd place: Brittany Abeln, A Best Practice Approach for Transgender Mental Health Care

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INTERNATIONAL EVENTS

SAVE THE DATE!

25th International Mental Health Nursing Research Conference

From Global to Local: Mental Health in a Connected World

September 12-13, 2019

London

Find out more at www.rcn.org.uk/mhnr19

Discover how nurse-led initiatives are influencing the global mental health agenda and improving quality of life for people living with mental health difficulties. The conference is in association with the Mental Health Nurse Academics UK. ISPN is a conference supporter.

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MEMBER NEWS

ISPN 2020

Stay tuned for information regarding the ISPN 2020 Annual Conference! The ISPN Board will release information soon! Keep an eye on your email and the ISPN website.

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Renew Your Membership Today!

Remember that your 2019 ISPN membership expires on June 30, 2019. To continue receiving your member benefits, including continuing education credit webinars and being the first to hear about the 2020 Annual Conference, make sure to renew today!

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Editorial Board Seeks International Member

The *Connections Newsletter* Editorial Board is looking to add a member who is located outside the United States to bring the international perspective. In this role, the person would work with the editorial board to solicit articles and information for the newsletter that is published three times a year. The committee provides editorial review of content and prepares the layout for publication.

For more information or to join the Editorial Board, please email Angie McNeilis at angelamcnelis@gwu.edu.

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ISPN Volunteer Form

Forgot to return your green Volunteer Form in Charlotte, or weren't able to make the 2019 Annual Conference? ISPN is looking for members who are willing to volunteer on a committee. The Committees looking to increase their membership are: Communications & Marketing Committee (this encompasses the Communications Committee, Marketing & Development Committee, and the Website Committee), and the Finance Committee. Please submit this [Volunteer Form](#).

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A Reminder: Subscribe to the ISPN Listserv, "E-List"

Your ISPN membership includes access to our exclusive e-list (AKA, listserv). This member tool allows you to distribute messages to all members subscribing to the list, with a simple email to the list address. Think of the possibilities!

- Communicate with the membership through a single email.
- Search the online archive for valuable information and resources.
- Ask your peers questions that are most important to you.
- Manage your subscription and preferences through your member profile.

To get started:

1. Log in to your membership profile.
2. In the My Features tab, click E-Lists.
3. Make sure you are subscribed to the list.
4. Make note of the list address.
5. Click Edit to control your preferences.
6. Click the list name to see and search previous posts.
7. To start participating, click Post a New Message or send an email to the list address.

Read these [Frequently Asked Questions](#) about the E-List.

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ISPN Board of Directors 2019-2020

PRESIDENT

Vicki Hines-Martin, PhD, PMHCNS, RN, FAAN
Vhine01@louisville.edu

PRESIDENT-ELECT

Deborah Johnson, DNP, PMHNP-BC
Deborah.Johnson@ucsf.edu

TREASURER

Shawn Gallagher, PhD, PMHNP-BC, PMHCNS-BC, FNP-BC
sgp575@gmail.com

PAST PRESIDENT

Steven Pryjmachuk, PhD PGDipEd RN (Mental Health) CPsychol SFHE
steven.pryjmachuk@manchester.ac.uk

DIRECTOR (2017-2019)

Julie Bertram, RN, MSN, PhD, PMHCNS-BC
bertramj@umsi.edu

DIRECTOR (2018-2020)

Ukamaka M. Oruche, PhD, RN, PMHCNS-BC
uoruche@lu.edu

ISPN Foundation Board 2018-2019

PRESIDENT

Peggy Dulaney, MSN, RN
pdulaney@bellsouth.net

TREASURER

Judy Fry-McComish, PhD, RN, FAAN
jfmccomish@wayne.edu

SECRETARY

Caroline McKinnon, PhD, PMHCNS-BC
CMCKINNON@gnu.edu

BOARD MEMBERS

Jim Kane, MN, RN, CNS, NEA-B
Kane.J@advisory.com

Evelyn Parrish, PhD, APRN-BC
Evelyn.Parrish@eku.edu

Ann Roselle, MSN, ACNP-BC
annroselle35@gmail.com

Sandra Thomas, PhD, RN, FAAN
stthomas@uik.edu

Connections Editorial Board

Angela McNeilis, PhD, RN, FAAN, ANEF, CNE - Editor
angelamcnelis@gwu.edu

Peggy Dulaney, MSN, RN
pdulaney@bellsouth.net

Catherine Kane, PhD, RN, FAAN
ck9m@virginia.edu

Rhea Mitchell, MSN, RN-BC
uncnurse44@gmail.com

Julie Sharrock, RN, BEd, MHS
sharon83@bigpond.com