# Second Annual Psychopharmacology Institute and ISPN 11th Annual Conference

# Second Annual ISPN Psychopharmacology Institute

### Tuesday, March 31, 2009

7:30 a.m.-5:00 p.m. Registration

### 8:30 a.m.-8:45 a.m. Welcome

Geraldine S. Pearson, PhD, APRN-BC, FAAN Assistant Professor, University of Connecticut School of Medicine and Director, HomeCare Program, Farmington, CT

#### **Introductions and Announcements**

Susan Krupnick, MSN, APRN-BC, CARN Psychiatric/Addictions Consultation and Adult Nurse Practitioner, Providence Hospital, Holyoke and Psychiatric Consultation Liaison Nurse Specialist, Mercy Medical Center, Springfield, MA

Evelyn Parrish, PhD, RN, ARNP Associate Professor, Department of Baccalaureate and Graduate Nursing. Eastern Kentucky University, Richmond, KY

#### 8:45 a.m.-10:00 a.m.

### New Developments and Innovations in **Psychopharmacology**

Stephen Saklad, PharmD, BCPP Director of Psychiatric Pharmacy Program, Pharmacotherapy Education and Research Center, University of Texas Health Science Center, San Antonio, TX

### 10:00 a.m.-10:30 a.m. Refreshment Break

### 10:30 a.m.-11:45 a.m. **Breakout Session #1**

Advances in Neurobiology and Neurotransmitter in Psychiatric Disorders Diane M. Snow, PhD, APRN-BC, PMHNP, CARN

Clinical Professor and Director, Psychiatric Mental Health Nurse Practitioner Program, Co-Director, Center for Psychopharmacology Education and Research, University of Texas at Arlington School of Nursing, Arlington and Psychiatric Mental Health Nurse Practitioner, UT Southwestern Medical Center Bipolar Research Program. Dallas, TX

### 10:30 a.m.-11:45 a.m. **Breakout Session #2**

Somatization Disorders: Assessment and Treatment

Victoria Soltis-Jarrett, PhD, PMHCNS-BC, PMHNP-BC

Associate Professor and Coordinator of the MSN Program in PMHN, University of North Carolina at Chapel Hill, Chapel Hill, NC

### 10:30 a.m.-11:45 a.m. **Breakout Session #3**

## Bipolar Spectrum Disorders in Children and

Adolescents

Beth Muller, MSN, RN

Psychiatric Nurse Specialist, University of Connecticut Health Center, Farmington, CT

### 11:45 a.m.-1:15 p.m. Lunch (on your own)

### 1:15 p.m.-2:45 p.m. **CNS Drug Interactions**

Stephen Saklad, PharmD, BCPP

### 2:45 p.m.-3:00 p.m. **Refreshment Break**

### 3:00 p.m.-4:15 p.m. Post-Traumatic Stress Disorder: **Assessment and Treatment**

Brooks Oglesby-Junk, APRN-BC, PMHNP,

Adjunct Clinical Faculty, MUSC College of Nursing and Ralph H. Johnson Veterans Administration Medical Center, Charleston, SC

### 4:25 p.m.-6:15 p.m.

**Panel Presentation: Cognitive Dysfunction** and Altered Mental Status Across the Life Span: Acute to Long Term Care

### **Delirium & Dementia in the Geriatric Patient in Long Term Care**

Lisa Cyr Buchanan, MS, APRN-BC, **CRRN** 

Director Family & Community Nurse Practitioner Program, Husson College, Bangor, ME

### **Delirium in the Adult Patient in the Acute** and Emergency Care Units

Susan Krupnick, MSN, APRN-BC, CARN

## **Delirium and Mental Status Changes in** the Child/Adolescent in the Acute Care

Mark Soucy, PhD, FPMHNP-BC, PMHCNS-BC (Child/Adolescent & Adult), Senior Child Adolescent Psychiatric Consultation Liaison Advanced Practice Nurse, Methodist Children's Hospital, San Antonio, TX

### 6:15 p.m.-7:30 p.m. **Reception and Exhibits**

### Wednesday, April 1, 2009

8:00 a.m.-7:00 p.m. Registration

## 8:30 a.m.-8:45 a.m.

Welcome, Introductions, and General **Announcements** 

### 8:45 a.m.-10:00 a.m.

# Traumatic Brain Injury: Assessment and

Brooks Oglesby-Junk, APRN,-BC, PMHNP,

### 10:00 a.m.-10:30 a.m. **Refreshment Break**

### 10:30 a.m.-11:45 a.m. **Breakout Session #4**

Pharmacogenomics and Schizophrenia **Treatment** 

Mary T. Weber, PhD, APRN, PMHNP-BC Endowed Professor in Psychiatric Nursing, Associate Professor, University of Colorado College of Nursing, Aurora, CO

### 10:30 a.m.-11:45 a.m. **Breakout Session #5**

Complex Prescribing Issues in Children with Autism Spectrum Disorders Judith Coucouvanis, MA, APRN-BC

Nurse Practitioner, Child and Adolescent Section, Department of Psychiatry, University of Michigan, Ann Arbor, MI

### 10:30 a.m.-11:45 a.m. **Breakout Session #6**

Medical Interface: Prescribing Conundrums Evelyn Parrish, PhD, RN, ARNP

### 11:45 a.m.-1:15 p.m. Lunch (on your own)

## 1:15 p.m.-3:00 p.m.

Challenges in Prescribing: Two Panels of Consultants

### Adult/Geri/C/L Focused:

Evelyn Parrish, PhD, RN, ARNP Susan Krupnick, MSN, APRN-BC, CARN Diane M. Snow, PhD, APRN-BC, PMHNP, CARN

Victoria Soltis-Jarrett, PhD, PMHCNS-BC, PMHNP-BC

Mary T. Weber, PhD, APRN, PMHNP-BC

### **Child/Adolescent Focused:**

Judith Coucouvanis, MA, APRN Beth Muller, MSN, RN Geraldine S. Pearson, PhD, APRN-BC. **FAAN** Judy Hirsh, MSN, NPP, PMHCNS-BC

# March 31 - April 4, 2009 · Greenville, South Carolina

# **Second Annual ISPN Psychopharmacology Institute**

3:00 p.m.-3:30 p.m. Refreshment Break

3:30 p.m.-4:45 p.m. Breakout Session #7

Advances in Neurobiology and Neurotransmitters in Addictive Illness Diane M. Snow, PhD, APRN-BC, PMHNP, CARN

3:30 p.m.-4:45 p.m. Breakout Session #8

Treating Children and Adolescents with ADHD Geraldine S. Pearson, PhD, APRN-BC, FAAN 3:30 p.m.-4:45 p.m. Breakout Session #9

Art of Switching Antipsychotic Agents
Mary T. Weber, PhD, APRN, PMHNP-BC

4:50 p.m.-6:00 p.m. Are Your Patients Sleeping: Strategies to Assess and Enhance Your Patients Sleep

Geoffry P. McEnany, PhD, APRN-BC Professor, Department of Nursing School of Heath and Environment, University of Massachusetts, Lowell, MA 6:00 p.m. Program Evaluations and Thank You

**6:30 p.m.-8:00 p.m. Annual Conference Opening Reception**All Psychopharmacology Institute participants are welcome to attend the Opening Reception!