



# NEWSLETTER OF THE INTERNATIONAL SOCIETY OF PSYCHIATRIC-MENTAL HEALTH NURSES

# CONNECTIONS

Volume 9 Issue 3

September 2006 - December 2006

## President's Column - December 2006

Mary Jo Regan-Kubinski  
(mreganku@iusb.edu)  
Geri Pearson  
(pearsong@psychiatry.uchc.edu)

Dear ISPN Members:

The President's report this quarter will focus on a report that emerged from a meeting between ISPN, APNA, and ANCC regarding credentialing issues for advanced practice nurses across the psychiatric spectrum. **Kathy Delaney** and **Geri Pearson** were the ISPN representatives at this meeting, held in Arlington, Virginia. Many process issues were discussed and are discussed in the body of the report.

What emerged as an important component of the process was a truly collaborative effort by ISPN, APNA, and ANCC. Each organization demonstrated a commitment to continue this collaboration into the future. The more important message in this involves the collaborative effort that ISPN, APNA, and ANCC are committed to making in the future. This effort will involve working closely together to define the credentialing issues influencing psychiatric nurses practicing across the lifespan. ISPN and APNA are and will continue to be separate organizations, similar but different in members and mission. The Board of Directors of ISPN unanimously supports this collabo-

The more important message... involves the collaborative effort that ISPN, APNA, and ANCC are committed to making in the future.

ative effort and we hope members will also join us in working more closely with both APNA and ANCC. Please carefully read and review this document. Please don't hesitate to contact us or any Board member with comments or questions. The document will also be posted on the ISPN website and will be discussed more fully at the ISPN Business Meeting during the spring ISPN conference in Montreal, April 25-28, 2007.

The conference promises to be exciting and dynamic! Members are urged to obtain a passport, as this will be required for travel to Canada.

*Many thanks for your support of ISPN.*

## Report of the APNA Board of Directors to APNA Members Regarding Discussion with ANCC and ISPN on Certification Issues

ANCC, APNA and ISPN met on Monday, September 18, in an effort aimed at planning certification exams that are reflective of the practice and knowledge base of psychiatric clinical nurse specialists and psychiatric nurse practitioners. The three organizations have agreed that only through a strong collaborative effort can the best interests of mental health nursing be met. We ask you to support and join us as we work together to further the development of advanced practice psychiatric nursing.


We ask you to support and join us as we work together...

answers. Both APNA and ISPN will have website links so that frequently asked questions can be identified and answered.

Certification touches every aspect of psychiatric nursing from entry-level students through experienced advanced practice nurses. Because of this, we know that different sets of stakeholders have slightly different types of concerns and questions.

- Educational programs have faculty, staff, and resources that are devoted to the education and training of students who will graduate to become entry-level RN's or advanced practice nurses capable of passing a certification examination.

*(continued on page 2)*



## ISPN

### Inside ISPN Connections

- Call for Proposals..... 2
- Certification Exam..... 3
- AAN New Fellows..... 3
- ACAPN Division Update..... 4
- ISPCLN Division Update..... 4
- ISPN Foundation News..... 5
- By-Laws..... 6
- Membership Report..... 6
- ISPN Conference 2007..... 6



## NURSING RESEARCH GRANT: CALL FOR PROPOSALS

One grant supporting psychiatric nursing research is available to ISPN members involved in psychiatric mental health nursing research for 2007. The amount of the grant is \$500.00.

### Investigators

1. Must be an ISPN member, and
2. Must have a Masters or a Doctorate in nursing OR be a student in a nursing graduate program.  
Focus of Research: Qualitative or quantitative research is acceptable

### Requirements

Institutional Review Board approval must be obtained before the release of funds.

Proposals, limited to five pages, must include:

1. Title and Purpose
2. Background and Significance
3. Hypotheses or Research Question(s) (if applicable)
4. Methods (subjects/participants, setting, instruments, procedures, data analysis)
5. Appendices (not included in five page limit)
  - Budget with Justification
  - Time Line
  - Status of IRB Approval
  - References

6. Do not exceed five single spaced pages. Submit one electronic version (Word or .pdf files) of the proposal with no identifying information on the title page. At the end of this file, include a cover page with your name, address, phone number and e-mail, along with your ISPN division. Provide the same information for all co-investigators (however, only the primary investigator needs to be a member of ISPN). If you are a student, please include faculty advisor(s) as well.

### Recipients are expected to submit

1. A written summary of completed research to the ISPN Research Council
2. An abstract to the ISPN Conference and be willing to present within the next two years
3. A manuscript to one of ISPN's professional journals
4. Acknowledge the support of ISPN in all presentations or publications

**Deadline: received by January 1, 2007.**

Notification of award will be made at the annual conference, which will be held in Montreal, Canada, April 25-28, 2007.

Email proposals to:

**Dr. Kathleen Scharer at [kathleen.scharer@sc.edu](mailto:kathleen.scharer@sc.edu)**

If you have questions, please email them to:  
[info@ispn-psych.org](mailto:info@ispn-psych.org).

Report of the APNA Board (continued from page 1)

- Employers of every type, hospitals, clinics, private practice, insurance companies, and teaching institutions look upon certification as an objective measure of competencies. They will also use recertification as a means of ensuring continuing competence.
- Governmental agencies use certification to make determinations on matters such as reimbursement.
- Patients look for evidence of certification when choosing practitioners or specialists. They use certification as a means to determine qualifications and competency in practice.
- Courts will often use certification in helping to determine a standard of care in the community. ■



**International Society of  
Psychiatric-Mental Health Nurses**

2810 Crossroads Drive, Suite 3800  
Madison, WI 53718-7961 USA

Phone: 1-608-443-2463  
Toll-free: 1-866-330-7227  
Fax: 1-608-443-2474  
E-Mail: [info@ispn-psych.org](mailto:info@ispn-psych.org)  
Website: [www.ispn-psych.org](http://www.ispn-psych.org)

# CERTIFICATION EXAMS

by Kathleen R. Delaney, RN, PMH-NP, DNSc

As mentioned in this issue's President's Column, (page 1), I am pleased to have the opportunity to be a member of a task force looking into the current exam structure. Of course, as the ACAPN division director, I will be particularly concerned about the Child CNS exam and the Family PMH NP exam. As I compose this column, the work of the task force has just begun. Please feel free to contact me with questions and concerns. One aspect of this work is working to understand how we are developing a workforce to address the mental health needs of youth and their families. In that regard, it would be useful to know how many programs are designed for preparing students for the

ANCC Child CNS or the Family PMH NP exam. In Box 1 are the schools the American Association of Colleges of Nursing (AACN) lists as offering these programs. Please check this list. If you are on it, and should not be, please contact me. Also let me know if you are not on this list but should be, in either category. I thank you in advance for your help. I have heard of several schools that have just initiated a child track CNS program. If you are in the process or just recently opened a child CNS/Family NP track this would also be great information to have. (Please see box below.)

Graduate Programs with a Child CNS Track	Graduate Programs with a Family PMH NP Track	
Albany State University California State-Sacramento George Mason University Husson College Indiana University-Purdue Shenandoah University University of Delaware University of Kentucky University of Massachusetts-Amherst (post-masters) University of Medicine and Dentistry-NJ University of South Carolina University of Tennessee-Knoxville Vanderbilt University	Case Western Reserve College of St. Scholastica Columbia University E. Tennessee State University MGH Institute/Health Oregon Health/Science Rush University Shenandoah University South Dakota State University	University of Anchorage University of Arkansas University of Kansas University of Kentucky University of Mississippi Medical Center University of Texas-Arlington University of Texas-San Antonio University of Virginia Vanderbilt University

## AMERICAN ACADEMY OF NURSING NAMES 2006 NEW FELLOWS

The American Academy of Nursing inducted 55 nurse leaders as Fellows during the Academy's 33rd Annual Meeting & Conference on November 11, 2006, in Miami, Florida.

"The Academy is comprised of many of the nation's top nursing executives, policy makers, scholars, researchers, and practitioners," said Academy President, Linda Burnes Bolton, DrPH, RN, FAAN. "Induction into the Academy represents an esteemed honor and recognition of outstanding achievement." Selection criteria includes evidence of significant contributions to nursing and health care. Each nominee was sponsored by two current Academy Fellows. Selection is based, in part, on the extent to which nominees' nursing careers influence health policies for the benefit of all Americans, since the mission of the Academy

is to serve the public and nursing profession by advancing health policy and practice through the generation, synthesis, and dissemination of nursing knowledge.

Two of the 2006 American Academy of Nursing Fellows are members of ISPN:

**Lenore H. Kurlowicz, PhD, APRN, BC**  
 University of Pennsylvania

**Karen Gulseth Schepp, PhD, APRN, BC**  
 University of Washington

***Congratulations!***

## ACAPN Division Update

by Kathleen R. Delaney, RN, PMH-NP, DNSc

This past quarter we at ACAPN have formed a group who will author a juvenile justice white paper. The group thus far includes **Deborah Shelton, Beth Bonham, Joan Thomas, Geri Pearson** and myself. The white paper will compile the growing body of research that documents the mental health needs of this population and the need for screening within the juvenile justice population. The paper will also include special populations within this group, for example, those youth with ADHD or trauma victimization history. Thus, one aim of the paper is a youth advocacy effort, a traditional core activity of ACAPN.

But, the paper will go beyond this focus and discuss how systems might be developed or aligned to provide for services

beyond the walls of a juvenile justice system. Here, the group will also focus on funding streams and particularly the effects of managed behavioral health care. The paper will discuss innovative programs that meet the immediate need for discharge services and in doing so prevent recidivism. There is a need for nursing leadership in devising strategies toward meeting the mental health needs of this group and promoting resiliency. Owing to their broad educational preparation in the medical, neurobiological, and psychological sciences and their traditional systems approach, nurses are in a prime position to provide leadership in this area.

## ISPCLN Division Update

by Susan Krupnick, MSN, APRN, BC, CARN

Hello ISPCLN Division Colleagues,

I hope that as the fall leaves are furiously falling and in some areas there is snow on the mountains already, that you are preparing for fall and soon-to-be-here winter. Just as the fall into winter signals a change in seasons, during the ISPN spring conference there was a change in leadership in the ISPCLN Division. I was elected as the ISPCLN Division Director, following an impressive four year leadership of Karen Ragaisis who was an excellent steward of the ISPCLN Division and members. Kudos and thanks to Karen Ragaisis. I would like to take a few lines of this message to tell you a little about myself, especially for individuals who do not receive the e-blast. For those who do, it may be a bit redundant for you.

I want to introduce myself to some new members and say hello to long time ISPCLN Division members. I am Susan Krupnick, the recently elected Division Director of the ISPCLN Division. I am excited to be back on the ISPN board and for those who do not recall or are new members, I was one of the founding members of ISPN, and the first president of ISPN and a past president of the International Society of Psychiatric Consultation Liaison Nurses (ISPCLN). ISPCLN was one of the three associations (along with SERPN and ACAPN) that came together to form ISPN.

Currently, I work as a Psychiatric Consultation Nurse and Addictions NP in the emergency department of Massachusetts General Hospital in Boston. I have always enjoyed the PCLN role, as it is so diverse and always changing. I am looking

forward to working with you as a Division member and listening to your ideas and concerns. My goal is to make this Division exciting, action oriented and member focused. I will work in a diligent manner to move your ideas along and represent you and your concerns at the ISPN Board level.

I am looking forward to the 2007 ISPN conference. As you all well know, ISPN is going international in 2007 and will be in Montreal, Canada at the Hyatt Regency from April 25-28, 2007. Please check out the website for more information regarding the conference and details related to travel across the United States borders.

I hope that each member will actively participate in the ISPCLN Division this year in some manner. Please contact me at [Skrupnick@charter.net](mailto:Skrupnick@charter.net); or phone 1-508-248-7108 or cell 1-508-826-6208 to let me know if you are interested in participating in projects or on committees. I will use the ISPN e-blast to communicate in a more rapid manner with each member when issues arise that need a more rapid response. The ISPN e-blast system can also be used to communicate issues that you may have and want to communicate with your PCLN colleagues, so please again send those concerns, ideas or simply requests to me via my email. I would also like to hear from you about any ideas, comments regarding the ISPCLN Division, this is your Division and I encourage your participation in it.

*I'm looking forward to hearing from you—and hopefully meeting you at the 2007 ISPN conference.*

The ISPN Foundation Board of Directors is actively pursuing activities that sustain the aims of the ISPN Foundation:

- 1) to support and encourage the charitable, literary, clinical, research and educational endeavors of ISPN;
- 2) to promote psychiatric-mental health nursing and the professional expertise of psychiatric-mental health nurses; and
- 3) to enhance opportunities for communication among psychiatric-mental health nurses and with the clients/ persons they serve who experience mental health challenges.

Once again the Foundation will award a Nursing Research Grant at the Annual Conference (Bonjour...a la Montreal!). Criteria for the Call for Proposals are on the ISPN website, as well as in several of the psychiatric nursing journals. Proposals are due by January 1, 2007 and can be emailed to **Dr. Kathleen Scharer** at [kathleen.scharer@sc.edu](mailto:kathleen.scharer@sc.edu).

Also, the Foundation is committed to supporting both students (undergraduate and graduate) and our international members in being able to attend the Annual Conference. To that end, scholarships will be available for both students and international

members to apply to attend the Annual Conference in April. More information on eligibility criteria will be published later.

To assure communication and continued collegiality, Foundation President **Beth Bonham** is attending the ISPN Board Meetings. The Foundation Board (**Jeanne Clement, Judy Coucouvanis** and **Ann Robinette**) developed strategies for active fundraising. A brochure is being developed that can explain to potential corporate donors the benefits of donating to the Foundation.

The Board, committed to the notion of developing a Psychiatric Mental Health Nursing Legacy, communicated with **Dr. Gretchen LaGodna, Dr. Patricia Howard, Dr. Cecilia Taylor** and **Dr. Lorna Mill Barrell**, who wrote and archived a history of SERPN, one of the founding Divisions of ISPN. It is our desire to develop a project that includes interviewing Living Psychiatric Legends. What we need to know at this point are two things: 1) Does anyone who is reading this now know of anyone who is working on a similar project or has previously worked on a similar project? 2) Who would be interested in being the Project Director?

## We are deeply grateful for those of you who have donated to the Foundation over the past year.

Colette April-Tefft  
Sandra Bernstein  
Marie Rose Bhuiyan  
Beth Bonham  
Mimi Brittingham  
Mary Casey  
Mary Ciambelli  
Dessye Dee Clark  
Lisa Cloutier  
Judy Coucouvanis

Kathleen Foley  
Antoinette Forster  
Pamela Galehouse  
Janis Gerkenmeyer  
Charlotte Herrick  
Pat Jones  
Catherine Kane  
Joan Kenerson King  
Susan Krupnick  
Ann M. Newman

Nancy Noyes  
Frederica O'Connor  
Richelle Rapaport  
Ona Riggan  
Thomas Schaal  
Anne Toni Thomas  
Beverly Thompson-Rogers  
Hudson River Chapter of ACAPN  
Robinetta Wheeler Trust

Remember, it is easy to donate. You can check the appropriate box on your Membership Renewal Notice when you renew your ISPN membership or you can mail a donation to:

### ISPN FOUNDATION

Attention: Bruce Wheeler:

#### ISPN

2810 Crossroads Drive, Suite 3800  
Madison, WI 53718-7961 USA

The ISPN Foundation is in the process of seeking nominations for new members of the ISPN Foundation Board of Directors.

The duties include attending Board conference calls (which occur about once every three to four months), brainstorming how to be good stewards of the money entrusted to the Foundation, and following up with whatever tasks are assigned.

I'm seeking two to three volunteers interested in serving on this important board. Please submit your name to [info@ispn-psych.org](mailto:info@ispn-psych.org) and your names will be forwarded to Beth Bonham.

## BY-LAWS

by Peggy Dulaney, MSN, RN, BC

The By-laws Committee (**Peggy Dulaney, Melinda Morrisette** with assistance from Executive Director **Bruce Wheeler**) has been working on revisions to the ISPN by-laws that will bring our organization to a point of being “user-friendly and flexible.” We are working to further streamline our organizational structure while building in more accountability. Please watch future newsletters for more information. The revised by-laws will be voted on at the 2007 conference. Members will have an opportunity to review the proposed changes prior to the meeting.

## ISPN CONFERENCE 2007

by Karen Ragaisis, MSN, RN, APRN, CARN, BC

We are so excited to have had 129 submissions for presentation at our 2007 ISPN Conference. The quality of the abstracts was fabulous! The committee is in the process of final selection of presentations. We hope you will all be able to join us in April in Montreal.

Karen Ragaisis, Program Committee Chair  
Judy Coucouvanis  
Candy Dato  
Jean Klein  
Maryann McDonnell  
Shirley Mohren-Graves  
Edilma Yearwood

## Save the Date!

**The 9th Annual Education Conference is  
Coming to Montreal, Quebec, Canada**



Photos courtesy of Tourisme Montreal.

## MEMBERSHIP REPORT

by Vicki D. Lachman, PhD, APRN, MBE

### WE ARE STABLE AND WE ARE GROWING!

Membership this time last year was 744 and as of September 30, 2006 we are at 778 members. All four divisions have grown this year, with SERPN making the largest gain followed by ACAPN. Thank you to all who have been recruiting. It appears that the systems we have put in place are also helping to retain, but we need to put more attention here, because 67% is lower than the standard of 75% retention rate for national associations. Thank you to division directors for their effort in follow-up on individuals not renewing. Also, the number of students this year has increased by 23%. This “young blood” is important to our organization. If you have ideas for recruitment or retention please send them along, because the membership is open to listening.

### Award Nominations:

The Call for Award nominations will be sent soon. Please consider your colleagues and nominate members whose accomplishments deserve special highlighting – for nomination for an award?

- Rica O'Connor, PhD, RN  
Awards Committee Chair

### Editor's Note

This newsletter is published three times a year. The next two deadlines for article submission are as follows:

**Winter:** January 22, 2007

**Summer:** May 31, 2007

In each issue we ask for updates from various Divisions, Councils, Committees and Work groups. We are interested in member professional activities, news and achievements. Please contact your division leaders with ideas for articles.

Submit your articles to **Mimi Brittingham**,  
email: [mypcbritt@aol.com](mailto:mypcbritt@aol.com).



## ISPN

# Governing Board and Leadership Team

### OFFICERS

Co-president and Secretary

Geraldine Pearson, PhD, APRN

E: [pearsong@psychiatry.uchc.edu](mailto:pearsong@psychiatry.uchc.edu)

Co-president and Treasurer

Mary Jo Regan-Kubinski, PhD, RN

E: [mreganku@iusb.edu](mailto:mreganku@iusb.edu)

Past President

Lynette W. Jack, PhD, RN, CARN

E: [ljack@waynesburg.edu](mailto:ljack@waynesburg.edu)

### DIVISION DIRECTORS

ACAPN

Kathleen Delaney, DNSc, RN

E: [Kathleen\\_R\\_Delaney@rush.edu](mailto:Kathleen_R_Delaney@rush.edu)

AGPN

Melinda Morissette, PMH-NP

E: [mmorissette@adelphia.net](mailto:mmorissette@adelphia.net)

ISPCLN

Susan Krupnick, MSN, APRN, BC, CARN

E: [skrupnick@charter.net](mailto:skrupnick@charter.net)

SERPN

Vicki Hines-Martin, PhD, RN, CS

E: [Vphine01@louisville.edu](mailto:Vphine01@louisville.edu)

### COUNCIL CHAIRS

Practice Council

Richard Pessagno, MSN, APRN, BC

E: [rickpessagno@aol.com](mailto:rickpessagno@aol.com)

Education Council

Margaret Brackley, PhD, APRN, BC

E: [brackley@uthscsa.edu](mailto:brackley@uthscsa.edu)

Legislative Council

Noreen C. Thompson, MSN, RN, CS, ARNP

E-mail: [nthomps2@kumc.edu](mailto:nthomps2@kumc.edu)

Research Council

Kathleen Scharer, PhD, RN, CS

E: [KMSCHAR@gwm.sc.edu](mailto:KMSCHAR@gwm.sc.edu)

## ISPN Councils

### Practice Council

#### CHAIRPERSON

Richard Pessagno, MSN, APRN, BC

E: [rickpessagno@aol.com](mailto:rickpessagno@aol.com)

Sandra Bernstein, MSN, RN, CS

E: [sbberns@aol.com](mailto:sbberns@aol.com)

Judy Coucouvanis, MA, APRN, BC

E: [coucouv@umich.edu](mailto:coucouv@umich.edu)

Merrie J. Kaas, DNSc, RN, CS

E: [Kaasx002@umn.edu](mailto:Kaasx002@umn.edu)

Nancy McGreevy, MSN, RN, CS

E: [nmcgreevy@uabmc.edu](mailto:nmcgreevy@uabmc.edu)

### Education Council

#### CHAIRPERSON

Margaret Brackley, PhD, APRN, BC

E: [brackley@uthscsa.edu](mailto:brackley@uthscsa.edu)

Anne Fishel, PhD, RN, CS

E: [afishel@email.unc.edu](mailto:afishel@email.unc.edu)

Deborah Antai-Otong, Psy, CNS/NP

E: [deborah.antai-otong@med.va.gov](mailto:deborah.antai-otong@med.va.gov)

Deborah Schiavone, DNSc, APRN, BC

E: [debschiavone@aol.com](mailto:debschiavone@aol.com)

Katherine White, MS, RN, CS

E: [lighthousecoaching@cox.net](mailto:lighthousecoaching@cox.net)

### Legislative Council

#### CHAIRPERSON

Noreen C. Thompson, MSN, RN, CS, ARNP

E-mail: [nthomps2@kumc.edu](mailto:nthomps2@kumc.edu)

Catherine Kane, PhD, RN, FAAN

E: [cfk9m@virginia.edu](mailto:cfk9m@virginia.edu)

Caroline McKinnon, MS, APRN

E: [cr.mckinnon@verizon.net](mailto:cr.mckinnon@verizon.net)

Shirley Mohren-Graves

E: [shir\\_g\\_uy@mindspring.com](mailto:shir_g_uy@mindspring.com)

Trudy Mulvey, MSN, RN, APRN, BC

E: [gtmulvey@cox.net](mailto:gtmulvey@cox.net)

Ann Newman, DSN, RN, CS

E: [amnewman@email.uncc.edu](mailto:amnewman@email.uncc.edu)

Sally Raphael, MS, APRN, PMH, FAAN

E: [raphel@son.umaryland.edu](mailto:raphel@son.umaryland.edu)

### Research Council

#### CHAIRPERSON

Kathleen Scharer, PhD, RN, CS

E: [KMSCHAR@gwm.sc.edu](mailto:KMSCHAR@gwm.sc.edu)

Sarah Farrell, PhD, MSN, CS

E: [spf2j@virginia.edu](mailto:spf2j@virginia.edu)

Janis E. Gerkenmeyer, PhD, RN, CS

E: [jgerkens@iupui.edu](mailto:jgerkens@iupui.edu)

Jean Kline, DNSc, APRN, BC

E: [jklein@immaculata.edu](mailto:jklein@immaculata.edu)

Deena Nardi, PhD, APRN, BC, FAAN

E: [nardide@lewisu.edu](mailto:nardide@lewisu.edu)

Linda Rose, PhD, RN

E: [lrose2@son.jhmi.edu](mailto:lrose2@son.jhmi.edu)

Rick Yakimo, PhD, RN

E: [yakimor@slu.edu](mailto:yakimor@slu.edu)

### ISPN-Foundation Board of Directors

President

Beth Bonham, PhD, APRN, BC

E: [beth\\_bonham@bellsouth.net](mailto:beth_bonham@bellsouth.net)

Jeanne Clement, EdD, APRN-BC, FAAN

E: [clement.1@osu.edu](mailto:clement.1@osu.edu)

Judy Coucouvanis, MA, APRN, BC

E: [coucouv@med.umich.edu](mailto:coucouv@med.umich.edu)

Ann Robinette, MS, RN, BC

E: [annrobinette@nctv.com](mailto:annrobinette@nctv.com)